

# Power of Numbers

*Gain Clarity, Insight & Transform Your Life NOW!*

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## What is Numerology?

### A Brief History and Explanation of the Science of Numbers

There are several kinds and variations of numerology, but for our study purposes, we are using the Pythagorean system of numerology. Pythagoras is said to be the father of numerology and his methods and teachings are more widely used than any other form of numerical teachings. Pythagorean Numerology is also considered the most scientific of all the numerology systems.

Around 580 B.C., **Pythagoras**, the Greek mathematician, philosopher and mystic who is considered the "Father of Numbers" determined that number was the essence of all things. He taught his students in his Mystery School that nothing could exist without the influence of numbers. Pythagoras also taught that the human soul is immortal, believing that mathematics could stand alone and that numbers formed the foundation for almost all

of philosophy, music, astronomy -- literally any creative endeavor!

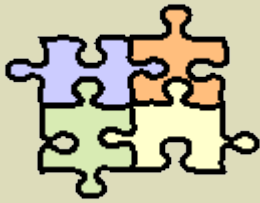
Numerology is essentially the science of numbers. Before I delve any further into the meat and potatoes of numerology, I must first give you a brief overview of the science of energy. In the metaphysical community, it is known that energy is the basis for all things. Everything is energy. Until recently, the vast majority of the scientific community did not agree. But in recent years, quantum physics is making the discovery that even atoms are actually frozen light particles that are vibrating at such a slow rate that they appear to be solid!

Thus, everything is made of energy and has an energetic vibration, even numbers. Numerology is just one form of analyzing our energetic vibrations as well as the vibrations we interact with in our daily lives. Numerology gives

us a basic road map of our lives. It can allow things in our lives to flow more smoothly by following this map.

So many of us are in a constant state of confusion with our lives. We make haphazard decisions and jump from one experience to another without any real direction. This is because we do not truly know ourselves and therefore are unclear on which path to take in life.

Although we have an array of self-help books, seminars and courses at our fingertips, these "tools" often create more confusion than we originally started with. Numerology provides direct knowledge of the inner self, and from this basis of self-understanding, we're able to get back into the driver's seat. Life doesn't have to feel like you have no control. You do have control, total control.



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## The Ruling Number

### Your Life Path Or Essence In This Incarnation

The Ruling Number is best described as our essence in this lifetime. It is our primary pathway and can point us towards our calling.

Overall, the Ruling Number is the most important number in numerology. It can guide us to the necessary opportunities to find our path. Living on-path is the most rewarding thing we can do in life. If everyone knew and used the potential of their Ruling Number, there would be a much more joyful place! The struggles and disappointments in youth can be severely reduced or eliminated if parents used the Ruling Number to base their decisions about which type of activities and situations to engage their children in, starting from birth. Assisting the child with finding their strengths early on can help them develop confidence, self-esteem, and a solid footing in life.

## Calculating The Ruling Number

### Cracking The Code

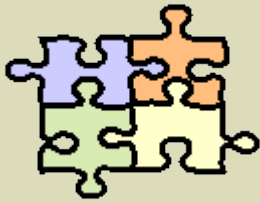
There are twelve possible Ruling Numbers in the Pythagorean numerology system. The Ruling Numbers are from 2-11, 22/4 and 33/6. There is no Ruling Number 1 in the Pythagorean system because Pythagoras recognized that 1 is the only absolute number and all other numbers contain the number 1.

To calculate the Ruling Number, we add and reduce the birth date in three parts. Using the example 10/12/1989, we first add the month  $10(1+0)=1$ , the day  $12(1+2)=3$  and the year  $1989(1+9+8+9)=27(2+7)=9$ .

The second step is to add these 3 reduced numbers together and reduce the added sum to a single digit. Month(1), Day(3), Year(9).  $1+3+9=13$   $1+3=4$ . The Ruling Number for this birth date is 4.

Of all the twelve Ruling Numbers, four are compounded numbers. These numbers are 10, 11, 22/4, and 33/6. These four numbers have special significance and are considered the guiding incarnations or life paths.

**\*\*\*Ruling Number 10, 11, 22 or 33 do not reduce to a single digit, they remain as they are!**



# Power of Numbers

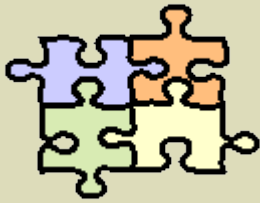
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## The Ruling Number Summary Chart

<b>Ruling 2's</b>	2's are sensitive, intuitive, supportive, reliable, natural mediators and quite artistic. They are the behind-the-scenes supportive figure for many leaders and they are comfortable with such role. They don't like the spot-light and can accomplish more in a supportive role.
<b>Ruling 3's</b>	3's enjoy entertaining, the life of the party, keen mind, smart sense of humour, often experience marital problems because of their criticalness of others. 3's often like others to be on the same mental level as they are.
<b>Ruling 4's</b>	4's are practical and have a down-to-earth approach to everything. But, they are often drawn to materialistic ways. They are excellent with their hands. They are also often drawn to sports because of the physical "doing" nature of it. These are the "doing" people of the world.
<b>Ruling 5's</b>	As the number of the heart, these are loving people. It is also the number of freedom of expression therefore 5's love their freedom. They are artistic and adventure-seeking but can be moody from their heightened emotional nature. This moodiness is especially pronounced when 5's are restricted from expressing themselves freely.
<b>Ruling 6's</b>	6 is the number of creativity and creation. Essentially 6's are creative, that is their life purpose. They also suffer from the extremes of the 6 energy. Living positively, 6's are caring, unselfish and tolerant. When living negatively, they are prone to excessive worry and anxiety that interferes greatly with their ability to create. 6's are home-loving and must guard against limiting their creative power to just home.
<b>Ruling 7's</b>	7's must learn through personal experience. Like the 4, 7 is also a doing number and is the most active number on the Physical Plane. They rarely follow advice from others, preferring to do it their way. They can be quite opinionated and assertive yet philosophical and humanitarian. Due to their constant need for personal experience, 7's usually endure more than their fair share of sacrifice and loss.



