



July 2017

Apex Stretch Group Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5 4 Week Stretch Class #3 6:00pm	6	7	8
9	10	11 4 Week Stretch Class #4 6:00pm	12	13	14	15
16	17	18	19	20	21	22
23	24	25				

Advance Sign up is Required. Sign up at:

www.apexbodyworx.com