

Since 1989

We Sell Only What We Grow Ourselves

Mapple Farm's Seed & Planting Stock For 2023

- Distinctive Tomatoes
- Wonderberry
- Tomatillo, *Indian*
- Beans: *Gaucha, Black Coco, & Purple Peacock*
- Cucumber, *Parade*
- Zucchini, *Black*
- Melon: *Nutmeg, Oka & Montreal Market*
- Winter Squash: *Butterbush, Banana, Golden Hubbard, Fisher's Acorn, Gill's Golden Pippin Acorn, & Honey Boat Delicata*
- Pumpkin, *Styrian Hulless*
- Turkish Rocket
- French Scorzonera
- Gobo, *Shosaku*
- Chinese Artichokes (a.k.a. *croshes*)
- Egyptian Onions

**Mapple Farm
129 Beech Hill Rd.
Weldon NB E4H 4N5
Canada**

mapplefarm.com

Fellow adventurous gardeners,

Resilience . . . now there's a word getting greater usage and gathering momentum. It's a word that's certainly no stranger to gardeners. As times become more chaotic and uncertain, resilience is increasingly crucial.

Recent reports claim that the price of produce rose 80% over the last year with no relief in sight. We're so fortunate to avoid the dilemma faced by those more dependent on supermarkets. That makes us less beholden to their main suppliers, California and Florida, where droughts, storms and fires devastate crop yields. We've got our own home-grown alternative to shelves either empty or with offerings quite expensive despite low quality.

Whether planning the garden or actively doing garden work, we're exercising our minds and bodies. And, in the process, we build resilience. Our harvests yield premium food and nutrition money can't buy. We get to enjoy quality and diversity that simply isn't for sale.

The end result: priceless. That's what I consider who we collectively are and what we do. I'm so privileged to be among those who understand, share and honor those values.

As always, we (including the helping hand of gardener/writer Janet Wallace) greatly appreciate your support in our efforts to help provide you and yours with healthy experiences and edible treasures.

Wishing you an uncommonly wonderful gardening season,

Greg Wingate

Welcome to the 2023 edition of

Mapple Farm

a modest source of seed & plant stock, grown well off the beaten track.

If you

- enjoy discovering something different to plant and eat
- celebrate diversity
- appreciate finding value and quality in the overlooked, neglected or unusual realms of the edible growing world

we hope to offer you something worth including in your gardening plans this year.

Mapple Farm humbly takes pride in its affiliations with seed saving groups, Seeds of Diversity (Canada) and Seed Savers Exchange (U.S.)

We also support The Safe Seed Project
and have signed the following Safe Seed Pledge:

Agriculture and seeds provide the basis upon which our lives depend. We must protect this foundation as a safe and genetically stable source for future generations. For the benefit of all farmers, gardeners and consumers who want an alternative, we pledge that we do not knowingly buy or sell genetically engineered seeds or plants. The mechanical transfer of genetic material outside of natural reproductive methods and between genera, families or kingdoms, poses great biological risks as well as economic, political, and cultural threats. We feel that genetically engineered varieties have been insufficiently tested prior to public release. More research and testing is necessary to further assess the potential risks of genetically engineered seeds. Further, we wish to support agricultural progress that leads to healthier soils, genetically diverse agricultural ecosystems and ultimately people and communities.

All are invited to support the Safe Seed Initiative. For information, contact:

The Safe Seed Project

5 Upland Road, Suite 3

Cambridge MA

USA 02140

Phone: (617) 868-0870

Fax: (617) 491-5344

E-Mail: <crg@gene-watch.org>

The experts, as their studies become focused on smaller and smaller fragments, soon find themselves wasting their lives in learning more and more about less and less ... Everywhere knowledge increases at the expense of understanding. -Sir Albert Howard

To cultivate one's garden is the politics of the humble man.--Chinese Proverb

Since you asked, why call it **Mapple** Farm? When we first laid eyes on the property where it was born, we were struck by the wealth and beauty of its maples and apples, favorite trees and flavors of ours. It seemed fitting to contrive a word which voiced this so, . . . “Mapple” . . . apple with an “M” in front, or maple with an extra “P”.

UNCOMMONLY GOOD BEANS

(Phaseolus vulgaris)

BLACK COCO—Superb as a fresh snap bean, a shell bean or dry bean; an excellent all-purpose bean choice. This heirloom bush plant yields big at all stages and its delicious flavor is renowned. When dried, the beans resemble plump, shiny, black marbles--delightful in soups, stews, dips and chili.