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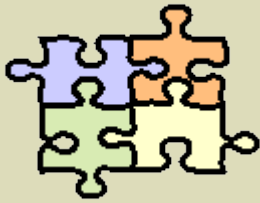
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## The Ruling Number Summary Chart (continued)

<b>Ruling 8's</b>	8's value their independence above all else. 8's can be loving and kind but when their independence is threatened, they pull away and appear cold and aloof. This pulling away is why 8's often experience relationship and marriage troubles. They have a soft-spot for the sickly and children. They are also very good with financial and business matters, making excellent business folks, partly due to their confident nature. 8, as the number of wisdom and the most active Soul Plane number, has a direct link with the spiritual realm. 8's are naturally wise people because of this direct link with spirit—wisdom seems to pour out of them.
<b>Ruling 9's</b>	9's are idealistic, responsible and ambitious. They value truth and justice above all else. 9's are the humanitarians and love to serve others in some way as long as it is in line with their values. 9's are poor money managers and have difficulty saving money but not spending it. When living negatively, the trait of idealism can cause them to become overly critical of others. Their idealistic thinking can often be unpractical or realistic for both themselves and others causing frequent conflicts and disagreements.
<b>Ruling 10's</b>	Adaptability is the key trait of the Ruling 10. This adaptable nature creates a natural self-confidence that allows them to take on a wide array of tasks and goals. 10's have a vast range of possibilities open to them in terms of career choices. They have an amazing ability to sell, partly due to their innate confidence. Don't burden a 10 with your problems because they often prefer to stay on the surface of life rather than going deeper into life's problems (even their own problems). But, they give excellent advice when warranted as they have a zero which is the symbol of infinite wisdom. They are the "Earth Guides" who have a direct link to Spirit. They can also be rather easily lured into materialism but make great shopping companions because of their great taste. Generally, 10's are bright and happy people who like to keep life light and stress-free.



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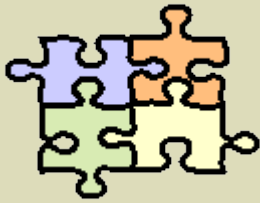
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## The Ruling Number Summary Chart (continued)

<b>Ruling 11's</b>	<p>11 is the highest spiritual number in numerology. Those who are blessed to have such an incarnation hold a very important job indeed. They are responsible to guide humanity into the next stage of our spiritual evolution. 11's serve as guides and are only happy when they are serving others in a way that allows for inner growth. They are not good in business but rather should avoid anything materialistic in nature. 11's (because of the 2 energy—<math>1+1=2</math>) are highly sensitive, intuitive and compassionate people. Teaching, humanitarian and religious or social roles are most suited to the 11 energy. This is where they can best guide others in a more spiritual way.</p>
<b>Ruling 22/4's</b>	<p>22/4 is the master number. Even more so than the 11, 22/4's hold an even bigger responsibility to mankind. Like the 11, they are highly intuitive and sensitive but have an abundance of self-confidence. They are leaders and are relentless in pursuit of their goals. They are capable of accomplishing almost anything under the influence of the awesome power of 22/4. Combining the intuitive power of the double 2 with the hardworking energy of the 4, makes for a drive and determination that is unparalleled. 22/4's can appear ruthless, showing little emotion. However, they are very humanitarian and their main goal is the further the evolution of mankind. No other number can get this job done like the 22/4. This number is far more rare than any of the other Ruling Numbers.</p>
<b>Ruling 33/6's</b>	<p>The 33 is the highest number in numerology but it also has the biggest hurdles to overcome. 33 reduces to 6 which means it shares similar qualities. However, unlike the single 6, the 33 is comprised of double 3's. The biggest challenges for the 3 energy are self-doubt and fear of criticism. The 33 suffers from perfectionism which can hinder potential. They tend to be very hard on themselves and belittle their talents. When a 33 combines the powerful expressive qualities of the double 3's with the creative and visionary aspects of the 6, they can affect people to a depth like no other. There is limitless potential to achieve with the 33 incarnation but many never succeed in overcoming the obstacles to realize that potential. The 33 in full-force is rare.</p>



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## The Birth Chart The Key to Discovering the Inner Self

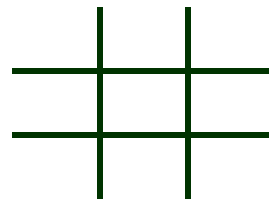
The primary purpose of the Birth Chart is to reveal the overall pattern of our strengths and weaknesses. The numbers being our strengths and the missing numbers (blank spaces) our weaknesses. Each unique birth date has a different Birth Chart. The following are instructions on how to calculate, draw, complete and interpret the Birth Chart.

### Step 1 - The Calculation

Convert the birth date to it's full numerical value. An example, May 15, 1965, would be 5/15/1965 (always include full year).

### Step 2 - Construction of the Chart

The Pythagorean Birth Chart is a simple construction consisting of two vertical lines intersecting two horizontal lines. The empty Birth Chart is symbolic of an unborn child.

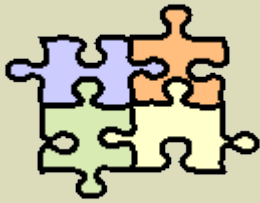


### Step 3 - Complete Birth Chart

Each of the nine spaces on a Birth Chart has its own base number that permanently resides there. They cannot be moved or change location. If one of the nine numbers is missing from the birth date, its spot on the Birth Chart remains empty.

If all the base numbers were present in a birth date, the Chart would be fully balanced, as follows:

3	6	9
2	5	8
1	4	7



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## The Birth Chart The Key to Discovering the Inner Self

But, the most numbers a birth date can contain are 8, and 1, 2 or 3 must be repeated. So, this means the maximum number of unique spaces that can be filled on the Chart is seven.

Using the above birth date from Step 1, the following Birth Chart displays how numbers may need to be repeated.

Birth date 05/15/1965

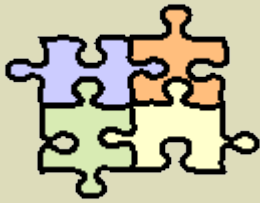
	6	9
	555	
1		

It is also important to make note of the presence of zero in a birth date. The repeated presence of zero reduces the quantity of Birth Chart numbers and adds to the empty spaces on the Chart, thus increasing the areas which require growth.

Although, as mentioned previously, a person with zero in their birth date has heightened spiritual powers, the Mind and Physical Planes are under-represented and often less developed (see pg. 2 for the definition of zero).

To construct your own Birth Chart, use the worksheet page at the back of this book and fill in your birth date numbers after completing the initial calculation step to convert your birth date to its full numerical value.





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## The Three Planes of Existence Our Three Selves

Before begin interpreting the numbers, we must observe the overall Birth Chart, complete with labeling of the Planes and the “three selves”.

MIND PLANE (mental, thinking)	3	6	9	CONCIOUS SELF
SOUL PLANE (spiritual, feeling)	2	5	8	HIGH SELF
PHYSICAL PLANE (practical, doing)	1	4	7	BASIC SELF

The plane which has the greatest amount of numbers indicates which Self is the dominant Self for a particular individual. Knowing which Self is the dominant one is extremely important in determining the level of communication preferred by each person. It greatly enhances our relationships to know which Self others most identify with.

### Mind Plane

The Birth Chart, if viewed as a person, has three parts. The first or top row is symbolic of the human head, the Mind Plane. The Mind Plane holds the attributes of memory, thinking, analyzing, rationalizing, creating, responsibility, ambition and idealism.

