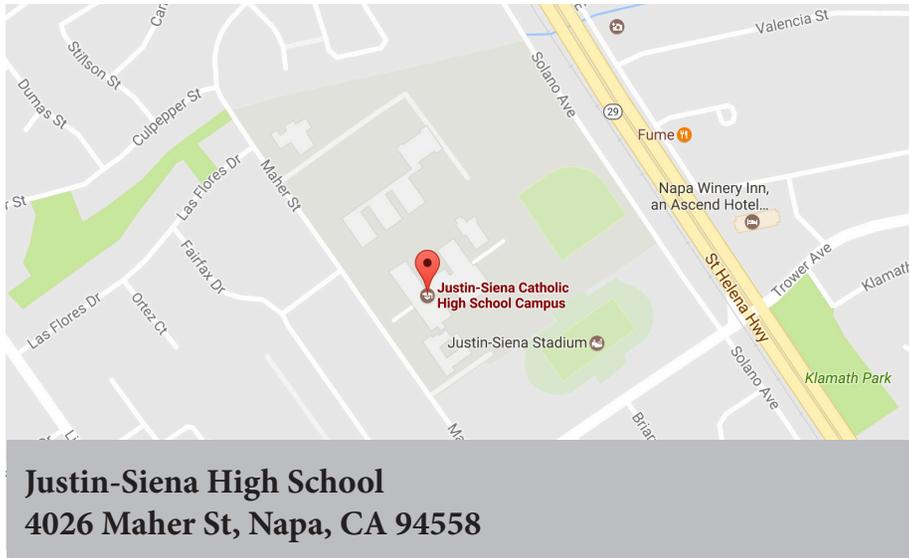


Frequently Asked Questions

Where is the camp?



What equipment should I bring?

Advanced and Intermediate players must bring their own equipment. (Helmet, shoulder pads, elbow pads, gloves, stick, mouthpiece.) Beginners are not required to bring any equipment and will be provided a stick if they do not have their own.

How do I make the payment?

Payments can be made online at www.justin-siena.org/page/summer during registration.

CONTACT US:



**John Murray, Director
Varsity Head Coach
Justin-Siena High School**

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BOYS LACROSSE SUMMER CAMP

**Get involved in the fastest
growing sport in America!**

**JULY 17-21
GRADES 1-8**

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BEGINNER (GRADES 1-3)

8:00AM-10:00AM

Beginner will focus on learning the game of Lacrosse. How to scoop ground balls, how to cradle, and how to pass. They will also learn the rules of the game and play no-contact lacrosse to experience how the game is played. Sticks will be offered with admission to the camp for players who don't have a stick.

INTERMEDIATE (GRADES 4-5)

9:00AM-1:00PM

Intermediate level will pick up the intensity of the lacrosse training with more position specific training (attack, midfield, defense, goalie, faceoff) as well as team Lacrosse skills. These players will go more in-depth in skill development specific to their position.

ADVANCED (GRADES 6-8)

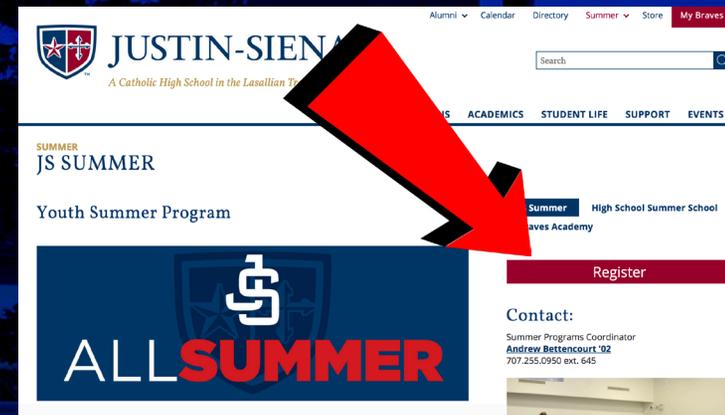
11:00AM-3:00PM

Advanced players will receive the best individual skill training from high school, college, and professional players. They will learn all the inside tips and tricks to becoming the best Lacrosse players possible.

CAMPERS WILL RECEIVE:

- Official Justin-Siena practice pinnie
- Brand new STX beginners stick for those who don't have their own.
- Instruction from highly experienced DI and DIII College players along with Professionals.

REGISTER ONLINE!



1. Visit: www.justin-siena.org/page/summer
2. Click 'Register' on right side of page

Cost: \$225

***Lunch is not provided**