



# GIRLS PROGRESSIVE

JUNE 5TH - AUGUST 12TH, 2017

These classes are for children who are entering first grade and higher. Multiple classes are held at each time scheduled. The children are divided by age and skill level where appropriate to achieve maximum progress and stimulation. This also makes promotions easier on our "taxi drivers." Classes at this level are 75 minutes. At Flips Gymnastics our ultimate goal is to provide safe, competent instruction. We strive to help each child build self-esteem, confidence, and a love for physical fitness.

For example, "conditioning" for strength is a major part of our curriculum. To make this more exciting we use the Jurassic Wall, The Web, Trapeze Swings, and Trampolines. We realize that not every child wants to go on to become an Olympian, and we have worked that into our philosophy of instruction.

We also realize that there are children who want to be on Team someday. There is a place for all at Flips. Advanced classes are the avenue for team-bound gymnasts.



TUITION: \$96 PER MONTH

REGISTRATION FEE (SUMMER ONLY): \$25

ASK ABOUT OUR SUMMER SPECIAL!

GYM DANDY EXTENDED

JUNIOR PROGRESSIVE

PROGRESSIVE

10+ CLUB

Please contact the front office to reserve your spot!



# GIRLS PROGRESSIVE GYMNASTICS – SUMMER 2017

Time	Monday	Tuesday	Wednesday	Thursday	Saturday
GYM DANDY EXTENDED (ENTERING KINDERGARTEN IN FALL 2017)					
10:30am					Margo
2:00pm	Shannon				
4:00pm			Shannon		
JUNIOR PROGRESSIVE (ENTERING 1ST OR 2ND GRADE IN FALL 2017)					
9:00am		Jesse			Cody
10:30am	Shannon	Jesse			
2:00pm	Jesse				
4:00pm	Mattie	Shannon	Jesse		
5:30pm	Jesse	Shannon	Jesse		
PROGRESSIVE (ENTERING 3RD OR 4TH GRADE IN FALL 2017)					
9:00am					Savannah
10:30am				Jesse	
2:30pm		Jesse			
4:00pm		Jesse			
5:30pm	Savannah				
10+ CLUB (ENTERING 5TH GRADE OR HIGHER IN FALL 2017)					
4:00pm	Jesse				
5:30pm		Jesse			



## ASK ABOUT OUR SUMMER SPECIAL!

\* 10 WEEKS FOR THE PRICE OF 8!  
INCLUDES FREE WEEKLY OPEN GYM!  
OFFER VALID THROUGH MAY 15TH.



## THURSDAY NIGHT FUN

EVERY WEEK IN THE SUMMER!

AGES 5 AND UNDER: 6 - 7PM

AGES 6+: 7 - 8:30PM

FREE WITH SUMMER SPECIAL

MEMBERS: \$6

GUESTS: \$10\*

\* MUST HAVE PARENT PERMISSION

CARD ON FILE TO PARTICIPATE



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