

VOLUME 130, NUMBER 6

FRIDAY, FEBRUARY 8, 2019

Farm Business Team 1st in First Contest

BY AMANDA HERNANDEZ Student reporter

fter weeks of effort and practices Claude's FFA farm business management team's hard work paid off last week by winning first place in their contest. The team currently consists of Luke Stockett, Lindsey Monroe, Logan Campbell, Jacey Weinheimer, and last but not least, Jakob Weinheimer.

In farm business management, students must complete a 100 question test in which 50 of the questions are about general farm business knowledge and the rest 50 questions are about farm business related mathematics. The Claude FFA team practices twice a week, every week by taking similar tests to the one in contest. Due to their studies and practices, the team won first place this last Wednesday. " I knew they were going to do good, but first place was just the icing on the cake," says Claude's FFA administrator, Mrs. Jessica Koetting.

As far as the students on the team, they're all very happy with the outcome and look forward to future contests in farm business management.

Not all of the members of the team are experienced participants, however. Freshman Jacey Weinheimer is a new member to the team and this was her first contest in farm business management. " It was great winning our first contest of the year and I hope we can win even more contests. Being on this team has challenged me to reach the high standards of my coach," states

As for the sophomore and juniors on the team, they have been in farm business management before and look forward to their future in farm business management. These students consist of Luke Stockett and Jakob Weinheimer. "Winning this contest was a great way to kick off the year and I'm ready for the next one," claims Luke. Luke, along with his other teammates, looks forward to their future contests and has high hopes, like Jakob Weinheimer for example. "I hope we can keep it up and win all the contests and win area and state and go to nationals," says Jakob.

By far the most familiar with the contest would be the seniors on the team,

Lindsey Monroe and Logan Campbell. As their last year on the team, they are both very proud with how far they've come and have high faith in the upcoming students that will partake in farm business management. " I was so proud of our team on how well we did on our first contest of the season, this year our goal is not only going to state, but doing well, and I feel that this was the first step in reaching our goal. I can't wait to see what the rest of the season holds," says Lindsey.

Claude FFA's farm business management teams in the past have a very well record and as proven before and most recently, this year's team and upcoming teams will undoubtedly uphold this record and hopefully only make it better. The farm business management team of 2019 looks forward to the future and will work even harder than before to better themselves and go far in farm business. With the work and effort they've shown so far, nationals is definitely not an impossible occurrence and can hopefully be achieved by this year's farm business management team.

Lady 'Stangs Defeat White Deer Does

BY ALYSSA HIGGS Student reporters

The White Deer Does traveled to Claude on January 29, 2019.

The Lady 'Stangs, bucking for a victory, destroyed the first quarter. Though the competition was fierce and the ball travelled up and down the court many times, Claude held the Does score within three points. They also managed to score eighteen points. By halftime, Claude held a lead of sixteen points with a score of 28-12.

During the third quarter, both teams scored. In the fourth quarter, however, White Deer came out strong scoring twenty points. Claude still managed to keep a lead and win, 49-39 points.

Freshman Raelynn Fletcher was excited to win, as it furthered her basketball season. "This season has been great! So glad I get to spend it with all of the girls because



Shiloh Heck, senior, led the Lady Stangs in defending their homecourt against the White Deer Does. photo by Jana Lemons

without basketball I probably wouldn't have them as a friend and a leader to look up too!"

The Claude Lady 'Stangs have almost guaranteed a spot in the playoffs with this win.

The Lady Stangs played their final district game against Groom on Tuesday, February 5th, in Groom, Texas. Details about Tuesday's game will be in the Friday, February 15th edition of The Claude News.

The CLANDE News

USPS 116-300 Established January 1, 1890 Periodicals Second-Class Postage Paid at Claude, TX Armstrong County, Texas, Under the Act of Congress of March 3, 1879 Published Weekly Except Christmas Week Publishers - The Claude News, Christiana Mustion Editor - Christiana Mustion Advertising Director - Jimmy Mustion Postmaster, please send address changes to: **PO Box 778** 119 N Trice Claude, TX 79019-0778 Phone: 806-226-4500 Email: theclaudenews@gmail.com Website: claudenewstx.com Armstrong County Subscription Rate - \$30.00 Yr Out-of-County, In Texas - \$40.00 Yearly Out-of-State - \$45.00 Yearly Online Edition - \$20.00 Yearly Single Copy Price - \$1.00

MEMBER TEXAS PRESS ASSOCIATION ASSOCIATION





Obituary

Perry White, 80



1938 - 2019

Perry William White, 80, of Goodnight died Tuesday, January 29, 2019 in Goodnight, Texas.

Memorial Services will be held at a later date in Lubbock.

Cremation & Arrangements are by Robertson Claude Chapel.

Perry's wishes were to have his ashes scattered over the ocean at Cabo San Lucas, Mexico where him and his sons avidly fished for marlin.

Perry was born July 12, 1938 in Muleshoe, Texas to Walter Lee and Lena Shields White. He grew up in Lubbock and graduated from Lubbock High where he was an athlete. He married Patsy Painter of Lubbock and later married Sidney Mills of Pampa. He was very adventurous and liked salt water fishing, hunting, and skiing. He also loved horse racing, cattle, and the ranch life. Perry was a great father.

He was preceded in death by his parents; the mother of his sons, Patsy Painter Sanders; and several brothers and sisters.

Survivors include 3 sons, Steve White of Lubbock, Todd White and wife Christy of Keller, and John Perry White and wife Sara of Lubbock; 5 grand-children, Woodrow White, Hannah White Burcham and husband Cody, Grace White, Madison White, and Sidney White; and he is also survived by Sidney Mills of Shamrock.

In lieu of flowers, the family request memorials be sent to the Armstrong County Museum & Goodnight Historical Center, Lubbock Fire Department Benevolence Fund, or a favorite charity.

SIGN OUR ONLINE GUEST BOOK AT www. RobertsonFuneral.com

6 Tips from Doctors for a Healthier Heart

(StatePoint) February is American Heart Month, and an excellent reminder that there are many easy steps you can take to improve your heart health.

