

# District 10 Track and Field Championship Meet | 2017 Information Packet

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TO: All District 10 Principals, Athletic Directors, and Track and Field Coaches  
FROM: Barbara Dzuricsko, District 10 Track and Field Chairman  
RE: 2017 District 10 Track and Field Meet information  
DATE: April 22, 2017



## **AA and AAA Championship Meet:**

Date: Saturday, May 20, 2017

Start time: 10:00am

Location: Spire Institute

5201 Spire Circle, Geneva, OH 44041

[www.spireinstitute.org](http://www.spireinstitute.org)

PIAA/District 10: Pete Iacino, Chairman

Meet Director: Barbara Dzuricsko

School #: 724-981-8750, x1400

Cell #: 724-456-7211

Email address: [barbara\\_dzuricsko@hermitage.k12.pa.us](mailto:barbara_dzuricsko@hermitage.k12.pa.us)

Site Director: Charlie Powell – Spire Institute

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**ALL ENTRIES, CHANGES, ADDITIONS, OR DELETIONS DUE TO MILESPLIT**

**BY MONDAY, MAY 15<sup>TH</sup> AT 1:00pm.**

**Online Meet  
Registration**  
by 

**Webpage opens: April 3, 2017**

**Webpage closes: Monday, May 15, 2017**

Please note...when logging in to the AA or AAA PIAA District 10 Championships at the above website, you will notice it comes up OH Milesplit. This is simply because the meet is located in Ohio. Your entries will be downloaded by our FAT operator for the PIAA District 10 Championships.

Entries due on [www.milesplit.us](http://www.milesplit.us) through Dan Beck, PA Webmaster.

Contact Dan at [dbeck@milesplit.com](mailto:dbeck@milesplit.com) if any questions or concerns.

If you are a new coach or need a refresher course, download the instructions below:

[http://pa.milesplit.com/pages/Online Meet Reg Instructions](http://pa.milesplit.com/pages/Online_Meet_Reg_Instructions)

Contact for network support, Gayle Rich, Manager, Customer Support

Contact Gayle at [gayle.rich@flocasts.com](mailto:gayle.rich@flocasts.com)

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FAX THE COACH/WORKER AND STUDENT HELPER SHEET BY FRIDAY, MAY 5, 2017

(EARLIER THAN POSSIBLE!)

FAX THE RELAY/ALTERNATE ATHLETE SHEET BY MONDAY, MAY 15<sup>TH</sup> AT 1:00PM

**TO:** BARB DZURICKO AT HICKORY HIGH SCHOOL 724-347-4558



OR SCAN AND EMAIL THE SAME DOCUMENTS TO [barbara\\_dzuricko@hermitage.k12.pa.us](mailto:barbara_dzuricko@hermitage.k12.pa.us)

## Special notes:

***Due to the fact that there will not be a seeding meeting as in the past, all entry times and distances are expected to be accurate and verifiable. Should a challenge be made and not verified, the contestant or relay team will be eliminated from the event. Please bring copies of when your times and distances occurred to the District meet (meet sheets and final results should be signed by your PIAA starter/referee). We hope thru our new honor roll system, we can have all entries verified before we seed the event!!!!***

You may enter 3 qualified athletes and one relay per event. **Your ONE qualifying alternate per event should be entered online THIS YEAR.** Please also write those entries on the alternate sheet and fax to us. **Your relay time, six athlete names, and location you earned the relay time must be entered online.** If we don't have these sheets from you by 1:00pm, we will make a call to your home school from 1:00pm to 3:00pm on May 15<sup>th</sup> to check and see if you have entries for the meet.

All performance lists will be emailed to the email addresses of each Athletic Director and Head Coach by Monday, May 15<sup>th</sup> after 9:00pm or Tuesday morning if everything goes well with the entry download from Milesplit! I will keep in touch with the actual day and time!