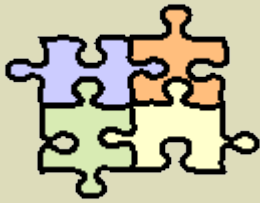
### Soul Plane

The second part or level is symbolic of the human heart, the Soul Plane. It is the ruler of sensitivity. It also encompasses intuition, love, freedom, positive emotion, artistic expression, spiritual independence and wisdom.

### Physical Plane

The third and final level represents human activity or action and is located at the bottom of the chart. The Physical Plane’s areas of expertise is verbal expression, motivation, body language, organization, materialism and learning through sacrifice.





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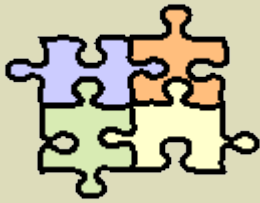
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## Interpreting the Numbers on a Birth Chart Unlocking the Mystery of Self—Part I

As we discussed, the Ruling Number is our essence, our primary pathway of service. The numbers on a Birth Chart are the tools we have chosen to help us complete our life lessons. There are 9 numerical vibrations on a Birth Chart, numbers 1-9. Each has a particular place on the Chart and each has a unique vibration. The chart below gives meanings of each number from 1-9.

The Base Numbers 1-9	
<b>One (1)</b>	<i>Only absolute number, symbol of Divine expression, governs our communication skills. Foundation of personality as it represents the ego and it's expression.</i>
<b>Two (2)</b>	<i>The number of intuition, represents our duality, symbolizes our sensitivities through feelings. Gateway number to the Soul Plane.</i>
<b>Three (3)</b>	<i>Holder of memory, represents left brain activity, home of the imagination, symbolized by the triangle - mind, body, soul. Tendency towards mental laziness when 3 is absent.</i>
<b>Four (4)</b>	<i>Represents orderliness, practicality and organizing. Symbolized by the square and it's four equal sides, practical construction.</i>
<b>Five (5)</b>	<i>Only number to have direct contact with all 5 numbers, represents love and freedom of expression, symbolizes the heart and emotions.</i>
<b>Six (6)</b>	<i>Number of creation (creativity), joins left(3) and right(9) brain, negative aspect of 6 is destruction expressed as worry, stress, anxiety and depression. 6 is the number of extremes.</i>
<b>Seven (7)</b>	<i>The "temple" number—the seven chakras, the teaching/learning number, learning through personal experience usually through sacrifice and loss. Most active number on the Physical Plane.</i>
<b>Eight (8)</b>	<i>Wisdom expressed intuitively through loving action, independence, main lesson is to learn to express love/appreciation. 8 is the number of wisdom and active independence.</i>
<b>Nine (9)</b>	<i>Three part number—ambition (physical), responsibility (mental), idealism (spiritual), also holds traits of 3 and 6. 9 is the humanitarian number.</i>
<b>Zero (0)</b>	<i>Indicates degree of spiritual awareness present or potential to be developed (the more zeros in a date of birth, the more spiritual growth potential present). Most often zero is an undeveloped asset.</i>



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## Interpreting the Numbers on a Birth Chart Unlocking the Mystery of Self—Part I

### 1

1 is the first Physical Plane number. It governs our communications skills and verbal self-expression through the ego. 1 is the only complete number, representing our divine expression through the physical. As the number most linked to ego, it is a driven and active energy, seeking achievement and success. **Keywords: Verbal self-expression, initiate, action, ambitious, determined, pioneering, aggressive.**

### 2

2 is the first Soul Plane number. It represents our dualistic nature as spiritual beings in a physical body. The 2 represents our need to find balance between these two opposing sides of ourselves. 2 is the number of intuition, sensitivity and cooperation. **Keywords: contrast, balance, cooperation, sensitive, intuitive, supportive, co-dependent.**

### 3

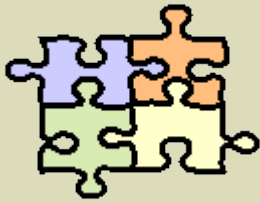
3 is the first Mind Plane number. As the imaginative yet rational and analytical number, it represents left-brain activity. 3 is the number of imagination and memory and is particularly linked to the numbers 1 and 2. 3's expression is directly tied to the intuitive and sensitive energy of the 2 and the verbal expression of the 1. 3 is symbolized by the triangle and the mind (3), body(1), soul (2) connection. **Keywords: analytical, intelligent, humorous, social, sensitive, observant, critical.**

### 4

4 is the middle Physical Plane number. It represents stability, steady progress, practicality and organization. It is the “anchor” of the Physical Plane and is represented by the solid and stable construction of the square with its four equal sides. It is the most primitive of numbers. **Keywords: endurance, progress, foundation, practical, organization, solid, stable, materialistic.**

### 5

5 is the middle Soul Plane number and is also the central number on the Birth Chart. 5 symbolizes the heart/emotions and as the center number, links the energies of all the other numbers. It is the “heart and soul” of the Birth Chart. 5 must have freedom to express itself as erratic free-flowing change energy. The 5 energy lends us the ability to see the world through the eyes of the soul. **Keyword: loving, sensitive, irregular, artistic, freedom-seeking, passionate, uncertain.**



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## Interpreting the Numbers on a Birth Chart

### Unlocking the Mystery of Self—Part I

**6**

6 is the middle Mind Plane number. It links both the 3 (left-brain) and the 9 (right-brain). It is the number of extremes with both a strong positive and negative side. 6 has an enormous amount of creative potential as the number of creativity but when not positively creating, it can slip into the opposite (and negative) side of creativity – destruction. In the negative, 6 is dominated by worry, anxiety and other negative thought patterns. In the positive, 6 can act as the “balancer” of the Mind Plane with its responsible, nurturing and peace-maker qualities. **Keywords: creative, responsible, nurturing, home-loving, peace-maker, doting, worry-wart, people-pleaser, hostess, gossipy.**

**7**

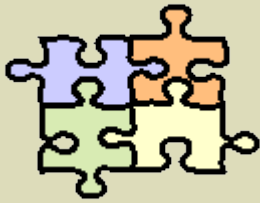
7 is the last and most active Physical Plane number. As the teaching/learning number, it is high “doing” energy. 7 learns through personal experience (often through hindsight), preferring to leap first and think later. Sacrifice and loss tend to be the rule of thumb for the 7 energy but such learning sets the stage for the accumulation of a tremendous amount of knowledge and wisdom in a short amount of time, making 7 the self-made wise sage. **Keywords: wise, contemplative, achiever, determined, stubborn, active.**

