



Mental Health Sunday
Join us July 14, 2019
for a
Mental Health Discussion

Guest Professional Speakers
11:00 am
Courtyard Marriott-Concord
7201 Scott Padgett Parkway
Concord, North Carolina 28027

Dress Comfortably

Kingdom Fellowship International
Monica L. Sanders, M. Div.
Senior Pastor

Order of Program

Praise Song

Opening Prayer

Welcome

What is Mental Health?

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

Over the course of your life, if you experience mental health problems, your thinking, mood, and behavior could be affected. Many factors contribute to mental health problems, including:

- Biological factors, such as genes or brain chemistry
- Life experiences, such as trauma or abuse
- Family history of mental health problems

Mental health problems are common but help is available. People with mental health problems can get better and many recover completely. Source: <https://www.mentalhealth.gov/basics/what-is-mental-health>

Introduction of Speakers

Ms. Delores Burrill, MSW, Clinical Social Worker/Therapist



Ms. Burrill received her B. S. Degree in Employee Assistance Counseling in 1993 from Franklin University in Columbus, Ohio. She later received her Master of Social Work Degree (MSW) from Catholic University of America in Washington, D.C. in 1997. A native of the Washington, D. C. area, Ms. Burrill is also a Vietnam Era Vietnam servicing a total of 8 years, both active duty and reserve, in the U.S. Air Force. Ms. Burrill has experience in renal social work; pediatric and adult oncology; child welfare; medical social work; hospice care; grief and loss and trauma interventions and experience as a military Family Advocacy Program Manager and Sexual Assault Response and Prevention Coordinator. As an eclectic clinician Ms. Burrill utilizes various modalities to include:

Solution-Focused; Mindfulness Cognitive-Behavioral interventions; Crisis Intervention and Trauma Focused interventions, depending on the needs of the client. Ms. Burrill accepts ALL individuals 'WHERE THEY ARE' and assist them in their journey towards healing.

Ms. Burrill is currently licensed in North Carolina and South Carolina and is in private practice at Morning Light Wellness, PLLC in Charlotte, NC. Her favorite motto: *Those who unlock your compassion are those to whom you have been assigned.*”

Mrs. Tanjela Hall MA, LPCA



Tanjela Hall is a strong advocate for healthy living, she integrates her knowledge of Mental wellness and Kingdom principles to empower and influence change in the lives of the people she aids. Her passion is to see the goodness of the Lord in the land of the living. As a result of her vision, she shares her knowledge with precision and simplicity to all she encounters. Mrs. Hall helps individuals understand mental health and become aware of the importance of Godly wisdom, HIS power along with the importance of proper nutrition/diet and the benefits of cognitive maturity. She makes others aware of the wisdom in financial decision making and introducing the tools for preventing diseases. Her professional and personal interest focus exclusively on increasing the Kingdom of God's impact on the earth and for the People of God to be victorious in this life time.

Mrs. Hall received her Bachelors in Biology from University of North Carolina/Charlotte, Masters in Professional Counseling from Liberty University, Lynchburg VA. She is currently working as a Provisionally-Licensed Therapist at The Center for Emotional Health located in South Charlotte where she helps individuals from all walks of life suffering from mental illness.