



# WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP OF THE DAY</b>						
<b>MAIN COURSE</b>						
Pork, Cider & Apple Pie Served With Creamed Potatoes, Green Beans & Gravy	Bacon Hotpot Served With Cabbage Medley	Sausage Casserole Served With Boiled Potatoes and Carrot Puree	Minced Steak Pie Served With Sweet Potatoes Mash and Cauliflower & Broccoli With a Cheese Sauce	Fisherman's Pie Served With Mixed Vegetables	Boiled Beef Served With Carrots, Baby Potatoes and Garden Peas	Roast Chicken Served With Roast & Creamed Potatoes, Gravy, Sage & Onion Stuffing, Sprouts & Parsnips
<b>DESSERT</b>						
Fruit Cobbler & Custard	Mandarin Tart	Fruit Crumble & Cream	Ginger Sponge & White Sauce	Rice Pudding	Coconut Sponge & Custard	Apple Pie & Cream
<b>FOR £1.25 YOU CAN ADD AN EVENING TEA:- SANDWICHES OF YOUR CHOICE AND A COLD DESSERT</b>						
<i>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU</i>						



# WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP OF THE DAY</b>						
<b>MAIN COURSE</b>						
Leek & Ham Pie Served With Boiled Potatoes & Sweetcorn	Cottage Pie Served With Mushy Peas, Gravy & Pickled Beetroot	Lamb Hotpot Served With Braised Red Cabbage	Chicken Casserole Served With Baby Potatoes & Carrot Batons	Fish Goujons Served With Tomato Sauce, Grilled Cheese Mash & Garden Peas	Sausage Plait Served With Onion Gravy, Crispy Potatoes & Green Beans	Roast Beef Served With Yorkshire Pudding, Roast & Creamed Potatoes, Gravy, Carrots & Cabbage
<b>DESSERT</b>						
Coffee Sponge & White Sauce	Strawberry Tart & Whipped Cream	Stewed Apples with Sweet Dumplings & Custard	Sherry Trifle	Tapioca	Pineapple Upside Down Pudding & Custard	Pear Crumble and Cream
<b>FOR £1.25 YOU CAN ADD AN EVENING TEA :- SANDWICHES OF YOUR CHOICE AND A COLD DESSERT</b>						
<i>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU</i>						



# WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP OF THE DAY</b>						
<b>MAIN COURSE</b>						
<b>Chicken &amp; Mushroom Pie Served With Boiled Potatoes &amp; Brussel Sprouts</b>	<b>Roast Gammon Served With Creamed Potatoes, Parsley Sauce &amp; Braised Celery</b>	<b>Potato &amp; Meat Pies with a suet crust Served With Gravy, Mushy Peas &amp; Pickled Sliced Onions</b>	<b>Lasagne Served With Crispy Potatoes &amp; Green Beans</b>	<b>Poached White Fish in Butter Sauce Served With Champ Mash &amp; Broccoli</b>	<b>Corned Beef Hash Served With a Short Crust Top Served With Carrot &amp; Swede Puree</b>	<b>Roast Pork Served With Roast &amp; Creamed Potatoes, Gravy, Garden Peas, Cauliflower and Sage &amp; Onion Stuffing</b>
<b>DESSERT</b>						
<b>Jam &amp; Coconut Sponge &amp; Custard</b>	<b>Plum Crumble &amp; Cream</b>	<b>Coffee &amp; Orange Sponge &amp; Custard</b>	<b>Apple Strudel &amp; Cream</b>	<b>Semolina</b>	<b>Chocolate Sponge &amp; White Sauce</b>	<b>Cherry Pie &amp; Cream</b>
<b>FOR £1.25 YOU CAN ADD AN EVENING TEA :- SANDWICHES OF YOUR CHOICE AND A COLD DESSERT</b>						
<i>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU</i>						



# WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP OF THE DAY</b>						
<b>MAIN COURSE</b>						
Sausages Served With Onion Gravy, Creamed Potatoes, Yorkshire Pudding & Carrot Batons	Chicken Supreme Served With Roast Potatoes & Mixed Vegetables	Minced Beef & Dumplings Served With Boiled Potatoes & Cauliflower With Cheese Sauce	Pork Casserole Served With Jacket Potatoes & Savoy Cabbage	Salmon & Parsley Sauce Served With Croquet Potatoes and Diced Carrots Swede	Braising Steak in Gravy Served With Baby Potatoes and Diced Carrots & Swede	Roast Lamb Served With Mint Sauce, Creamed & Roast Potatoes, Carrot Batons & Mushy Peas
<b>DESSERT</b>						
Egg Custard	Syrup Sponge & Custard	Bakewell Tart & Custard	Rhubarb Crumble & Custard	Bread & Butter Pudding & Cream	Lemon Sponge & Custard	Strawberry Tart & Whipped Cream
<b>FOR £1.25 YOU CAN ADD AN EVENING TEA :- SANDWICHES OF YOUR CHOICE AND A COLD DESSERT</b>						
<i>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU</i>						