Unfortunately, nearly half of all U.S. adults are living with high blood pressure, putting them at an increased risk of heart attack and stroke, according to the American Medical Association (AMA).

"During American Heart Month, we urge all Americans to take control of their heart health by knowing and monitoring their blood pressure levels and making healthy lifestyle changes that can significantly reduce the serious health consequences associated with high blood pressure," says Barbara L. McAneny, M.D., president of the AMA. "We know that by empowering more patients to monitor and control their blood pressure, we will continue to help improve the health of patients, while reducing health care costs."

To help you get started, Dr. McAneny and the experts at the AMA are offering six tips for this American Heart Month and beyond.

- 1. Know your blood pressure numbers. Visit LowerYourHBP.org. site contains tools, resources and information for both patients and physicians, and was launched by the AMA as part of an effort to reduce the number of Americans who have heart attacks and strokes each year. Having a better understanding of your numbers and taking necessary steps to get your high blood pressure, also known as hypertension, under control will reduce your risk of heart attack or stroke.
- 2. Commit to manage high blood pressure. Work with your doctor to create

an individualized treatment plan that includes healthy lifestyle changes that you can realistically stick to long-term to help you maintain a lower blood pressure and lower your risk for negative health consequences.

- 3. Be more physically active. Regular physical activity can help reduce the risk of developing high blood pressure. It is recommended that healthy adults 18 to 65 years of age get at least 150 minutes a week of moderate-intensity activity, or 75 minutes a week of vigorous-intensity activity.
- 4. Eat a healthy diet. Making simple dietary changes can help you manage or prevent high blood pressure. These changes should include eating less sodium, reducing the amount of packaged and processed foods you consume (especially those with added sodium and sugar), reducing consumption of sugar-sweetened beverages and eating foods that are rich in potassium.
- 5. Maintain or achieve a healthy weight. Being overweight can put you at an increased risk for developing high blood pressure. Take steps to maintain a healthy weight.
- 6. Drink in moderation. When consuming alcohol, do so in moderation as defined by the U.S. Dietary Guidelines for Americans -- up to one drink per day for women and two drinks per day for men, and only by adults of legal drinking age.

American Heart Month serves as an important reminder that living a hearthealthy lifestyle is possible. By paying attention to risk factors like your blood pressure, weight and more, you can reduce your risk for heart disease.

Great Plains Western Church

A Country Church of Second Chances Invites You to Have Fellowship with Us! Sunday School: 9:45 a.m. Worship: 11:00 a.m. Wednesday Bible Study: 7:00 p.m. Hwy 287, between Claude & Washburn



Feed Grains Marketing Workshop set for Feb. 27-28 in Amarillo

"Developing This Year's Marketing Plan for Feed Grains" workshop will be held Feb. 27-28 at the Texas A&M AgriLife Research and Extension Service, 6500 W. Amarillo Blvd. in Amarillo.

"We can grow the crop, but can we make a profit doing it?" This question will be addressed over the two-day workshop, said DeDe Jones, Texas A&M AgriLife Extension Service risk management program specialist in Amarillo.

The course objective is to provide producers with information and marketing strategies that help them successfully market their 2019 feed grains crop, Jones said.

The workshop, co-sponsored by Plains Land Bank and Capital Farm Credit, will be from 9 a.m. to 4 p.m. each day. The registration fee is \$125, which covers the cost associated with instruction, breaks, meals and materials.

The course is limited to 50 participants. To register and pay for this course, go to: https://agriliferegister.tamu.edu/Grain. Online registration must be completed by Feb. 22, and is the preferred method of registration, but participants may also register and pay at the door.

Dr. Justin Benavidez, AgriLife Extension economist in Amarillo, and Dr. Mark Welch, AgriLife

AMARILLO - The Extension grain marketing specialist in College Station, will be the primary instructors during the workshop, which will dissect the feed-grain market and analyze each compo-

> Special guest speakers will be James Miller, Southwest Agribusiness Consulting, Canyon; Darrell Holaday, a private marketing/management consultant, Frankfort, Kansas; Dr. Daniel O'Brien, Kansas State University; and Dr. Joe Outlaw, AgriLife Extension, Texas A&M Agricultural and Food Policy Center, College Station.

> Other speakers include Steve Kersh, KVII-TV meteorologist, Amarillo; Rachel Myers, Myers Crop Insurance, Claude; Matt Gruhlkey, Attebury Grain, Amarillo; Trent Tyson, Plains Land Bank, Amarillo; and Lance Weaver, Capital Farm Credit, Am-

> Segments will cover developing a marketing plan, marketing tools and strategies, cost of production, basis and technical analysis, crop insurance alternatives and seasonal weather forecast and marketing. Also on the agenda is discussion on supply, demand and technical factors that influence the feed grains market and an industry panel.

> For more information, contact Jones at 806-677-5600 or dljones@ag.tamu.

Sheriff's Corner:

A Note from Sheriff Barnett

JANUARY 2019 CALL REPORT

Types of Calls	Number of Calls
911 Calls	54
911 Text	0
Phone Calls	101
Walk in reports	17
Accidents	4
	39
Agency Assist Alarm	1
	$\frac{1}{2}$
Animal Control City	0
Attempt to Locate	0
Burglary Civil	0
Control Burns	2
Criminal Mischief	1
	1
Disorderly Conduct	
Domestic	2
Drugs	0
DWI	0
Fight	0
Fire	3
Harassment	1
Illegal Dumping	1
Information	3
Juvenile Contacts	4
Livestock Out	24
Lost/Found Property	0
Medical Assist	14
Mental Subject	0
Motorist Assist	23
Public Intoxication	1
Public Outreach	1
Reckless Driver	9
Resident Assist	63
Sexual Assault	0
Stolen Vehicle	0
Suspicious Person	6
Suspicious Vehicle	1
Terrorist Threat	2
Theft	1
Traffic Hazards	0
Trespass	0
Unattended Death	1
Warrants Served	1
Welfare Concern	2

