



# ADVANCED GYMNASTICS

These classes are for children who have been invited by Flips senior coaching staff to participate in an advanced class. For more information, please contact your son or daughter's teacher or the Boys Program Director!

Advanced classes prepare students for competitive gymnastics by developing a foundation of strength, flexibility and technique. Athletes may be invited from our Fundamental and Progressive Programs.

DEVELOPMENTAL

ADVANCED

BD3

GD3

X-PRO

## THURSDAY NIGHT FUN

EVERY WEEK IN THE SUMMER!

AGES 5 AND UNDER: 6 - 7PM

AGES 6+: 7 - 8:30PM

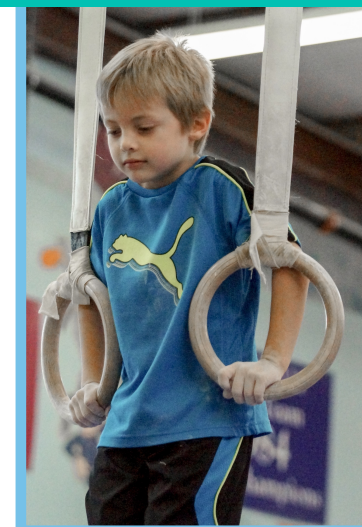
FREE WITH SUMMER SPECIAL

MEMBERS: \$6

GUESTS: \$10\*

\*MUST HAVE PARENT PERMISSION  
CARD ON FILE TO PARTICIPATE

JUNE 5TH - AUGUST 12TH, 2017



TUITION: VARIES

REGISTRATION FEE (SUMMER ONLY): \$25

ASK ABOUT OUR SUMMER SPECIAL!

Please contact the front office to reserve your spot!



## BOYS ADVANCED GYMNASTICS – SUMMER 2017

Tuesday	Wednesday	Thursday	Tuition
BOYS DEVELOPMENTAL			
	12:30 - 2pm		\$110/month
BOYS ADVANCED			
12 - 1:30pm			\$110/month
BD3			
1:30 - 3pm		1:30 - 3pm	\$165/month

\*TAUGHT BY COACH CODY

ASK ABOUT OUR  
SUMMER  
SPECIAL!

\*10 WEEKS FOR THE PRICE  
OF 8! INCLUDES FREE  
WEEKLY OPEN GYM! OFFER  
VALID THROUGH MAY 15TH.



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## GIRLS ADVANCED GYMNASTICS – SUMMER 2017

Coach	Monday	Tuesday	Thursday	Saturday	Tuition
GIRLS DEVELOPMENTAL					
Michelle		9:45 - 11:15am			\$110/month
Shannon			4 - 5:30pm		\$110/month
GIRLS ADVANCED					
Mattie			4 - 5:30pm		\$110/month
Shannon				10:30am - 12pm	\$110/month
GD3					
Abbie	12:30 - 2pm		12:30 - 2pm		\$165/month
X - PRO					
Jesse		12 - 1:30pm	12 - 1:30pm		\$165/month

