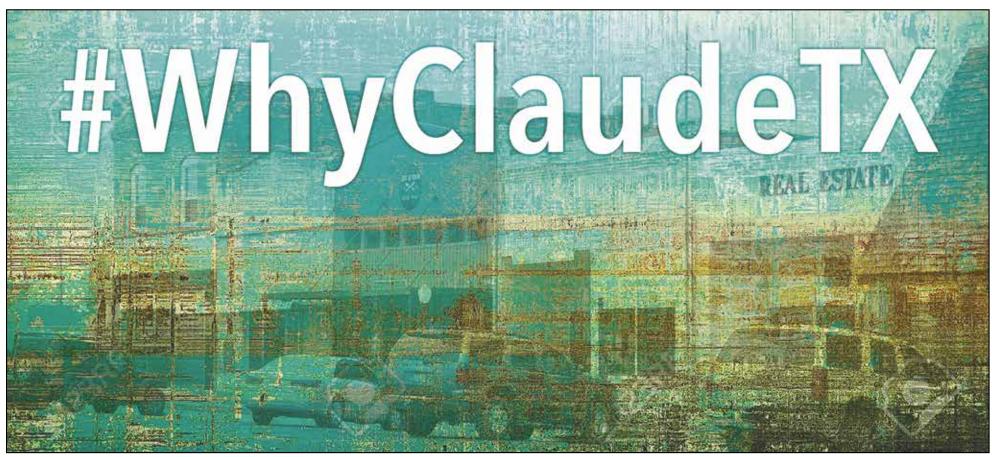


VOLUME 130, NUMBER 2

FRIDAY, JANUARY 11, 2019

What's Your Why?



BY CHRISTIANA MUSTION

This week at the Claude Chamber of Commerce Meeting, Tessa Waddell asked the members to consider "What's your why?" Why do you love Claude? Why are you dedicated to seeing it thrive?

Waddell also shared her "Why" with the group. "We all know how a small community stands behind you when there's tragedy," Waddell said. "Everyone has seen what Claude can do in the face of tragedy. When everyone comes behind you and stands with you, you realize how much you're loved. They stood behind me with prayers, and with people reaching out miracles can happen." No, I'm not going to share the whole story now. We're saving that for later; so keep reading!

The "Why" idea is simple, and it's unique to everyone in our community. It's the reason you live here. It's the reason that your family comes back to Caprock Roundup every year despite living miles and miles away. It's why you chose to raise your

family here. It's the reason that grown children move back to the community to teach or open up their own small businesses. It's whatever makes Claude resonate with you.

The idea of the "Why" intrigued me. We all have our reasons, and I think it would be amazing if we could share. Too many times, humans focus on the negative and what's wrong with the world/ their job/ their family/ their community. Let's start 2019 off by sharing what's good and what we love! Let's spark

some positive momentum to carry us through this year.

The Claude News would like to invite anyone to send us 200-300 word stories about why you love Claude and/or why you want to see Claude thrive. Periodically, we will publish a story or two which we received. We want to share your stories! We also would love to share a picture or two with your stories. Submissions may be made at any time during 2019 and will be accepted via mail, email, or Facebook Messenger. See the end of the story for submission information.

If you don't feel comfortable writing a whole article, we invite you to download the graphic we posted on social media and share that along with a picture(s) and a sentence or two about your Claude "Why". You can also film a video or use the hashtag #WhyClaudeTX. I can't wait to see and share all of your Why stories in 2019!

To kick things off right, we will be sharing a more detailed version of Tessa Waddell's Why Story in an upcoming edition of The Claude News.

Articles and photos may be submitted using the following methods:

Mail

The Claude News PO Box 778 Claude, TX 79019

E-mail

theclaudenews@gmail.com

subject – Why Claude TX

Facebook Messenger @ClaudeNews



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Adam Philley Honored at 40 Under 40 Gala



Adam Philley was honored at the 12th annual Northwest Louisiana Young Professionals Initiative 40 under 40 Gala. photo courtesy of Nancy Philley

SUBMITTED BY NANCY PHILLEY COMMUNITY MEMBER

Forty professionals under the age of 40 were honored at the 12th annual Northwest Louisiana Young Professionals Initiative 40 under 40 Gala on December 1st at the Shreveport Convention Center in Shreveport, Louisiana. Adam Philley who is the Director of Music Ministries at Broadmoor Methodist Church in Shreveport, Louisiana and son of Darrell and Nancy Philley and grandson of Ruth Stephenson of Washburn, was one of the 40 chosen this year.

Outstanding young entrepreneurs, executives, managers, and professionals in public, private or non-profit sectors are nominated annually. Winners are chosen based on achievement, experience

and innovation, vision, leadership and community involvement.

Adam also an adjunct professor Centenary College of Louisiteaching piano and voice, and is the Music Director for Shreveport Little Theatre Academy. Adam received his B.M. from Centenary College in Sacred Music and has an M.M. in choral conducting from the University of Nebraska-Lincoln. Adam is

also the founder and conductor of the Prisma Vocal Ensemble, Shreveport/ Bossier's only semi-professional choral ensemble and is the audition's chair for the Louisiana National Association of Teachers of Singing. He was director of music for the 2017 Annual Conference of the Louisiana United Methodist Church and continues to serve on the Conference Design Team. He serves as the chair-elect for the Area 6 Handbell Musicians of America organization, which covers Alabama, Arkansas, Louisiana, Mississippi and Tennessee, previously serving as Louisiana state chair.

Darrell and Nancy traveled to Shreveport to attend the gala with Adam. Adam got his start in music by taking piano lessons from Sharon McFarland.