Citations issued - 69 Case Reports - 30

Fleta Barnett. Sheriff

COMMUNITY CALENDAR

COMMISSIONERS COURT - Mon. Feb. 11th, 9:00 a.m., Armstrong County Courthouse

CLAUDE CITY COUNCIL - Mon. Feb. 11th, 5:30 p.m., City Hall

CLAUDE WOMEN'S BRUNCH - Sat. Feb. 16th, 10:00 a.m., hosted by First Baptist Church, All women in the Armstrong County Community are welcome to attend

PRESIDENT'S DAY - Mon. Feb. 18th, ALL DAY, Banks & Post Office will be Closed

CISD NO SCHOOL - Mon. Feb. 18th, ALL DAY, Claude Independent School District

SPRING BREAK/NO SCHOOL - Mon. Mar. 11th thru Fri. Mar. 15th, ALL DAY, Claude Independent School District/WEE School

COMMISSIONERS COURT - Mon. Mar. 11th, 9:00 a.m., Armstrong County Courthouse

CLAUDE CITY COUNCIL - Mon. Mar. 11th, 5:30 p.m., City Hall

CISD EARLY DISMISSAL - Thurs. Apr. 18th, Claude Independent School District, Don't forget to pickup your kids!

CISD NO SCHOOL - Fri. Apr. 19th, ALL DAY, Claude Independent School District, *Unless we have a snow day

EASTER - Sun. Apr. 21st, ALL DAY

CLAUDE CITYWIDE GARAGE SALE - Sat. May 4th, 8:00 a.m. - 3:00 p.m., Maps will be located around town

MOTHER'S DAY - Sun. May 12th, ALL DAY, Let mom know how much you love and appreciate her! CISD EARLY DISMISSAL - Thurs. May 23rd, Claude Independent School District, Don't forget to pickup your kids!

CHS GRADUATION - Fri. May 24th, Claude Independent School District

BIRTHDAYS & ANNIVERSARIES

February 9th	February 12th
Travis Lowry	Curtis Bell
Winford Maddox	Susan Bush
Shelly Thornton	Greg Forbes
	Mike Irby
February 10th	Don Sherman
Reagan Oles	
Bob Whittington	February 13th
	Paul Kodack
February 11th	Stefanie Black
Janey Allmon	
Joe Blanton	February 14th
Rusell Blanton	Jonathan Clubb
Cody Ferguson	Mike Forbes
Allysah Stephens	
Coby Whittington	February 15th
M/M Cody Ferguson	Lauren Chase
	Pam Forbes

Sudoku

						8
		8	5			9
5	7	2		9	6	
7	5	1			8	
9	1		8		2	7
	3			6	4	5
	8	7		3	1	6
3			1	8		
1						

generated by http://www.opensky.ca/sudoku

5	3	8	2	6	1	9	4	7
4	7	9	8	3	5	6	1	2
1	6	2	4	9	7	3	5	8
7	4	5	3	2	9	8	6	1
8	2	6	7	1	4	5	9	3
3	9	1	5	8	6	7	2	4
6	8	3	9	4	2	1	7	5
2	1	7	6	5	3	4	8	9
9	5	4	1	7	8	2	3	6

Last Week's Solution



Church of Christ

806.402.1129

Welcomes You & Your Family!

Sunday: Bible Class - 10:00 a.m.

A.M. Worship - 11:00 a.m. P.M. Worship - 6:00 p.m.

Wednesday Classes - 7:00 p.m.

We invite you to watch: In Search Of The Lord's Way

- KAMR-4 Sunday 7:30 a.m.
- KVII-7.2 Sunday 6:30 a.m.

Getting To Know Your Bible

- DirecTV Ch. 377—Mon-Fri 3:30 a.m. & 9 p.m.
- DirecTV Ch. 376—Mon. Wed & Thur. 8:30 p.m.

Keys to the Kingdom

KAMR-4 Sunday 12:00 a.m.

3rd & Hawkins, Claude, TX **226-4761**

Texas Crop & Weather Report:

Planted Cotton Acres to Rise Slightly or Remain Static

COLLEGE STATION

- Planted cotton acres are expected to be flat or up slightly as the growing season nears, said a Texas A&M AgriLife Extension Service expert.

Dr. Gaylon Morgan, AgriLife Extension statewide cotton specialist, College Station, said Texas cotton specialists around the state expect acreage to remain static in most areas. They agree good soil moisture profiles, wet conditions delaying corn and sorghum plantings and better pricing incentives could drive an increase.

Morgan said Cotton Grower magazine, a national trade publication for growers, forecast Texas acreage to fall 500,000 acres to 7.2 million compared to 7.7 million last year.

"There's a lot of time before the planting window closes for regions that are dealing with saturated soils, so we expect cotton will go in on those acres," he said. "And there could be even more than expected if producers can't get corn or sorghum planted. In other regions, the low grain commodity prices and poor performing wheat could also drive an increase."

In the Rio Grande Valley, Morgan said producers have good soil moisture profiles and were expected to begin planting cotton toward the end of the month. Cotton acres may increase a little, but there are limitations due to crop rotation restrictions.

"They're pretty much maxed out around 220,000 acres," he said. "There will be plenty of corn and sorghum going in soon and those cotton acres will follow soon after, depending on soil temperatures."

In the Coastal Bend, cotton acres are expected to remain steady after four years of increased planting, but could be up due to excessive moisture, Morgan said.

"We will likely see a 5-10 percent increase in the Upper Gulf Coast region, especially knowing how wet things are now and how many fields have not been worked and prepared for grain planting," he said

Morgan expects another double-digit increase in acreage in the Blacklands region following an increase last year.

"Again, you've got other commodities prices that are low, inability to plant wheat in the fall and increased ginning capacity that weren't there a few years ago," he said. "Cotton could be more attractive to those growers, and conditions are set up very well for the dryland crop. The soil moisture profile is

at a point to where the crop should perform fine even if we received just one welltimed rain in the summer."

