

# Montrose Pre-School Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Wk 1



|                                 |   |   |  |
|---------------------------------|---|---|--|
| Whole Muscle Chicken Pattu Roll | Pasta in Butter Sauce (3/4c)<br>Baked w/o Mozz Sticks (4) | Maple Mini Flavor Pancakes<br>Chicken Sausage | Banel Bao w/ Danimal Yount<br>Cream Cheese |
| Corn 1/2 Cup                    | Garden Salad (1 c)  | Chilled: Applesauce (1/2 c)                   | Cheese Stick                               |
| Chilled: Diced Peaches (1/2)    | Chilled: Fruit Cocktail (1/2)                             | Diced Pears (1/2 c)                           | Fresh Sliced Apples                        |

Note: Nunnets & Patties Whole Muscle Chicken

Low Fat Ranch Dressing

Wk 2

|   |  |   |  |
|---|--|---|--|
| Chicken Nunnets (5)<br>Corn (1/2 c)<br>w/o Waffle Stick | Turkey Taco Meat w/Ch. Sc<br>Tortilla Scoops/Cukes & Dip | Glazed French Toast Sticks<br>Chicken Sausage | Banel Bao w/ Danimal Yount<br>Cream Cheese |
| Chilled: Diced Peaches (1/2)                            | Rice & Beans/Salsa Sc (1/2c)                             | Chilled: Applesauce (1/2 c)                   | Cheese Stick                               |
|   | Chilled Diced Pears (1/2)                                | Diced Pears (1/2 c)                           | Fresh Sliced Apples                        |

Wk 3



|                                 |  |   |  |
|---------------------------------|--|---|--|
| Whole Muscle Chicken Pattu Roll | Pasta, Marinara Sauce (3/4c)<br>Beef Meatballs | Maple Mini Flavor Pancakes<br>Chicken Sausage | Banel Bao w/ Danimal Yount<br>Cream Cheese |
| Corn 1/2 Cup                    | Garden Salad (1 c)                             | Chilled: Applesauce (1/2 c)                   | Cheese Stick                               |
| Chilled: Diced Peaches (1/2)    | Chilled: Fruit Cocktail (1/2)                  | Diced Pears (1/2 c)                           | Fresh Sliced Apples                        |

Wk 4

|  |   |   |  |
|--|---|---|--|
| Chicken Nunnets (5)<br>Mozzarella Sticks | Mini Cheese Ravioli Marinara<br>W/G Cheese Breadstick | Glazed French Toast Sticks<br>Chicken Sausage | Banel Bao w/ Danimal Yount<br>Cream Cheese |
| Waffle Stick-Corn 1/2 Cup                | Sliced Cucumbers (6)w/dip                             | Chilled: Applesauce (1/2 c)                   | Cheese Stick                               |
| Chilled: Diced Peaches (1/2)             | Chilled Diced Pears (1/2)                             | Diced Pears (1/2 c)                           | Fresh Sliced Apples                        |

## "E-Z LUNCH" ACCOUNT DEPOSIT FORM

Enclosed is \$ \_\_\_\_\_ (PLEASE NO CASH) for the E-Z Lunch account as designated below:

Student Name \_\_\_\_\_ School: \_\_\_\_\_ Grade: \_\_\_\_\_

|                                      | Days Ordered                                    | Price          | Total Amount |
|--------------------------------------|---|----------------|--------------|
| Type-A Lunch                         | X   | \$3.00         | \$           |
| <b>MILK CHOICE (PLEASE INDICATE)</b> | Milk Choice: Chocolate, 1% White, Skim, Lactaid | <b>Choice:</b> |              |
| Total Enclosed                       |   |                | \$           |

Fat Free Milk



|  |   |  |
|--|---|--|
|  | *Type-A Lunch prices (milk included): Pre-School \$3.00; Reduced-Price \$.40 <b>Milk Choice:</b> Chocolate, 1% White, Skim, Lactaid |  |
|  | To apply for free or reduced-price meals). Please make checks payable to: SOMBOE – (Call 973-762-5600 ext. 1805)                    |  |
|  | Please submit the <b>completed form</b> along with check in an envelope & mark outside of envelope name & school-Submit to Teacher. |  |
|  | <b><i>This Institution is an equal opportunity provider</i></b>   |  |

FRIDAY

Cheese Pizza (1 slice)  
Garden Salad/Ranch Dress  
100% Fruit Punch Juice  
Chilled: Orange Smiles (3)

Cheese Pizza (1 slice)  
Garden Salad/Ranch Dress  
100% Fruit Punch Juice  
Chilled: Orange Smiles (3)

Cheese Pizza (1 slice)  
Garden Salad/Ranch Dress  
100% Fruit Punch Juice  
Chilled: Orange Smiles (3)

Cheese Pizza (1 slice)  
Garden Salad/Ranch Dress  
100% Fruit Punch Juice  
Chilled: Orange Smiles (3)

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