

כּוֹס־יְשׁוּעוֹת אֲשָׂא, וּבִשְׁם יְהוָה אֶקְרָא:
אֲנֵא יְהוָה הוֹשִׁיעָה נָא, אֲנֵא יְהוָה
הַצְּלִיחָה
בְּרוּךְ הָבֵא בְּשֵׁם יְהוָה, בְּרִכְנוֹכֶם מִבֵּית
יְהוָה:

אֵל יְהוָה וַיָּאָר לָנוּ, אֶסְרוּחַג בַּעֲבַתִּים,
עַד קִרְנוֹת הַמִּזְבֵּחַ: אֱלֹהִים יַחַנְנוּ
וַיְבָרְכֵנוּ, יָאֵר פָּנָיו אֶתְנוּ סֵלָה: הִבְהִילְנוּ
עֲזֵרַת מִצְרַיִם, וְשׂוֹא תִשׁוּעַת אָדָם: בְּאֱלֹהִים
נַעֲשֶׂה־חֵיל, וְהוֹאִיבוֹס צָרֵינוּ: בְּאֱלֹהִים
נַעֲשֶׂה־חֵיל, וְהוֹאִיבוֹס אֵיבֵינוּ: בְּאֱלֹהִים
הִלְלֵנוּ כָּל־הַיּוֹם, וְשִׁמְדוּ לְעוֹלָם נוֹדָה
סֵלָה:

בְּאֱלֹהִים אֶהְלֵל דְּבַר, בִּיהוָה אֶהְלֵל דְּבַר:
בְּאֱלֹהִים אֶהְלֵל דְּבָרוֹ, בְּאֱלֹהִים בָּטַחְתִּי לֹא
אִירָא, מִהֲיַעֲשֶׂה בְּשָׂר לִי: בְּאֱלֹהִים
בָּטַחְתִּי לֹא אִירָא, מִהֲיַעֲשֶׂה אָדָם לִי:
יְהוָה לִי לֹא אִירָא, מִהֲיַעֲשֶׂה לִי אָדָם:
יְהוָה לִי בְּעֲזָרִי, וְאֲנִי אֶרְאֶה בְּשִׁנְאֵי: טוֹב
לַחֲסוֹת בִּיהוָה, מִבָּטֹחַ בְּאָדָם: טוֹב לַחֲסוֹת
בִּיהוָה, מִבָּטֹחַ בַּנְּדִיבִים: אֶל־תִּבְטְחוּ
בַּנְּדִיבִים, בְּבִן־אָדָם | שְׂאִין לוֹ תִשׁוּעָה:

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
הַמְּבַדִּיל בֵּין קֹדֶשׁ לְחָל, בֵּין אֹר לְחֹשֶׁךְ,
בֵּין יִשְׂרָאֵל לְעַמִּים הַפְּרָאִים, בֵּין טָמֵא
לְטָהוֹר, בֵּין שֶׁשֶׁת יְמֵי הַמַּעֲשֶׂה לְיוֹם
הַשְּׁבִיעִי: כִּפְתּוּב, וְהֵייתָם לִי קֹדְשִׁים כִּי
קְדוֹשׁ אֲנִי יְהוָה, וְאֲבַדֵּל אֶתְכֶם מִן־הָעַמִּים
לְהֵיזֹת לִי: וְכִתּוּב, וְלִהְבְּדִיל בֵּין הַקֹּדֶשׁ וּבֵין
הַחָל, וּבֵין הַטָּמֵא וּבֵין הַטָּהוֹר: וְלַהֲוֹרֶת
אֶת־בְּנֵי יִשְׂרָאֵל, אֶת כָּל־הַחֲקִים אֲשֶׁר

