WHGBL Skills Competition Day

Knock-Out

- **Players form a line on one side of the court behind the free throw line**
- **The first two players in line are given basketballs for use in this game**
- **Object of the game:**
    1. **Knock out player playing in front of you by making a free throw shot before they do.**
    2. **Play begins by 1st player in line attempting free throw. If free throw is made, retrieve ball, pass ball to next player in line without a ball and re-join game by going to the back of the line. If 1st player misses free throw shot, player must rebound own shot and make a shot before the next player in line makes a shot. If 1st player successfully makes a shot before player behind them makes shot, player remains in game. If player does not make a shot before player behind them makes a shot, player is eliminated.**
    3. **First attempt by all players in line is a free throw shot.**
    4. **Easy –**
        a) **If you make a shot before the player behind you makes a shot, you remain in game.**
        b) **If the player behind you makes a shot before you make a shot, you are eliminated from game**
    5. **Last player left in game is winner**

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