

Becoming a Registered Play Therapist (RPT), is a rigorous process and is considered the gold standard for child therapists. It demonstrates an advanced level of commitment, training and experience. In addition to being a licensed, masters' level mental health professional, the following standards must also be met before the credential is awarded:

Play therapy instruction

150 hours of play therapy specific instruction, accrued in a time period of no less than two (2) years and no more than seven (7) years from institutions of higher education or APT Approved Providers

Supervised play therapy experience

350 direct client contact hours, under the supervision of a Registered Play Therapist-Supervisor (RPT-S)

Play therapy supervision

35 hours of play therapy supervision and five (5) session observations during the accumulation of the supervised play therapy experience

Additionally, the RPT credential must be renewed annually and 18 hours in play therapy continuing education be earned every three years.