

English Cucumbers
\$1.99 /ea

Grapefruit
\$2.99 /ea
3LB BAG

Cauliflower
\$3.99 /ea

Rainbow Pack Peppers
3's.
\$4.99 /ea

Potato Company Potatoes
Boomer Gold/Terrific Trio.
680g.
\$2.99 /ea

Gala Apples
\$1.29 /lb

D'italiano Bread & Buns
6's.
2/\$5

Compliments Muffins
6'.
\$3.99 /ea

Slaws
LARGE FAMILY SIZE WHEAT
\$2.99 /ea

Shaw's Bread
White or Whole Wheat.
Family Size: 680g.
2/\$5.99

westfort
FOODS

Your neighbourhood grocer since 1998

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Striploin Roasts
Incl Steaks.
(\$15.41/kg)
\$6.99 /lb

Campbell's Soups
Top 4 Favourites.
284ml.
4/\$3

Kraft Dinner
ORIGINAL
5/\$5

Kraft Dinner
Original Only.
225g.
\$1.99 /ea

Tropicana Juices
1.54-1.75 Litre.
2/\$7

Pillsbury Pizza Pops
400g.
\$1.99 /ea

Strawberries
1lb.
\$3.99 /ea

Compliments Salads
426-454g.
\$1.99 /ea



Classico Pasta Sauce
218-650ml.

2/\$5



Folgers Coffee
642-975g.

\$7.99 /ea



Rice Krispie Squares, Pop Tarts & Nutrigrain Bars Kellogg's.
125-400g.

2/\$5



Pork Quarter Loins
(\$4.83/kg) Roast or Chops.

\$2.19 /lb



Whole Chickens
(\$6.59/kg)

\$2.99 /lb



Pork Side Ribs
(\$6.59/kg)

\$2.99 /lb



Old Dutch XXL Chips & Ridgies
220-255g. & 425g Dips.

2/\$6



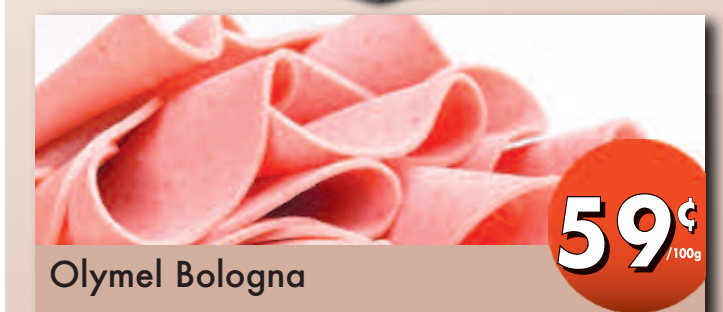
Christie Cookies
170-350g.

2/\$7



Lay's XXL Chips
230-250g.

2/\$6



Olymel Bologna

59¢ /100g



Compliments Pepperoni Chub
500g. Incl. Salami.

\$3.99 /ea



Aunt Jemima Syrup & Pancake Mix
750ml Syrup & 905g Mix.

2/\$6



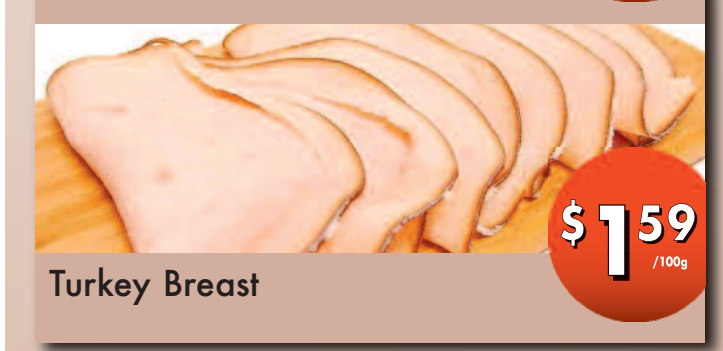
Maxwell House Instant Coffee
150g.

\$4.99 /ea



Compliments Jam
500ml.

2/\$7



Turkey Breast

\$1.59 /100g



Jumbo Summer Sausage

\$2.39 /100g



Crisco Canola or Vegetable Oil
1.42 Litre.

\$4.99 /ea



Kraft Salad Dressings
475ml.

2/\$5



Kraft Parmesan Cheese
250g.

\$6.99 /ea



Yop Yogourt Drinks
200ml.

5/\$5



McCain Fries
1.5kg.

\$3.99 /ea



Swanson Hungryman Dinners 360-455g.

\$3.99 /ea



Compliments Fruit/Berries
300-600g.

\$3.99 /ea



Royale Facial Tissue & Tiger Towels
6's.

\$6.99 /ea



Dawn Ultra Dish Liquid
532ml.

2/\$5



Royale Bathroom Tissue
8-12's.

\$6.99 /ea



Lactania Cream 473ml-1L. (Whip, Fat Free, 5 & 10%)

\$2.99 /ea



Astro Original Yogourt or Smooth & Fruity. 12's

2/\$7



Imperial Margarine
907g.

\$3.49 /ea