

# RUTLAND COUNTY

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34. **Clarendon Grange Hall**  
111 Moulton Avenue, North Clarendon, VT 05759  
Thursday at 12:00 p.m.  
Contact: 802-236-2288  
\* R.S.V.P. by Tuesday
35. **Wallingford Rotary Club**  
96 North Main Street, Wallingford, VT 05773  
Monday at 12:00 p.m.  
Contact: Linda Weightman at 802-446-2301
36. **Odd Fellows Hall** (Summer and Fall)  
37 Lake Street, Belmont, VT 05730  
Third Thursday at 12:30 p.m.  
Contact: Stella Beauchain at 802-259-2099  
\* R.S.V.P. by Monday prior
37. **Harry's Cafe** (Winter and Spring)  
68 Route 100 N, Ludlow, VT 05149  
Second Thursday at 12:30 p.m.  
Contact: Stella Beauchain at 802-259-2099  
\* R.S.V.P. by Monday prior

**For more information please contact:  
Courtney Anderson, Nutrition Director  
Anna Townsend, Nutrition Assistant  
and 3SVT Outreach Specialist  
at 1-802-786-5990**



## THE OLDER ADULT'S DINING GUIDE TO BENNINGTON AND RUTLAND COUNTIES

“SOCIALIZING WITH FRIENDS  
OR MAKING NEW ONES,  
ALWAYS MAKE MEAL TIMES  
MORE ENJOYABLE.”

**SENIOR HELPLINE : 1-800-642-5119**  
**WEBSITE: WWW.SVCOA.ORG**

### CONVERSATION AND COMPANIONSHIP ALONG WITH A HOT NUTRITIOUS MEAL

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#### WHAT WE OFFER:

LET'S DO LUNCH! COMMUNITY MEALS FOR SENIORS ARE HAPPENING ALL AROUND BENNINGTON AND RUTLAND COUNTIES. WE PROVIDE A HOT NUTRITIOUS MEAL, A CHANCE TO CATCH UP WITH OLD FRIENDS OR MAKE NEW ONES, AND MOST SITES OFFER EXTRA ACTIVITIES LIKE GUEST SPEAKERS DURING MEALTIME, OR WELLNESS ACTIVITIES. OUR GOAL IS TO HELP ELDERS MAINTAIN MAXIMUM INDEPENDENCE WITH OUR COMMUNITY.

#### WHERE WE ARE:

OUR MEAL SITES RANGE FROM COMMUNITY CENTERS AND TOWN HALLS, TO SENIOR HOUSING FACILITIES, RESTAURANTS, EVEN A FIRE STATION. DEPENDING WHERE YOU ARE IN SOUTHWESTERN VERMONT YOU WILL FIND A PLACE TO HAVE A HOT MEAL AND GOOD COMPANY. INSIDE THIS BROCHURE YOU WILL FIND A MAP OF OUR LOCATIONS AS WELL AS THEIR ADDRESSES, MEETING DAYS AND TIMES, AND WHO TO CONTACT FOR MORE INFORMATION ABOUT THE MEAL SITE.

#### HOW WE DO IT:

ALL PROGRAMS ARE DONATION BASED FOR ELIGIBLE PARTICIPANTS. THE SUGGESTED AMOUNT RANGES FROM \$3.50 TO \$5.00. NOT 60? NO PROBLEM. NON ELIGIBLE PARTICIPANTS WILL BE CHARGED THE SET FEE (\$4.00 TO \$6.00) PER MEAL. PLEASE VISIT OUR WEBSITE FOR ELIGIBILITY GUIDELINES.

### WHO WE ARE

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THE SOUTHWESTERN VERMONT COUNCIL ON AGING (SVCOA) IS A PRIVATE NON PROFIT COMMUNITY BASED ORGANIZATION WHOSE GOAL IS TO SUPPORT OLDER ADULTS 60 YEARS OF AGE OR OLDER IN MAINTAINING MAXIMUM INDEPENDENCE. THE COUNCIL SEEKS TO BE RESPONSIVE TO BOTH OLDER ADULTS WHO NEED ASSISTANCE TO REMAIN INDEPENDENT AND TO THE COMMUNITIES IN OUR REGION WHO NEED OUR TECHNICAL ASSISTANCE AND SUPPORT TO IDENTIFY OLDER PERSONS NEEDS AND CREATE LOCALLY BASED SOLUTIONS.