**8**

8 is the last and most active Soul Plane number. It represents wisdom and independence. 8 is confident, assertive, naturally wise and very much a leadership energy. Yet, at the same time, 8 is loving and tender. These conflicting aspects of the 8 energy create its main lesson – to learn to recognize that openly expressing love and appreciation will not subtract from their independence, but add to it. **Keywords: independent, wise leader, loving, assertive, confident, dynamic, detached, selfish.**

**9**

9 is the last and most active Mind Plane number. Although 9 represents the right brain, it also combines the attributes of the other two Mind Plane Numbers, 3 and 6. Ambition (3), responsibility (6) and idealism (9) make up the whole essence of the 9 energy. Despite the idealistic and driven nature of the 9, it is a seeker of peace and justice and is considered the humanitarian number. **Keywords: humanitarian, ambitious, responsible, justice-seeking, idealistic, unselfish, driven, opinionated, judgemental.**



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## Interpreting the Numbers on a Birth Chart

### Unlocking the Mystery of Self—Part I

#### 0

Zero is not a number but a symbol of the infinite. It symbolizes nothing and everything - energy not yet manifested into the physical. Zero represents our spiritual potential and those with one or more zeros in their date of birth have an inherent spiritual awareness waiting to be brought to full fruition. Although zero does not have a place on the Birth Chart, it holds important meaning and should always be included in the analysis of a birth date.

## Isolated Numbers

### Overcoming the Challenges of the Blocked Energies of 1, 3, 7 and/or 9.

An isolated number is a number that is trapped in the corner of the Birth Chart, cut off from the other numbers (the numbers surrounding it are missing). The only numbers that can become isolated are the 1, 3, 7 and 9 because these are the numbers in the four corners of the Birth Chart.

When a number becomes trapped or isolated, the energy of that number is unable to flow out and integrate with the other numbers. The other numbers are unable to communicate with the isolated number and vice versus causing ideas to become trapped in the mind or experiences to be repeated over and over again. It is similar to having a telephone conversation through a static-filled line. Only part of the conversation is heard creating miscommunications and misunderstandings.

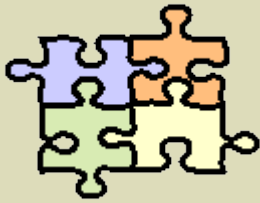
To bridge the gap between numbers, developing the qualities of the nearby missing numbers is essential to create an outlet for the trapped energy. In order for an idea to be brought to life, we must be able to experience it on all three levels—mind, body and soul.

**Isolated 1** - issues with self-expression/communicating feelings, misunderstood.

**Isolated 3** - ideas become “stuck” in the mind, hard to physically bring to life ideas.

**Isolated 7** - personal experiences involving some form of loss are often repeated.

**Isolated 9** - frustration from pent-up and unfulfilled ambition/idealism.



# Power of Numbers

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## Multiples of the Same Number The Unbalanced Version of a Number

Many birth dates will have one or more multiples of the same number. For example, the birth date 5, 15, 1959 has two 1's, two 9's and three 5's. Whenever there are multiples of the same number on a Birth Chart, the rule of thumb is generally that the energetic pattern of the number is heightened, usually in more of a negative way.

For most numbers, the most balanced representation of the number is in the singular. Looking at the example birth date, there are three 5's. The most balanced version of the 5 is a single 5. A single 5 creates emotional equilibrium and control for the holder. But, someone with two or more 5's has heightened emotional sensitivity. This unbalanced effect becomes even more pronounced the more multiples there are. This is generally true for all numbers except for 1. The most balanced representation of the 1 is the double 1. Double 1's confers the gift of balanced self-expression. Those with double 1's often have a way with words.

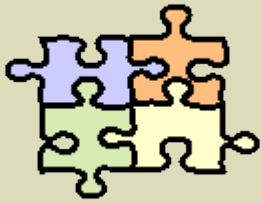
Aside from the number 1, all of the other 9 numbers will create an unbalanced version of the number's vibration, usually heightening the negative traits, when there is more than one of them present on the Birth Chart.

**Multiple 1's** - 1 is the exception where a single one indicates difficulty in expressing inner feelings. The double 1 is the most desired combination for ease of balanced self-expression. When there are more than two 1's (or only one) the 1 becomes unbalanced again and expresses difficulty expressing their inner selves.

**Multiple 2's** - Heightened sensitivity with each added two. More than two 2's and the sensitivity can become a burden if the owner does not take steps to protect themselves.

**Multiple 3's** - The high mental alertness of the 3 succumbs to the overactive imagination when there are multiple 3's present as 3 is the number of imagination and memory. Writing can be an outlet for the multiple 3 individual as they have such creative imaginations.

**Multiple 4's** - An unbalanced outlook gravitating towards the physical and materials aspects is seen with multiple 4's. Taking focus off the physical and directing it more towards the spiritual and mental spheres will bring much needed balance to the multiple 4.



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## Multiples of the Same Number The Unbalanced Version of a Number

**Multiple 5's** - As the number of the heart and expression through it, the drive and enthusiasm of the multiple 5 can lead to misunderstandings. Emotional turmoil and drama seem to follow them and they often have a hard time dealing with all the excess emotional energy that accumulates. Digestive problems are common.

**Multiple 6's** - Worry, stress, anxiety and irritability are usually more pronounced the more 6's there are. The more 6's, the more likely the creativity will be limited to the home and relationships. Striving to create outside the home will remedy this.

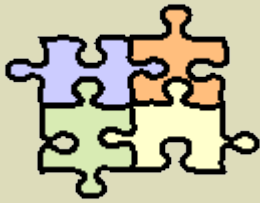
**Multiple 7's** - Development of the "why me" attitude is seen with multiple 7's. As well the intensity of the lessons and often excessive sacrifice/loss occurs yet the multiple 7 has a harder time recognizing the lessons than a single 7. They must learn that the sacrifice/loss is meant to help them develop a deeper understanding of life.

**Multiple 8's** - Excessive independent energy produces restlessness. They are extremely perceptive (their innate wisdom) but this can cause them to become "bossy" from excess confidence. They can also feel deep pessimism towards life and can feel that life is pointless and not enjoyable. It is their excessive need for independence that causes them to develop a negative outlook on life. Starting as young as possible, allow the child to travel as much as possible to relieve the intense need for independence.

**Multiple 9's** - Seriousness and idealism sums up the multiple 9. They are deep thinkers although their ideas are usually not feasible. Criticalness of other often develops when those in their company don't share their intense idealism. Anger and emotional outbursts are common. Striving for a solid level of practicality in all doings is the key to balancing the multiple 9.

**Multiple Zeros** - Although zero does not have a place on the Birth Chart, multiple zeros in a birth date indicates a very high degree of spiritual awareness. The bearer of multiple zeros has opportunity for tremendous spiritual awareness and growth and should seek to develop this potential in conjunction with their path. That is, infuse the spiritual in all that they do and they will have the ability to accomplish anything. A zero, let alone multiple zeros, is quite a blessing.





