

## CHURCH DOCUMENTS

The following items are needed by the church for either legal reasons or precautionary reasons. Please be sure to leave the following items with the church in case there's any problems while abroad. Failure to do so could cause an unplanned extended stay.

- Release Form
- Application
- Copy of Passport
- Copy of Visa
- Copy of drivers license
- Copy of shots
- Copy of flight documents
- Copy of Passport (For U.S. trip guide)
- Copy of Visa (For U.S. trip guide)

## FINAL CHECK LIST

### One week before

#### Bought / Used

- Spray clothing, luggage, everything cloth, with Permethrin

### On your person

You will want these items on your person at all times, even in flight.

#### Bought / Packed

- Passport
- Passport - Color Copy
- Pen
- Cash
- Medications
- Drivers License
- Immunization Records
- Flight Information
- Africa Packet or Guide supplied by Relevate Church (HIGHLY NEEDED)

### Packing List

#### Bought / Packed

- Passport - Color Copy
- Lightweight Pants (Men)
- Sneakers
- Flip flops for shower
- Hiking Shirts
- Hat
- Sun Glasses
- Toothbrush and toothpaste
- Toiletries (soap, shampoo)
- Sunscreen
- 90% plus Deet
- Flashlight or Headlight
- Dresses (Women)
- Leggings (optional)
- International Power Converter
- Two (2) Gallon Zip Lock Bags (Qty 2-3)
- Wash Cloth (Not provided by hotel)

Carry On Bag

Bought / Packed

- Clear zip-top one quart bag
- Travel Deodorant
- Travel Toothpaste
- Disposable Toothbrush
- Headache Meds
- Allergy Meds
- Imodium AD
- Motion Sickness Meds
- Hand Sanitizer
- At Least One Change of Clothes
- Camera Gear
- Female Supplies (including any medications)
- Communication Items (Tablet, etc)
- Deet (98% - travel size (3.4 oz or less) to be applied before leaving the plane)

Optional Items

Bought / Packed

- Extra pair of sneakers (in case yours get wet)
- Eye drops (in case of eye irritation of plants, sand, sun, etc)
- Electrolytes (Gatorade packets, Nuun tablets, etc)
- Power Strip (If your inverter only has one plug and you want to plug in more than one item)
- Diatomaceous Earth (Food Grade)
- Sleep Aid (To help you sleep on the flight from NYC to Accra)