AgriLife Extension district reporters compiled the following summaries:

PANHANDLE: The district was dry, and no moisture was received. Dry conditions hurt wheat and pasture progress, and the district was desperate for rainfall or snow. Cattle conditions declined without supplemental feed. Producers started irrigating wheat in the hopes of producing forage. Dryland wheat was spotty at best, with many areas yet to emerge. The cotton crop was harvested, but many modules were still sitting in the turn rows.

ROLLING PLAINS: Weather was cooler and drier, but forecasts called for moisture. Irrigated wheat acres were in good condition, but dryland acres needed rain as soil moisture levels were dwindling quickly. The cotton harvest was better than expected for some producers, while others were still harvesting. Pasture and rangeland were in fair to good condition. Producers continued to feed supplements and hay on a small scale.

COASTAL BEND: Extreme wet conditions continued. Most producers were behind on tillage and field preparation for spring planting. If fields dry out soon, corn planting should begin in two to three weeks. There were isolated fields with cotton still on the stalk. Stock ponds were full. Hay and supplemental feeding continued, and livestock were in good condition.

CENTRAL: Temperatures were warmer. Fields were dry enough to prepare for corn planting. Pecan harvest neared completion in most orchards. Pastures were in bad condition with no growth. Hay supplies were short across the district, but livestock were in fair to good condition. Farmers were not able to access fields to prepare for spring planting due to wet conditions. Fruit and ornamental trees were beginning to bloom due to mild weather. Nearly all counties reported good soil moisture and good rangeland and pasture conditions overall.

WEST CENTRAL: The growing season was off to a good start with a full soil moisture profile and stock tanks filled to the brim. Cool-season annuals were providing grazing in pastures with producers supplementing some protein. Wheat/oat pastures looked good and most provided grazing for livestock. Cattle prices were \$5-\$10 higher per hundredweight on all classes of cattle.

SOUTHWEST: Most counties reported wet conditions. Farmers waited for warmer, drier conditions to prepare fields for planting and fertilization. Rangeland and pasture conditions were good. Supplemental feeding of livestock continued.

CARSON COUNTY GIN, LP



KEITH MIXON, MANAGER 806-883-2535 PHONE 806-883-2031 FAX 806-683-3080 CELL http://www.carsoncountygin.com

NFIB: Small Business Encouraged By Abbott's Commitment to Property Tax Reform

AUSTIN, Feb. 5, 2019—NFIB's Texas state director, Annie Spilman, applauded Gov. Greg Abbott's call for comprehensive tax reform for small businesses and other Texans.

Governor Abbott, Lieutenant Governor Patrick, and Speaker Bonnen presented a united front last week when they unveiled identical bills in both the House and Senate addressing property tax reform. Governor Abbott further emphasized the importance of the issue today as he declared property tax reform an emergency item for the session, setting the stage for property tax relief for homeowners and small business owners alike."

"This is a perennial problem that's only getting worse," Spilman said. "Property taxes in Texas are rising faster than people's incomes."

"That has to stop," Spilman said. "Property taxes in Texas have hit a critical mass."

"Our members are grateful that property tax reform is one of Governor Abbott's top priorities this session," Spilman said. "The devil's in the details, but we'll be following House Bill 2 and Senate Bill 2 closely this session and working with legislative leaders to ensure the final legislation fixes this

AUSTIN, Feb. 5, problem once and for all."

Spilman also applauded the governor's commitment to maintaining a regulatory environment that encourages small businesses to grow and create jobs. "The reason so many big companies and startups choose Texas is that our leaders oppose burdensome regulations," Spilman said. "Uncertainty over economic conditions and government action prevent a small business owner from investing back into their business and employees in the form of higher wages, benefits, and bonuses.

"The governor recognizes that by removing these hurdles and patchwork regulations from city to city, the state, its small business, and employees will continue to prosper," she said.

NFIB is the nation's leading small business advocacy organization. To learn more about NFIB in Texas, visit www.NFIB. com/TX and follow @ NFIB TX.

STAR STUDENTS

WEEK OF FEBRUARY 8, 2018



DEEGAN GROVES
Mrs. Adams', 1st Gr
Deegan has been such
a great student today. In
spite of others talking
around him he managed
to do what was right.
Thanks Deegan.

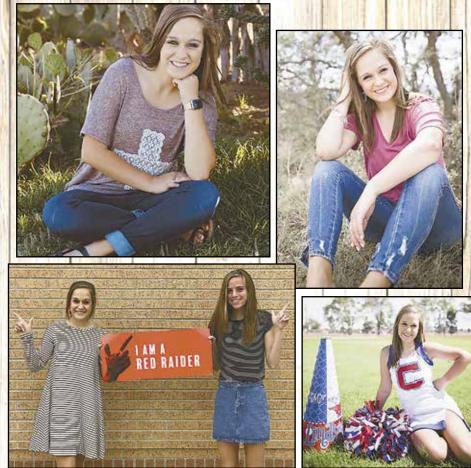


ALI FRY
Mr. Derrick's, 4th Gr
Ali was absent for a couple of days, but she works
so hard to get caught up.
I never have to ask her
about it, she just always
gets it done ASAP!



COLTEN TERREL
Mrs. Holland's, 6th Gr
He was doing exactly
what was asked, and had
a great attitude.

Senior Spotlight



The Class of 2019's graduation is fast approaching and this week the Senior Spotlight on Lindsey Monroe-Finley. Lindsay and her family have lived in Claude for 9 years. Her favorite class is Ag and her favorite teacher was Shenee Bichsel. Lindsay loves steak, the color turquoise and the Texas Tech Red Raiders.

After graduation Lindsay plans on attending Texas Tech and major in Agricultural Economics and General Business. While attending CHS Lindsay has been involved in FFA, yearbook, cheerleading, student council, NHS, class officer, and the youth advisory board. According to Lindsay her favorite memory was "getting to cheer at the regional championship when we won and got to go to state."