GAUCHO—Looking for something special to feature in your Latin American or Tex-Mex dishes? You'd hardly do better than this heirloom from Argentina. These burnt orange beauties provide hearty fulfillment inside burritos, enchiladas and so much more. The earliness of this bush plant to dry up makes it a cinch to work with.

PURPLE PEACOCK POLE BEAN-- Pole beans yield heavier and longer than bush beans. This variety takes to early planting and cool conditions better than other pole beans and crops fast. It displays striking pink blossoms before yielding flavorful, gorgeous deep purple snap beans.

**Bean Packets are 20 grams
@ \$3.50 each**

OUTSTANDING PERENNIALS

CHINESE ARTICHOKE

(Stachys affinis)

This little known perennial surely deserves greater recognition. It yields small, crunchy tubers with a pearly translucence and a subtle, sweet taste.

Shaped like little Michelin men or pop beads, Chinese Artichokes are as striking in appearance as they are versatile to prepare. In Oriental cooking, they're usually pickled or stir-fried. In France, they (known as *croznes*) are featured in creamed soups, simply steamed in butter, or served raw.

Hardy and a cinch to grow, this mint family member takes up little space, averaging 18 inches (45 cm) high and an 8 inch (20 cm) spread.

Our Chinese Artichokes store in the ground through winter. Shipping of these await the spring thaw here—usually in April. Order for spring planting.

6 tubers/\$13.50 12 tubers/\$19.75
(Prices are Postpaid—shipping included.)

Chinese Artichokes grow so easily that they're known, in some quarters, as invasive. Annual harvesting, as well as replanting with correct spacing, works for us.

Some like to contain them in beds, boxes or pots.

EGYPTIAN ONIONS

(Allium cepa)

Also known as topset, walking or winter onion, this is an extraordinarily hardy perennial. A popular standard in gardens a century ago, the Egyptian onion produces bulbs at ground level, huge onion greens (great for stuffing) and, atop the greens, clusters of pearl-sized onions--good picklers.

A very interesting plant to watch grow. As the topset onions enlarge, their weight forces the greens to bend down. When the topset onions then reach the ground, they root and the cycle begins again. We ship bulbs for fall planting.

6 bulbs/\$13 12 bulbs/\$19
(Prices are Postpaid—shipping included.)

DISTINCTIVE TOMATO SEED (*Lycopersicon esculentum*)

EARLIEST REDS

LATAH*--Over the years, we've tried hundreds of different varieties in the search for a good, early tomato. In this category, *Latah* is in a class by itself. It's given us mature fruit in July after starting from seed as late as May!

Even gardeners from the far north who thought growing a ripe tomato was impossible have become converts. In areas where blight is a common problem, *Latah* often crops before devastation sets in.

This bush variety pumps out 2 to 3 inch (5-7.5 cm) slightly flattened fruit with superb flavor through 'til frost. An exceptional find!

BRADLEY-- Though just after *Latah*, *Bradley's* production is more concentrated early in the season. Amazing numbers of tomatoes on a fairly small bush plant. Its orange-to-red fruit is egg shaped and 2-3 inches (5-7.5 cm) long. Delicious and reliable, *Bradley* holds well on the plant--not a variety that demands just-in-time harvest or will soften or crack.

MOUNT ROMA*--Densely packed with firm, meaty flesh, here's our favorite sauce/plum/paste type and top choice for green tomatoes -- superb in chow and relish recipes. Bountiful crops on space-saving bush plants are ready in a hurry.

BLACK PLUM*--This mid-season indeterminate yields some of the best tasting tomatoes around. Quite a complex flavoring, suggesting a natural smokiness and even tropical fruit undertones. Stunningly attractive, these 2.5"/6 cm "plums" offer tomatoes with a rare color: brown with a dark mahogany crown. Huge crop and super on the kabob or in salads.

ITALIAN HEIRLOOM -- At perhaps the largest tomato taste competition in North America, *Italian Heirloom* took top honors. And these are **big** red tomatoes! Our first specimen weighed over 650 g. All fruits are a pound or more. And yet they always start to mature for us in August.

EARLY MARKET REDS

NORTHERN DELIGHT*--The earliest "market-sized" (over 3 oz./85 g.) tomato we've come across. This bush variety has a lot going for it: great taste, terrific crack and disease resistance with big yields of red fruits.

MOUNTAIN PRINCESS*--Just a touch later than *Northern Delight* with somewhat larger fruits and a greater overall yield. This Appalachian heirloom features soft-skinned tomatoes, very juicy delicacies.

EARLY ANNIE--Yes, Annie, this bush cultivar is early and a long time favorite of seed savers. Lots of 3" (7.5 cm) round, flavorful tomatoes.