דְּבַר יְהוָה אֲלֵיהֶם בְּיַד־מֹשֶׁה:
אֱלֹהֵינוּ וְאֱלֹהֵי אֲבֹתֵינוּ, הָחַל עָלֵינוּ שֶׁשֶׁת
יְמֵי הַמַּעֲשֶׂה הַבָּאִים לִקְרֹאתָנוּ לְשָׁלוֹם
וְלִשְׁלוֹה, לְשִׁשּׁוֹן וְלִשְׁמַחָה, לִישׁוּעָה
וְלִנְחָמָה, לְפָרְנֶסָה וְלְכֻלְכַּלָּה: חֲשׂוּכִים מִכָּל
דְּבַר רָע, וּמַצְלִים מִכָּל חַטָּא וְעוֹן וְעִבְרָה:
וּמִדְּבָקִים בְּלִמּוּד וְהִגְיוֹן תּוֹרַתְךָ, וְחֲנוּנִים
מֵאֵתְךָ חֲכָמָה דַּעָה וְהַשְּׁכַל וּבִינָה:
וְלֹא קִנְאָתָנוּ וְשִׁנְאָתָנוּ תַעֲלֶה עַל לֵב אָדָם:
וְלֹא קִנְאָת וְשִׁנְאָת אָדָם תַעֲלֶה עַל לִבְנוֹ:
וְכֹל הַיַּעַץ עָלֵינוּ עֲצָה טוֹבָה וּמַחֲשָׁבָה טוֹבָה
קִיְמָהוּ וְקִיָּם עֲצָתוֹ: כְּאִמּוֹר, וְחֲנַתִּי
אֶת־אֲשֶׁר אֲחֹק, וְרַחֲמַתִּי אֶת־אֲשֶׁר אֲרַחֵם:
וְכֹל הַיַּעַץ עָלֵינוּ עֲצָה רָעָה וּמַחֲשָׁבָה רָעָה,
קִלְקַל מַחֲשָׁבָתוֹ, הַפֵּר עֲצָתוֹ:
כְּאִמּוֹר עֲצוּ עֲצָה וְתִפְרָה, דְּבָרוּ דְבַר וְלֹא
יִקּוּם כִּי עֲמָנוּ אֵל: רַבּוֹת מַחֲשָׁבוֹת
בְּלִב־אִישׁ, וְעֲצַת יְהוָה הִיא תִקּוּם: כִּי־יְהוָה
צְבָאוֹת יַעַץ וּמִי יִפֶּר, וַיִּדּוּ הַנְּטוּיָה וּמִי
יִשִּׁיבָנָה:

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
הַמְּפָר עֲצוֹת הָרָעוֹת הַמְּתַרְגְּשׁוֹת
הַמְּתַלַּחֲשׁוֹת מֵעָלֵינוּ, וּמַעַל בְּתֵינוּ וּמַעַל
כָּל בְּתֵי כָּל עַמֶּךָ בֵּית יִשְׂרָאֵל. אָמֵן:
וּבְרוּךְ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמְּבַדִּיל בֵּין
קֹדֶשׁ לְחָל, וְהַנּוֹתֵן לָנוּ שִׁשּׁוֹן וְשִׁמְחָה
וּבּוֹרָא פְּרִי הַגֶּפֶן. אָמֵן:

בְּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
בוֹרָא מִיָּנִי (ואם מקורו בעשב תאמר: עֲשִׂבִי;
ואם מקורו בעץ תאמר: עֲצִי) בְּשָׁמַיִם. אָמֵן:

KOS Yeshu-o't Esa, Uv-shem Adonai Ekra: Ana
Adonai Hoshi-a' Na, **Ana Adonai Hatzlikha**

Na:

Barukh Haba Be-shem Adonai, Berakhnukhem
Mi-bet Adoni:

El Adonai Va-ya-er Lanu, Isru Khag Ba-A'votim,

A'd Karnot Ha-mizbeyakh: Elohim Yekhonenu

Vi-varekhenu, Ya-er Panav Aitanu Sela: Hava

Lanu E'zrat Mitzar Ve-shav Teshu-a't Adam:

Be-lohim Naa'se Khayil, Ve-hu Yavus Tzarenu:

Be-lohim Naa'se Khayil, Ve-hu Yavus Oyevenu:

Be-lohim Hilalnu Kol Ha-yom, **Ve-shimkha**

Le-O'lam Node Sela:

Be-lohim Ahalel Davar, Ba-donai Ahalel Davar:

Be-lohim Ahalel Devaru, Be-lohim Batakhti Lo

Ira, Ma Yaa'se Basar Li: Be-lohim Batakhti Lo

Aira, Ma Yaa'se Adam Li: Adonai Li Lo Aira,

Ma Yaa'se Li Adam: Adonai Li Be-o'zeray,

Va-Ani Er-e Ve-sone-ay: Tov Lakhasot

Ba-donai, Mibeto-akh Ba-Adam: Tov La-khasot

Ba-donai, Mi-beto-akh Bindivim: Al Tivtekhu

Bindivim, Be-ven Adam She-En Lo Teshu-a':

