



For Further Study:

A LIST OF RESOURCES ON THE SUBJECT OF FASTING.

Books -

[A Hunger for God](#) by John Piper

[God's Chosen Fast](#) by Arthur Wallis

[7 Basic Steps to Successful Fasting and Prayer](#) by Bill Bright

[Celebration of Discipline](#) by Richard Foster

[Youth Aflame](#) by Winkie Pratney

Articles -

(click to open links)

[John Wesley's Sermon On Fasting](#)

[AG: Fasting](#)

[Evangel: Hunger for Jesus](#)

[Evangel: Fasting](#)