



Meet Kieran! Originally from Manchester, Kieran learned to swim with Stockport Sports Trust at the age of four before swimming competitively for a few clubs, finally settling with Davenport Swimming Club.

He once completed a ten mile solo swim in a pool on to raise money for cancer research.

After starting to lifeguard, Kieran worked his way up to become a swimming teacher and coach, always pushing himself to do more. He moved to the North East in 2015, and at Fenham Pool he's working as a lifeguard, part time duty manager and a Lifeguard Trainer.

Kieran has recently been using his experience as a Swim Co-ordinator to help set up Fenham's own swim school - Fenham Aqua School – for which we're really grateful.

You're invited!

Fenham Swimming Project's Annual General Meeting will be held at St Robert's Church, Cedar Road, from 5.30-6.00 pm on Monday 25th September. At the meeting we'll adopt the 2016 accounts and elect Trustees to our Managing Board.

Do come along and have your say, and if you're interested in serving as a Trustee or supporting the Charity in any way, please contact Reception and request a call from Lynne.

WHY NOT TRY

Adults only sessions are available from 8 – 9.30 am each Saturday and Sunday.

Come along for a relaxing start to the day each weekend.

Any why not treat yourself with a sauna and steam session?

AND FOR THE KIDS...

For all the kids who enjoyed the inflatable sessions in the summer holidays, we're putting on weekend sessions from 1.30 – 2.30 on Sunday afternoons.

AND FOR THE NON-SWIMMER

Whether you're a beginner or improver, lessons are available for all ages and abilities.

Choose from group lessons or one-to-one tuition, which ever you prefer.

Our staff at reception will be happy to discuss the options with you.

POOL MATTERS



According to the “Just Swim” organisation, the benefits of swimming include giving your muscles a makeover, turning back the clock, and calming you quicker than a secluded beach in the Bahamas. Everyone at Fenham Pool shares the enthusiasm for swimming and we like to encourage everyone to learn to swim or improve their ability.

Fenham Aqua School offers lessons for all ages and abilities, either on a one-to-one basis or in groups, and for everyone from beginners through improvers to courses for lifeguards.

We support swimming for 10 local schools with lessons as part of their weekly curriculum throughout the school year. We also offer lessons each term outside school hours, and courses in school holidays, for children of all abilities.

Adult lessons are available for beginners and for those wanting to improve their technique, either by booking on a one-to-one basis or by coming to our “drop-in” lessons on Wednesdays from 8-9pm.

We also offer pool lifeguard courses for those who want to work in the leisure industry or simply as a life skill. Courses usually take place during school holidays and covers all elements of pool rescue techniques, lifeguarding theory, first aid and CPR.

Times and prices vary for all courses, so whatever you, your family or friends are interested in, ask at reception. Our staff will be happy to help.



We're really grateful to the volunteers who came to help with our “Big Clean Up” in August. The result of their efforts was a huge improvement to the pool entrance and changing rooms. For those who said they'd enjoyed it so much they'd like to do it again, and for anyone who missed out, we've arranged further sessions on :

- 1 October
- 12 November
- 10 December

All from 3-5pm. Come and join in!

Anniversary Swim

2017 sees the 12th anniversary of the pool's reopening by our charity. To celebrate 12 years as a community pool, we're holding a 12 mile sponsored swim on Sunday 17th December.

Whether you'd like to sign up for a length of the pool or a larger proportion of the 12 mile target, you'll be welcome to join in, whatever would be a challenge to you. Just sign up at Reception from 1 September and pick up a sponsor form. All funds raised will go to the Refurbishment and Repair Fund, and help maintain the fabric and equipment at the Pool.

Fenham Pool

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