



# February 2018



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. <b>Pastels Art 9:00</b> <b>Party Bridge</b> <b>12:45 pm</b> Pickleball 1:30-3:00 pm at WCCC  <b>Fitness w/a Friend 5:15</b>	2.  <b>Aerobics—9 am</b>  Pinochle 12:45 pm
5.  <b>Aerobics—9 am</b>  <b>Wii Bowling 10:00</b>  Pokeno 12:30 Pickleball 1:30-3:00 pm at WCCC  Gentle Yoga 2:00	6.   Blood Pressures 11-11:45 am <b>BINGO 12:30</b> Duplicate Bridge 6:00 pm	7.  <b>Aerobics—9 am</b> Weight Warriors 9:30-10:30 Weigh-In 10:30-11:30 Support Group  Pinochle 12:45 pm	8.  <b>Pastels Art 9:00</b>  <b>Party Bridge</b> <b>12:45 pm</b> Pickleball 1:30-3:00 pm at WCCC  <b>Fitness w/a Friend 5:15</b>	9.  <b>Aerobics—9 am</b>  Pinochle 12:45 pm
12.*Valentine Craft Project  <b>Aerobics—9 am</b>  <b>Wii Bowling 10:00</b>  Pokeno 12:30 Pickleball 1:30-3:00 pm at WCCC  Gentle Yoga 2:00	13.   Blood Pressures 11-11:45 am <b>BINGO 12:30</b> Duplicate Bridge 6:00 pm	14.  <b>Aerobics—9 am</b> Weight Warriors 9:30-10:30 Weigh-In 10:30-11:30 Support Group  Pinochle/Bridge 12:45 pm <b>*Valentine Exchange</b> Financial Meeting 10:00	15. <b>Pastels Art 9:00</b> <b>Party Bridge 12:45 pm</b> Pickleball 1:30-3:00 pm at WCCC  <b>Fitness w/a Friend 5:15</b>	16.  <b>Aerobics—9 am</b>  Pinochle 12:45 pm  <b>*Board Meeting @ noon</b>
19.  <b>Aerobics—9 am</b>  <b>Wii Bowling 10:00</b>  Pokeno 12:30 Pickleball 1:30-3:00 pm at WCCC  Gentle Yoga 2:00	20.   Blood Pressures 11-11:45 am <b>BINGO 12:30</b> <b>*BLOOD DRAW</b> Duplicate Bridge 6:00 pm	21  <b>Aerobics—9 am</b> Weight Warriors 9:30-10:30 Weigh-In 10:30-11:30 Support Group  <b>Birthday Lunch</b> Pinochle 12:45 pm	22.  <b>Pastels Art 9:00</b>  <b>Party Bridge 12:45 pm</b> Pickleball 1:30-3:00 pm at WCCC  <b>Dr. Bevan 12:30</b>  <b>Fitness w/a Friend 5:15</b>	23.  <b>Aerobics—9 am</b>  Pinochle 12:45 pm
26.  <b>Aerobics—9 am</b>  <b>Wii Bowling 10:00</b>  Pokeno 12:30 Pickleball 1:30-3:00 pm at WCCC  Gentle Yoga 2:00	27.   Blood Pressures 11-11:45 am <b>BINGO 12:30</b> Duplicate Bridge 6:00 pm  <b>Beltone 9-11</b>	28.  <b>Aerobics—9 am</b> Weight Warriors 9:30-10:30 Weigh-In 10:30-11:30 Support Group  Pinochle 12:45 pm	 <small>dreamstime.com</small>	