KALINKA---From Belarus, this early bush selection's reputation is going global. For good reason: high-yielding clusters of tasty fruits, from 4 oz. (100+ g.) to twice that size.

LEGEND -- Unreal how early such large tomatoes ripen! Maybe it's because this determinate is parthenocarpic (able to set fruit without pollination). Four to five inch (10-12.5 cm) picture perfect round red fruit are wonderfully flavorful. Bonus: late blight resistance and nearly seedless (so not available in volume packs).

SPECIALTIES

WONDERBERRY (*Solanum burbankii*)-- Also named *Sunberry*, *Wonderberries* are neither a tomato nor a garden huckleberry but are related to both. They hang in dozens of clusters on the plant. Each cluster carries 8 to 12 dark blueberry sized berries. Quick to ripen and prolific.

Their intriguing flavor makes for unique pies and jellies--plus a good dried fruit candidate. We're told it also makes an awfully good wine.

INDIAN TOMATILLO (*Physalis ixocarpa*)--Also known as *tomate verde* or *Mexican green tomato*, tomatilloes grow like tomatoes but come naturally packaged in Chinese-lantern-like husks. Regarded as essential for a genuine salsa.

This particular strain yields tart green fruits for Mexican fare or, if left to ripen further, 2" (5 cm) golden fruits that are sweet and suggestive of citrus (prime, preserve material).

Indian Tomatilloes are early and productive.

All our seed listings are open-pollinated (non-hybrid).

Packets on pages 4-5 contain 20 or more seeds @ \$3.50. Volume Packs hold 50 or more seeds @ \$5.25 each. Seed variety names marked with an asterisk (*) are available in bulk @ \$20 per 5 grams or \$35 per 10 grams.

MINI REDS AND PURPLES

SWEET 100 RED OP--"OP" stands for Open Pollinated to avoid confusion with the once popular hybrid version of this plant. This very large, productive indeterminate bears 1" (2.5 cm) round, red fruits with a perfect sweet-acid balance.

UNA HARTSOCK--Luscious, super juiciness in an elegant violet skin. Elongated--picture a grape but considerably larger. Unmatched color, taste and form. A very productive indeterminate.

TEARDROP--Usually torpedo-shaped, sometimes resembling a teardrop, the red fruit of this variety is a "cherry" of unique proportions. It has a nice crunchy firmness, a trait that makes it especially durable and relatively immune to cracks and splits.

TOMMY TOE--Our largest cherry fills up containers in record time. Bring lots of boxes because these large plants are ultra-high yielders of faultless, red fruits. A mid-season beauty widely known as a taste test champ.

MINI YELLOW TOMATOES

YELLOW PLUM--An early indeterminate and incredibly huge producer of golden, low acid, small (but larger sized than "cherry tomato") plum-shaped fruits. A touch of tartness combines with a light sweetness for a fabulous flavor.

COYOTE-- Clusters of small yellow fruit cover this indeterminate from Mexico. Sweet as candy--terrific treats for children of any age. Bonus: a far more than usual disease and frost resistance.

BLOND KOPFCHEN--You simply won't believe the mass of blossoms this indeterminate will produce! A fellow grower aptly describes the crop as "small golden drops of sunshine."

SWEET 100 YELLOW OP--"OP" stands for Open Pollinated to avoid confusion with the once popular hybrid version of this plant. This very large, productive indeterminate bears 1" (2.5 cm) round, yellow fruits with a perfect sweet-acid balance.

SWEET ORANGE II -Tangerine colored, bite-sized orbs with sweet, bright tangy flavor grow on large plants. Resembles the hybrid, Sungold. Early with huge yields.

SUPERB STORAGE

MYSTERY KEEPER*--We've tried a few "long keeper" type tomatoes but none has succeeded for us like *Mystery Keeper*. "Storage" tomatoes aren't meant to be eaten in season so there isn't the pressure to get them started and set out extra early for quickest production. Harvest just after they begin to lighten a bit from their greenest stage but before frost hits. Enjoy as they so gradually ripen indoors through fall and winter when tasteless, expensive tomatoes move onto store shelves.

Like other keepers, *Mystery Keeper* ripens from the inside out which takes some getting used to. While the outside skin may still be olive, orange or pink, once cut open, you'll find ripe red flesh, a touch more acid flavored than vine-ripened tomatoes.

The *Mystery Keeper* seeds we offer are the progeny of fruits harvested in late September/early October that lasted to Easter! They weren't coddled in any way--no wrapping, cold room, or special lighting conditions; just sitting in boxes or bowls on the kitchen counter.

I am way impressed with the Latah tomato. 11 March - "sowed" the seed . . . 4 July - eating Latah tomatoes! None of the other full size tomatoes are even close to harvest.