#### RUTLAND OFFICE

143 MAPLE STREET  
RUTLAND, VT 05701  
802-786-5990

#### BENNINGTON OFFICE

160 BENMONT AVENUE  
SUITE #90  
BENNINGTON, VT 05201  
802-442-5436

SENIOR HELPLINE : 1-800-642-5119  
E-MAIL : INFOANDASSISTANCE@SVCOA.NET

**ALL MEAL SITES REQUIRE A  
RESERVATION (R.S.V.P.) BY  
12:00 P.M. THE WORKING DAY PRIOR,  
UNLESS OTHERWISE NOTED \***

## BENNINGTON COUNTY

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1. **Stamford Community Church**  
1059 Main Road , Stamford , VT 05352  
First and Third Tuesday at 11:30 a.m.  
Contact: Donna Murch at 802-694-1701  
\* R.S.V.P. by Friday prior or Sign Up at Church
2. **Pownal Valley Fire Department**  
253 VT 346, Pownal, VT 05261  
Tuesday & Thursday at 11:45 a.m.  
Contact: Janice Pratt at 802-694-1486
3. **Bennington Café**  
124 Pleasant Street , Bennington, VT 05201  
Monday—Friday at 11:30 a.m. & 1:00 p.m.  
Contact: Vicki Gardner at 802-442-8012  
\* Walk In. Reservations only for groups of 6+
4. **Bennington Project Independence (B.P.I.)**  
614 Harwood Hill, Bennington, VT 05201  
Monday—Friday at 11:00 a.m.  
Contact: BPI at 802-442-8136
5. **Kevin’s Sports Pub and Restaurant**  
27 Main Street, North Bennington, VT 05257  
First Monday at 10:15 a.m. & 2:15 p.m.  
Contact: Emily Harrington at 802-442-9490
6. **Federated Church of East Arlington**  
102 Ice Pond Road, Arlington, VT 05250  
Tuesday & Thursday at 12:00 p.m.  
Contact: Don Brown at 802- 375-6697
7. **Chauncey’s Family Dining** (November—June)  
5403 Route 7A, Arlington, VT 05250  
Second Monday at 11:30 a.m.  
Contact: Sally McManus at 802-375-9780
8. **St. Paul’s Church / Christ Our Savior Parish**  
(January—November)  
398 Bonnet Street, Manchester Center, VT 05255  
First Wednesday at 12:00 p.m.  
Contact: Sally McManus at 802-375-9780

9. **Rupert Volunteer Fire Department**  
2673 VT Route 153, West Rupert, VT 05768  
Second Wednesday at 12:00 p.m.  
Contact: Althea “Skip” Lewis at 802-394-7822  
\* Walk-Ins Welcome
10. **Manchester Community Library**  
138 Cemetery Avenue , Manchester, VT 05255  
Tuesday & Thursday at 11:30 a.m.  
Contact: Vicki Gardner at 802-442-8012

## RUTLAND COUNTY

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11. **Mettawee School**  
5788 VT Route 153, West Pawlet, VT 05775  
Fourth Tuesday at 12:00 p.m.  
Contact: Sharon Undal at 802-645-0461  
\* R.S.V.P. by Friday prior
12. **Modern Woodsmen**  
10 Main Street, Wells, VT 05774  
Friday at 12:00 p.m.  
Contact: Dorothy Brace at 802-645-0330  
\* R.S.V.P. by Wednesday
13. **Young at Heart Senior Center**  
35 Furnace Street, Poultney, VT 05764  
Tuesday—Friday at 12:00 p.m.  
Contact: Kathy Hudson at 802-287-9200
14. **Fair Haven Inn**  
5 Adams Street, Fair Haven, VT 05743  
Tuesday & Thursday at 11:30 a.m.  
Contact: Jean Douglass at 802-265-3079 (Tuesday)  
Contact: Trudy Pedro at 802-265-3658 (Thursday)
15. **Benson Community Hall**  
2724 Stage Road, Benson, VT 05743  
Second Monday at 12:00 p.m.  
Contact: Marcia Anderson at 802-537-2313  
\* R.S.V.P. by Noon the Friday prior
16. **Castleton Community Center**  
2108 Main Street Castleton, VT 05735  
Monday, Tuesday & Wednesday at 12:00 p.m.  
Contact: JoAnn Riley at 802-468-3093