Sheriff's Corner:

A Note from Sheriff Barnett

DECEMBER 2018 C	ALL REPORT
Types of Calls	Number of Calls
911 Calls	43
911 Text	0
Phone Calls	87
Walk ins	12
Accidents	3
Agency Assist	41
Alarm	2
Animal Control	0
Attempt to Locate	0
Burglary	2
Civil	2
Control Burns	$\overline{0}$
Criminal Mischief	0
Disorderly Conduct	0
Disturbance	0
Domestic	1
Drugs	0
DWI	0
Fight	0
Fire	1
Harassment	1
Illegal Dumping	0
Information	6
Juvenile Contacts	0
Livestock Out	10
Lost/Found Property	0
Medical Assist	10
Mental Subject	0
Motorist Assist	33
Public Intoxication	0
Public Outreach	0
Reckless Driver	8
Resident Assist	61
Sexual Assault	0
Stolen Vehicle	0
Suspicious Person	1
Suspicious Vehicle	1
Terrorist Threat	0
Theft	2
Trespass	0
Unattended Death	0
Warrants Served	2
Welfare Concern	2

Citations issued- 76 Cases filed - 22 Arrests-5

Fleta Barnett, Sheriff

Updated Property Tax Information Now Available for Texas Taxpayers

SUBMITTED BY MARISSA CLEMENT, RPA, RTA **DEPUTY CHIEF APPRAISER** ARMSTRONG CO APPRAISAL DIST.

Claude, TX — New and updated property tax information has just been compiled by Armstrong County Appraisal District and is available now to assist taxpayers. This property tax information is current and covers a wide range of topics, such as taxpayer remedies, exemptions and appraisals, and has information for select groups, such as disabled veterans and persons age 65 or older.

"Whether you are a homeowner, business owner, disabled veteran or taxpayer, it's important you know your rights concerning the property tax laws." said Debbie Stribling, Interim Chief Appraiser of the Armstrong County Appraisal District. "You can contact us about any property tax issues with full confidence that we will provide you the most complete, accurate and up-to-date available information to assist you."

This includes information about the following programs.

•Property Tax Exemptions for Disabled Veterans - The law provides partial exemptions for any propertyowned by disabled veterans or surviving spouses and surviving children of deceased disabled veterans. Another partial exemption is for homesteads donated to disabled veterans by charitable organizations at nocost or not more than 50 percent of the good faith estimate of the homestead's market value to the disabledveterans and their surviving spouses.

determined according to percentage ofservice-connected disability. The law also provides a 100 percent homestead exemption for 100 percentdisabled veterans and their surviving spouses and surviving spousesof

U.S. armed service members killed in action.

•Property Tax Exemptions - Non-profit organizations that meet statutory requirements may seek propertytax exemptions and must apply to theircounty appraisal district by a specific date. Businesses that receivetax abatements granted by taxing units; ship inventory out of Texas that may be eligible for the freeportexemption; store certain goods in transit in warehouses that are moved within 175 days; construct, install oracquire pollution control property; own and operate energy storage systems; convert landfill-generated gas; or store offshore drilling equipment while not in use may also be eligible for statutory exemptions.

Taxable •Rendering Property - If a business owns tangible personal property that is used to produce income, the business must file a rendition with its local county appraisal district by a specified date. Personal propertyincludes inventory and equipment used by a business. Owners do not have to render exempt property such aschurch property or an agriculture producer's equipment used for farm-

Notices Appraisal - Normally, taxpayers receive a notice of appraised value from the appropriate localcounty appraisal

The exemption amount is district. The city, county, school districts and other local taxing units will use the appraisal district's value to set property taxes for the coming year.

Taxpayer

Property

Remedies - This Comptroller publication explains in detail how to protest a propertyappraisal, issues the county appraisal review board (ARB) can consider and what to expect during aprotest hearing. The publication also discusses the options of taking a taxpayer's case to district court, theState Office of Administrative Hearings or binding arbitration if the taxpayer is dissatisfied with the outcome of the ARB hearing.

•Homestead Exemptions - A homestead is generally defined as the home and land used as the owner'sprincipal residence on Jan. 1 of the tax year. A homestead exemption reduces the appraised value of thehome and, as a result, lowers property taxes. Applications are submitted to the appropriate local countyappraisal district.

•Productivity Appraisal - Property owners who use land for timberland production, agricultural purposes or wildlife management can be granted property tax relief on their land. They may apply to their local countyappraisal district for an agricultural appraisal which may result in a lower appraisal of the land based onproduction, versus market value.

•Residence Homestead Tax Deferral - Texas homeowners may postpone paying the currently delinquentproperty taxes due on the appreciating value of their homes by filing a tax deferral affidavit at their localcounty appraisal district. This tax relief allows homeowners to pay the property taxes on 105 percent of thepreceding year's appraised value of their homestead, plus the taxes on any new improvements to thehomestead. The remaining taxes are postponed, but not cancelled, with interest accruing at 8 percent peryear.

•Property Tax Deferral for Persons Age 65 or Older or Disabled or Disabled Veteran Homeowners -Texans who are age 65 or older or disabled, as defined by law, or who qualify for a disabled veteranexemption may postpone paying current and delinquent property taxes on their homes by signing a tax deferralaffidavit. Once the affidavit is on file, taxes are deferred, but not cancelled, as long as the owner continues toown and live in the home. Interest continuesto accrue at 5 percent per year on the unpaid taxes. You may obtain a deferral affidavit at the appraisal district.

•Notice of Availability of Electronic Communication - In appraisal districts located in counties with apopulation of more than 200,000 or that have authorized electronic communications, and that have implemented a system that allows such

see PROPERTY TAXES, PG 4

COMMUNITY CALENDAR

COMMISSIONERS COURT - Mon. Jan. 14th, 9:00 a.m., Armstrong County Courthouse

CLAUDE CITY COUNCIL - Mon. Jan. 14th, 5:30 p.m., City Hall

CISD NO SCHOOL - Fri. Jan. 18th, ALL DAY, Claude Independent School District

ARMSTRONG CO JR LIVESTOCK SHOW -Fri. Jan. 18th, 8:00 a.m., Armstrong County Activity Building. Show starts with goats.

