

A NIGHT OUT WITH THE OLYMPIANS!!!

WHEN: August 4th & 5th

WHERE: Flips Gymnastics 27320 Robinson Rd, Conroe TX 77385

COST: \$200.00 Overnight - Includes Pizza Friday Night, and Donuts and Kolaches Saturday Morning. \$175.00 - Commuters

MEET THE STAFF



Jonathon Horton

2008 & 2012 Olympian

2007, 2009, 2010, 2011 World Championship Team Member



Jason Gatson

2004 Olympian

1997, 2003, & 2005 World Championship Team Member



Sean Townsend

2000 Olympian

2001 World Champion

1999 World Championship Team Member



Mike Dutka

1997 World Championship Team Member, 1999 Pan American Silver Medalist



Paul Hamm

2001, 2002, 2003 World Championships, 2003 All-Around Gold, 2004 Olympics All-Around Gold

Schedule

Friday:

2:30 - Check In

3:30 - Warm-up

4:30-8:30 - Workout

8:30 - Pizza (Overnight campers only)

9:15 - Games & Relaxation

Schedule

Saturday:

7:30– Wake-up

8:00 - Breakfast

9:00 - Warm-up

9:30-1:00 - Workout

1:00 - Chalk Talk

What To Bring:

-Sleeping Bag and Pillows

-Waivers

-Grips

-Snacks