

**2018 DISTRICT 10 AND PIAA  
TRACK AND FIELD QUALIFYING STANDARDS**

EVENT NAME	GENDER	CLASSIFICATION	DISTRICT 10 STANDARD	PIAA STATE STANDARD
4X800 RELAY	BOYS	AA	9:20 (9:20.24)	*8:15.55
110 METER HURDLES	BOYS	AA	17.0 (17.24)	15.5
100 METER DASH	BOYS	AA	11.5 (11.74)	11.3
1600 METER RUN	BOYS	AA	4:52 (4:52.24)	*4:31.13
4X100 RELAY	BOYS	AA	46.7 (46.94)	44.3
400 METER DASH	BOYS	AA	54.5 (54.74)	50.7
300 METER HURDLES	BOYS	AA	44.9 (45.14)	40.8
800 METER RUN	BOYS	AA	2:10 (2:10.24)	*1:59.70
200 METER DASH	BOYS	AA	24.0 (24.24)	22.88
3200 METER RUN	BOYS	AA	10:45 (10:45.24)	*9:48.01
4X400 RELAY	BOYS	AA	3:44 (3:44.24)	*3:29.60
			<i>Parentheses = FAT</i>	
HIGH JUMP	BOYS	AA	5' 9"	6' 4"
POLE VAULT	BOYS	AA	11' 0"	13' 6"
LONG JUMP	BOYS	AA	19' 6"	21' 6"
TRIPLE JUMP	BOYS	AA	38' 6"	44' 0"
SHOT PUT	BOYS	AA	42' 9"	50' 3"
DISCUS	BOYS	AA	122' 0"	148' 0"
JAVELIN	BOYS	AA	144' 0"	176' 0"

\*In addition to the above standards, for a pole vault participant to advance to the PIAA Track and Field Championships, they shall clear a height equal to or greater than the following minimum standards, in a PIAA District qualifying meet:

11' 6"
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*"Stay focused, go after your dreams and keep moving toward your goals"*

**2018 DISTRICT 10 AND PIAA  
TRACK AND FIELD QUALIFYING STANDARDS**

EVENT NAME	GENDER	CLASSIFICATION	DISTRICT 10 STANDARD	PIAA STATE STANDARD
4X800 RELAY	BOYS	AAA	9:20 (9:20.24)	*8:02.04
110 METER HURDLES	BOYS	AAA	17.0 (17.24)	15.1
100 METER DASH	BOYS	AAA	11.6 (11.84)	11.10
1600 METER RUN	BOYS	AAA	4:50 (4:50.24)	*4:24.22
4X100 RELAY	BOYS	AAA	47.7 (47.94)	43.25
400 METER DASH	BOYS	AAA	55.0 (55.24)	50.09
300 METER HURDLES	BOYS	AAA	44.9 (45.14)	39.8
800 METER RUN	BOYS	AAA	2:09 (2:09.24)	*1:57.32
200 METER DASH	BOYS	AAA	24.0 (24.24)	22.5
3200 METER RUN	BOYS	AAA	10:49 (10:49.24)	*9:31.71
4X400 RELAY	BOYS	AAA	3:45 (3:45.24)	*3:24.03
HIGH JUMP	BOYS	AAA	5' 9"	6' 5"
POLE VAULT	BOYS	AAA	10' 9"	14' 3"
LONG JUMP	BOYS	AAA	19' 3"	22' 0"
TRIPLE JUMP	BOYS	AAA	39' 0"	45' 0"
SHOT PUT	BOYS	AAA	42' 0"	52' 0"
DISCUS	BOYS	AAA	120' 0"	153' 0"
JAVELIN	BOYS	AAA	141' 0"	178' 0"

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12' 3"
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EVENT NAME	GENDER	CLASSIFICATION	DISTRICT 10 STANDARD	PIAA STATE STANDARD
4X800 RELAY	GIRLS	AA	11:00 (11:00.24)	*9:50.40
100 METER HURDLES	GIRLS	AA	17.6 (17.84)	16.01
100 METER DASH	GIRLS	AA	13.3 (13.54)	12.7
1600 METER RUN	GIRLS	AA	5:54 (5:54.24)	*5:18.30
4X100 RELAY	GIRLS	AA	55.5 (55.74)	50.8
400 METER DASH	GIRLS	AA	65.7 (65.94)	59.85
300 METER HURDLES	GIRLS	AA	52.3 (52.54)	47.64
800 METER RUN	GIRLS	AA	2:35 (2:35.24)	*2:20.60
200 METER DASH	GIRLS	AA	28.0 (28.24)	26.25
3200 METER RUN	GIRLS	AA	13:08 (13:08.24)	*11:35.00
4X400 RELAY	GIRLS	AA	4:38 (4:38.24)	*4:08.75
			<i>Parentheses = FAT</i>	
HIGH JUMP	GIRLS	AA	4' 9"	5' 2"
POLE VAULT	GIRLS	AA	8' 0"	10' 6"
LONG JUMP	GIRLS	AA	15' 2"	16' 11"
TRIPLE JUMP	GIRLS	AA	30' 9"	35' 6"
SHOT PUT	GIRLS	AA	30' 6"	36' 6"
DISCUS	GIRLS	AA	93' 0"	113' 0"
JAVELIN	GIRLS	AA	98' 0"	121' 0"

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9' 0"
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EVENT NAME	GENDER	CLASSIFICATION	DISTRICT 10 STANDARD	PIAA STATE STANDARD
4X800 RELAY	GIRLS	AAA	11:10 (11:10.24)	*9:35.48
100 METER HURDLES	GIRLS	AAA	17.7 (17.94)	15.5
100 METER DASH	GIRLS	AAA	13.5 (13.74)	12.5
1600 METER RUN	GIRLS	AAA	6:00 (6:00.24)	*5:10.00
4X100 RELAY	GIRLS	AAA	56 (56.24)	49.75
400 METER DASH	GIRLS	AAA	65.7 (65.94)	58.8
300 METER HURDLES	GIRLS	AAA	53.0 (53.24)	46.25
800 METER RUN	GIRLS	AAA	2:39 (2:39.24)	*2:18.47
200 METER DASH	GIRLS	AAA	28.6 (28.84)	25.91
3200 METER RUN	GIRLS	AAA	13:15 (13:15.24)	*11:10.00
4X400 RELAY	GIRLS	AAA	4:40 (4:40.24)	*4:01.50
			<i>Parentheses = FAT</i>	
HIGH JUMP	GIRLS	AAA	4' 7"	5' 3"
POLE VAULT	GIRLS	AAA	8' 0"	11' 0"
LONG JUMP	GIRLS	AAA	15' 2"	17' 9"
TRIPLE JUMP	GIRLS	AAA	31' 0"	36' 6"
SHOT PUT	GIRLS	AAA	30' 0"	37' 6"
DISCUS	GIRLS	AAA	90' 0"	118' 0"
JAVELIN	GIRLS	AAA	90' 0"	122' 0"

\*In addition to the above standards, for a pole vault participant to advance to the PIAA Track and Field Championships, they shall clear a height equal to or greater than the following minimum standards, in a PIAA District qualifying meet:

9' 6"
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