

The Montrose PTA is excited to offer our students after-school, lottery-based enrichment programs this fall, winter, and spring. We are also hoping to offer an enrichment program at the Marshall portable in the spring. These 45 minute classes will be staffed by a Montrose paraprofessional.

Parents will be responsible for transporting their student home; bus transportation will not be available. If your child participates in the South Mountain Y After Care program, he/she/they will be returned to After Care after enrichment is over.

Our Winter 2020 enrichment opportunities are:



Mondays, 1/6, 1/13, 1/27, 2/3, 2/10, 2/24, 3/2, 3/9, (3/16 Makeup Day) 2:35pm - 3:20pm

Cost: \$175 for 8 Sessions*
13 Spots Available

This high energy movement class will encourage children to be self expressive and creative as we incorporate visualization games, gross and fine motor movement activities, music, and lots of colorful sensory

props. Students will fly through obstacle courses, tap dance on bubble wrap, ice skate on paper plates, and show off their best dance moves for the class. littlemovingartist.com





Thursdays, 1/16, 1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/5, (3/12 Makeup Day)
2:35PM - 3:20PM

Cost: \$175 for 8 Sessions*

15 Spots Available

Your child will master tree-pose while engaging in a practice that will help them sharpen focus skills, strengthen impulse control, approach anxiety in a healthy way and have fun! Each class includes yoga songs,

mindfulness, breathing techniques, relaxation and is anchored by a story with themes that promote empathy, kindness and confidence. yogaplayhouse.com

*Financial Assistance is available. No child will be denied permission to participate due to economic hardship. Any family which finds this experience a hardship should contact Mrs. Samuels to make arrangements for their child to be added into the lottery.

ENRICHMENTS WINTER 2020

Please complete the form below and **return by backpack by Friday**, **December 6** if interested. No late forms will be accepted.

Enrollment will be done on a lottery basis as limited spots are available. Email confirmation will be sent on Monday, December 9th if your child has been chosen to participate. Payment is due once confirmation of participation is received (by Monday, December 16th).

Please note that your child may not be able to pademand.	,	
Enrichment Preference (circle one)		
Little Moving Artist (8 Mondays) - \$175	Yoga Playhouse (8 Thursdays) - \$175	<u>Both</u>
Child's Name:	Age:	
Teacher's Name:		
Parent/Guardian Name:		
Phone Number:		
E-mail Address:		
Other Parent/Guardian Name:		
Phone Number:		
E-mail Address:		
Emergency Contact Name & Phone Number:		
Authorized Pick-up Person Name & Phone Num	ber (if different than parent/guardian):	
My Child participates in After Careye	es no	