ARMSTRONG CO JR LIVESTOCK SHOW DINNER & SALE - Sat. Jan. 19th, 6:00 p.m., Armstrong County Activity Building.

COMMISSIONERS COURT - Mon. Feb. 11th, 9:00 a.m., Armstrong County Courthouse

CLAUDE CITY COUNCIL - Mon. Feb. 11th, 5:30 p.m., City Hall

PRESIDENT'S DAY - Mon. Feb. 18th, ALL DAY, Banks & Post Office will be Closed

CISD NO SCHOOL - Mon. Feb. 18th, ALL DAY, Claude Independent School District

SPRING BREAK/NO SCHOOL - Mon. Mar. 11th thru Fri. Mar. 15th, ALL DAY, Claude Independent School District/WEE School

BIRTHDAYS & ANNIVERSARIES

January 12th

Shannon Thomas Darlene Yelton M/M Steve Westbrook

January 13th

January 14th Samuel Weinheimer Alexis Eddleman

January 15th

Joe Reck Tessa Johnson Kyan Monteiro Cayden Cox

January 16th

Jackie Patterson

January 17th

Jacie Bruner Ryan Cox Leagen Davis Karli Fields Kelsee Roberts Judd Westbrook M/M Pat Martin

Scott Newsted

January 18th

Donna Bannister Savannah Fields





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http://www.carsoncountygin.com

in Effect

SUBMITTED BY PGCD BOARD OF DIRECTORS.

WHITE DEER, TX. (Dec. 27. 2018) - Panhandle Groundwater Conservation District (PGCD) Board of Directors passed and adopted proposed rule changes during their meeting held on December 20, 2018.

There were many District constituents in attendance at the hearing, expressing both support and oppostion for the proposed rules. District Staff and Board Members recognized and addressed those who had reservations against the new rules. In a vote of four in favor and one against, the rule changes passed and are now in effect. Here are

- changes: major Operating Permits will be required on all production wells, new or existing, producing more than 17.5 gallons per minute and are 2-inches or greater in pipe diameter. Operating Permits must be applied for by December 31, 2019 and must be granted before any production takes place in 2020. The District is currently taking appointments and walk-ins to begin the Operating Permit process.
- Meters are required on all wells, new or existing, producing more than 35 gallons per minute. Me-

ters may also be installed at the center pivot sprinkler, drip irrigation system or central collection point, as long as all production is captured. PGCD currently has a 50/50 cost-share program in place for wells that have not been required to install meters in the past. The cost-share program will be available through September 30,

• It is important to note, the Maximum Allowable Volume of one acre-foot per contiguous acre per year, that has been in place since 2004, will ramain the same. The Maximum Allowable Rate of 2,880 GPM/section or 4.5 GPM/acre will remain the same, as well as Spacing Rules for new wells.

While the new rules are already in effect, compliance enforcement regarding Operating Permits and metering does not go into effect until December 31, 2019, giving operators and the District all of 2019 to grant Operating Permits and make any necessary changes for compliance. January 1, 2020 marks the starting date of the 3-year rolling average, which will be used to ensure compliance on the one acre-foot allowable. To view a copy of the new rules, visit www.pgcd.us. If you have any questions, please call the District Office at 806-883-2501.

PGCD New Rules | Local Kids featured | Property Tax in Art Display

SUBMITTED BY KAY HENARD ARMSTRONG CO MUSEUM

During January, be sure to drop by the Armstrong County Museum (ACM) and visit the Art Gallery. The walls are filled with photos of the joyful faces of local children, families, teachers and volunteers who participated in the Pioneer Christmas activities held at ACM on Saturday, Dec.1 for children and families and again on Monday, Dec. 3 for Claude School second graders. They had fun making a variety of Christmas ornaments, col-

oring two large murals on display, and eating Christmas cookies.

The Armstrong County Museum is now open Tuesdays through Saturdays, 12noon to 4pm. We thank both volunteers and staff who are assisting to keep ACM open more. To consider volunteering at ACM or Goodnight Historical Center (GHC), contact Kelli Heatley at kellih. goodnight@gmail.com or 806-944-5591. Don't forget to come visit the Museum and see pictures of local children and adults displayed through January.

communications, chief appraisers and ARBs may communicateelectronically through email or other media with property owners or their designated representatives. Writtenagreements are required for notices and other documents to be delivered electronically instead ofmailing.

 Protesting Property Appraisal Values - Property owners who disagree with the appraisal district'sappraisal of their property for local taxes or for any other action that adversely affects them may protest theirproperty

value to the appraisal district's ARB.

For more information about these programs, contact Marissa Clement-Deputy Chief Appraiser at Armstrong County Appraisal District at (806) 226-6021 or come by the office at 114 Trice St. Information is also available on the Comptroller's Property Tax Assistance Division's website at comptroller.texas.gov/taxes/property-tax/.

NOTICE OF APPLICATION FILED WITH THE PUBLIC UTILITY COMMISSION OF TEXAS

On November 30, 2018, Oncor Electric Delivery Company LLC ("Oncor"), Sharyland Distribution & Transmission Services, L.L.C. ("SDTS"), Sharyland Utilities, L.P. ("Sharyland"), and Sempra Energy ("Sempra") (collectively, "Joint Applicants") filed a Joint Report and Application for Regulatory Approvals ("Joint Application") with the Public Utility Commission of Texas ("PUC" or "Commission"), copies of which are kept at Oncor's office at 1616 Woodall Rodgers Freeway, Suite 6000, Dallas, TX 75202. The Joint Application requests Commission approval of three transactions (the "Proposed Transactions"), as described below, that will result in SDTS becoming an indirect wholly owned subsidiary of Oncor that will own transmission and distribution assets held today by Sharyland and SDTS in central, north, and west Texas, and Sharyland will remain a utility in south Texas, with Sempra owning a 50 percent indirect interest in Sharyland. First, Sharyland will transfer its assets in north Texas, along with associated assets, liabilities, and working capital, to SDTS. In return, Sharyland will receive all of SDTS's assets located in south Texas. In connection with this asset exchange, Sharyland's equity interest in SDTS will be cancelled, and the certificates of convenience and necessity of Sharyland and SDTS will be amended to authorize the "North Texas Utility" (referring to the post-closing assets to be owned by SDTS) and the "South Texas Utility" (referring to the post-closing assets to be owned by Sharyland) to own, operate, and maintain their respective post-exchange assets. Second, Oncor will acquire InfraREIT, Inc. ("InfraREIT") and InfraREIT Partners, LP and, as a result, will own and operate all of SDTS's posttransaction assets. Finally, Sempra will purchase a 50-percent indirect limited partnership interest in a newly formed Delaware limited partnership expected to be named Sharyland Holdings, LP, which will own a 100-percent interest in Sharyland. The Joint Applicants also request Commission approval of certain regulatory terms listed in Exhibit A to the Joint Application, some of which are regulatory conditions to closing.