## DISTRICT 10 TRACK AND FIELD MEET

### RULES AND REGULATIONS

1. Coaches and contestants, unless officiating or competing must sit in the stands. Only judges will be allowed at the finish lines. Coaches must assist contestants off the field when not competing. Athletes should not warm up in any event area unless supervised by an event official. No electronic devices should be in any competition area.
2. Tents can be set up in the Amphitheater and on the Mezzanine areas...NOT in the stands.
3. Pole Vault athletes will be weighed and checked in at the Northeast garage area right next to the pole vault pits. Announcement will be made as to the time.
4. All throwing implements will be weighed-in promptly at 8:45am with priority given to morning throwing event competitors. Location of weigh-ins will be at equipment building at Northwest garage area at the corner of stadium by the throwing areas.
5. Shot and Discus rings have sunken circles, recessed  $\frac{3}{4}$ " into the concrete according to IAAF, NCAA, and NFHS regulations.
6. Javelin runway is all-weather.  $\frac{1}{4}$ " spikes ONLY will be permitted.
7. Only spikes  $\frac{1}{4}$ " will be permitted on the track. No needle spikes or permanent spiked shoes will be allowed. An official will be checking all spikes before all races.
8. There will be trials and finals in the shot put, discus, javelin, long jump and triple jump. There will be three throws or jumps in the preliminaries or trials, and three (3) throws or jumps in the finals. Top flights will be last so that the potential top nine (9) athletes will be near for the finals. Best effort stands in the finals.
9. Ties in the field events will be broken as per NFHS Rule Book.
10. ALL contestants are to report when *1<sup>st</sup> Calls are given*. No delays!
11. Starting Blocks will be provided. Bring your own Moyo Block.
12. If necessary, reseeding of heats may occur if top-seated athletes scratch from an event. This will be done to insure that the top remaining athletes are properly placed in preliminary heats or finals. Please listen to "scratch" announcements during the meet.
13. Runners must return in his/her lane at finish line for proper identification. Do not leave the track until directed to do so by the official at the finish line.
14. Relay teams should bring their own batons. Check rule book for the type that may be used.
15. Tape may be used on the track to mark relay exchange zones. NO CHALK permitted on any surface at Spire.
16. Awards will be given out for 8 places in all events. Report to awards table immediately after each final.

17. Proper track attire is to be worn by all athletes receiving awards. No exceptions! Awards will be given out for 8 places in all events. Call at awards table immediately after each final. **Proper attire at the awards presentation ceremony shall consist of school issued warm up suit of school issued track and field uniform and shoes. Jewelry (including watches), bracelets (cord or cosmetic), headbands, wristbands, hats, head coverings (except for religious reasons), sunglasses (except prescription), and men's boxer shorts are PROHIBITED.**
18. Champion teams in each classification will receive trophies.
19. Spire will be using a FAT timing system with results shown on an electronic board immediately after each race. In addition, 'live' results may be viewed on IPADS and Smart phones. Final recorded results at the District meet will be electronically transmitted to the PIAA office for seeding purposes from the Hy-Tek Scoring Program that is now required to be used by all districts in Pennsylvania. Using an F.A.T. timing system, final times will be recorded in 1/100's. The Finish Lynx timing system will also allow us to view finish line photos and break ties with 1/1000 accuracy.
20. An athlete may not be scratched from the PIAA Track and Field Championships after the District entry form has been submitted to the PIAA headquarters unless the scratch is for illness or injury and certified by a physician prior to the day of the PIAA Championship meet, or by a staff trainer during the PIAA Championship meet. Scratches for other reasons will result in an athlete being disqualified from the PIAA Championship meet.