R.G., Constance Bay ON

Mystery Keeper! Ate the last tomato on our wedding anniversary, June 29th. We put it aside to see how long it would last but we thought a special day was the perfect time to cut into it.

S.P., Chase BC

UNCOMMONLY GOOD GARDEN SEED

PARADE CUCUMBER (*Cucumis sativus*)

Cukes perform best when the weather gets warm. But *Parade*, of Russian lineage, knows what cold is and pumps out, in record time, a vast number of fruit on such a small bush plant. Bearing cukes of 2-5" (5-12.5 cm), *Parade* yields both picklers and small slicers.

Packet: 20 seeds Volume Pack: 50 seeds

TURKISH ROCKET (*Bunias orientalis*)

It's known as one of the most hardy and long-lived winter salad greens, the first and last greens of the season. The large strap-like leaves of this perennial are usually prepared as a slightly cooked green. Turks quick-stew it in tomato juice; finely chopped, it adds bite, blended with dips or spreads.

Packet: 12 seeds Volume Pack: 30 seeds

FRENCH SCORZONERA (*Reichardia picroides*)

European permaculture growers positively gush over this intriguing salad plant. About the size of corn salad, this lettuce relative produces mild, slightly sweet leaves in 10 weeks after direct seeding. It responds well to cut-and-come-again harvests and is virtually slug-proof. The small (lettuce-like) seed we offer is not thoroughly cleaned but a packet will sow a few dozen plants.

Packet: 100 milligrams

SHOSAKU GOBO (*Arctium lappa*)

Hardy and healthy, gobo (or edible burdock) hails from Siberia but credit the Japanese for developing it as a valued food item. Distinct from wild burdock, *Shosaku's* carrot-like root is wonderful whether sautéed, stir fried, pickled, or in tempura. High in calcium and iron, even the young leaves and stems are enjoyed as lightly cooked spring delicacies.

Packet: 2 grams

I ordered the Parade cucumbers. I've never seen such productive plants.

C.B., Moncton NB

I tried 4 different gobo last year—yours BEST!

G.B., Winlaw BC

MELONS

(*Cucumis melo*)

NUTMEG MELON-- Melons, grown and ripened to perfection, are the epitome of an elegant, delicious dessert. The limiting factor is having a season that's warm and long enough to produce them. Enter *Nutmeg*, popular for over 200 years now. The seed we offer was originally sourced from cool Cape Breton. Remarkable for its earliness, *Nutmeg* easily matures its compact fruits at Mapple Farm even when direct seeded.

Packet: 12 seeds

OKA MELON-- Of Quebec origin, this heirloom is a northern favorite—a medium sized, green-ribbed, orange-fleshed melon with superb flavor.

Packet: 12 seeds

MONTREAL MARKET MELON--

It's hard to believe this 19th century heirloom virtually disappeared after World War II. A melon that has it all: mouth-watering flavor, earliness, plenty of weight and good looks, complete with netting and ribs. No wonder it's making such a strong comeback!

Packet: 12 seeds

*They're extremely fond of these gardens . . . it would be hard to find any feature of the town more calculated to give pleasure and profit to the community--which makes me think that gardening must have been one of the founder's special interests.
—from Utopia by Thomas More*

SQUASH & PUMPKIN

BANANA SQUASH (*Cucurbita maxima*)

A rare heritage variety, this moist winter squash is perfect for soups and dessert (think pies, puddings and custards) as well as a main course vegetable. *Banana Squashes* are shaped, well, somewhat like huge bananas but colored orange-yellow. A superb keeper and productive – our first try resulted in a plant that yielded 7 fruits, each weighing 7 lb/3.2 Kg.

Packet: 12 seeds Volume Pack: 30 seeds

GOLDEN HUBBARD SQUASH (*Cucurbita maxima*)

This 19th century strain features that fine, rich Hubbard flavor and, though not the biggest or the smallest, is among the earliest in the Hubbard family. Ideal for baking, these beautiful, rounded, orange, warted fruits average 5 lb. (2¼ Kg) or better and store superbly.

Packet: 12 seeds

GILL'S GOLDEN PIPPIN (*Cucurbita pepo*)

Highly regarded as one of the best tasting acorn types around, its unique shape and size attract special attention as well. The small golden fruits are just right for an individual serving and custom-made for stuffing. Though each squash is small there are oodles of them per plant.

Packet: 12 seeds

BUTTERBUSH (*Cucurbita moschata*)

Smaller plants and fruits than other Butternuts makes *Butterbush* perhaps the easiest moschata species to grow in Canada. Manageable sizes combine with quick and abundant yields. The shape is typical Butternut (like a vintage thermometer): long-necked with a bulbous end. The delicious flesh is moist, sweet and smooth. Outstanding keeper.

