








# October 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> <b>Wii Bowling 10:00</b> Pokeno 12:30 <b>Pickleball 1:30-3:00 pm at WCCC</b></p>	<p>3. <b>Walk &amp; Talk 7:30</b>  <b>Country Line Dancing 10:00 am</b> Blood Pressures 11-11:45 am BINGO 12:30 Dup. Bridge 6:00 pm</p>	<p>4. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> Weight Warriors Weigh-In 9:30-10:30 Weight Warriors Support Group 10:30-11:30 Gentle Yoga 10:15 <b>Pinochle 12:45 pm</b> <b>*Mad Hatter Party</b></p>	<p>5. <b>Walk &amp; Talk 7:30</b> Pastels Art Class 9-II <b>Party Bridge 12:45 pm</b> <b>ACRYLIC PAINT 1:00</b> <b>Pickleball 1:30-3:00 pm at WCCC</b></p>	<p>6. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> <b>Pinochle 12:45 pm</b></p>
<p>9. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> <b>Wii Bowling 10:00</b> Pokeno 12:30 <b>Pickleball 1:30-3:00 pm at WCCC</b></p>	<p>10. <b>Walk &amp; Talk 7:30</b>  <b>Country Line Dancing 10:00 am</b> Blood Pressures 11-11:45 am BINGO 12:30 <b>*National Handbag Day</b> Dup. Bridge 6:00 pm</p>	<p>11. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> Weight Warriors Weigh-In 9:30-10:30 10:30-11:30 Support Group Gentle Yoga 10:15 <b>Pinochle/Bridge 12:45</b> <b>Jazzercise 6:00</b></p>	<p>12. <b>Walk &amp; Talk 7:30</b> Pastels Art Class 9-II <b>Party Bridge 12:45 pm</b> <b>ACRYLIC PAINT 1:00</b> <b>Pickleball 1:30-3:00 pm at WCCC</b></p>	<p>13. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> <b>Pinochle 12:45 pm</b></p>
<p>16. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> <b>Wii Bowling 10:00</b> Pokeno 12:30 <b>Pickleball 1:30-3:00 pm at WCCC</b></p>	<p>17. <b>Walk &amp; Talk 7:30</b>  <b>Country Line Dancing 10:00 am</b> Blood Pressures 11-11:45 am BINGO 12:30 <b>*BLOOD DRAW</b> Dup. Bridge 6:00 pm</p>	<p>18. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> Weight Warriors Weigh-In 9:30-10:30 10:30-11:30 Support Group Gentle Yoga 10:15 Birthday Lunch <b>Pinochle 12:45</b> <b>Jazzercise 6:00</b></p>	<p>19. <b>Walk &amp; Talk 7:30</b> Pastels Art Class 9-II <b>Party Bridge 12:45 pm</b> <b>ACRYLIC PAINT 1:00</b> <b>Pickleball 1:30-3:00 pm at WCCC</b></p>	<p>20. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> <b>Pinochle 12:45 pm</b> <b>*Board Meeting @ noon</b> <b>*Chocolate Cupcake Day</b></p>
<p>23. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> <b>Wii Bowling 10:00</b> Pokeno 12:30 <b>Pickleball 1:30-3:00 pm at WCCC</b></p>	<p>24. <b>Walk &amp; Talk 7:30</b>  <b>Country Line Dancing 10:00 am</b> Blood Pressures 11-11:45 am Belton 9--11 BINGO 12:30 Dup. Bridge 6:00 pm</p>	<p>25. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> Weight Warriors Weigh-In 9:30-10:30 Weight Warriors Support Group 10:30-11:30 Gentle Yoga 10:15 <b>Pinochle/Bridge 12:45 pm</b> <b>Jazzercise 6:00</b></p>	<p>26. <b>Walk &amp; Talk 7:30</b> Pastels Art Class 9-II <b>Party Bridge 12:45 pm</b> <b>ACRYLIC PAINT 1:00</b> <b>Pickleball 1:30-3:00 pm at WCCC</b> Dr. Bevan 12:30 <b>*Game Day</b></p>	<p>27. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> <b>Pinochle 12:45 pm</b></p>
<p>30. <b>Walk &amp; Talk 7:30</b> <b>Aerobics—9 am</b> <b>Wii Bowling 10:00</b> Pokeno 12:30 <b>Pickleball 1:30-3:00 pm at WCCC</b></p>	<p>31. <b>Walk &amp; Talk 7:30</b>  <b>Country Line Dancing 10:00 am</b> Blood Pressures 11-11:45 am BINGO 12:30 Dup. Bridge 6:00 pm <b>*Halloween Costume Contest</b></p>	