



## **Horsemanship Day**

### *Girl Scout Horseback Riding Badge Outline*

#### **Step 1:**

*Invite an expert to talk to your troop*

##### I. Basics of Horseback Riding

- A. Discuss proper riding/barn attire
- B. Differences between Western and English riding
- C. Horse Equipment
  - 1. Bridle & saddle parts-each student will get a hand-out

#### **Step 2:**

*Spend time with a groom at a riding stable*

##### II. Safety & Horse Care

###### A. Safety

- 1. how to approach the horse
- 2. no walking behind horse
- 3. no dropping reins/leading ropes
- 4. no screaming/running
- 5. doing everything from the left/near side-horses are creatures of habit

###### B. Anatomy & Behavior

1. Students follow worksheet while instructor points out parts on horse
- C. Horse Nutrition
1. Differentiate between flakes & bales/types of hay
- D. How to clean a stall

**Step 3:**

*Take lessons at a horseback riding stable*

III. Grooming & Tacking

- A. Lead a horse safely & tie properly
- B. Discuss grooming tools & how to properly groom a horse
- C. Tack up the horse

**Step 4:**

*Take lessons at a horseback riding stable*

IV. Basics of Riding

- A. Mount & dismount properly
- B. Sit balanced and hold reins correctly
- C. Learn how to walk, stop, steer a horse

**Step 5:**

*Take lessons at a horseback riding stable*

V. Riding

- A. Riders walk horses through an obstacle course
- C. Competent riders learn to trot
- D. Untack the horse & clean equipment

\*\*\*Each step meets the requirements from the Horseback Riding Badge handbook

All 5 steps can be completed in about 2 ½ hour span.

So that we can prepare for your arrival, reservations must be booked at least one month prior to the horsemanship day along with a 25% non-refundable deposit. Liability releases will be emailed ahead of time and need to be printed and filled out by parents and Scouts along with payment upon arrival to the stables. If you can complete these before, then there will be more time for the scouts and less time spent on administrative duties. Thank you and we look forward to a meeting you!

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Per Girl Scout Price - \$45 (not including badge)