



Taweedh or Tawakkul,  
Which one?

By

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Qajarah

# Preface

بسم الله الرحمن الرحيم العزيز الجبار المتكبر اعينك بكلمته عور من الخ  
الحمد لله الاكرم الذي خلق الانسان وكرم و علمه من البيان ما لم يعلم و الصلوة و السلام  
على رسوله المكرم و على اله و اصحابه اما بعد

First of all, what does the word taweedh come from? It comes from the root word “aoodho, yaaoodho, iaadhan, taweedhan”. It means to seek refuge from some evil by some means. Taweedh can either be halaal, kufriyyah or shirkyyah. If you have doubt regarding the permissibility of Halaal taweedh then do istikharah and ask Allah. Hereby I discuss the different types of taweedh and the subject of tawakkul.

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# 1-What is a Taweedh?

## Introduction

Taweedh is a piece of paper with some words written on it either in a table or in series. It can either be Halaal, kufriyyah or shirkiyyah. The sahaabah used to write taweedh for the young ones and tie it around the neck with the muawwadatain and adiyaa masnoonah. It is reported in Abu Dawood and other books that they did so for the young ones including Abdullah bin Masood.

It should be noted that the prophet stopped people to do ruqyah of all sorts for a period. This may have happened for taweedhat also. That is, he may have granted permission for taweedhat ashshariyyah after stopping people from it earlier and giving permission later. How then could the sahabah have done such a thing which the prophet had forbidden? One has to do tatbeeq of the ahaadeeth and not just pick and choose. The ahdeeth should be seen as a whole spectrum and one should do analogy to come to a verdict by trying to solve the apparent contradiction in it, which actually is not a contradiction but relates to different times and situations when the prophet said something and the verdict changed. It has also been reported that a sahabiyyah recited a song as a ruqyah on some person and the prophet was informed about it and he said it is well and good. From, this we can come to a conclusion that whether it be ruqyah or taweedh it is permissible

to use good words to ward off the shayateen and help cure the magic.

### **Taweedh nowadays**

Most if not all Tawedhat or Nuqush nowadays are either kufriyyah or shirkiyyah which start with the no. 786. This is the no. of a type of arwah called farashawa which does shirk and the person who writes it has to ask the Jinns to commit shirk in order to trap it.

What is the alternative for such Nuqush one may ask, here I am addressing to the people who write it, is to heed to Dardaeel and use farashawa no. 386 which doesn't do shirk. So, if you open a Taweedh and find in it the no. 786 written then, recite muawwadhatin ten times and blow on it and burn it.

What is the alternative for the common masses? Go to a true Aamil bil Quran or a Raqi who don't use shirk in their Tawedhat or Ruqyah.

Tawedhat should be used in extreme cases or for the young ones and for the cases where you are troubled by the shaytaan or as a training wheel until you are content that you are steadfast in your amaal and can do tawakkul.

The Nuqush that are halaal don't contain the no. 786 and the no. of stars of shirk. And there is no border to the table. How could you know if the no. 786 is not there whether the rest is Halaal. You may read Surah 2:102 three times and do istikharah.

## Examples of Halaal Taweedh and Nuqush

A taweedh where there is tawwudh and masnoon ruqyah with the muawwadhatain.

اعوذ بكلمته عور من الى حيث يشاء

يا اشموه اشموها ايل اقرا بهذا لصاحب هذا الكتاب الاسم \_\_\_\_\_

بِسْمِ اللّٰهِ اَرْقِيْكَ اللّٰهُ يَشْفِيْكَ اَعُوْذُ بِكَلِمَاتِ اللّٰهِ التّٰمَّةِ مِنْ كُلِّ شَيْطَانٍ وَهَامَّةٍ وَمِنْ كُلِّ غَائِبٍ لَامِيَةٍ

بِسْمِ اللّٰهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فَاَلْاَرْضُ وَالسَّمَاءُ وَهُوَ السَّمِيْعُ الْعَلِيْمُ

اعوذ بالله من الشيطان الرجيم

قُلْ اَعُوْذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ اِذَا وَقَبَ ﴿٣﴾ وَمِنْ شَرِّ النَّفّٰثِثِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ اِذَا حَسَدَ ﴿٥﴾  
قُلْ اَعُوْذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ اِلٰهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ﴿٤﴾ الَّذِي يُّوسِّسُ فِيْ صُدُوْرِ النَّاسِ ﴿٥﴾ مِنَ الْجِنَّةِ  
وَالنَّاسِ ﴿٦﴾

من سلطان طلحه بن ظهور الحسن قجره





# 2-Tawakkul

Some people say we want to do tawakkul in Allah, which is alright. But how do you do tawakkul?

For most people I recommend reciting the muawwadhatin 10 times after each salah and before going to bed and after waking up for a period of four months to make you steadfast in it.

In the meanwhile you may use the above Naqsh or ruqyah. When you have become steadfast take the taweedh or the naqsh and burn it.

Also, do not forget to do masnoon adhkaar of the daily routine. You may find it in Hisnul-Muslim or Hisnul-Haseen or other such books.