# Power of Numbers

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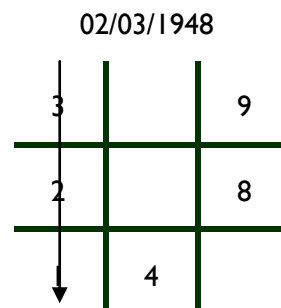
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## The Arrows of Individuality Unlocking the Mystery of Self-Part II

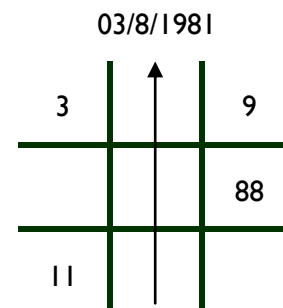
The first part of analyzing a Birth Chart, as we have seen in the previous pages, is to look at the numbers present to recognize strengths the person has been utilizing in the development of their character. As well, the blank spaces on the Birth Chart we have examined to determine a person's weak areas that require development to achieve more balance. Now we move on to the second part of analyzing the Birth Chart, the Arrows of Individuality.

The Arrows further define and highlight the strengths and weaknesses and give us even more direction as to how to work with the strengths or overcome the weaknesses. Arrows are created when any three numbers join together on a Birth Chart or where any three empty spaces are present in a row. The Arrows created with numbers are strengths and the Arrows created by empty spaces are weaknesses. The weaknesses can be overcome by working with and developing the strengths of the numbers on the Birth Chart.

Examples of Arrows:

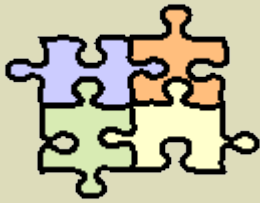


Arrow of The Planner (3,2,1)



Arrow of Frustration (missing 4,5,6)





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## The Arrows of Individuality Unlocking the Mystery of Self-Part II

Example of no Arrows:

03/09/1984

3		99
		8
1	4	

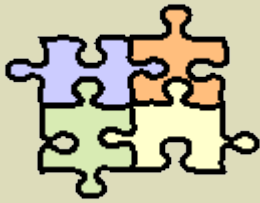
### The Arrows

#### Arrows of Strength (3 present numbers in row)

Arrow of Determination 1,5,9	<i>Determined and persistent</i>
Arrow of Spirituality 3,5,7	<i>Deep spiritual awareness, peaceful nature</i>
Arrow of the Intellect 3,6,9	<i>Mental dominance, active brain, alert</i>
Arrow of Emotional Balance 2,5,8	<i>Balance of emotion, natural counsellors</i>
Arrow of Practicality 1,4,7	<i>“Doing” people, good with hands, down to earth</i>
Arrow of The Planner 3,2,1	<i>Love of order/organizing, inspired plans</i>
Arrow of The Will 6,5,4	<i>Strength, drive and courage</i>
Arrow of Activity 7,8,9	<i>Arrow of Great Expression, active expression</i>

#### Arrows of Weakness (3 missing number in row)

Arrow of Procrastination 1,5,9	<i>Tendency for delaying, stalling or putting off</i>
Arrow of The Inquirer 3,5,7	<i>Scepticism toward anything new</i>
Arrow of Poor Memory 3,6,9	<i>Poor memory, prone to mental laziness</i>
Arrow of Hypersensitivity 2,5,8	<i>Emotional sensitivity, easily hurt</i>
Arrow of Disorder 1,4,7	<i>Lack of physical action to complete learning</i>
Arrow of Frustration 4,5,6	<i>Frustration from unfulfilled expectations</i>
Arrow of Passivity 7,8,9	<i>Lack of desire for physical experience</i>
*No Arrows	<i>More effort needed to develop strengths</i>



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## The Day Number

### The Energetic Influence of the Day of Birth

The Ruling Number (the sum of our birth date) is our primary pathway but the day in which we were born also has an energetic influence on us. The Ruling Number shows us our essence, our inner vibration (soul). The Day Number shows us how we express our outer selves (personality). Our name is also another way we express our outer selves and this will be discussed further in the manual.

When the Day Number is the same as the Ruling Number, we find someone who needs to strengthen their Ruling Number rather than balance it. But, it can also heighten the negative traits of the Ruling Number. When the day number is different from the Ruling Number it can provide balance, especially if it is on a different Plane than the Ruling Number. For example a Day Number 4 can bring some much needed practicality to an idealistic Ruling Number 9.

To calculate the Day Number, (if double digit) reduce the day of birth to a single digit. Unlike the Ruling Number, where there is no 1, there is a Day Number 1.

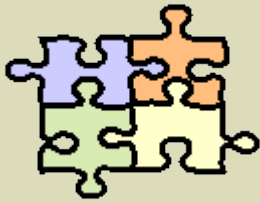
Eg. January **15**             $1+5=6$  (Day Number 6)  
Eg. March **29**             $2+9=11$  (Day Number 11)

The same calculation rules apply as with the Ruling Number—reduce to a single digit except where it adds to 10, 11 or 22/4.

Each number has the same basic properties so the Day Numbers will exhibit similar qualities to the matching Ruling Number, although the Ruling Number's influence is always stronger.

When we try to live more in alignment with our Day Number, we experience unbalance, conflict and inner confusion. This is because the Day Number is the outer self, our ego self, our personality. The Ruling Number is the only number that represents our true inner self, our essence, our soul.

The Day Number should always be the lesser influence as it represents more of the ego and its expression rather than our true selves.



# Power of Numbers

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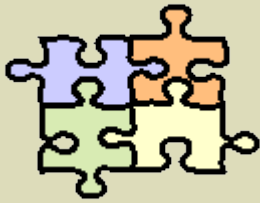
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## The Day Number

The Energetic Influence of the Day of Birth

### The Day Number Summary Chart

<b>Day #1</b>	Excel when permitted to work independently. Need adequate freedom to develop and express their independence nature. Ruling Number determines how they express this independence but they will often veer from their Ruling Number energy in order to do it their way.
<b>Day #2</b>	Heightened intuition. Loves to be entertained but not being the entertainer. They are supportive, reliable, light-hearted and prefer the spiritual versus the material side of life. Their main expression is that of guide and supporter. They need to be around happy people/situations as they are so very sensitive.
<b>Day #3</b>	Bright, humorous and fun-loving. Opposite the 2, Day Number 3's are often extroverts with active minds. They are the "socialites" of the Day Numbers and are often the "life of the party" on a daily basis.
<b>Day #4</b>	Capable and practical—good with hands and feet. Doers who prefer active involvement over passivity. If Ruling Number is odd, the 4 will provide balance and stability to the more artistic Ruling Numbers. If an even Ruling Number, care must be taken to avoid excess materialism.
<b>Day #5</b>	Compassionate and feeling but requires freedom to express the immense depth of feeling present. They possess a balanced sensitivity but sometimes fear of being misunderstood can cause them to withhold feelings creating a back-log of emotional energy. Time spent regularly in nature can help correct and restore balance.
<b>Day #6</b>	Aside from creativity, love and beauty are the main assets of the Day Number 6 which makes them a joy to be around. They can brighten any home or workplace. But, unlike the Ruling Number 6, the Day Number 6's creative arena is mainly limited to home expression. The 6's negative side can creep up causing excess worry and drama in their domestic affairs. By engaging regularly in hobbies/home-based activities involving creative expression, they can avoid the negative side of the 6 energy.