The Joint Application does not seek Commission approval of a modification to Oncor's rates. Oncor is requesting a Commission finding, however, that Oncor may consolidate the North Texas Utility's wholesale transmission rates with Oncor's rates as part of Oncor's next base-rate case. Oncor also requests Commission approval to establish a regulatory asset to track any make-whole payments or other expenses that may be required to extinguish, transfer, or restructure the debt of InfraREIT and its subsidiaries under the Proposed Transactions, so that Oncor may seek recovery of that regulatory asset in its next baserate case. The Joint Applicants also seek Commission approval to split the current Sharyland wholesale transmission service tariff into two separate tariffs—one for the North Texas Utility and one for the South Texas Utility—which rates, when taken together, would be equal to Sharyland's rate in effect at the time the Proposed Transactions close.

Any person wishing to intervene in this proceeding must file a written request with the Public Utility Commission of Texas, 1701 North Congress Avenue, P.O. Box 13326, Austin, TX 78711-3326, no later than January 4, 2019. This case has been assigned PUCT Docket No. 48929. Further information may also be obtained by calling the Public Utility Commission at (512) 936-7136 or (888) 782-8477. Hearing- and speech- impaired with text telephones (TTY) may contact the Commission at (512) 936-7136.

ONCOR ELECTRIC DELIVERY COMPANY LLC, SHARYLAND DISTRIBUTION & TRANSMISSION SERVICES, L.L.C., SHARYLAND UTILITIES, L.P., AND SEMPRA ENERGY

See MLB Games in

Phoenix, Colorado & a day at the Grand Canyon

Tour begins in Phoenix/ends in Denver. June 24-28, 2019

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Seniors: How Healthy Feet Can Reduce Your Risk of Falling

(StatePoint) Among mal older Americans, falls are the number one cause of injuries and death from injury, according to the Centers for Disease Control and Prevention. Not only are seniors more at risk for falls, when they do so, it poses a greater risk for injuries, hospitalization and complications. For a ground-up approach to fall prevention, seniors should start by examining the health of their feet.

"Painful foot conditions, such as osteoarthritis, corns, bunions, hammertoes and diabetes complications, can make it difficult for seniors to maintain balance and coordination when walking or standing," says Michael Ambroziak, DPM, FAC-FAS, a board-certified foot and ankle surgeon and Fellow Member of the American College of Foot and Ankle Surgery (ACFAS). "Compounding the issue is that the very exercises intended to correct risk factors for falls, such as lower-body weakness, as well as gait and balance problems, are made difficult to perform when one is suffering from painful foot and ankle conditions."

While the factors causing falls are numerous, experts say that seniors, and everybody for that matter, can take steps to reduce their risk by minimizing or even eliminating foot pain. Doing so will improve balance, coordination and stability when walking or standing.

Foot and ankle surgeons recommend the following ways to help keep feet and ankles healthy:

• Don't ignore pain: Foot pain is not just a normal consequence of growing older, so don't resign yourself to aching and suffering. You likely have a treatable condition. For a proper diagnosis and intervention, be sure to pay attention to your feet and see a foot and ankle surgeon if and when you experience pain.

• Examine your feet: You are the gatekeeper of your own health, making

regular at-home foot examinations critical. At the sign of bumps, lumps or other changes in your feet, make an appointment with your foot and ankle surgeon.

- Exercise: Simple stretching exercises can help you maintain strength and mobility in your feet and ankles, as well as provide pain relief. Talk to your physician about appropriate exercises for you.
- Protect: Use padding, insoles or whatever special footwear



(c) skynesher - iStock.com

you are prescribed. Be sure to wear these, along with comfortable, sensible shoes, every day.

• Be flexible: Know that at times, surgery is the most appropriate treatment for a given condition. Fortunately, many simple surgical techniques allow foot surgery to be performed on an outpatient basis.

For more ways for to keep feet and ankles healthy, prevent falls or to find a foot and ankle surgeon near you, visit FootHealthFacts.org, the patient education website for ACFAS. Foot and ankle surgeons are experts in providing both conservative care as well as surgical approaches to foot and ankle healthcare.

Remember, just one fall can permanently rob seniors of their independence and dramatically reduce their quality of life. Taking good care of feet and ankles however can reduce the risk of a life-altering slip, trip or fall.

Athletes THE Week



LANIE STAPP

Lanie Stapp is our player of the week. Lanie Stapp is a sophomore for the Lady Stangs and is a tremendous asset offensively and defensively. Her ability to "run the floor" with the best of them allows our team to create additional opportunities to score that most teams don't usually get.

TRISTEN SMITH

Tristen Smith has quietly been a solid performer all year. He may not score the most points, but he does get his hands on a lot of balls defensively, pulls in a good share of our boards, and seems to have a knack for being in the right place. He's really getting the feel for what we are trying



to do as a team, and what to look for out on the court.