Barukh Ata Adonai Elohenu Melekh Ha-O'lam,

Ha-mavdil Ben Kodesh Le-khol, Ben Or

Le-khoshekh, Ben Yisrael La-a'mim

Ha-Peraaim, Ben Tame Le-tahor, Ben Sheshet

Yeme Ha-maa'se Le-Yom Ha-Shevi-i': Kakatuv,

Vih-yitem Li Kedoshim Ki Kadosh Ani Adonai,

Va-avdil Etkhem Min Ha-a'mim Lih-yot Li:

Ve-khatuv, Ul-havdil Ben Ha-kodesh U-ven

Ha-khol, U-ven Ha-tame U-ven Ha-tahor:

Ul-horot Et Bene Yisrael,

Et Kol Ha-khukim Asher Diber Adonai Alehem,

Be-yad Moshe:

Elohenu Ve-lohe Avotenu, Hakhel A'lenu

Sheshet Yeme Hamaa'se Ha-baaim Likratenu

Le-shalom Ul-shalva, Le-sason Ul-simkha,

Li-shu-a' Ul-nekhama, Le-farnasa Ul-khalkala:

Khasukhim Mikol Davar Raa', U-mutzalim

Mikol Khet Ve-a'von Va-a'vera: U-mudbakim

Be-limud Ve-hegyon Toratekha, Va-khanunim

Me-aitekha Khokhma De-a'a **Ve-haskel U-vina:**

Ve-Lo Kin-atenu Ve-sin-atenu Taa'le A'l Lev

Adam: Ve-Lo Kin-at Ve-sin-at Adam Taa'le A'l

Libenu: Ve-khol Ha-yo-e'tz A'lenu E'tza Tova

U-makhashava Tova Kayemehu Ve-kayem

A'tzato: Ka-amur, Ve-khanuti Et Asher Akhon,

Ve-rikhamti Et Asher Arakhem: Ve-khol

Ha-yo-e'tz A'lenu E'tza Ra-a' U-makhashava

Ra-a', Kalkel Makhashavto, Hafer A'tzato:

Ka-amur U'tzu E'tza Ve-tufar, Daberu Davar

Ve-Lo Yakum **Ki I'manu El:** Rabot

Makhashavot Be-Lev Aish, Va-A'tzat Adonai Hi

Takum: Ki Adonai Tseva-ot Yaa'tz U-mi Yafer,

Ve-yado Ha-netuya U-mi Yeshivena:

Barukh Ata Adonai Elohenu Melekh Ha-O'lam,

Ha-mefer E'tzot Ha-ra-o't Ha-mitrageshot

Ha-mitlakhashot Me-a'lenu, U-me-a'l Batenu

U-me-a'l Kol Bate Kelal A'mekha Bet Yisrael.

Amen: U-varukh Elohenu Melekh Ha-O'lam

Ha-mavdil Ben Kodesh Le-khol, Veha-noten

Lanu Sason Ve-simkha U-vore Peri Ha-gafen.

Amen:

And then bless over the perfume spices:

Barukh Ata Adonai Elohenu Melekh Ha-O'lam

Bore Mine (*And if it is a kind of plant or herb - say:*

I'sbe; And if it is a kind of tree - say: A'tze)

Besamim.Amen:

I will lift up the cup of salvation, and call upon the name of *Adonai*. Save us, we beseech you, O *Adonai*! **O Adonai, we beseech you, send us prosperity.**

Blessed is he who comes in the name of *Adonai*; we have blessed you from the house of *Adonai*. God is *Adonai*, who has shown us light; **bind the sacrifice with cords, to the horns of the altar.** God be gracious to us, and bless us; and let his face shine upon us; Selah: Give us help against the enemy; for vain is the help of man: Through God we shall do valiantly: for He will tread down our enemies. Through God we shall do valiantly: for He will tread down our adversaries. In God we have gloried all day long, **and we praise your name forever; Selah.** In God, whose word I praise; in *Adonai*, whose word I praise: In God, whose word I praise, in God I have put my trust; I will not fear; what can flesh do to me. In God have I put my trust; I will not be afraid; What can man do to me: *Adonai* is on my side; I will not fear; what can man do to me: *Adonai* takes my part with those who help me; therefore I shall gaze upon those who hate me: It is better to take refuge in *Adonai* than to put confidence in man: It is better to take refuge in *Adonai* than to put confidence in generous people: Do not put your trust in generous people, **nor in the son of man, in whom there is no help.**

