

WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY						
MAIN COURSE						
Cottage Pie & Gravy Served With White Cabbage & Pickled Beetroot	Braised Liver in Onion Gravy Served With Boiled Potatoes & Broccoli	Mediterranean Pork Casserole Served With Crispy Potatoes & Cauliflower	Roast Gammon & Light Gravy Served With Potato Bake & Garden Peas	Salmon En Crouete & Parsley Sauce Served With Grilled Cheesy Mashed Potatoes & Green Beans	Creamy Chicken Supreme Served With Baby Potatoes & Carrots	Roast Lamb & Gravy Served With Roast & Mashed Potatoes, Brussel Sprouts, Stuffing & Mint Sauce
DESSERT						
Apple Crumble & Custard	Ginger Sponge & White Sauce	Semolina	Cherry Pie & Cream	Pineapple Sponge & Custard	Rice Pudding	Sherry Trifle
FOR £1.25 YOU CAN ADD AN EVENING TEA:- SANDWICHES OF YOUR CHOICE AND A COLD DESSERT						
<p><i>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU.</i></p> <p><i>WE RESERVE THE RIGHT TO ALTER A MENU AT SHORT NOTICE IF THERE ARE UNFORESEEN CIRCUMSTANCES.</i></p>						

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY						
MAIN COURSE						
Chicken, Bacon & Leek Pie Served With Baby Potatoes & Garden Peas	Steak & Kidney Casserole Served With Dumplings, Boiled Potatoes & Mixed Veg	Potato & Meat Pie With Shortcrust Pastry Top Served With Carrot & Swede Mash, Gravy & Pickles	Lasagne Served With Crispy Potatoes & Green Beans	Poached White Fish in Butter Sauce Served With Fondant Potatoes & Carrots	Sausage in Onion Gravy Served With Grilled Mashed Potatoes & Savoy Cabbage	Roast Chicken Served With Roast & Mashed Potatoes, Broccoli, Gravy & Stuffing
DESSERT						
Chocolate Sponge & White Sauce	Apple Strudel & Cream	Plum Crumble & Custard	Bread & Butter Pudding & Cream	Rhubarb Pie & Custard	Tapioca Pudding	Jelly & Blancmange
FOR £1.25 YOU CAN ADD AN EVENING TEA:- SANDWICHES OF YOUR CHOICE AND A COLD DESSERT						
<p><i>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU. WE RESERVE THE RIGHT TO ALTER A MENU AT SHORT NOTICE IF THERE ARE UNFORESEEN CIRCUMSTANCES.</i></p>						

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY						
MAIN COURSE						
Minced Steak Pie & Gravy Served With Boiled Potatoes & Brussel Sprouts	Slow-Cooked Pork in Cider Served With Cheesy Jacket Potato, & Broccoli	Lamb Hotpot Served With Braised Red Cabbage & Pickled Beetroot	Sausage Plait Served With Onion Gravy, Mashed Potatoes & Carrots	Breaded Fish Served With Crispy Potatoes, Mushy Peas & Tartar Sauce	Chicken Casserole Served With Herb Dumplings, Baby Potatoes & Green Beans	Roast Beef Served With Roast & Mashed Potatoes, Yorkshire Pudding, Gravy & Cauliflower Cheese
DESSERT						
Fruit Sponge & Custard	Coffee Sponge & Custard	Mixed Fruit Crumble & Cream	Sago	Coconut Sponge & Custard	Bakewell Tart & Custard	Apple Pie & Whipped Cream
FOR £1.25 YOU CAN ADD AN EVENING TEA:- SANDWICHES OF YOUR CHOICE AND A COLD DESSERT						
<i>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU. WE RESERVE THE RIGHT TO ALTER A MENU AT SHORT NOTICE IF THERE ARE UNFORESEEN CIRCUMSTANCES.</i>						

WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY						
MAIN COURSE						
Chicken Pie Served With Boiled Potatoes & Garden Peas	Potato, Leek & Ham Bake Served With Broccoli	Boiled beef & Carrots, Baby Potatoes & Savoy Cabbage	Savoury Mince Cobbler, Roast Potatoes & Brussels Sprouts	Fish pie Parsley sauce & Carrots	Corned Beef Hash & Shortcrust Top Steeped Peas & Pickled Red Cabbage	Roast Pork Gravy Mash & Roast Potatoes, Stuffing, Apple Sauce & Carrot & Swede Mash
DESSERT						
Syrup Sponge & Custard	Pear Crumble & Cream	Rice Pudding	Eves pudding & custard	Egg Custard	Lemon Sponge and custard	Peach Pie & Cream
FOR £1.25 YOU CAN ADD AN EVENING TEA:- SANDWICHES OF YOUR CHOICE AND A COLD DESSERT						
<i>IF YOU ARE ALLERGIC TO ANY FOOD PRODUCTS OR HAVE SPECIFIC DIETARY REQUIREMENTS AND ARE UNSURE IF OUR MEALS WOULD BE SUITABLE FOR YOU, THEN WE REQUEST THAT BEFORE YOU ORDER A MEAL, YOU DISCUSS ANY ALLERGIES OR REQUIREMENTS THAT YOU MAY HAVE WITH ONE OF THE COOKS OR LEADERSHIP TEAM. THEY WILL BE ABLE TO ADVISE YOU OF ANY ALLERGENS IN OUR MEALS IN ORDER FOR YOU TO DECIDE IF OUR MEALS ARE SUITABLE FOR YOU. WE RESERVE THE RIGHT TO ALTER A MENU AT SHORT NOTICE IF THERE ARE UNFORESEEN CIRCUMSTANCES.</i>						