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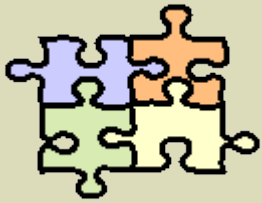
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## The Day Number

### The Energetic Influence of the Day of Birth

#### The Day Number Summary Chart (continued)

<b>Day #7</b>	As the most active number on the Physical Plane, the Day Number 7's purpose is to learn through personal experience, mostly in the form of sacrifice and/or loss. The sacrifices/losses are mostly related to financial but can move on to love and health if the lessons are not learned and assimilated properly. Like the Ruling Number 7, the Day Number 7 feels drawn to share their wisdom gained through personal experience as they mature. Sharing their experiences is an important part of the learning process for the 7 energy.
<b>Day #8</b>	Day Number 8's theme is personal independence. As their personal awareness grows they will usually recognize a blossoming desire for independent expression of self through feelings, emotions and intuitiveness. The expression of self through these channels forms the basis of all other types of expression for the Day Number 8. There is, however, a risk of becoming predominately financially expressive and this can become their main focal point because 8's have a natural talent in business/money. Balance of their expression through the whole self, not just the materialistic side, is the key to long-term success for the Day Number 8.
<b>Day #9</b>	Unlike the Ruling Number 9 which has three aspects—ambition, responsibility and idealism, the Day Number 9's focus is on responsibility with the underlying drive of idealism. They are very good at making the most of any relationship by seeking out the purpose or lesson in the relationship and working from that basis. They can be quite serious folks who should seek out happy company to balance them. Heated arguments should also be avoided as they can become overly serious and idealistic causing them to lose control of their reasoning which can make them appear to be a bit mentally unstable.
<b>Day #10</b>	Go-with-the-flow adaptable 10's are easy to please and love a good time when it comes to physical gratification in any form. They love to enjoy the finer things in life and don't like to delve too deeply into anyone's issues, often including their own. Superficial behavior should be avoided at all costs. Although it creates happiness for the 10 in the short-term, it eventually brings loneliness and emptiness in the long term. 10's love the extravagant lifestyle, wasting time, energy and/or money. But, to be truly happy, they must not forget to seek out and fulfill the purpose of their Ruling Number.



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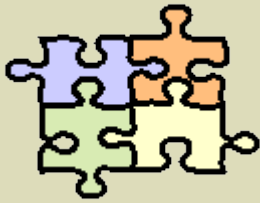
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## The Day Number

### The Energetic Influence of the Day of Birth

#### The Day Number Summary Chart

<b>Day #11</b>	11, as the highest spiritual number is best expressed as intuition as a Day Number. This intuition can be very reliable if the emotional extremes that are common with the 11 are not allowed to interfere with the intuitive messages. When brought under control, the mood swings and intense emotions of the Day Number 11 can be used to receive very accurate and reliable intuitive message and guidance.
<b>Day #22/4</b>	<p>As the most powerful Day Number, the 22/4 can have exceptional power - either positive or negative. In the positive, if the individual has achieved a healthy balance of all three Planes (Mind, Soul &amp; Physical), they have the self-awareness that they can do anything. In the negative, it can be a power-hungry number causing a craving for power and success for the sake of power and control.</p> <p>22/4's power lies in the fact that it combines the intuitive 2 with the practical 4. Those with this number have a constant influx of intuitive messages available to them (via the 2's intuitive power) and with the practical nature of the 4, it allows for efficient and balanced processing of these messages. This of course is only possible when there is balance. If there is more emphasis on one or the other number (2 or 4), the unbalanced nature can take hold.</p> <p>The Day Number 22/4 is the perfect example of how living more through your Day Number than your true essence (the Ruling Number) can create an unbalanced individual. Those who have a less powerful Ruling Number can be swept up in the power of their 22/4 Day Number. The 22/4 is a</p>



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## The Complete Name Number How You Express Yourself Through Your Name

Names must be regarded as an adopted part of our personality and expression. A name is important because it's essence becomes fused with our own. Names are not given by chance and are also another tool we choose before incarnating.

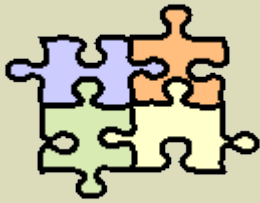
The Complete Name Number is related to but less powerful than the energy of the Ruling Number. It is how we express our essence through our name. It is another aspect of personality, not of our true essence.

The Complete Name Number can either balance or strengthen the power of the Ruling Number. If the sum of the name is the same as the Ruling Number it is most ideal as it provides the greatest reinforcement available in a name. If the Ruling Number and sum of the name are different but on the same Plane, then the name energy provides balance on that Plane. If the Ruling Number and the sum of the name are on different Planes it provides the most opportunity through a wider range of vibrations to expand the personality.

If a birth date is a weaker vibration with less strengths on the Birth Chart, a powerful name vibration can help to provide balance. Personalities will become more balanced when the Ruling Number and the Complete Name Number are harmonious.

I	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

When calculating the Complete Name Number it is important to only use the name you most associate with whether it is a birth name or a nick name. The first name is generally the only one used as it is this name that we most resonate with. Calculating the meaning of the middle or last name holds much less meaning than the first name. The last name is only applicable in more formal situations or when you are in a high ranking position such as the President or CEO of a business since your first and last names are frequently spoken and used by many people.



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## The Complete Name Number How You Express Yourself Through Your Name

Calculation of the Complete Name Number is similar to the Ruling Number calculation. Adding the total of the name and reducing to a single digit. The chart below gives the numerical meanings for each letter of the alphabet.

Using the name Michelle as an example, this is how the Complete Name Number is calculated:

M	I	C	H	E	L	L	E
4	9	3	8	5	3	3	5

Add the numbers together and reduce the number to a single digit.

$$4+9+3+8+5+3+3+5=40 \quad 4+0=4$$

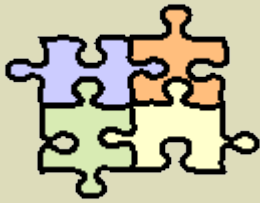
The name MICHELLE adds to a 4.

