Recovery Coaching Training is Here!!

The Maine Alliance for Addiction Recovery (MAAR) offers training for those seeking to become Recovery Coaches!! MAAR has facilitated trainings throughout our state since 2012!

What is a Recovery Coach?

"A Recovery Coach is a person who helps remove personal and environmental obstacles to recovery, links the newly recovering person to the recovering community, and serves as a personal guide and mentor in the management of personal and family recovery. Such supports are generated by mobilizing volunteer resources within the recovery community, or provided by the recovery coach where such natural support networks are lacking."

William White

What is Recovery?

Recovery involves a personal recognition of the need for change & transformation.

We recognize that there are many pathways to Recovery from addiction & respect that the individual chooses the path that best improves health, wellness, & quality of life over time.

Recovery requires Community!!

Recovery communities are composed of individuals in or seeking recovery, their family, friends, and allies who advocate for healthier communities.

The Maine Alliance
For
Addiction Recovery

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Maine Alliance for Addiction Recovery

MAAR

Recovery Coach Training Academy

Why might I want to become a Recovery Coach?

Many individuals with a substance use disorder feel isolated and alone. A Recovery Coach can offer support, connections to resources and become a mentor so the person receiving the services of a coach feels that recovery is possible and achievable.

This training will provide you new skills & opportunities to assist others on their road to recovery.

Recovery Services are free of charge to those seeking a coach.

Who will receive support from a Recovery Coach?

Coaches work to support someone who is struggling with recovery from a substance use disorder. The coaches will help assist in developing a Recovery Wellness Plan that is determined by the participant, to help strengthen their quality of life, & help branch into the Recovery Community.

Please Contact The Maine Alliance for Addiction Recovery for more information

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How do I obtain a Recovery Coach?

Please contact Darren Ripley

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MAAR is not affiliated with any 12 step or treatment programs & does not recommend any one pathway, MAAR works to organize recovering people into a statewide community network that supports the many pathways of recovery.

MAAR is a 501 © (3)non– profit organization .

MAAR Utilizes the Connecticut Community for Addiction Recovery (CCAR) model of recovery coaching. This training focuses on the following: Guiding Principles of Recovery, Distinguishing the Addiction Counselor/ Recovery coach & sponsor/Guide, keeping up with changes, Boundary Issues, Self Care, Referral Skills, Crisis Intervention, Recovery Wellness plan, Cultural Competence, Professional Development, Sexual Harassment, Values & Differences, Pathways to Recovery, Stages of Change, Motivational Interviewing, Spirituality & Religion, Privilege & Power, Listening & Communicating Skills & Much More!!