

IMPORTANT: This is a "typical" week at AMEN House, but it can change according to the needs of our partner organizations. Please communicate any scheduling preferences to the AMEN Director with **at least two months' notice** so we can work with you!

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 AM							
8:00 AM							Clean, pack, AMEN surveys, and head out!
8:30 AM		Transit	Transit	Transit	Transit	Transit	
9:00 AM		9 am - 12 pm	9 am - 12 pm	9 am - 12 pm	9 am - 11 am	9 am - 12 pm	Thank you for serving at AMEN St. Louis!
9:30 AM		Work Site	Work Site	Work Site	Work Site	Work Site	
10:00 AM							
10:30 AM							
11:00 AM					Lunch		
11:30 AM							
12:00 PM		Lunch	Lunch	Lunch	Transit	Lunch	
12:30 PM							
1:00 PM				Museum Visits	1 pm - 4 pm		
1:30 PM		Discussion: What is racism?	1:30 pm - 3:30 pm Work Site	Understanding the history of St. Louis, guided by AMEN Staff	St. Louis Food Bank Packing & Sorting	Free afternoon & evening - explore STL!	
2:00 PM							
2:30 PM		Free Time / Dinner					
3:00 PM			Free Time				
3:30 PM					Transit		
4:00 PM							
4:30 PM							
5:00 PM	Welcome & Orientation by AMEN Staff			Dinner & Free Time	Dinner & Free Time		
5:30 PM		Transit					
6:00 PM		6 pm - 8 pm					
6:30 PM		Church on the Streets [Food outreach ministry]	6:30 - 9 pm Neighborhood Outreach Human Foosball & Pizza 3227 Morgan Ford				
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							
10:00 PM							
		Free time					
		Discussion / Programming led by AMEN Staff					
		Service Site					