

E3 Endurance Junior 7.03 Triathlon Series – Race #3

PINETOP SPORT CLUB
COURSE INFO & MAPS

SWIM COURSE

- ▶ Time Trial Format
- ▶ Snake Swim Course
- ▶ All lanes will be down and back.

- ▶ Distances
 - 13 - 19yr & Relay = 250yd Swim
 - 11 - 12yr = 200yd Swim
 - 9 - 10yr = 100yd Swim
 - 7 - 8yr = 50yd Swim
 - 5 - 6yr = 25yd Swim

SWIM COURSE MAP



Bike Course

- ▶ Bike Loop is a Counter–Clockwise Loop of 1.80 miles.
- ▶ Athletes will leave transition through the parking lot and turn right onto Pinetop Road.
- ▶ Distances/Loops:
 - 13–19yr & Relay: 5.40miles/3 Loops
 - 11–12yr: 3.60 miles/2 Loops
 - 9–10yr: 3.60 miles/2 Loops
 - 7–8yr: 1.80 miles/1 Loop
 - 5–6yr: 1.80 miles/1 Loop

*All athletes are responsible for cycling their correct distance. If an athlete does not complete the correct distance for their age group, they will be disqualified.

Bike Transition In/Out



Bike Course Overview (1.80mi)

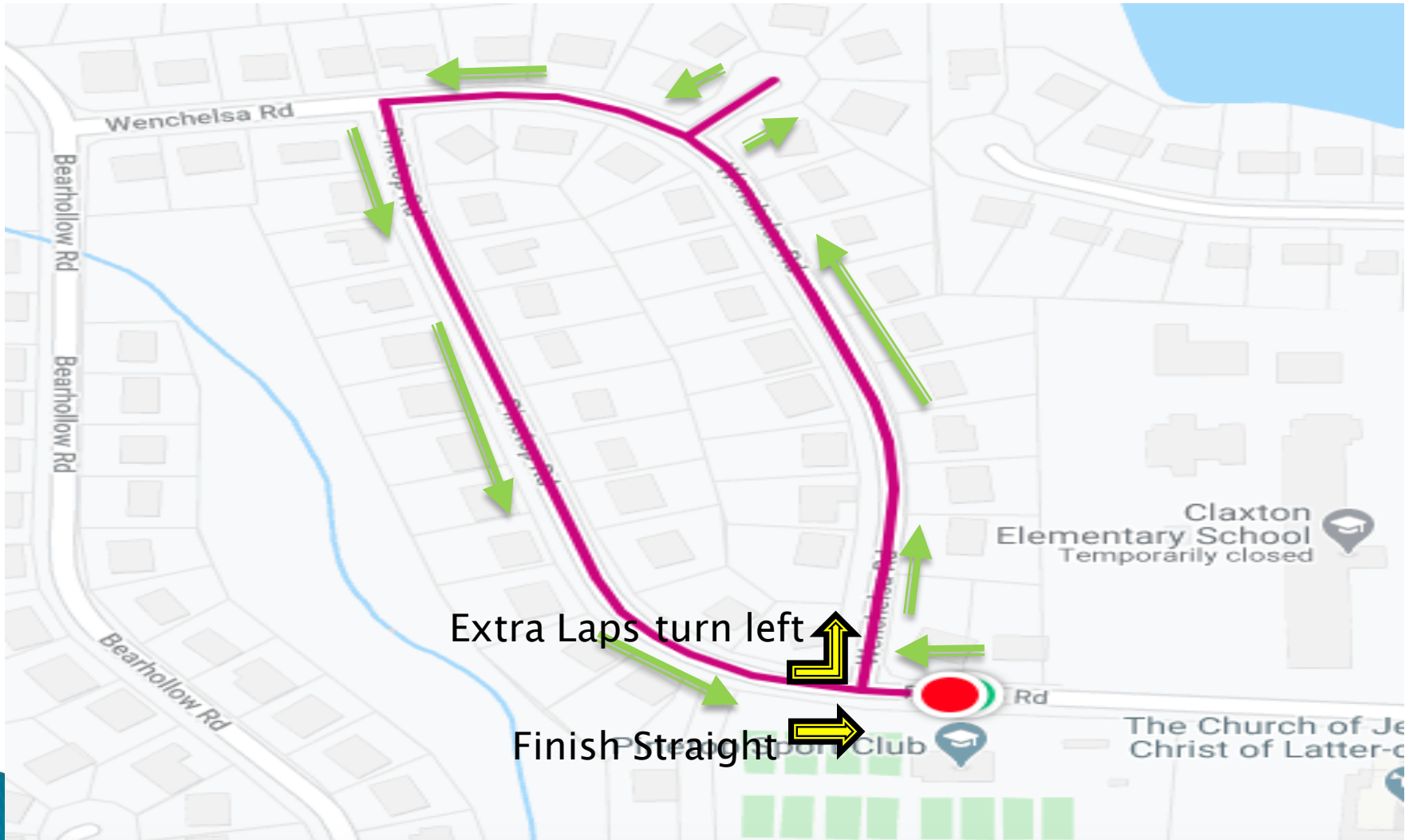


Run Course

- ▶ Run course is an 1 km Loop (.62 mile).
- ▶ Athletes that are running more than 1 km, will run multiple loops.
- ▶ Distances/Loops
 - 13–19yr & Relays: 1.86 miles / 3 Loops
 - 11–12yr: 1.24 miles / 2 Loops
 - 9–10yr: .62 mile / 1 Loop
 - 7–8yr: .62 mile / 1 Loop
 - 5–6yr: .62 mile / 1 Loop

*All athletes are responsible for running their correct distance. If an athlete does not complete the correct distance for their age group, they will be disqualified.

Run Course Overview



Run Course Start/Finish/Extra Laps



Thank You for Participating!

If you have any questions, please check out the race website, www.E3endure.com, under “Events.”

Please feel free to contact us at
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