

Spray Tan Maintenance

In order to get the most out of your tan, spray tans will require some maintenance and proper care. While the spray tans are a temporary solution, you can extend the life of your tan by following the steps below. [Note: Your airbrush tan is only affecting the uppermost layer of your skin, so you want to avoid exfoliation and harmful chemicals once your tan has been completed.]

Preparation:

Get your mani/pedi *at least* a day before your tan. The chemicals and exfoliation from your mani/pedi will wear your tan down quicker on your hands/feet.

Shower and exfoliate well *the night before your airbrush spray tan appointment*. Don't be too aggressive with your skin, but make sure you get a deep exfoliation to remove dead/excess skin cells. We suggest using a loofah, oil-free sugar scrub or to try dry brushing. **Note: You can purchase an all natural sugar scrub at Shear Thairapy Salon for optimal results.**

Use lotion, preferably with no harmful additives, chemicals or fragrances to keep your skin hydrated. The more hydrated your skin is, the better your spray tan will look and apply. The sooner you get started, the better.

The Big Day:

It is best to schedule your tan on a day where you don't have a lot going on.

Do not wear any makeup, lotions, perfumes, or deodorants (if you can handle it). Don't worry, you're entering a judge free zone! Deodorant is an aluminum based product, which can react with the sunless solution and result in green hues. We will have makeup wipes available if you are unable to come in without makeup and can use this for deodorant as well.

Wear (or bring) dark, loose fitting clothes to your appointment. Trust us on this.

Bring flip flops or sandals. Socks and spray tans don't mix.

Bring a towel for your car to protect your seats, unless you want your car to be tan like you!

Avoid sweating and getting wet for at least 8-12 hours to avoid streaking or uneven tan tones. Imagine having constant sweat stains, but on your skin. YIKES!

For Best Results and Longevity:

We recommend waiting a *minimum of 8 hours before showering*. However, it will not affect your tan if you go longer. (Note: these rules do not apply for the Rapid fast-drying solution.)

If you're going to bed before rinsing, keep in mind that it may be messy because of the bronzers in the solution. You may try using a towel to protect your sheets. ***Tip: If it's been at least 6 hours since your spray tan and you're ready for bed, you can rinse off in the shower, using only cool water (no soap or cleaning agents).** Then, take a normal shower on the following day. Remember, hot water will cause your tan to fade. The cooler, the better!

Keep your skin hydrated to extend the life of your tan. **Note: You can purchase a Tan Extender Lotion, free of harmful chemicals, at Shear Thairapy Salon.**

Avoid exfoliating your skin, this will fade your tan more quickly since the tan sets on the uppermost layers of the skin. Don't use loofahs, puffs, washcloths, etc.

Keep in mind that shaving any part of your body can cause your spray tan to fade faster.

Avoid products with lots of additives or chemicals, i.e fragrance free, etc.; these chemicals will fade your tan more quickly.

Don't use soaps or other body washes that contain parabens, glycolic alpha hydroxy acids or sodium lauryl sulfates, these will fade your tan more quickly. **Note: You can purchase Spray Tan Safe Body Wash at Shear Thairapy Salon.**

Avoid spas and swimming in treated pools or salt water. This can aggressively strip your tan, leaving an uneven tone and causing uneven fading.

Purchase a self tan spray for touch ups in-between appointments. **Note: You can purchase an Instant Airbrush Tanner at Shear Thairapy Salon.**