In her free time Lindsay likes to spend time with her friends and family. Something unique about Lindsay is that she performed in The Nutcracker for 9 years. Lindsay her mom has her role model, "because she always puts her family first and works hard in everything she does." Someday, Lindsay hopes to visit Ireland. Lindsay has been an exceptional leader in the halls of Claude and she will be missed.

Lindsey Monroe-Finley



806-626-6848 GraphicINK

514 US Hwy 287 Claude, TX 79019

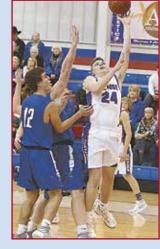
Athletes ₩ Week



Shiloh Heck is our athlete of the week. exceptional Shiloh's post defense and continued offensive scoring has enabled her to be a threat as a post or shooting from the perimeter, which causes opposing teams to make tough decisions in now to guard her.

MCLAUGHLIN

Ryder joined us after the Christmas break. To say that he is a welcomed addition to the team, would be an understatement. He brings to the table a mind for the game paired with a lot of experience. Ryder sees the floor well, understands what we are trying to do on both



sides of the ball, he can shoot from the outside, and finish in the paint. All that being said, probably the most important aspect of Ryder being on the floor is that he makes his team mates around him better. There is a much better flow to the game when he is a part of it. Unfortunately, this season is drawing to an end, but next year appears to be bright with Ryder and his fellow returnees getting better each time they step on the floor.



806-226-2661 101 N. Trice St. gocitizensbank.com **Claude, TX 79019**

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CROWELL WATER WELL SERVICE

Mike Crowell Owner

P.O. Box 788 Claude, TX 79019

Office (806) 226-3811 Mobile (806) 930-4633

MON., FEBRUARY 11TH

Breakfast: Sausage Biscuit, Fruit Juice, Fruit, & Milk

Lunch: Texas Basket (steak fingers, fries, gravy, roll), Veggie Cup, Fruit, Milk

TUES., FEBRUARY 12TH

Breakfast: BF Burrito, Hash Browns, Fruit Juice, Fruit, & Milk

Lunch: Chicken Fajitas, Pinto Beans, Salsa, Tomato Cup, Fruit, & Milk

WED., FEBRUARY 13TH

Breakfast: Chicken-n-Waffles, Fruit Juice, Fruit, & Milk

Lunch: Pork Chop, Gravy, Roll, Mashed Potatoes, Green Beans, Fruit, & Milk

THUR., FEBRUARY 14TH

Breakfast: Dutch Waffle*, Bacon, Fruit Juice, Fruit, & Milk

Lunch: Country Pot Pie, Biscuit, Veggies, Broccoli, Bananas, & Milk

FRI., FEBRUARY 15TH

NO SCHOOL

MON., FEBRUARY 18TH

NO SCHOOL

*Substitute Item will be Served to PreK

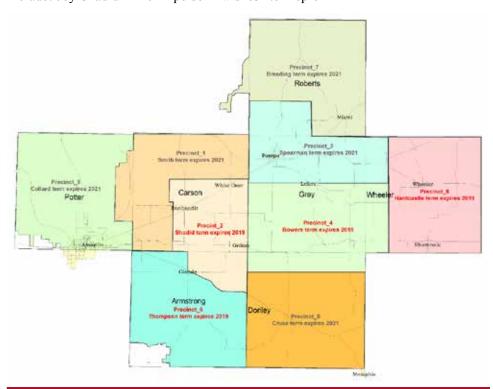
Panhandle Groundwater **District To Hold Board Elections**

(Feb 4, 2019) – Panhandle Groundwater Conservation District Board of Di- Hardcastle - Precinct 8. rectors elections are scheduled for Saturday, May 4, 2019. The four-year terms of four District Directors expire this year. These four include: Joy Shadid - Pre-

WHITE DEER, TX. cinct 2, Charles Bowers -Precinct 4, Jim Thompson - Precinct 6 and Danny

> February 15th is the final date to file for a Director's seat. Qualified candidates must be a registered voter in the precinct that person wishes to repre-

sent. Forms needed to file for a seat are available at the District office, 201 W. Third St., White Deer. For additional information or questions, please call the District at 806-883-2501 or visit www.pgcd.us.



A New Neighbor is Coming to Town! Silverleaf at Panhandle



Now OPEN & Leasing

Panhandle, TX

This brand new Senior Apartment Community is for persons 55 and Better!

We have beautiful one and two bedroom apartment homes with great amenities and affordable rates.

We are located at

601 Pecan Street in Panhandle, TX 79068-1647

Our beautiful clubhouse is completed, and we have units to show!

Our office hours M-F 10 am to 3 pm 806-537-1000 or visit our website

manager@silverleafatpanhandle.com

www.silverleafatpanhandle.com

Feeding Your Family on a Budget: The \$35 Meal Plan

BY RHONDA MARTIN **COMMUNITY MEMBER**

If you find yourself wondering how are you going to feed your family when money is tight. We have all been there at one point or another, and the stress of trying to figure out what we are going to feed our family that is not just ramen noodles. Here are some of my own personal tips to help you out of those lean weeks.

First thing I do is, through everything in the freezer and pantry and make a list of what you have. Make as many meals you can with what you already have. Second, I go through the sale adds to add whatever I need to what I already have with the money I have. Next ,stay away from the premade stuff. It is cheaper and you know what is in your food to cook from scratch. The last thing is to cook at home and stay away from the drive thrus.

In addition to these tips, I have made a sample menu for a full week using regular prices from our local grocery store. This menu will provide meals as if you are starting with nothing in your kitchen.

