



MINDSET MAKEOVER

Training Programs and Resources

Motivational courses, videos, publications and tools to empower your journey for **VICTORY!**

WHAT IS MINDSET MAKEOVER?

A series of approaches and methodologies to help you move forward to VICTORY! You learn ways to tackle your negative thoughts, understand what God's promise offers you, confront fear and more. The modules include; videos, resource guides, journals and workbooks, online education, photographic imagery with positive messages and inspirational products.

The objective of the program is to help you change the direction of your focus to produce positive thoughts that create VICTORY with practical and effective techniques that support making that mental shift.

As a member you have access to; Newsletters, E-Books and Resource Guides a collection of inspirational and motivational courses, videos, publications and resources to empower your journey for your MINDSET MAKEOVER.

MEMBERSHIP INCLUDES

On-line Courses, Once enrolled you start with on-line education sessions to identify your current way of thinking and begin implementing steps for the MAKEOVER! Sessions are self-paced.

Relaxation Journey videos to begin filling your mind with positive and empowering images and sounds.

Answered Prayer Journal workbooks to start putting your goals and plans of action on paper to help form the reality of your VICTORY!

Inspirational message products; t-shirts, totes etc. – 40% off your first purchase and 20-30% off your additional purchases and special bonus shopping opportunities.

Natural personal care products - receive complimentary trial personal care products to try out and review. Get 40% off discounts when you submit reviews on products and services.

Conference registration discounts – 50% off your first conference registration and special member discounted prices on additional registrations for in-person conferences.

Three levels of participation to meet your needs - **Academy Student** to always be up-to-date and never miss anything. **Community Member** to choose participation at your convenience, and **Monthly Subscriber** to sample the program and decide to upgrade later.

Promise Ministry Center (PMC) * Phone: 804-452-PMC4 (7624)

Email: info@promiseministrycenter.com

Student Academy Member \$300 – This program gives you access to member programs to include; admission to Mindset Makeover on-line course, admission to one live in-person conference, sneak peak preview to future newly developed on-line courses, 12 month access to E-books, Newsletters, Resource Guides, Webinars and Conference Calls. Six month subscription to Relaxation Journey video series and Answered Prayer Journal Workbooks, Discounts.

Community Membership \$150 - Membership is good for six months. Includes the Mindset Maker on-line course, sneak peak preview to future newly developed on-line courses, access to E-books, Newsletters, Resource Guides, Webinars, Conference Calls, Relaxation Journey video series and Answered Prayer Journal Workbooks for 6 months, Discounts on Inspirational and Natural Personal Care Products and discounts on conference registration.

Monthly Member \$50 – Monthly subscription with monthly access to E-books, Newsletters, Resource Guides, Webinars, Conference Calls, Relaxation Journey video series and Answered Prayer Journal Workbooks. Discounts on Inspirational and Natural Personal Care Products and discounts on conference registrations.

Individual Program Prices:

- Mindset Makeover Course (on-line) \$200 per course topic
- Relaxation Journey Video Subscription (bi-monthly distribution) \$30 annual subscription
- Prayer Journal Subscription (quarterly) \$20 annual subscription
- On-line Education Courses and In-person Conferences - pay full registration prices as advertised (\$20-\$200 per course)



Subscribe to our channel and never miss the new relaxation journey releases

<https://www.youtube.com/channel/UCL3k2-0cPhFgQxBnQuTSotq>



Like us on Facebook and get up-to-date relaxation journey releases and valuable inspirational tips and helpful hints.

<http://www.facebook.com/promiseministrycenter>



Follow us on Twitter to see what to get tweets on inspiration and wellness.

<https://www.twitter.com/PMCIinspires>



Visit our website to become a member and see our full line of products and services.

<http://promiseministrycenter.com/>



MINDSET MAKEOVER

Promise Ministry Center (PMC)
A Promise of Health and Wellness
*Inspirational Healing for
the Mind, Body, Soul and Spirit*

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**JOIN
NOW**



THINK POSITIVE CREATE VICTORY

MINDSET MAKEOVER ON-LINE TRAINING COURSE

October 9-11, 2019 (6:30 pm – 8:30 pm)

This is a three day, live on-line training.