Blessed are you, *Adonai*, our God, King of the universe, Who creates a difference between the holy and the common, between the light and darkness between Israel and the nations between the impure and the pure, between the six workdays and the seventh day. As it is written: And ye shall be holy unto me: for I, *Adonai*, am holy; and I have separated you from the peoples to become Mine. And it is written: And that you may differentiate between the holy and the common, and between the impure and the pure: And that you may teach the children of Israel all the statutes which *Adonai* has spoken to them **by the hand of Moses:**

O our God and God of our ancestors, make

the following six workdays be calm and safe days, happy and joyous days, days of salvation and relief and days of maintaining and supporting. Make those days to be with no bad thing and no sin, offense or crime. Make them as days of studying your Torah, and with wisdom, knowledge, **education and understanding.** And don't let any person be jealous of us or to hate us. And don't let us be jealous of any person or hate him. And fulfill any good counsel or good thought that any person thinks about us. As it is written: and will be gracious to whom I will be gracious, **and will show mercy on whom I will show mercy.** And make any bad counsel or bad thought that any person thinks about us come to nothing. As it is written: Take counsel together, and it shall come to nothing; speak the word, and it shall not stand; **for God is with us.** There are many plans in a man's heart; nevertheless the counsel of *Adonai* shall stand. For *Adonai* of hosts has planned, and who will annul it? **And his hand is stretched out, and who shall turn it back.**

Blessed are you, *Adonai*, our God, King of the universe, Who makes the bad counsels that people think about us and on our houses and on the houses of all your people Israel, come to nothing. **Amen.** And blessed be our God, King of the universe, Who creates a difference between the holy and the common and gives us joy and happiness and Who creates the fruit of the vine. **Amen.**

And then say the blessing over the perfume spices.

Blessed are You, *Adonai*, our God, King of the universe, who creates various types of fragrance (*And if it is a kind of plant or herb - say: fragrant plants; And if it is a kind of tree - say: fragrant trees.*).

Blessings Before the Food

When we drink or eat we praise God for the wonderful things that He does to us. For the different things we eat and drink, we have different blessings.

For Bread:

Ba-ruch A-ta Adonai E-lo-he-nu Me-lech
Ha-o-lam Ha-mo-tsi Le-chem Min Ha-a-rets

For cake and all kinds of pastry:

Ba-ruch A-ta Adonai E-lo-he-nu Me-lech
Ha-o-lam Bo-re Mi-ne Me-zo-not

For fruits of tree:

Ba-ruch A-ta Adonai E-lo-he-nu Me-lech
Ha-o-lam Bo-re P'-ri Ha-e'ts

For vegetables:

Ba-ruch A-ta Adonai E-lo-he-nu Me-lech
Ha-o-lam Bo-re P'-ri Ha-a-da-ma

For water or any other drink except wine also for certain foods, like meat, fish, eggs, cheese, candy, etc.:

Ba-ruch A-ta Adonai E-lo-he-nu Me-lech
Ha-o-lam She-ha-kol Ni-h'-ya Bi-d'va-ro

ברכות לפני האוכל

לפני אכילה או שתיה של דבר מה עלינו לשבח את האל על נפלאותיו אשר עשה. לדברים השונים יש לנו ברכות שונות.

על הלחם מברכים:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצֵיא לֶחֶם מִן הָאָרֶץ:

על כל דברי המאפה מלבד לחם מברכים:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא מִיַּי מְזוֹנוֹת:

על כל מיני פרות האילן מברכים:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הָעֵץ:

על הירקות או על פרות מן האדמה מברכים:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הָאֲדָמָה:

על מים או על כל סוג משקה מלבד יין וכל על מאכלים כמו בשר, דגים, בצים, גבינה, ממתקים וכו' מברכים:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהַכֹּל נִהְיָה בְּדַבְּרוֹ:

Blessings Before the Food

When we drink or eat we praise God for the wonderful things that He does to us. For the different things we eat and drink, we have different blessings.

For Bread:

Blessed are you, *Adonai*, our God, King of the universe, Who brings bread out of the earth.

For cake and all kinds of pastry:

Blessed are you, *Adonai*, our God, King of the universe, Who creates food of all kinds.

For fruits of tree:

Blessed are you, *Adonai*, our God, King of the universe, Who creates the fruit of the tree.

For vegetables:

Blessed are you, *Adonai*, our God, King of the universe, Who creates the fruit of the earth.

For water or any other drink except wine also for certain foods, like meat, fish, eggs, cheese, candy, etc.:

Blessed are you, *Adonai*, our God, King of the universe, Whose word creates all things