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D-BAT Amarillo to host Washington Nationals Hitting Coach Joe Dillon Coaching Clinics January 11th & 12th, 2019



Amarillo, Texas January 8, 2019- D-BAT Amarillo, located at 11817 I-27 in Amarillo is proud to host the Joe Dillon Hitting Clinic for Amarillo High Baseball Players on January 11th from 3:30 pm to 7:00 pm. This unique opportunity supports the "For the Love of the Game ScholBaseball Coach Dick Joe Dillon, Washington Nationals Hitting Coach, M L B player with the Rays,

Marlins and Brewers, 2008 Texas Tech Hall of Fame Inductee, and 1997 Big 12 player of the year will lead this advanced skills hitting camp for current AHS Baseball Players, with all proceeds to support the scholarship fund.

In addition to this spe-

mer AHS cial AHS private hitting camp, D-BAT Amarillo is hosting two Open Clinics for area baseball players ages 6 to 18 on Saturday, January 12th. For more details and to reserve your spot please call 806-622-2287 or reserve online at www.dbatamarillo.com.

> D-BAT Baseball & Softball Academy of Amarillo is the premier baseball and softball training facility in the region. D-BAT was founded with the vision to provide a quality teaching environment with quality instruction to enhance the baseball and softball experience for players at all levels from Little League through the collegiate and professional

> > D-BAT Amarillo facil-

ities and clinics feature:

High-Quality Baseball Instruction from former Professional and Collegiate Players

Professional Softball Instruction from former Division 1 Softball Players

Over 50 Camps/Clinics Yearly for All Ages

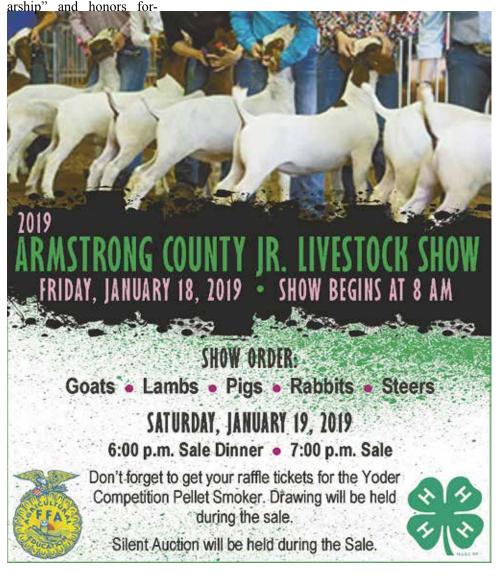
State-of-the-Art 18,000 square-foot facility with Brand New Turf, Lighting, Climate Control and completely customizable state of the art pitching machines, allowing for 105 different hit selection options for baseball and softball.

For over 20 years, D-BAT has impacted the playing careers of thousands of ballplayers. As a young player, there is nothing worse than striking out...And as a parent, we wish we could be in the batter's box for our kids. At D-BAT, it is our mission to: Provide a quality teaching environment with quality instruction to enhance the baseball experience for players at all levels from little league through the pros.

D-BAT Amarillo, owned by Professional MLB Coach and Player Robbie Wine joined the D-BAT family in 2018. While the core demographic for our facility ranges from ages 6-18, the reality is some of MLB's top prospects have trained at D-BAT facilities and even more players have earned college scholarships.

From developmental youth camps and private lessons... to the latest equipment and hottest apparel, D-BAT Amarillo is the premier baseball and softball training center. For more information on clinics, camps or D-BAT Amarillo Memberships please contact Robbie Wine, General Manager/Owner at 806-622-2287 or robbie@ dbatamarillo.com. media inquiries or to coordinate media interviews contact Dawna Wine, Assistant GM/Co-Owner 806-622-2287 or dawna@ dbatamarillo.com.

Sponsors for these events include D-BAT Amarillo, Proffer Surgical Associates, Amarillo National Bank and the Sod Poodles





Lady Stangs and Mustangs Head to White Deer for Districts

BY ALYSSA HIGGS & Sydney knox Student reporters

Over the break, Claude travelled to White Deer for District Basketball. The evening started with JV games followed by the varsity Lady 'Stangs.

The Claude Lady 'Stangs played a district rival, the White Deer Does, on January 4th, 2019. Each side of the White Deer gym was packed with fans hoping for an intense game.

The game started out fierce. Both teams came out clawing for a victory that would help to secure a spot in the playoffs. The score was close for the first two quarters.

After a ten minute halftime, the teams emerged from their locker rooms. White Deer played aggressive for the third quarter while Claude kept to their key plays and attitudes. The Lady 'Stangs kept the lead over the Does and lengthened it. The final score of the game was definitely in Claude's favor with a score of 58 points to 34 points.

The Claude Lady 'Stangs will play White Deer once again. The game will be held at the Claude gym on January 29th. It will be another exciting game you won't want to miss!

Following the Lady 'Stangs' victory over the Does, the varsity Mustangs battled against the White Deer Bucks to end Christmas Break. Though they fought hard and were ahead for most of the first half, they unfortunately fell 25-45.

To start off the second semester, the Mustangs fought against the Clarendon Broncos. The Broncos are a very sound team, but that didn't intimidate the Mustangs. They stuck with the Broncos, even giving them a little run for their money in parts, until the last quarter. The ending score, 24-56, does not do the Mustangs justice on their hard work.

The Mustangs are still fighting hard and keeping their heads up. Please come out and support them in their journey of learning to be a team and how to play fundamentally. They need the support of their community.

STAR STUDENTS

WEEK OF JANUARY 11, 2018



TALISE OVERBEEKE Mrs. Conrad's', 2nd Gr She is always being a good friend!



CHARLEE JOHNSON Mr. Derrick's, 4th Gr She listens and she is very quiet.



NATALIE EEDS
Mr. Derrick's, 4th Gr
She listens well and is very quiet.



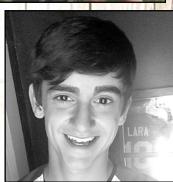
ISAAC SAUCEDO Mrs. DeBord's, 6th Gr He held the door open for a teacher.