## **RULES AND REGULATIONS GOVERNING DISTRICT X, PIAA TRACK AND FIELD EVENTS**

1. The State Board of Control of the P.I.A.A. shall govern all meets.
2. District Meets shall be held under the jurisdiction of the District Committees of the P.I.A.A.
3. P.I.A.A. eligibility rules shall apply to all contestants.
4. National Federation Track and Field rules shall govern all P.I.A.A. meets except where the Board of Control modifies these rules. These modifications, if any, are listed in the P.I.A.A. Rules and Regulations.
5. If a District Team Champion is named, points shall be awarded as follows: 1<sup>st</sup> place – 10, 2<sup>nd</sup> place – 8 points, 3<sup>rd</sup> place – 6 points, 4<sup>th</sup> place – 5 points, 5<sup>th</sup> place – 4 points, 6<sup>th</sup> place – 3 points, 7<sup>th</sup> place – 2 points, 8<sup>th</sup> place - 1 point
6. Changes in your online entries will not be permitted because of the school's clerical error.
7. The event order is listed on a separate sheet.
8. The District Committee will try to conduct the various events using only Trials and Finals. If, however, the meet management deems this impossible, the inclusion of semi-finals is authorized.
9. If it is found that more than one heat will be necessary in the 400 meter relay, 1600 meter relay, 3200 meter relay and 400 meter dash, 800 meter run, 1600 meter run, and 3200 meter run, the heats shall be run against time. The first eight place winners shall be determined by their performance. The District Committee reserves the right to run any or all of these races on the stagger. The 4x4 relay will be run on a three turn stagger.

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10. In the official record of the District Championship meet, the individual credited with the fastest time or the greatest height or distance in each event shall be credited with the District Championship. Team records shall be treated likewise.
11. Field equipment:
  - a. Participants in the pole vault, shot put, discus, and javelin throw must provide their own equipment for these events. The equipment provided must be in accordance with National Federation rules.
  - b. The javelin, discus, and shot shall be weighed and measured by the officials in charge of the meet and marked to indicate conformity with specified standards. Equipment and implements not in conformity with the specified standards as set forth in the NFHS/PIAA rules shall be rejected for competition.
  - c. Weigh-ins of pole vault athletes will take place prior to their competition. Coaches are to present to the D10 Official during the weigh-ins the completed Pole Vault Certification form in order for entry to compete.
  - d. In case any equipment or implements furnished by participants becomes broken or otherwise rendered unfit, the officials in charge of the meet shall permit the use of emergency equipment, which may be borrowed from another school with permission of the school's coach. District 10 does not provide implements for a contestant to borrow.
12. Each school will be limited to three entries and one qualifying alternate in individual events, and six in relays, but no more than three participants may compete in individual events and four in relays. Six relay names will be accepted by the PIAA for the State meet.
13. In the District and State Championship meets, a contestant may participate in four events.
14. No contestants will be registered unless identified by the Principal of the school or his/her representative.
15. Net proceeds of the District 10 Meet will be retained in the District Treasury.
16. Two athletic trainers will be available for this meet. (one full day, one half day) You are welcome to bring your school's ATC to work with your athletes if they are available to travel with you.

## **CORRECTION OF ERRORS**

Clerical or team scoring errors may be corrected up to 48 hours after the conclusion of the meet. Correction of meet results involving a contestant who has been disqualified from further participation in the meet may be made any time. Appeals regarding misapplication of the rules shall be filed within 30 minutes after the results have been announced or made official in that event. The head coach first protests to the referee. The decision of the referee is appealable if the coach still feels that the terms and conditions of competition or the application of the rules have been misapplied or misinterpreted. A written appeal shall be made to the jury of appeals.

## **INTERPRETATIONS**

ARTICLE IX. October 26, 1957.

The Board of Directors and District Committees will not consider any protest in Contests which are based on play situations or officials' decisions involving interpretation or judgment of plays. In no case will the results of a Contest be reversed nor will a Contest be ordered or permitted to be replayed.

Questions regarding interpretation of rules or judgment of officials should be submitted in writing to the Executive Director.

