

Worland Senior Center
300 S 14th Street
347-3208



JANUARY 2018

Voluntary Contribution of \$4.00
for Senior (either or spouse 60
and older).
Non Senior Guest 55-59 \$5.00
Non Senior Guest 10-55 \$8.00

Mon	Tue	Wed	Thu	Fri
1. Closed	2. Beef Pepper Strips Steamed Rice Sugar Snap Peas Tomato & Cucumber Salad Hot Roll Apple Dessert 98A	3. Salisbury Steak w/ Country Gravy Baked Potato Honey Carrots Vegetable Salad Homemade Roll Apple Cobbler 4A	4. Roast Turkey Mashed Potatoes w/Gravy Green Beans Perfection Salad Hot Roll Cranberry Sauce Pumpkin Pie Squares 28	5. Liver & Onions Or Spinach & Ham Quiche Baked Potato Homestyle Veggie Salad Homemade Bread Plum Dessert 175A
8. Crunchy Chicken Mashed Potatoes w/Gravy Pacific Blend Mandarin Oranges Gingerbread Cake SW2	9. Rancher's Meatloaf Sweet Potatoes Almond Broccoli Carrot, Celery & Cucumber Salad Biscuit Chilled Pears 121A	10. Scalloped Potatoes With Ham Green Beans Carrot & Celery Tray With Dressing Roll Plum Dessert 136A	11. Hot Turkey Sandwich Mashed Potatoes w/Gravy Spinach Spring Salad Pineapple Upside- Down Cake 105A	12. Beef Tips w/ Mushrooms Egg Noodles Cauliflower w/ Cheese Cinnamon Raisin Bread Fruity Cherry Salad SS3
15. Roast Chicken w/ Mushroom Sauce Steamed Rice Broccoli & Cauliflower Apple Pear Salad Homemade Bread Dessert CO49	16. Roast Pork Sweet Potatoes Scandinavian Blend Vegetables Creamy Coleslaw Applesauce Cinnamon coffee Cake SW28	17. Birthday Lunch Roast Beef Mashed Potatoes w/Gravy Roasted Brussel Sprouts Relish Tray Whole Wheat Bread Apple Butter Peach & Berry Crisp 93A	18. Hungarian Goulash Corn O'Brian Lime Jello w/ Mandarin Oranges Oatmeal Muffin SDC13	19. Salmon Loaf Or Chicken Roasted Red Potatoes Three Bean Salad Cabbage Apple Salad Yellow Cake w/lemon Cream Frosting Chilled Grapefruit 137A

Thank You Security State Bank for sponsoring January Senior Birthdays

22. Crunchy Chicken Baked Potato Honey Carrots Biscuit Pear Crisp 51A	23. Chicken Fried Steak Grilled Hash Browns & Onions Carrots Green Bean Salad Homemade Bread Chocolate Cherry Pudding 228A	24. Pork Chop Supreme Garden Vegetable Rice Seasoned Green Beans KFC Style Coleslaw Whole Wheat Bread Ice Cream w/ Strawberries 185A	25. Beef Enchilada Spanish Rice Refried Beans Lettuce & Tomato Salad Tropical Fruit Cup Brownie SW39	26. Broccoli & Cheese Soup Egg Salad Sandwich Pea Salad Strawberries & Bananas 283A
29. French Dip w/ Au Jus Broccoli Craisin Salad Pears Ranger Cookie SS16	30. Oven-Fried Parmesan Chicken Basil & Garlic Pasta Vegetables Garden Vegetable Salad Hot Roll Fast Fruit Salad 288A	31. Lasagna Vegetables Mixed Green Salad Garlic Toast Strawberry Rhubarb Crisp SW38	14. Sunday Dinner Rancher's Meatloaf Parsley Potatoes w/ Brown Gravy Broccoli Lettuce Salad Hot Roll Fruit Spread Fruity Gelatin Salad 231A	26. Snowflake Dinner Prime Rib Twice Baked Potato Green Beans w/ Onion Roll Tossed Salad 4-Layer Dessert 20A

Lunch is served Monday thru Friday 11:30 -12:30

Menu is subject to change due to availability