

**Palo Dulce (Kidneywood, *Eysenhardtia polystachya*)**

The Kidneywood tree grows mostly in Mexico and southern Arizona under 10,000 feet in altitude. It is most often found along forest edges and water sources, and can grow between 10-25 feet tall. Fun fact: a decoction of the bark can be used to treat a wide range of urinary disorders.