Senior Spotlight









This week the Senior Spotlight is shining on Jacob Lara. Jacob has lived in Claude all of his 18 years. His favorite class was English, with his favorite teacher being Mrs. Maxfield. Jacob loves shrimp alfredo, the color black, Spongebob and the Dallas Cowboys.

After graduating Jacob plans on attending Amarillo College and traveling the world. While at Claude, Jacob participated in football, basketball, one act play, student council and basketball manager. "Bus rides home after games" is Jacob's favorite memories. In his free time Jacob likes to watch movies and spend time with his friends and family. "I absolutely adore my sister Serenity. If I had a super power, it would be to fly, so I could always check on her." Jacob added.

Jacob states Mike Arnold as his role model. "Mike works all time, sometimes 7 days a week. Some days he works from 6am until midnight. He does this every day because he loving, hardworking man." Jacob hopes to visit Jerusalem and will miss seeing his friends every day. Jacob Lara is bright and caring young man, of whom Claude should be very proud.

Jacob Lara



806-626-6848 GraphicINK

514 US Hwy 287 Claude, TX 79019





MON., JANUARY 14TH

Breakfast: Pancakes, Bacon, Fruit Juice, Fruit, & Milk

Lunch: Steak Fingers, Gravy, Roll, Mashed Potatoes, Carrot Coins, Strawberries, & Milk

TUES., JANUARY 15TH

Breakfast: BF Burritos, Hash Browns, Fruit Juice, Fruit, & Milk

Lunch: Chicken Quesadillas, Salsa, Corn, Refried Beans, Fruit, & Milk

WED., JANUARY 16TH

Breakfast: French Toast, Sausage, Fruit Juice, Fruit, & Milk

Lunch: Texas Chili, Cornbread, Celery & Carrot Sticks, Fruit, Brownie*, & Milk

THUR., JANUARY 17TH

Breakfast: Oatmeal, Cinnamon Toast, Yogurt, Fruit Juice, Fruit, & Milk

Lunch: Sloppy Joes, Oven Fries, Broccoli Bites, Fruit, & Milk

> FRI., JANUARY 18TH NO SCHOOL

*Substitute Item will be Served to PreK

Obituary

Virginia Jones, 89

Virginia Jones, 89, died January 2, 2019 in Amarillo.

Memorial Services for Virginia Jones will be at Claude Church of Christ, Claude, Texas at 2:00pm Saturday January 5, 2019

Virginia was born August 2, 1929, in Plainview, Texas, to George and Ethel Gillham. She married Billy Jones on August 25, 1948, in Amarillo.Virginia worked for and retired from the Boy Scouts of America.

She was preceded in death by her husband, Billy, her daughter Bille Kathryn, her parents, her sister Mary, and brother Joe.

Survivors include two sons, Kerry Jones and wife Kathy of Amarillo and Koy Jones of The Colony; 6 grandchildren: and 7 great-grandchildren.

Sign the online guest book at www.robertsonfuneral.com.

BY HETHIR RODRIGUEZ **WOMEN'S HEALTH SPECIALIST**

Studies show many American women putting off pregnancy until their 30s - and even their 40s. This continuing trend is often driven by women's career interests and their confidence in remaining fertile, medical professionals say.

But while many women are trying to time their pregnancy, that can be tricky due to the massive amount of conflicting information about fertility.

"Separating fact from fiction can be difficult, because there are many myths on the topics of ovulation, timing of intercourse, and charting fertility," says Hethir Rodriguez, founder and president of Natural Fertility Info.com (www. natural-fertility-info.com) and a certified herbalist specializing in women's health. "These myths have been repeated so often that we readily believe them.

"The best time to get pregnant doesn't always mean it will happen right when you're ready, but there are basic things to know and intelligent ways to prepare your body for pregnancy."

Dispelling 6 Common Myths

About Fertility

Rodriguez debunks oft-discussed some myths about fertility:

- · You can get pregnant only one or two days a month. There are six days of the menstrual cycle that a woman could possibly get pregnant. "Because a female egg lives 12-24 hours after ovulation and sperm lives up to five days in the female reproductive system, you can have baby-making sex up to three days prior to and the day of ovulation – even the day after," Rodriguez says.
- All fertility apps are inaccurate. "The sheer numbers of different types are daunting, and there are doubters in the medical community," Rodriguez says. "But a good number of apps

get good results. There are numerous apps available to help chart basal body temperature, track their cervical mucus, monitor hormone fluctuations, and pinpoint the day of ovulation."

- Women can ovulate twice in the same cycle. "In about 10 percent of cycles, you may ovulate twice," Rodriguez says, "but it is going to be within a 24-hour period. Some people think they can ovulate on week two of their menstrual cycle and then again on week three, but that's not possible."
- Your diet does not have an impact on your fertility. "Diet makes a huge difference and is one of the most powerful tools you have for your fertility," Rodriguez says. She suggests nutrient-dense foods, as close to their natural state as possible, because "the right diet can help regulate ovulatory function, increasing chances of pregnancy."
- If you have a regular menstrual cycle you won't have any problems getting pregnant. Rodriguez says that even

with a normal cycle, there might still be underlying fertility health issues, especially if a woman has been trying unsuccessfully to conceive. "One such issue is Luteal phase defect, in which the period of time from ovulation until menstruation is too short – less than 12 days," Rodriguez says.

Infertility is a woman's issue. "This is a myth that is underlying our culture," Rodriguez says. "There's a 40 percent chance the fertility health issue resides with the woman and 40 percent it's due to male-factor infertility. And sperm health is equally as important as egg health because these cells equally provide the DNA that will make up your future child."

"The dialogue on fertility issues is important." Rodriguez says. "For a long time, it wasn't discussed so publicly, and it can be a sensitive topic. But with so much information out there, it's vital they seek the right professionals so they can make informed decisions."