Shopping list:

- Frozen veggies 4 bags \$1.57 x4 \$6.28
- Bread 2 at \$1.23
- Chicken leg quarters
- Corn bread mix .79 get 2
- Eggs \$2.03
- Margin \$1.19
- Oatmeal \$1.73
- Peanut butter \$1.83
- Jelly 1.49
- Milk 2.79
- 5 lb potatoes 2.69
- Rice .99
- Pinto beans 1.13
- Onion .79 lb
- Salt and pepper 2
- Bbq sauce 1.00

**Prices are approximate and vary per store and lo-

Pre-Week Prep: Homemade Chicken Broth

First, for this menu you will need to make chicken broth, you will take all but 4 of the chicken leg quarters and boil them till done. When they are done, let cool and debone the chicken. You will need to divide the cooked chicken into two portions and put in the fridge for later in the week. Put the bones and skins back in the pot and add a half and onion and some pepper to the pot, fill the pot with water and let simmer for a few hours, after that drain into a bowl and let cool save for soup later in the week.

Dinner Meal Plan:

SUN - Roasted Chicken

Salt and pepper 4 of the chicken leg quarters and cook on a cookie sheet for about 45 minutes at 350. Serve with mashed potatoes & green beans.

MON - Chicken & Rice Soup

Uses half the cooked chicken, 1 cup of rice, the homemade chicken broth, and let simmer.

Server with buttered toast

TUE - BBQ Chicken over Rice

Use the other half of the chicken and add about half a bottle of bbq sauce let simmer till warm.

Cook rice according to directions on the package.

Cook one bag of corn

WED - Potato Soup

Cook potatoes as if

Free Food Join Carson-Armstrong **County Farm Bureau** Thursday, February 21st 5 to 8 pm **Carson County Ag Barn** Free hamburgers and hot dogs will be served.

Carson County Farm Bureau in conjunction with Texas Farm Bureau work to be the Voice of Agriculture while informing the public and students of the sources of their food, fiber and fuel.

Each year, Carson County sponsors an Ag Day for Carson and Armstrong County fourth grade students which features various areas of agriculture and how it is done. Live animals, demonstrations and displays are on hand for the students. Many local organizations and businesses participate with demonstrations as well. This year, Carson-Armstrong Farm Bureau is adding a Community Ag Day following the students. This will feature many of the same earlier displays as well as free hamburgers and hot dogs. Farm Bureau member or not, everyone is invited to come and enjoy some free food and see what Ag is doing to educate and inform.

you were going to mash cornbread mix them. Once they are tender, break the potatoes up with a masher or a fork. Add some salt and pepper and a cup of milk. Serve this with corn bread or buttered toast.

THUR - Red Beans & Rice

Cook the beans in a crockpot on low for 6-8 hrs, cook the rest of the rice and add to the cooked beans add chopped onion and pepper and salt to taste.serve with the other

FRI - Scrambled Eggs, Toast, & Homemade **Hash Browns**

Peel 2 potatoes and shred with a cheese grater and cook in butter till

Scramble Eggs and cook as desired.

Serve with buttered

SAT - Veggie Soup

Start with 2 bags of mixed veggies. Add water (can be suplemented with

beef stock or buillion), chopped onion, salt, and pepper. Let simmer until

Lunches:

PB&J Sandwiches Leftovers Breakfast Oatmeal & Toast

I hope you all have a blessed day!



Applications Now Being Accepted for K-12 Student and Teacher Awards

DALLAS - (Feb. 1, 2019) Applications are now being accepted for the President's Environmental Youth Award (PEYA) and The Presidential Innovation Award for Environmental Educators Award (PIAEE).

Applications are due March 8, 2019.

EPA is seeking PEYA and PIAEE awards applications that highlight environmental stewardship in a variety of areas, including the following: environmental sustainability: a healthy school environment including projects that reduce food waste in school cafeterias; environmentally friendly agriculture practices; reducing human contributions to ocean litter and how to prevent it; school gardens; recycling; or using STEM to teach environmental education.

The PEYA program recognizes outstanding environmental stewardship projects by K-12 youth, promoting awareness of our nation's natural resources and encouraging positive community involvement.

PEYA is an annual award administered by the Office of Environmental Education at EPA. Since 1971, EPA has recognized young people for protecting our nation's air, water, land, and ecology. Each year the PEYA pro-

gram honors a wide variety of projects developed by young individuals, school classes (kindergarten through high school), summer camps, public interest groups, and youth organizations to promote environmental awareness. Through environmental education and stewardship activities, students develop the critical thinking skills experience to make informed decisions and take responsible actions to address difficult environmental issues.

EPA will select up to two winners in each of EPA's 10 Regions - one regional winner for Grades K-5 and one regional winner for Grades 6-12. Winners of this year's awards will be invited to a ceremony in Washington, D.C. in mid-2019, and have their project mentioned on EPA's website.

All student projects must be sponsored by at least one adult over the age of 21. The application and eligibility information are available at: https://www.epa. gov/education/ presidents-environmental-youth-award.

For more information, please contact PEYA@ epa.gov.

The PIAEE is an annual award program administered by the Office of Environmental Education at EPA. Since 1971, the EPA has recognized exceptional K-12 teachers employing

most important ways EPA and the Administration demonstrate commitment to environmental stewardship efforts created and conducted by our nation's teachers.

PIAEE awardees will

fessional development in environmental education. The teacher's local education agency will also receive an award of up to \$2,500 to fund environmental educational activities and programs (and not for construction costs, general expenses, salaries. bonuses, or other administrative expenses).

EPA will select up to two winners in each of EPA's 10 Regions.

For information on recent winners, vishttps://www.epa.gov/ newsreleases/epa-honors-award-winning-environmental-education-teachers-and-students

Details regarding application requirements and descriptions of winning projects since 2002 can be found at: https://www.epa. gov/education/presidential-innovation-award-environmental-educators

For more information, please contact PIAEE@ epa.gov.



ARMSTRONG COUNTY **SHERIFF'S OFFICE** PHONE: (806) 553-6933 FAX: (806)553-2998 **P.O.BOX 531 CLAUDE, TEXAS 79019**

Case No: 2019-020

On the 30th day of January, the Armstrong County Sheriff's Office impounded the following Estrays

> Kind of Animal: Two head of Cattle Color: Black Breed: Angus Sex: Female Age: N/A

Brand, Marks Identifying Characteristics: turquoise (Green) tags in right ears, unreadable brand right hip of one of the cattle, other is unbranded

On February 3, 2019, a public notice was placed on the Armstrong County Social Media Page and on February 4, 2019, a notice was placed into the Claude News Paper.