18. **Hubbardton Town Hall**  
1831 Monument Hill Road, Hubbardton, VT 05735  
First and Third Thursday at 12:00 p.m.  
Contact: Trudy Booth at 802-273-2953  
\* R.S.V.P. by Tuesday prior
19. **West Rutland Town Hall**  
35 Marble Street, West Rutland, VT 05777  
First Wednesday at 12:00 p.m.  
Contact: Lisa Harvey at 802-438-2263  
\* R.S.V.P. by Monday
20. **Ira Town Hall**  
53 West Road, Ira, VT 05777  
Second Friday of the Month at 12:00 p.m.  
Contact: Alta Johnston at 802-235-2247  
\* R.S.V.P. by Tuesday
21. **Franklins**  
25 North Street, Proctor, VT 05765  
Second and Fourth Wednesday at 4:00 p.m.  
Contact: Elsie Valach at 802-459-3487  
\* R.S.V.P. by Monday
22. **Pittsford Village Manor**  
758 Arch Street, Pittsford, VT 05763  
Monday, Tuesday, & Thursday at 11:00 a.m.  
Residents Sign up at site with Sandra
23. **Vermont Police Academy**  
317 Academy Road, Pittsford, VT 05763  
Fourth Thursday at 1:00 p.m.  
Contact: Randy Adams at 802-483-6500 ext. 17
26. **Brandon Senior Center**  
1591 Forestdale Road, Brandon, VT 05733  
Monday and Wednesday at 12:00 p.m.  
Contact: Kathy Mathis at 802-247-3121  
\* R.S.V.P. by Tuesday of the week prior
27. **Chittenden Town Hall**  
337 Holden Road Chittenden, VT 05737  
Monday at 12:00 p.m.  
Contact: Gene Sargent at 802-483-6244  
\* R.S.V.P. by Thursday prior
28. **Lookout Tavern**  
2910 Killington Road, Killington, VT 05751  
Wednesday at 12:00 p.m.  
Contact: Gerrie Russell at 802-422-4248  
\* Walk Ins Only

27. **Sugar and Spice**  
40 US Route 4, Mendon, VT 05701  
Second Thursday at 11:30 a.m.  
Contact: Sigrid Sihler at 802-773-4187  
\* R.S.V.P. Tuesday prior. \$6.00 donation at this site
28. **Templewood Court**  
5 Tremont Street, Rutland, VT 05701  
Second or Third Wednesday at 5:00 p.m.  
Contact: Carole Keefe at 802-775-2926  
\* Residents Sign Up at Site
29. **Godnick Adult Center**  
1 Deer Street, Rutland, VT 05701  
Monday & Thursday at 12:00 p.m.  
Contact: Penny Jones at 802-775-0133  
\* Sign up Sheet at Senior Center
30. **Interage Adult Day**  
230 North Main Street, Rutland, VT 05701  
Monday—Friday at 12:30 p.m.  
Contact: Loryn Hamilton at 802-773-2011  
\* Private Site Interage Attendees Only
33. **Parker House (RAVNAH)**  
129 Church Steet, Rutland, VT 05701  
Tuesday, Thursday , please call for time  
Contact: Marge Bloomer at 802-786-2208  
\* R.S.V.P. Two days prior. Residents Sign up at Site
34. **Bardwell House**  
142 Merchants Row, Rutland, VT 05701  
Monday-Friday at 11:25 a.m.  
Contact: Penny Jones at 802-775-0133  
\* Residents speak with Patti West
35. **Open Door Mission**  
31 Park Street, Rutland, VT 05701  
Monday—Sunday at 6:00 a.m. , 12:00 p.m. 6:00 p.m.  
Contact: Sharon Russell at 802-775-5661  
\* Walk Ins Only

RUTLAND COUNTY  
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