A New Neighbor is Coming to Town! Silverleaf at Panhandle



Great Plains Western Church

A Country Church of Second Chances Invites You to Have Fellowship with Us! Sunday School: 9:45 a.m. Worship: 11:00 a.m. Wednesday Bible Study: 7:00 p.m.

Hwy 287, between Claude & Washburn



Making a New Year's Resolution? Here's one to Save Lives, **Including your Own!**

SUBMITTED BY **BILLIE PEDEN, TEXAS A&M** AGRILIFE EXTENSION SERVICE ARMSTRONG CO EXT AGENT FAMILY AND COMMUNITY HEALTH

While eating more fruits and vegetables and parking as far away from the supermarket as possible will help improve your health in 2019, here's a resolution that can impact the lives of others as well as your own life. Make a resolution in 2019 to focus on your driving and drive like you would want the person in front of you, behind you, and beside you to drive. Resolve to be a better driver in 2019. While all notions of self-improvement have their value, driving is one area where your actions can affect not only yourself, but other drivers and passengers on the road, too. Motor vehicle crashes continue to take their toll, without one day passing without a death on Texas roadways since November 2000. Avoiding distractions, driving the speed limit, driving alert and sober, and making sure that you and all of your passengers are always buckled, can help make 2019 a better year on Texas roads.

Put down the phone when you are driving and do not drive distracted! Cell phones are a major distraction, but not the only distraction to drivers. Adjusting radios and GPS devices, loose pets, eating, and applying makeup while driving are just some of the other distractions when behind the wheel. However, research shows

that texting is among the most dangerous forms of distracted driving. Sending or reading an average text message takes drivers' eves off the road for 4 to 5 seconds, which means at 55 miles per hour, a texting driver would travel the length of a football field without looking at the road — as if being blindfolded. That is something nobody would, or should, consciously

consider doing. Any time you take your hands off the wheel, your eyes off the road, and especially your mind off of your driving, you put yourself, your passengers and others on the road at risk. Resolve to not use your phone this year while driving.

Here are a few driving 2019: olutions for

Drive the posted speed limit, slow down for construction and emergency vehicles, and always drive slower and more cautiously when weather conditions are bad. Keep the proper distance between your car and the vehicle in front of vou, leaving enough room to stop in an emergency.

Make sure you are prepared to drive. Always arrange for a sober driver or ride home if alcohol is consumed. And, make sure to not drive while drowsy. By being well-rested and sober before getting behind the wheel, motorists will be better prepared to arrive at their destination safely.

Take the few seconds



to put on your seatbelt and make sure that all passengers are also buckled up. Take time to be sure that all children are riding in the correct car seat for their age, weight, and developmental stage. Also, get a car seat inspection by a certified child passenger safety technician to make sure the car seats are being used and installed correctly.

And last but not least, be a role model for the teen drivers in your family and for their friends. Show them what it means to focus on your driving.

Texas A&M AgriLife Extension Community Health Educator Peden, Armstrong County, reminds us that making a resolution to improve your driving habits in all of these driving areas may very well save your life and the lives of others on the road.

Sudoku

		4		6	1			
				4	3	7		1
		6	5					4
	9				5	2		6
5								8
1		7	3				5	
6					7	9		
7		2	9	5				
			1	2		6		

generated by http://www.opensky.ca/sudoku

5	9	7	2	4	6	8	3	1	
8	1	4	7	5	3	2	6	9	
2	3	6	8	1	9	5	4	7	
1	2	5	6	8	7	4	9	3	
6	4	9	5	3	2	7	1	8	
7	8	3	1	9	4	6	5	2	
3	5	1	4	2	8	9	7	6	
9	6	2	3	7	5	1	8	4	
4	7	8	9	6	1	3	2	5	

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Wednesday Classes - 7:00 p.m.

We invite you to watch: In Search Of The Lord's Way

- KAMR-4 Sunday 7:30 a.m.
- KVII-7.2 Sunday 6:30 a.m.

Getting To Know Your Bible

- DirecTV Ch. 377—Mon-Fri 3:30 a.m. & 9 p.m.
- DirecTV Ch. 376—Mon, Wed & Thur. 8:30 p.m.

Keys to the Kingdom

KAMR-4 Sunday 12:00 a.m.

3rd & Hawkins, Claude, TX 226-4761

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Deadlines & Payments: Deadline for Classified Ads are 10 a.m. on Tuesday. All other ads and news submission must be received by 3:00 p.m. on Monday. Payment is due at the tim you place the ad, unless you have an established

Errors: Check your ad for errors on the first publication. The Claude NEws will not be liable for errors after the first publication. The Claude News does not vouch for the legitimacy of any ad, job, or money making opportunity. We suggest that you thoroughly check out any offer before making a commitment or giving out personal information.

HELP WANTED

FT JOB OPENING The City of Claude is currently accepting applications for a full-time assistant City

Secretary.

The applicant must be able to multi-task, be organized, able work in a team environment, and must have exceptional customer service skills.

A complete job description, job requirements, and applications can be obtained at Claude City Hall, located at 115 Trice St., Claude, TX 79019. Information and applications can be picked up Monday – Friday from 8:00 a.m. until 12:00 p.m. and from 1:00 p.m. until 5:00 p.m.

JOB OPPORTUNITY -

PALO DURO NURSING HOME Claude, TX 79019. We are looking for an individual responsible for planning and directing a program of diversified activities, mental and physical stimulation, and create an invigorating social atmosphere for residents in a long term care nursing home. POSITION:

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ing.com

Call: 806/226-5121

PUBLIC NOTICE

CITATION BY PUBLI-CATION THE STATE OF **TEXAS**

COUNTY OF ARM-STRONG COUNTY

TO: Jorean Hood Smith, Gary Ray Smith, Shary

Lvnn Smith and J.B. Smith Jr.A/KIA Jasper Burnard Smith, Jr. Deceased, and The Unknown Heirs at Law of J.B.Smith,Jr A/KIA Jasper Burnard Smith,-Jr. Deceased Defendants

Greeting:

You have been sued. You may employ an attorney. If you or your attorney does not file a written answer

the Clerk who issued this citation by IO o'clock A.M. on the Monday next following the expiration of 20 days after you

were served this citation and petition, a default judgment may be taken against you.