A diligent search is currently underway for the owner of such cattle.

Notice is hereby given that, if the ownership of said Estray Cattle is not determined by the 21st Day of February 2019, said Estrays will become the property of the Armstrong County Sheriff's Office and will be disposed of in compliance with the Texas Agriculture Code Section 142.013.

Witness my hand on this 4th Day of February 2019.

Fleta Barnett, Sheriff **Armstrong County, Texas**



WTAMU 2019—A Look Ahead

SUBMITTED BY WALTER V. WENDLER, PRESIDENT **WEST TEXAS A&M UNIVERSITY**

WTAMU was busy last year, and we look ahead in 2019 with great anticipation. In order to understand our future, it is worthwhile to reflect on our past.

The Agricultural Sciences Complex opened on campus, consisting of the Happy State Bank Academic and Research Building, Caviness Meat Science and Innovation Piehl-Schaeffer Center, Pavilion and Bain Event Center. In the heart of downtown Amarillo, the Harrington Academic Hall West Texas A&M University Amarillo Center started an evolving era in the life of our university within a new building. Collectively these facilities mark a university moving forward. We also welcomed Dr. Kevin Pond from Colorado State University as the new dean of the Paul Engler College of Agriculture and Natural Sciences and Dr. Todd Rasberry as the new vice president for Philanthropy and Alumni Relations.

We are poised to make greater progress. The Texas A&M University's Veterinary Education Research and Outreach Center and the Texas Veterinary Medical Diagnostic Laboratory will add dimensions of service and innovation for WT. We expect that our university will have an increasingly pronounced impact on the communities that call the Texas Panhandle home, and we take that expectation seriously to benefit all.

The new Buffalo Stadium will be complete for the inaugural, home football game on September 7, 2019. It will be the first time in nearly 60 years that the Buffaloes have played football within spitting distance of our residence halls. People will come for games and see a beautiful, student-friendly and welcoming campus, which was most recently recognized by the Professional Grounds Management Society with an Honor Award.

Our land is tough. It's not made for the weak-Farmers have

scratched and worked at it trying to grow a bit of cotton, corn, grain sorghum or wheat. Through innovation led by Paul Engler, Panhandle people have found remarkable ways to raise beef and help feed our nation. This entrepreneurism, persistence and dogged determination define the panhandle and Texas. These same values have resulted in success training professionals for careers in agriculture, nursing, business, engineering, education and the arts and humanities. We help fuel panhandle progress in the 21st century. It is our job.

In the coming year, we will continue to serve the food animal industry. A proposal led by the School of Engineering, Computer Science and Mathematics for expanding our commitment to understand water and its utilization as a precious natural resource in engineering and agriculture is in place. A new doctorate of education concentrating on preparing educational leaders in primary and secondary education and focusing on smaller school districts is up and running this month, with double the anticipated enrollment in the College of Education and Social Sciences. People from the constellation of Panhandle communities deserve the very best in educational



806.674.6337



opportunity. Their aspiration is unapologetically our motivation. Educational excellence at every level will make the Panhandle more attractive. Coupled with the value systems that guide our lives, this one-two punch is without equal. We, our university and extended communities, are not an afterthought but central to progress in our region, state and nation. This is our dream at WT, and this year will provide additional achievements to make that vision a reality.

The College of Nursing and Health Sciences will continue to focus on producing excellent nurses and other health care professionals who have knowledge, insight and hearts-for-service that mark excellence in the profession. As 2019 began, the online RN to BSN program was recognized as the best in the nation by Great Value Colleges. Likewise, the Paul and Virginia Engler College of Business continues to promulgate excellence in online education and is recognized for multiple high rankings in U.S. News & World Report and other reputable sources. In the coming year, our online offerings will increase efforts to share West Texas values across the nation and worldwide, and the quality of the on-campus experience and programs will also continue to grow. We will attract people to our part of the world and, through entrepreneurism, create commerce, business and economic development potential.

The center of this ★★★ Be Your Own Boss ★★★ **Choose Your Own Routes!**

Looking for CDL drivers to deliver new trucks all over the country, starting in Laredo, TX.

Experience preferred. Must have DOT physical and be willing to keep logs. No DUIs in last 10 years, clean MVR.



growth is our Panhandle culture. The Sybil B. Harrington College of Fine Arts and Humanities records and propagates these values that make West Texas so special. It will continue that journey. In the coming year we will find additional avenues of service to share our history and our future through the actions and artifacts that create an important sense of purpose for the people and place of the Panhan-

This mix of activities will increase the attractiveness of WT as a place to study and the Panhandle as a place to live and work. We have recently concentrated our intentions on building places recognized for utility and beauty; we will now focus more intently on the people and the programs that are served by WT. Overall, as we celebrate our tradition of excellence, 2019 will be a pivotal year.

Walter V. Wendler is President of West Texas A&M University. His reflections are available at www.walterwendler.com.



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NOTICE TO CREDITORS

NOTICE TO CREDI-**TORS** Notice is hereby given that original Letters Testamentary for the Estate of James Mitchell Newsted, Deceased, were issued

Cause No. 2000, pending in the County Court of Armstrong County, Texas, to: Scott Newsted.

All persons having claims against this Estate which is currently being administered are required to present them to the undersigned within the time and

on February 5, 2019, in in the manner prescribed by law.

> **Scott Newsted** c/o: Cho Sherwood Attorney at Law **303 Euclid Avenue PO Box 947** Panhandle, TX 79068 DATED the 5th day of February, 2019. Cho Sherwood

Attorney for Scott Newst-

State Bar No.: 24098421 303 Euclid Avenue PO Box 947 Panhandle, TX 79068 Telephone: (806) 537 3591 Facsimile: (806) 537 3592 E-mail: cho@sherwoodtx-

law.com

TexSCAN Week of **February 3, 2019**

ACREAGE

3-20+ acres for sale – Boerne, TX. Call Scott McGill 512-970-0978.

