

Worland Senior Center

300 S 14th Street

347-3208



OCTOBER 2017

Voluntary Contribution of \$4.00
for Senior (either or spouse 60
and older).

Non Senior Guest 55-59 \$5.00
Non Senior Guest 10-55 \$8.00

Mon	Tue	Wed	Thu	Fri
<p>2. Crunchy Chicken Mashed Potatoes Pacific Blend Vegetables Sunshine Salad Dessert SS25</p>	<p>3. Beef Pepper Strips Steamed Rice Peas & Carrots Tomato & Cucumber Salad Hot Roll Apple Pie Squares 98A</p>	<p>4. Pork Wing Squash Spinach Green Salad Wheat Roll Fruit Cookie Juice</p>	<p>5. Turkey Filet w/ Peas & Onion Scalloped Potatoes Spring Blend Vegetables Carrot Raisin Pineapple Salad Cran-apple Crisp SS9</p>	<p>6. Liver & Onions Or Hamburger Steak Baked Potato Homestyle Veggie Salad Homemade Bread Dessert 175A</p>
<p>9. Cheeseburgers w/Lettuce, Tomato & Onion Creamy Coleslaw Pear Crisp 183A</p>	<p>10. Baked Cod or Chicken Au Gratin Potatoes Italian Vegetables Spinach Mushroom Salad Plum Dessert 197A</p>	<p>11. Herb Roast Pork Mashed Potatoes Scandinavian Blend Vegetables Creamy Coleslaw Applesauce Cinnamon Coffee Cake SW28</p>	<p>12. Sweet & Sour Meatballs Garden Rice Seasoned Green Beans Spinach Salad Homemade Bread Citrus Fruit Salad 232A</p>	<p>13. Roast Beef Sweet Potatoes Cauliflower Spring Salad Whole Wheat Bread Apple Cobbler 99A</p>
<p>16. Crunchy Chicken Mashed Potatoes Pacific Blend Vegetables Mandarin Oranges Dessert SW 2</p>	<p>17. Beef Enchilada Beans & Rice Lettuce & Tomato Salad Tropical Fruit Salad Baker's Source Brownie SW 39</p>	<p>18. Birthday Lunch Turkey Au Gratin Potatoes Red Cabbage & Apples Cucumber & Onion Salad Hot Roll Pumpkin Pie Squares 68A</p>	<p>19. Pork Chop w/ Gravy Mashed Potatoes Minnesota Green Beans Russian Salad Fresh Apple Cake Cranberry Juice SW 49</p>	<p>20. Chili or Chili Dog Mozzarella Stick Garden Bounty Salad Cinnamon Roll California Fruit SS 6</p>

Thank You Big Horn Federal Bank for sponsoring October Senior Birthdays

<p>23. Cheese Ravioli w/ Meat sauce Bread Stick Fresh Vegetable Salad Under the Sea Dessert 147A</p>	<p>24. Spinach & Ham Quiche Tri-colored Potatoes Green Salad Pumpkin Bran Muffin Mandarin Orange Grape Cup SW 6</p>	<p>25. Parmesan Chicken Scalloped Potatoes Asparagus Carrot Salad Whole Wheat Roll Pineapple Upside Down Cake 83A</p>	<p>26. BBQ Pork Sandwich Potato Leek Soup Harvest Blend Vegetables Fruit Molasses Cookie SW 41</p>	<p>27. Beef Stroganoff Baked Potato Broccoli w/cheese Lettuce Hot Roll Fluffy Fruit Cup 239A</p>
<p>30. Crunchy Chicken Macaroni Salad California Blend Vegetables Tossed Salad Homemade Roll Apple Butter Cinnamon Pears 116A</p>	<p>31. Costume Contest Eerie Vampire Cackling Candy Pype Green Slime Creepy Fairy Ghost Stalker Night Hunter 82A</p>			

Lunch is served Monday thru Friday 11:30 -12:30

Menu is subject to change due to availability