



Mey Saephan
Licensed Marriage and Family Therapist

510-628-0740
mey@safelacetoheal.com
License # MFC 41812

New Patient Intake Form

Name _____ Age, _____ DOB _____ Today's date _____

Significant other _____ Age, _____ DOB _____

Children's Names _____ age _____ M F
_____ age _____ M F
_____ age _____ M F

Address _____ City _____ zip _____

Phone # H _____ W _____ Cell _____

Is it OK to leave a message? _____ On which number? H W or Cell?

Email: _____ Is it okay to send workshop or therapy related info? _____

Who should I contact in an emergency? _____ Relationship _____

Address _____ phone _____

Occupation _____ Employer _____ Using insurance Y or N ?

Name of Insurance _____ Subscriber/insured _____

Subscriber DOB _____ Subscriber ID# _____

Group# _____

Relational status: check all that apply & appropriate dates):

____ Single ____ Live with significant other ____ Engaged ____ Date of Wedding
____ Married ____ Divorced ____ Remarried ____ Other please explain _____

Past/Present medical care: (major medical problems, surgeries, accidents, falls, illness, injuries): _____

Past/Present Drug/alcohol use: (Include drug treatment/s & support groups like AA, NA, Celebrate Recovery): _____

Suicide attempt/s or violent behavior (describe: past present, ages, reasons, circumstances, how, etc)

Family Medical (Describe any illness that runs in the family: cancer, depression, epilepsy, suicide etc):

Did you have an in-utero or birth trauma? _____ If yes, what happened? _____

What are your reasons for coming to counseling now? _____

- | | | |
|--|--|--|
| <input type="checkbox"/> abortion | <input type="checkbox"/> in-law difficulties | <input type="checkbox"/> anger |
| <input type="checkbox"/> alcohol/drug problems | <input type="checkbox"/> marriage problems | <input type="checkbox"/> suicidal thoughts |
| <input type="checkbox"/> Attachment issues | <input type="checkbox"/> occupational problems | <input type="checkbox"/> eating disturbances |
| <input type="checkbox"/> behavior problems | <input type="checkbox"/> personality growth | <input type="checkbox"/> prior trauma |
| <input type="checkbox"/> communication | <input type="checkbox"/> self image | <input type="checkbox"/> faith |
| <input type="checkbox"/> children/parenting | <input type="checkbox"/> sexual difficulties | <input type="checkbox"/> unwanted pregnancy |
| <input type="checkbox"/> depression/anxiety | <input type="checkbox"/> social activities | <input type="checkbox"/> grief/loss |
| <input type="checkbox"/> school difficulties | <input type="checkbox"/> stress | <input type="checkbox"/> sexual abuse |
| <input type="checkbox"/> hurts and conflicts | <input type="checkbox"/> infertility | other _____ |

If needed would you be willing to sign a Release of Information so that we might obtain information from your previous therapist or medical doctor? _____

How did you hear about me? _____ friend _____ Yelp, _____ Theravive, _____ Therapy Network, _____ Christian Therapist Directory _____ Google search phrase _____

May I call or send a thank you card to this person? _____, if so what is their contact info?

Name _____ Phone _____
Address _____

Are you presently taking medication (s)? If so what, how often and how much? _____

Name of prescribing physician _____ phone _____

Do you have current medical problems that may be affecting your mental health? _____

Do you belong to a church, synagogue, _____ etc.? _Y N Where _____

Are you looking to integrate your religious beliefs/spirituality in your therapy work? If yes, in what way? _____