



Using Your Existing Toilet

First, remove as much water as you can from the bowl.

Second, tape a doubled-up trash bag to the underside of the toilet seat and let the bag fill the cavity of the bowl.

Third, have a pail of wood ash, quicklime, kitty litter or sawdust available so that after each duty is done, sprinkle liberal amount over it. This will keep the stench down. Tie it tight until the next use.

Finally, when the bag is filled 2/3, securely tie the bag and place it in a temporary sealable container (5 gallon bucket or trash container, with a **tight lid**) and keep it in there until the city and county pick it up. If they don't then you would have to dig a 4-5ft hole and bury your waste far from your home and away from the water lines.

Untreated raw sewage can pollute fresh ground water supplies, attract flies, and promote the spread of disease.

Organize a plan for your family; make it a priority to help and teach them how to be prepared for what is to come! Good Luck!

Aloha, Brother & Sister Watanabe

SANITATION WHAT?



One of the most *OVERLOOKED* & important part of emergency preparedness is the leading cause of illness and death in both man-made and nature disasters. It might not be fun to think about, but it is vitally important to your family's health and survival.

Inadequate SANITATION

- Human waste
- Solid waste - trash, scrap, etc.
- Liquid waste - produce by cooking and washing.



We take for granted a faithful garbage truck that comes to our homes and remove all of our garbage once a week. A man-made or natural disaster may easily STOP that truck and disrupt our wonderful service. What to do?

Where Can I put My Trash?

Separate all plastics, bottles, and cans. Make sure all liquid is out!



Burnable items - paper plates, cups, cardboards and cereal boxes. **Foam** should **NOT** be burned. We also need to be careful w/used feminine napkin/tampons. Dispose of in a tight lid container; and if the city doesn't come to dispose of it right away; we need to burn it!

Wet garbage will breed bacteria and draw insects and animals. Be sure that food scraps are securely sealed in plastic bags and stored in large garbage cans where animals can not get to them. (Metal can works best!) If you run out of cans you need to dig a 4-5 ft. hole and bury your scraps making sure its covered tightly and away from the home and the water pipes.

Mixing your garbage will contaminates the air in and around your home; and it will make it much more difficult to manage a healthy and safe home for your family & pets.



Staying CLEAN in an Emergency

Flies, mosquitoes, bugs, rodents and animal disease will become our constant companions unless we keep our body, our home, and especially our food area EXTRA clean! Be careful with store brought products which is **highly toxic**. IT

can pollute the air in your home and make your love ones ill. Using natural products like vinegar, peroxide, baking soda and other non-toxic products won't harm our families or pets. Check the internet for instructions.

DO YOUR BEST!

Sanitation Supplies to Have

Disinfectant, alcohol, etc.
Liquid or hand soap; and sanitizer.
Rubber gloves; disposable gloves for food prep; disposable nose/mouth mask; spray bottles; rags; plastic bags 30-50 heavy duty; baking soda; kitty litter or sawdust.
Tampons or feminine pads; baby wipes and personal hygiene.

Some suggested sanitation supplies to add to any short or long term emergency kits are:

- ✦ Disposable bucket or luggable loo
- ✦ Toilet paper
- ✦ Rubber gloves
- ✦ Garbage bags with twist ties (for liners of toilets or luggable loo)
- ✦ Bathroom cleaner
- ✦ Cat Litter or absorbent material such as saw dust, dirt or supersorb
- ✦ Baby wipe
- ✦ Baking soda can be used to help eliminate odors
- ✦ Vinegar
- Shovel

In all honesty, most everyone is uneducated on this subject, because our town's and city's waste management teams do the job for us. But if an emergency arises and the water and sewage systems are corrupted, then *our waste becomes our responsibility*.

Aloha & Good Luck
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