70 acres, southwest Edwards County. Rugged hunting/ recreational property. Live oak, pinon pine, cedar cover. Whitetail, axis, aoudad, feral hogs, turkey. \$1,600/ac., fixed rate 30-year owner financing, 5% down. 800-876-9720, www.ranchenterprisesltd.com.

AUCTION

Estate and Real Estate Auction, Thurs. Feb. 14, starts @ 9:17 a.m., 2605 Robin Lane, Muskogee, OK 74403. Coins, Guns, Ammo, Porcelain & Metal Signs will sell at 11:01 a.m. Real Estate sells at 12:01 p.m. For full terms & photos, visit www.chuppsauction.com. Chupps Auction Co., 918-630-0495.

CHARITY

Donate a boat or car today to Boat Angel. 2-Night Free Vacation. Sponsored by Boat Angel Outreach Centers to stop crimes against children. 800-700-BOAT, www.boatangel.com.

EVENTS

San Antonio Stock Show & Rodeo, Feb. 7-24. For entertainment lineup and tickets, go to sarodeo.com. 210-225-5851.

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Log Homes – 4 Log Home kits selling for balance owed, free delivery. Model #101 Carolina, bal. \$17,000; Model #203 Georgia, bal. \$19,950; Model #305 Biloxi, bal. \$14,500; Model #403 Augusta, bal. \$16,500. View plans at www.loghomedream.com.

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LEGAL ASSISTANCE

TYPE-2 DIABETICS – Gangrene of the genitals has been associated with the use of SGLT2 Inhibitors, like Invokana, Farxiga, Jardiance. Call Pulaski 800-800-9815 – you may be entitled to compensation!

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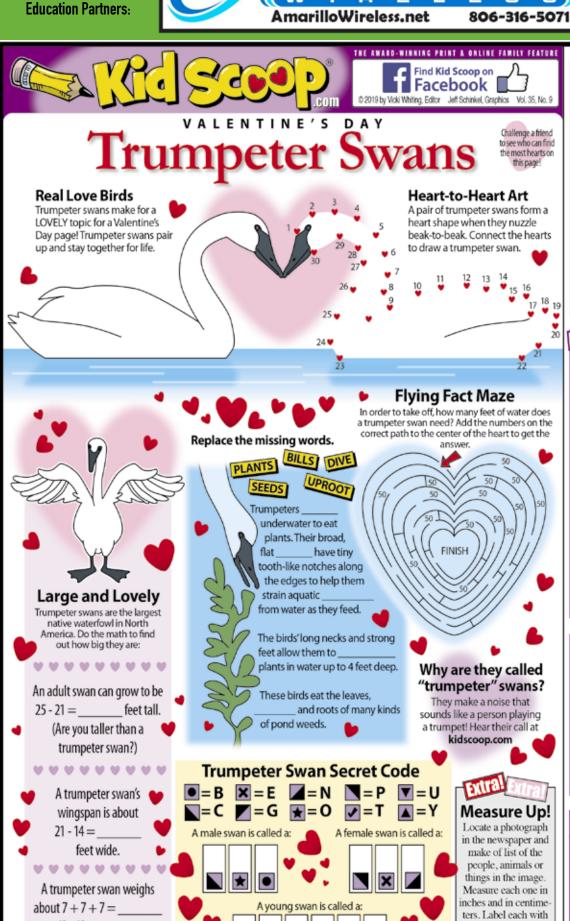
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Dou^{ble}nouble Word Search

UNDERWATER TRUMPETER WINGSPAN FEATHERS NOTCHES AQUATIC

HEARTS SWANS WATER WHITE BILLS NECKS PAIR

STAY

EAT

the measurements.

Standards Link: Research Use the newspaper to locate information.

Find the words in the puzzle. How many of them can you find on this page?

UNDERWATER PAHSLLIBIE ARETEPMURT QSAAAHRFSI UKRYTRCWOH ACTREPATLW TESTINAFOE INAPSGNIWN CWFEATHERS

Standards Link: Letter sequencing. Recongized identics words. Skim and scan reading. Recall spelling patterns

FROM THE Lesson Library

Nouns and Nouns

Look through the newspaper for five singular nouns. Write them in a list on a piece of paper. Next to each noun, tell if it is a person, place or thing. Then next to that, write each noun in its plural form.

Standards Link: Language Arts: Students recognize nouns.

Valentine Surprise

Make up a story about a Valentine's Day surprise. Who was surprised? What was the surprise? Use five or more adjectives in your story.

Trumpeter swans have white feathers and black bills.

These are all FACTS about trumpeter swans.

Can you write three opinions about them? (Remember, a fact is something that can be seen or proven true. An opinion is how a person feels about something.)

6	•	

•	•		
•		4	

Kid Scoop FACT CHECKER

Some people say that a swan sings a song when it dies. That led to the term "swan song" meaning a person's last action before retiring or dying. But is this TRUE or FALSE? Hold the Fact Checker up to a mirror to find out.

Swans do not sing a song when they die. This is false.



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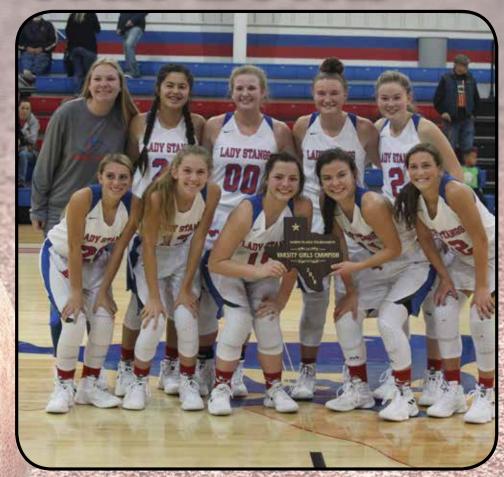
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