



PLAINS RD. CHILDCARE
JUNIOR'S SPRING / SUMMER DAILY SCHEDULE
(REGULAR SCHOOL DAY)

- 7:10-8:00** Preschool 1 Room- Arrival/ free play / self serve snack available / washroom
- 8:00- 8:15** Circle / Discussion / transition outside to playground
- 8:15-8:30** CM outside recess (school supervision) - 8:30 a.m. bell
- 8:30** Staff to walk children to Parkside – 8:40 a.m. bell
- 3:00-3:30** Pick up the Canadian Martyrs children / Washroom routine / Circle
- 3:15-3:30** Parkside Children get picked up/dropped off into program
- 3:30 – 4:15** Activity period: Creative, Science, Sensory, Drama/Blocks, etc.
(See indoor program for more specific details)
Self serve snack
- 4:15 – 4:30** Transition to go outside to playground
- 4:30 -5:00** Outdoor / Gross motor play (See outdoor program plan)
- 5:00-6:00** Indoor program / free play / washroom / late snack
- 6:00** Center closes

****For inclement weather, the designated space is a modified room and/or gym if available.**

SCHOOL HOURS

**CANADIAN MARTYRS:
8:30A.M.- 3:00 P.M.**

**PARKSIDE PUBLIC SCHOOL:
8:40-3:15PM**

Last Edited – March 2017



PLAINS RD. CHILDCARE
JUNIOR'S SPRING / SUMMER DAILY SCHEDULE
(FULL DAY PROGRAM)

- 7:10-8:30** Arrival/ Free Play/ Self serve snack available
- 8:30-9:30** Free play- Morning program (See AM program plan for details)
- 9:30- 9:45** Prepare for outdoors / Washroom routine / Group time
- 9:45-10:45** Outdoor / Gross motor play (See outdoor program plan for details)
- 10:45-11:00** Transition in / Washroom routine
- 11:00- 12:00** Free play- Morning program continued (See program plan for details)
- 12:00-12:45** Lunch/Washroom routine
- 12:45-1:15** Quiet individual activities / Optional rest time
- 1:15-3:00** Free play- Afternoon program (See program plan for details)
- 3:00-3:30** Self serve snack available / Group time
- 3:30-3:45** Prepare for outdoors / Washroom routine
- 3:45-4:45** Outdoor / Gross motor play (see outdoor program plan for details)
- 4:45-5:00** Transition inside / Washroom routine
- 5:00-5:15** Late snack
- 5:15-5:45** Small group free play
- 5:45-6:00** Start to tidy up the room, centre closure at 6:00 P.M.

NOTE: Time frames specified above are flexible and may vary according to the needs of the children, program and weather provisions.

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