## Colors and Gems The Color and Gemstone that Resonates with Your Number

Number	Color	Gem	Key Meaning
1	Red	Ruby	Beginnings
2	Orange	Moonstone	Cooperate
3	Yellow	Topaz	Enjoyment
4	Green	Emerald/Jade	Practical
5	Blue	Turquoise/Aquamarine	Change
6	Indigo (navy blue)	Pearl/Sapphire/Lapis	Responsibility
7	Purple/Violet	Amethyst	Faith
8	Beige/Brown/Pink	Diamond	Achievement
9	All pastels	Opals/Gold	Completion
11/2	Black/white or pearl gray	Silver	Intuition
22/4	Coral/Russet	Coral/Copper	Greatness

*\*information taken from book "Colors and Numbers" by Louise L. Hay.*





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## The 9 Year Cycle of Change

### The Personal Year Cycles of Growth and Consolidation

#### The 9 Year Cycle of Change

Although Numerology is mainly a scientific means of self-analysis, it also has a more flexible side. Our birth date and the aspects of it form the basic or core of personal Numerology while the Personal Year Cycles are the variant part of the puzzle.

We have all felt the cycles in our lives but most have neither recognized them or taken advantage of their full potential. Many of us have had years where there were many opportunities and tremendous growth periods. In contrast, we have all had years when nothing much seemed to happen in the way of progress, despite our best efforts. If we had known in advance that a particular year was a growth year or a consolidation year, we could map out our actions so as not to fight against the inevitable. For example, if it were a year of consolidation, we would know not to make any plans for major changes in our lives. We would know that we should be “resting”, “pruning” and “analyzing” in order to prepare for the next year which would be a growth year.

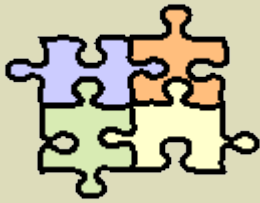
By knowing our Personal Year Cycles, we can be prepared for what lies ahead. Everything in life runs in cycles. The 24 hour clock is a version of the growth/rest cycle. The four seasons are also an example of the growth/rest cycle. Earth has cycles too which correlate with the 9 Year Cycle of human evolution. For us, the cycles are called Personal Year Numbers and for Earth, the World Year Numbers.

Personal Year Cycles are periods of 9 years. Each Period is necessary for the physical, spiritual and/or mental growth and is always followed by a period/year of consolidation to allow us to assimilate and integrate the growth we have achieved. Realizing that not every year is nor can be a growth year reduces the amount of stress and pressure we put on ourselves to continually and constantly achieve success.

Like the World Year Number, our Personal Year Number follows the calendar starting January 1st and running to December 31. Regardless of how far into the year your birth date falls, your Personal Year energy will begin January 1st.

To calculate our Personal Year Numbers, we must first calculate the World Year Number.

Eg. 2008 = 2 + 0 + 0 + 8 = 10 = 1 + 0 = 1



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## The 9 Year Cycle of Change

### The Personal Year Cycles of Growth and Consolidation

As with Personal Year Cycles, the World Year Cycles run from 1 to 9 then back to 1 again to repeat the cycle. Occasionally the World Year Number, like the Personal Year Number, will add to 22/4. This happened in the years 1894, 1939, 1948, 1957, 1966, 1975, 1984, 1993 and won't happen again until 2299. If we look back in history there are always significant world events that occurred under the powerful vibration of 22/4.

To calculate our Personal Year Number we simply add our month and day of birth to the current World Year Number.

Eg. January 4, 1978

$WYN(2008) 1 + 1(\text{Birth Month}) + 4(\text{Day of Birth}) = 6$  **Personal Year Number**

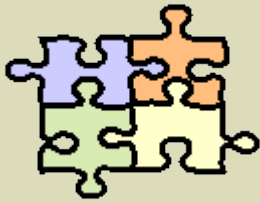
Looking at the numbers 1-9, 1 and 9 form the peak of the cycle because 1 is (represents) the beginning and 9 is the end. Thus, most of the change we experience in life typically happens under these vibrations. In other words, our pivotal points or major life events usually happen during these peaks.

This is however, one other peak in the cycle and it is referred to as a "mini peak". The number 6 Personal Year is considered the mini peak with its tremendous amount of creative energy.

Years 4 and 7 in the cycle are considered the consolidation/rest years. These are the years when we should not attempt any major changes in our lives. These years are meant for reflection, pruning, organizing, resting and stabilizing. Essentially integrating the changes and realigning ourselves and our lives after major changes have occurred in the previous years so we can see where we have come and where we are/need to go next.

One other important point is that each of the four 9-year Cycles of Maturity is progressively stronger in power and strength, asserting more energetic influence and potential for change and assimilation. This is of course a sign of our evolving maturity as we move along on our journey.

I shall start with discussing the Personal Year of 9 as it is both the beginning of a new cycle and the end of an old.



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## The 9 Year Cycle of Change

### The Personal Year Cycles of Growth and Consolidation

#### Personal Year of 9

The Personal Year of 9 is dubbed “The Peak Year of Change”. Its energy brings waves of change energy with it by incorporating the idealism and ambition nature of the 9. It is a year when anything goes. People feel drawn to change jobs, locations, relationships, etc. It is also a humanitarian energy and many feel drawn to partake in causes that help mankind as the other trait of 9, responsibility, comes into the mix. The 9 year is the beginning of a new cycle as well as the end of an old one. It is where the two currents come together to make big waves. If there was something you were putting off doing, a 9 energy is the place to do it!

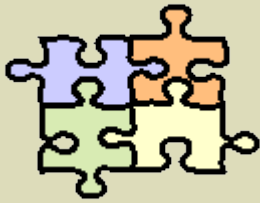
#### Personal Year of 1

This is the year in which we recover somewhat from the whirlwind of the 9 year. 1’s energy is about integrating into our lives the changes we have made the previous year. It is a time of adjustment but can also be a time of further change for some. If you are a mental Ruling Number, you would be more inclined to “think” and plan the changes you want to make under a 9 energy because 9 is also a Mental Plane number. Then, under the 1 energy, you would be inclined to act on those plans because 1 is a Physical Plane number. A 1 energy gives us more self-confidence (1 is the number of verbal expression and ego expression) to adjust to our new lifestyle and it is also a “doing” number which gives us the energy and stamina we need to get things done.

#### Personal Year of 2

2 is the number of intuition and sensitivity. During a 2 year expect to feel the pull of the spiritual self. Inner self-reflection is almost automatic this year. Heightened emotional and intuitive sensitivity is also common under a 2 year. Even the most active Ruling Numbers find the energy of the 2 has a calming and serene tone. 2 is not a major change year but a year of spiritual development and growth. Emotional control is also a side effect of the spiritual evolution experienced during a 2 energy.

