

A Safe Place to Heal
Julie Choi Kim, M.A. PCCI
Professional Clinical Counseling Registered Intern #149
Supervised by Mary Stein-Webber, MFC 35363
Confidential Line: 510-499-7215
Julie@safeplacetoheal.com

PERSONAL INFORMATION (PLEASE PRINT CLEARLY)

FULL NAME _____ **DATE** _____

DATE OF BIRTH ____/____/____ **AGE** _____ **REFERRED BY** _____

PHONE: HOME) _____ **CELL)** _____ **WORK)** _____

Can I call you at **HOME?** YES/ NO **CELL** YES/NO **WORK** YES/NO **OTHER** YES/NO
Can I leave a message at **HOME?** YES/ NO **CELL** YES/NO **WORK** YES/NO **OTHER** YES/NO

STREET ADDRESS _____ **APT/UNIT** _____

CITY _____ **STATE** _____ **ZIP CODE** _____

EMAIL ADDRESS _____ Can I email you? YES/NO

OCCUPATION _____ **MARITAL STATUS** _____

MEDICAL CONDITIONS: (any past of present medical problems, surgeries, accidents, illnesses, injuries?)

PRIMARY CARE PHYSICIAN _____ **PHONE** _____ **Last Visit** _____

Other Health Care providers: _____ **PHONE** _____ **Last Visit** _____

Any Prescription Medications you are currently taking?

Medication	Dose/Frequency	Reason	Date Began	Prescribing Physician
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HAVE YOU BEEN IN PSYCHOTHERAPY BEFORE? If yes, when? _____

Who was your therapist? _____ How long were you in treatment? _____

Reason for treatment _____

Would you say that it was successful? _____ If yes, then why? _____

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Do you belong to a religious or spiritual congregation? YES/NO If yes, where? _____

Would you like spirituality to be part of your therapy? YES/NO

EMERGENCY CONTACT INFORMATION

Name _____ Relationship to you _____ Phone _____

PARENT	Name	Age	Occupation
MOTHER	_____	_____	_____
FATHER	_____	_____	_____

ANY CHILDREN?

NAME/AGE _____

NAME/AGE _____

NAME/AGE _____

OTHER: _____

Past or Present Drug/Alcohol Use: (Include drug treatment/s and support groups like AA, NA, Celebrate Recovery):

Family Medical (Describe any illnesses that run in your family: history of mental illness, cancer, depression, epilepsy, suicide, etc)

What are your reasons for coming to counseling now?

Check if any apply to you:

- | | | |
|---|--|--|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Hurts and conflicts | <input type="checkbox"/> Difficulty sleeping |
| <input type="checkbox"/> Alcohol/drug problems | <input type="checkbox"/> Marital Issues | <input type="checkbox"/> Blended family |
| <input type="checkbox"/> Anger issues | <input type="checkbox"/> Problems at work | <input type="checkbox"/> Divorce |
| <input type="checkbox"/> Anxiety/Social anxiety | <input type="checkbox"/> Personal Growth | <input type="checkbox"/> Suicidal Thoughts |
| <input type="checkbox"/> Attachment issues | <input type="checkbox"/> Self Image/Identity | <input type="checkbox"/> Eating issues |
| <input type="checkbox"/> Behavior Problems | <input type="checkbox"/> Sexual Difficulties | <input type="checkbox"/> Previous Trauma |
| <input type="checkbox"/> Communication | <input type="checkbox"/> Social Problems | <input type="checkbox"/> Faith related issues |
| <input type="checkbox"/> Children/Parenting | <input type="checkbox"/> Stress | <input type="checkbox"/> Current or Prev Abuse |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Reproductive issues | <input type="checkbox"/> Other |
| <input type="checkbox"/> Family Problems | <input type="checkbox"/> Infertility | _____ |
| <input type="checkbox"/> School Difficulties | <input type="checkbox"/> Grief/Loss | _____ |

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