

# THE WARRIOR'S JOURNAL

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Training Day 4

Yesterday was great! All flights first visited the Barksdale chapel for an awesome presentation about the Thunderbirds by Lt Col. Santana. Next, we drove over to see how the Air Force Base honor guard performed ceremonies and how they kept their bearing. Cadet Chief Master Sergeant Aceves said "It was a good demonstration of one of our Core Values, and we should all strive for Excellence." We then headed over to the Barksdale Fire Department where enlisted Air Force firefighters taught us how their department ran and how they used their equipment. They taught the cadets how to drag a person out of an emergency. They even let the cadets practice on their dummy that weighed 175 pounds! Finally, we traveled back to the Barksdale chapel and had flight time. It was a busy day, and rest was much deserved.

Congratulations to Alpha for earning Honor Flight.

Way to go Charlie for being Warriors.