## 2017 ORDER OF TRACK EVENTS

### 10:00 AM Start Time



<b>100 Meter Hurdles</b>	<b>Trials— AA Girls</b>	<b>AAA Girls</b>		
<b>110 Meter Hurdles</b>	<b>Trials— AA Boys</b>	<b>AAA Boys</b>		
<b>100 Meter Dash</b>	<b>Trials— AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>4x800 Meter Relay</b>	<b>Finals- AA Girls</b>	<b>AAA-Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>200 Meter Dash</b>	<b>Trials— AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>

**Break---**                      ***Trophy Presentation---Girls and Boys Region Champions***

<b>100 Meter Hurdles</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>		
<b>110 Meter Hurdles</b>	<b>Finals—AA Boys</b>	<b>AAA Boys</b>		
<b>100 Meter Dash</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>1600 Meter Run</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>4x100 Meter Relay</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>400 Meter Dash</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>300 Meter Hurdles</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>800 Meter Run</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>200 Meter Dash</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>3200 Meter Run</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>
<b>4x400 Meter Relay</b>	<b>Finals—AA Girls</b>	<b>AAA Girls</b>	<b>AA Boys</b>	<b>AAA Boys</b>

## 2017 ORDER OF FIELD EVENTS

**10:00am Start Time**



### JUMPS:

	<u>Session 1</u>	<u>Session 2-after Session 1</u>
<b>10:00AM --- High Jump</b>	<b>Pit 1 AAA Boys; Pit 2- AA Girls</b>	<b>Pit 1 AAA Girls; Pit 2--AA Boys</b>
<b>Pole Vault</b>	<b>Pit 1 AAA Boys; Pit 2 -AA Girls</b>	<b>Pit 1 AAA Girls; Pit 2 -AA Boys</b>
<b>Long Jump</b>	<b>AA Girls; AA Boys</b>	<b>AAA Boys; AAA Girls</b>
<b>Triple Jump</b>	<b>AA Boys; AAA Girls</b>	<b>AA Girls; AAA Boys</b>

<b>Notes: High Jump---</b>	<b>Starting Height: AA Girls 4' 6"</b>	<b>AAA Girls 4' 7"</b>
	<b>Starting Height: AA Boys 5' 6"</b>	<b>AAA Boys 5' 7"</b>
<b>Pole Vault -</b>	<b>Starting Height: AA Girls 7' 6"</b>	<b>AAA Girls 7' 0"</b>
	<b>Starting Height: AA Boys 10' 6"</b>	<b>AAA Boys 10' 3"</b>

**All pole vault athletes must be weighed-in prior to competition.**

**Weigh-ins located by vault area.**

### THROWS: ALL TIMES ARE TENTATIVE

<b>10:00 AM Javelin -</b>	<b>AA Boys; AAA Boys;</b>	<b>AA Girls; AAA Girls</b>
<b>Shot Put -</b>	<b>AA Girls; AAA Girls;</b>	<b>AAA Boys; AA Boys</b>

**2:30 PM Discus North Circle—AAA Girls**

**After Javelin Discus South Circle--AA Boys, AAA Boys**

**Discus AA Girls...location decided after we see progress of events on south area**

**Note: All times are approximate. Each Javelin, Discus and Shot Put event will begin immediately following conclusion of prior event. Competing athletes must be at venue by Second Call.**

**Implement weigh-ins will be conducted at equipment room located at Northwest garage - corner of stadium (near Throwing Venues).**



## PIAA DISTRICT TEN TOURNAMENT POLICY STATEMENT



(THIS STATEMENT IS IN EFFECT FOR ALL MEMBER SCHOOLS

WITH REGARD TO CONDITIONS OF ENTRY INTO ALL PIAA CHAMPIONSHIP EVENTS)

PIAA District Ten Member Schools are not required to enter a team into PIAA DISTRICT TEN CHAMPIONSHIP TOURNAMENTS. Entry and participation by member schools in those tournaments sponsored by District 10 is totally voluntary if they qualify. Entry of a team by any member school into a tournament signifies that the member school **accepts** the conditions and provisions that are inherent with tournament rules, regulations, and guidelines.

Further, a member school **accepts** the fact that the DISTRICT TEN CHAIRMAN, EXECUTIVE COMMITTEE, TOURNAMENT DIRECTOR, AND, OR, THE DISTRICT TEN COMMITTEE reserve the right to make changes in the management, schedules, sites, date, times, and the operations of Championships when, in their judgment, it becomes necessary.