Each day the session is 90 minutes in length



**Are you ready to
overcome challenges
that produce negative thoughts,
fear or anxiety?**

DON'T LET THESE CHALLENGES;

- Produce stress.
- Distracts you from your dreams and blessings.
- Contribute to declining health.
- Damage relationships with family and friends.



GET READY TO!

- Obtain Mental Freedom, Reduce Stress & Anxiety.
- Achieve Spiritual Balance, and Strengthen your belief and faith in God's promise for your life.
- Improve Health Conditions .
- Become empowered to build great relationships and support systems.

Our Objective is to create a healing journey that promotes peace, clarity in thinking, understanding, cleansing your mind, body, soul and spirit to help you discover ways to improve your thoughts and move towards VICTORY in your life.

The training features useful approaches and methodologies to help you unleash your potential. **You discover techniques to help you understand how; positive thinking, God's promises and his word can transform your life to overcome anxiety, depression, fear and an unhealthy mindset.**

Course includes; six module topics taught live on-line, handouts of the presentation, a recording of the training, plus annual membership in the Mindset Makeover Subscription Service .

Reserve your space and early bird price – WITH A \$20 DEPOSIT

- **EARLY BIRD (BEFORE SEPT 1, 2019): \$175**
- **REGULAR (AFTER SEPT 1, 2019): \$200**

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MISSION/GOAL

The Mindset Makeover training will take you on a healing journey. Helping you change the direction of your focus to produce positive thoughts that create VICTORY!

HANDS ON EXPERIENCE!

The live training will contain interactive exercises and homework assignments to introduce you to new methods for retraining your mind

PROGRAM MODULES TOPICS:

The Foundation Of Our Thinking – looking at the brain and how our five senses have an impact.

Jumpstart Call To Action – outing plans to get you started on changing your thinking.

Mind mapping – learn ways to organize your thoughts.

Walking In Faith – explore your beliefs and how to apply them to your journey.

Making The Choice – Learn how to handle distractions, remain focused and make better decisions.

Your Evolution – Develop your plan of action for Victory!

\$20 Will Reserve Your Seat!

REGISTER & PAY YOUR DEPOSIT NOW!

Deposits are non-refundable. Balance due 2 weeks prior to class date.

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- **REGULAR (AFTER SEPT 1, 2019): \$200**

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You're Invited **FREE WEBINAR**

**CREATE
VICTORY
WITH YOUR
THOUGHTS**



FREE WEBINAR

Register Now!



May 16, 2019 at 7 pm

<http://promiseministrycenter.com>

804-452-PMC4 (7624)

Relaxation Journey



A Unique Wellness Relaxation Technique

Relaxation Journeys – Is a combination of visual presentations, music and aromatherapy used to take you into a state of Relaxation and Meditation.

You can sit back and relax while viewing a presentation of Image Expressions filled with nature scenes, scripture and positive affirmations while listening to comforting music along with inhaling the healing properties of essential oils from our aromatherapy products.

- **Be Taken Away To A New Place In Your Mind.**
- **Enjoy a few moments of quite, some “me time”!**
- **Be Still and Know That He is God!**

The Image Expressions shown in the relaxation journey presentation is a Promise Ministry Center brand. The creations are original photographs of nature complemented with scripture and positive affirmations messages. The artwork has been matched with calming and healing audio. Each presentation includes aromatherapy products you can utilize during your viewing. When you combine these together you begin a wonderful journey of wellness.

