



# Surgical Consultants of Dallas, L.L.C

## GERD-Health Related Quality of Life Questionnaire

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

On PPI:  Yes  No If discontinued PPI, for how long: \_\_\_\_\_

*Scale:*

- 0- No Symptom
- 1- Symptoms noticeable but not bothersome
- 2- Symptoms noticeable and bothersome but not every day
- 3- Symptoms bothersome every day
- 4- Symptoms affect daily activity
- 5- Symptoms are incapacitating to do daily activities

*Please write the number describing your experience over the past **2 weeks** next to each question.*

- 1. How bad is the heartburn? \_\_\_\_\_
- 2. Heartburn when lying down? \_\_\_\_\_
- 3. Heartburn when standing up? \_\_\_\_\_
- 4. Heartburn after meals? \_\_\_\_\_
- 5. Does heartburn change your diet? \_\_\_\_\_
- 6. Does heartburn wake you from sleep? \_\_\_\_\_
- 7. Do you have difficulty swallowing? \_\_\_\_\_
- 8. Do you have pain with swallowing? \_\_\_\_\_
- 9. If you take medication, does this affect your daily life? \_\_\_\_\_
- 10. How bad is the regurgitation? \_\_\_\_\_
- 11. Regurgitation when lying down? \_\_\_\_\_
- 12. Regurgitation when standing up? \_\_\_\_\_
- 13. Regurgitation after meals? \_\_\_\_\_
- 14. Does regurgitation change your diet? \_\_\_\_\_
- 15. Does regurgitation wake you from sleep? \_\_\_\_\_
- 16. How satisfied are you with your present condition?  
 Satisfied                       Neutral                       Dissatisfied

*Scale:*

- 0- No problem
- 5- Severe Problem

*Please write the number describing your experience over the past **month** next to each question.*

- 1. Hoarseness or a problem with your voice? \_\_\_\_\_
- 2. Clearing your throat? \_\_\_\_\_
- 3. Excess throat mucus or postnasal drip? \_\_\_\_\_
- 4. Difficulty swallowing food, liquids, or pills? \_\_\_\_\_
- 5. Coughing after you ate or lay down? \_\_\_\_\_
- 6. Breathing difficulties or choking episodes? \_\_\_\_\_
- 7. Troublesome or annoying cough? \_\_\_\_\_
- 8. Sensations of something sticking in your throat? \_\_\_\_\_
- 9. Heartburn, chest pain, indigestion, or stomach acid coming up? \_\_\_\_\_