Packet: 12 seeds

The Banana Squash were also excellent and super early. We ate them stuffed with a ground pork, rice and herb mixture and they were delicious.

R.H., Grande-Digue NB

I grew your Styrian Pumpkins last year and loved them. The seeds were big and plump.

J.A., Cornhill NB

The Black Zucchini seed I bought from you were terrific. The zucchini (after I cured them in the sun for a couple of weeks) lasted into late March in storage.

P.Z., Limekiln NB

FISHER'S ACORN

(*Cucurbita pepo*)

To our knowledge, Mapple Farm is the only commercial source for this variety. Help us keep alive this family sized (2.5-4 pound or 1-2 kilogram) smooth textured acorn with flavorful, moist, sweet flesh. It produces dark green fruits generously and early that gradually turn orange in storage.

Packet: 12 seeds

HONEY BOAT SQUASH

(*Cucurbita pepo*)

These elongated golden spheres with green ribs grow in huge numbers and keep very well. This *Delicata* type is scrumptious stuffed or baked on its own. The perfect size for feeding one or two people.

Packet: 12 seeds

STYRIAN HULLESS PUMPKIN

(*Cucurbita pepo*)

Crack open this pumpkin to find a treasure trove of nutty flavored seeds with no hulls to work through. They're great dried and/or roasted and also yield an oil, used as commonly in parts of Austria as olive oil in Italy. Seed from the "Green Gold of Styria" is renowned for its medicinal, nutritional and culinary values.

Packet: 12 seeds

ZUCCHINI, BLACK (*Cucurbita pepo*)

A dark green skinned, fine-flavored zuke. The traits most appreciated in this large bush selection: earliness, vigorous growth and heavy yields of excellent quality fruits.

Packet: 20 seeds

<p>Seed Packets are @ \$3.50. Volume Packs are \$5.25.</p>
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MAPPLE FARM ORDER SHEET

Please Place Seed Orders By April 30th

Name

Address:

Postal Code:

Should we need to reach you quickly about your order:

Phone:

E-Mail:

Seed from pages 3-7 At \$3.50 per Packet or \$5.25 per Volume Pack	SEEDS ORDER FORM			
	Packets	Volume		
		Packs	Bulk	Amount
Tomato, Latah				
Tomato, Bradley				
Tomato, Northern Delight				
Tomato, Mountain Princess				
Tomato, Early Annie				
Tomato, Kalinka				
Tomato, Legend				
“, Sweet 100 Red OP				
“, Sweet 100 Yellow OP				
Tomato, Una Hartsock				
Tomato, Teardrop				
Tomato, Tommy Toe				
Tomato, Yellow Plum				
Tomato, Coyote				
Tomato, Blond Kopfchen				
Tomato, Sweet Orange II				
Tomato, Mount Roma				
Tomato, Italian Heirloom				
Tomato, Black Plum				
Tomato, Mystery Keeper				
Wonderberry				
Indian Tomatillo				
Bean, Purple Peacock Pole				
Bean, Black Coco				
Bean, Gaucho				
Squash, Banana				
Squash, Golden Hubbard				
Squash, Butterbush				
Squash, Honey Boat				
Gill’s Golden Pippin				
Fisher’s Acorn				
Zucchini, Black				
Styrian Hulless Pumpkin				
Melon, Nutmeg				
Melon, Oka				
Melon, Montreal Market				
Parade Cucumber				
Turkish Rocket				
French Scorzonera				
Shosaku Gobo				
Shipping & Handling				5.00
Seeds Subtotal				
Enter this amount in Totals Table on the right				

OUTSTANDING PERENNIALS

	Quantity	Amount
Chinese Artichokes		
Egyptian Onions		
Outstanding Perennials Subtotal		
Enter this amount in Totals Table below		

TOTALS TABLE

Seeds Order Form Subtotal	
Outstanding Perennials Subtotal	
Grand Subtotal	
Enter 13% HST in ON Enter 15% HST in NB, NS, NL, PEI Enter 5% GST (in the rest of Canada) or any revised sales tax (RevCan #12402 1080 RT0001)	
Grand Total	

- Please check here if you are a new customer.
- Check for an email rather than paper brochure in future.

Send cheque or money order to:
 Maple Farm
 129 Beech Hill Rd.
 Weldon NB E4H 4N5

Or remit by e-money transfer to:
[<gdfwingate@gmail.com>](mailto:gdfwingate@gmail.com)

**THANK YOU
FOR YOUR ORDER**