Membership Subscription includes a combination of inspirational items;

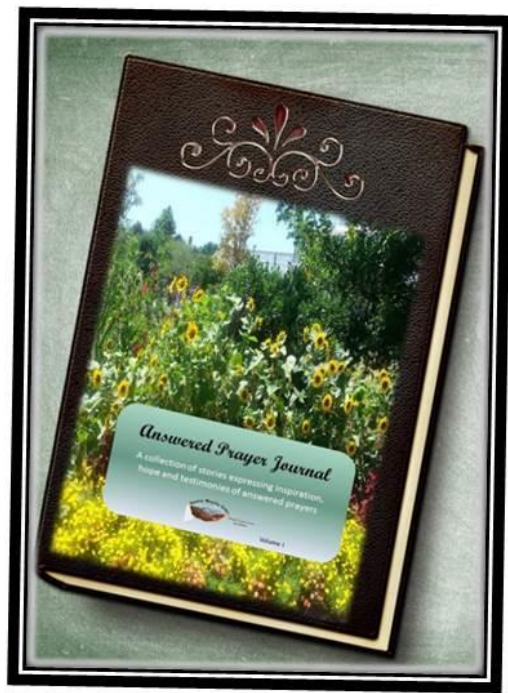
- Annual membership to Relaxation Journey
- Electronic video presentations filled with nature and healing images, scripture and music new issue distributed bi-monthly
- Essential Oil or Aromatherapy product sampling of 3 products shipped to member
- Access to Devotions and Answered Prayer Articles.

**JOIN
NOW**

Price \$30

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Answered Prayer Journal

A compilation of articles that share experiences with God that takes place in our every day lives.

The articles highlight;

- personal trials and tribulations in life that uncover the revelation of God's word to receive the blessings he imparts to us.
- how the believer can look at circumstances in a new way and take on the attitude, mind set, heart and spirit according to Christ's word.

***Acknowledge His Presence!
Identify Him In Every Situation!***

THE ANSWERED PRAYER JOURNAL focuses on three subjects;

Testimony; The Story - *God Is With Us Daily!*

Stories unfold in the articles and readers recognize how God is answering our prayers all the time in our daily lives.

Scripture; *What God Has To Say About Our Trials*

When we take time to connect with God and look at things from his perspective through his word, we begin to train our minds to think like him and realize he is always with us and answering our prayers.

Your Mission - Your response and your plan of action. *"How will you respond and what is your plan of action?"* – this section allows readers to reflect and set goals to prepare for victory.

This is a subscription program. ***Quarterly you receive a journal filled with an exciting story and positive affirmations and scripture references***

- **Electronic and Hard Copy Format**

\$20 – 1 yr subscription

<https://promiseministrycenter.com/devotions-of-answered-prayers>

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REGISTRATION FORM GENERAL PROGRAMS

Name _____ ☐ Male ☐ Female
(last) (first) (middle)

Address _____
(street address)

(city) (state) (zip)

E-mail Address _____

Cell Phone _____ Work Phone _____

Home Phone _____ Other Phone _____

Please register me for the following:

Mindset Makeover Memberships

_____ Student Academy Member \$300
_____ Community Membership \$150
_____ Monthly Member \$50

Individual Program Prices

_____ Mindset Makeover Course \$ _____ /Date: _____
_____ Relaxation Journey Video Subscription (bi-monthly distribution) \$30 annual subscription
_____ Prayer Journal Subscription (quarterly) \$20 annual subscription

Other Products Services:

Item Name: _____ Size/Color: _____ Qt _____ \$ _____ Total \$ _____

Item Name: _____ Size/Color: _____ Qt _____ \$ _____ Total \$ _____

Item Name: _____ Size/Color: _____ Qt _____ \$ _____ Total \$ _____

TOTAL DUE \$ _____ (-) CREDIT/DISCOUNTS \$ _____ = \$ _____

All checks should be made payable to Promise Ministry Center.

REGISTRATION OPTIONS:

- By mail:**
Mail registration form and **payment** for training to: Promise Ministry Center, PO Box 8, Hopewell VA 23860.
Make Check payable to; Promise Ministry Center.
- Online:**
<https://promiseministrycenter.com/mindset-makeover>.

CREDIT CARD INFORMATION

Type of Credit Card: ☐ Visa ☐ MasterCard ☐ Discover

Credit Card Number _____ Exp. Date _____ Security Code _____

Name on card: _____

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