YOU ARE COMMAND-ED to appear by filing a written answer to plaintiffs petition at or before 10:00 o'clock a.m.

of the first Monday after the expiration of 42 days from the date of issuance of this Citation, the same being Tuesday the

December 18, 2018 at I 0:00 a.m., before the Honorable Judge Schaap of Armstrong County, at the **Armstrong County**

Courthouse, IO I S.Trice Claude, Texas 790 19 Said Plaintiffs Petition was filed on Apri 1 14, 20 16 in Cause No. 2564

The name of the parties in said suit are:

SUN WEST MORTGAGE COMPANY, INC.PLAIN- VS.

DANTS

JOREAN HOOD SMITH, GARY RAY SMITH, SHARY LYNN SMITH AND J.B. SMITH JR., A/ KIA JASPER

DECEASED, AND THE UNKNOWN HEIRS AT LAW OF J.B.SM ITH,-JR A/K/A JASPER BURNARD SMITH, JR.,-DECEASED DEFEN-

The brief statement of the

nature of said su it is as fo llows: to-wit

Foreclosure of Deed of Trust Lien on the following described real property of which Defendants,-JOREAN HOOD BURNARD SMTIH, JR SMITH, GARY RAY SMITH, SHARY LYNN SMITH AND J.B. SMITH JR., A/KIA JASPER BUR-NARD SMTIH, JR

DECEASED, AND THE UNKNOWN HEIRS AT LAW OF J.B.SMITH,-JR.A/KIA JASPER BUR- NARD SMITH, JR., Deceased are the owners:

All of lot numbers 8,9, and 10, and all of the S/2 of lot no.7,Block 46 Railway Addition to the town of Claude, Armstrong

County, Texas.

ISSUED AND GIVEN UNDER MY HAND AND SEAL OF SAID Court at Claude, Texas, this 181h day of December, 2018.

TAWNEE BLODGETT ARMSTRONG COUNTY

CLERK



TexSCAN Week of January 6, 2019

AUCTION

41st Annual Cattleman Bull & Female Sale, 12 Noon, Jan. 19, 2019, El Campo Livestock Auction, El Campo, TX. Adrian Knight Tx Lic #11102 Kelly Conley Tx Lic #9558. 903-452-7591, 903-850-3449, www.cattlemansale.com.

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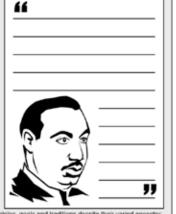
Email: info@aegpetroleum.com



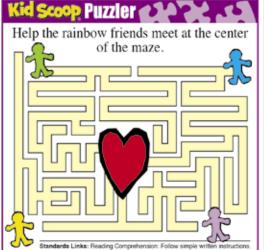
Standards Link: Social Science: Students recognize the forms of diversity in their community and the benefits of a diverse population

appreciated each others differences.

Look through the newspaper and find an article and/or picture that shows people of different races working together. Glue the picture or the article in the first box. In the second box, write what you think Martin Luther King, Jr. would have said about these people.



tards Link: Social Science: Students recognize the ways in which they are all part of the same community, sharing principles, goals and traditions stand ways in which groups interact with one another to try to resolve problems.



ounte vord Search nouble

RAINBOW PEACE EQUALITY MARTIN LUTHER KING COLORS GOLD NATION PEOPLE HELPING TOGETHER LIVE

PLACE

JESSE

Find the words in the puzzle. How many of them can you find on this page?

RGNIPLEHSA INWOBNIARP MNATIONROE EABJESSELO CORCGWEHOP APATNVOTCL LEYTILAUQE PWELKNDLOG RAREHTEGOT

Standards Link: Letter sequencing. Recongized identica words. Skim and scan reading. Recall spelling patterns.

Lesson Library FROM THE

Compound Word Fish

Look through the newspaper for words that can make compound words. For example: rain and bow; sun and light; etc. Cut out each word and glue it to a small card. Use the cards to make a card deck for a game of GO FISH. A match is two words that make a compound word.

Standards Link: Vocabulary Development: Use knowledge of individual words in compound words to understand their meaning.



My Hero

Tell about someone who is your hero. Why is this person special to you?

Putting Dreams

Dr. Martin Luther King Jr. had dreams. He dreamed about changing the world for the better.

Martin Luther King Jr. skipped two grades and started college at age 15. He went on to earn two bachelors degrees and a Ph.D. His strong education and love of reading helped him to write powerful sermons and speeches.

He shared his dreams in his speeches. He inspired others to share his dreams.

Below are two of his famous quotes. Replace the missing words and read them.



"I have a _ little that one ___ black boys and girls will be _ hands with little white boys and girls."

"I have a dream that my four little will one day live in a where they will not be judged but the ____ of their skin, but by the of their character."

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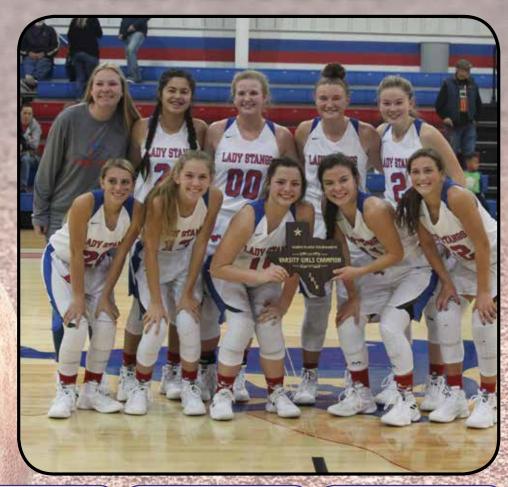


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