But, because of the whirlwind energy of the previous two years (9 and 1), some find the 2’s peaceful energy hard to deal with. This is when negativity can take hold and agitation, restlessness, insecurity, fear and argumentativeness can dominate. These feelings are due to heightened intuition and emotions. One must realize a 2 energy is not about outward progress but rather an inward change energy. Those who find the transition from the fast-pace 9/1 energy to the peaceful 2 difficult - focus on meditation and actively practicing love and acceptance is a must. The energy of the 2 is meant to allow our spiritual and emotional self to come into alignment with the major



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## The 9 Year Cycle of Change

### The Personal Year Cycles of Growth and Consolidation

physical changes we have made under the previous two years of 9 and 1.

#### Personal Year of 3

3 is the gateway number to the Mind Plane therefore a 3 year's focus is on mind expansion. The mind is attuned to peak performance and is thirsting for knowledge in many forms. Some feel drawn to pursue a traditional academic form of learning while others feel called to learn through personal growth. Travel is a very popular means of learning under a 3 energy. Travel may simply be for pleasure, however it usually turns out to be a learning adventure on many levels. The learning that is done under a 3 energy is especially able to be retained because of the power of memory innate in the 3. Growth of our memory is important as it forms the basis for our self-esteem and self-confidence.

Keep in mind that a 3 year is not all about study and learning as we should look to 3's sunnier traits—that of humor, laughter and happy social interaction and incorporate those into the 3 year.

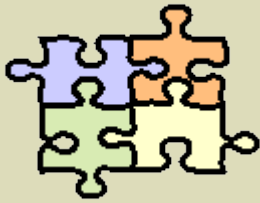
#### Personal Year of 4

4's practical and down-to-earth nature makes it a year of consolidation. It is not a period in which major changes should be undertaken. It is a year when pruning the dead wood from one's life, getting rid of things that no longer serve us. It is a year of cleaning out our closets to make way for the new. It is a "squaring" year as indicated by the 4 sides of a square. Any major changes that are attempted almost always result in loss of some kind.

4 is also a year of rest and relaxation as a means of preparing and aligning ones self in preparation for the up-coming change years. Using the stable and secure nature of the 4 to align one's body, mind and soul is essential during the Personal Year of 4. Making way for the upcoming growth by removing excess/unnecessary "clutter" and gaining a solid footing for the future is the theme of the 4 year.

#### Personal Year of 5

5 is the number of the heart and governs the emotions. A 5 year is considered the year of "freedom of expression". The draw to express oneself in many forms is high under a 5 energy. Many people feel drawn to change careers, locations, relationships, etc. It is a high freedom period where confidence and self-esteem are plentiful. Movement away from physical aspects in favor of things like artistic or spiritual



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## The 9 Year Cycle of Change

### The Personal Year Cycles of Growth and Consolidation

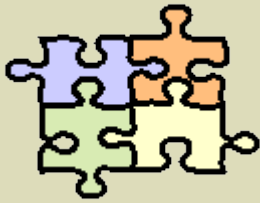
expression is the norm during a 5 year. One feels drawn to express their innate talents and passions because 5 is about living through the heart. A 5 year is a time of heightened emotions and awareness of spiritual presence and many thrive on this natural high and influx of positive energy. Living through the heart's eyes is the theme of the 5 year. It is definitely a good time to finally find your calling in life because there is no better doorway to the soul than through the heart!

#### Personal Year of 6

Considered the "mini-peak" year in the 9 year cycles, the 6 is creativity. It brings a major jolt of creative power and can be a powerful change energy. Many feel drawn to express themselves in creative ways, not only at home but in all areas of life. Any creative endeavor that is started will have a great chance of success under a 6 energy. In the arena of relationships, 6 can be both positive and negative. A 6 year can be a time when new relationships are created but when old ones quite often change or are let go as they no longer serve us. Focus on the home and relationships is strong under the 6 year. Keeping positive, honest and full of integrity will make a 6 year positive. Continuing relationships that are meant to be released will heighten the negative traits of the 6—that of anxiety, worry, stress, anger, etc. In summary, 6 is a year to be creative but at the same time be honest with what we truly need in life as creativity can only breathe through truth, aka our true selves. 6 is a year of cleansing to make way for Truth.

#### Personal Year of 7

Like the 4 year, a 7 energy is a low change period. 7 brings us inward for reflection. As we climb the spiritual mountain, a 7 year is when we give pause to look back at how far we've come and look ahead to the direction we want to go next. It is a time to assess and integrate past experiences for the purpose of learning (and releasing) and to look ahead to decide which path we need/want to take next. This pause is necessary before we enter the high change of the next two years, the 8 and 9 energies. The 7 energy is a planning and preparation phase. A time to get our energies in order so we can ready ourselves to embrace the many changes to come. Aside from being called within, 7 is also the teaching/learning number and many feel drawn to share their wisdom gained thus far or to involve themselves in learning of some kind to further their understanding of life. By far, the focus of a 7 year is not change but inner spiritual work. Meditation, journaling, and reading are a few examples of the reflective activities a 7 energy will draw you toward.



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## The 9 Year Cycle of Change

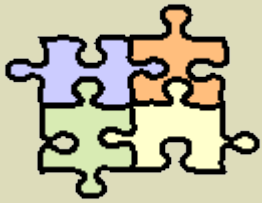
### The Personal Year Cycles of Growth and Consolidation

#### Personal Year of 8

As you leave the solitude and peaceful self-reflective period of the 7 year, entering the 8 year is a refreshing change of pace with its high change energy. 8 is the number of wisdom and active independence and is the most active number on the Soul Plane. The 8 year is a time to get things done, achieve goals, aspire to success in all areas of life. Those things you were thinking about or planning for are now ready to be manifested. Self-confidence and self-esteem are high this year as the traits of 8 are endowed upon you. Many opportunities come about in the form of coincidences during an 8 year. Some will enjoy financial/career success (depending on their Ruling Number) but for most the emphasis will be on recognizing the wisdom attained thus far in order to gain a greater understanding of one's purpose and self. This allows for much more success in accomplishing goals when the veil has been lifted and we put our accumulation of wisdom to good use. In summary, the 8 year is about manifesting our dreams through utilization of both our accumulated and innate wisdom.

<i>The Personal Years 1-9</i>	
<b>PY 1</b>	1 is a year of adjustment and also further change. 1 is a doing number and allows us to assimilate and integrate the changes made under the 9 year. The 1 year is a time to adapt to the new life we have created in the previous year. 9 and 1 form the peak of the Cycle of Change.
<b>PY 2</b>	2 is the year of spiritual, emotional and intuitive growth. It is about inner progress not external progress.
<b>PY 3</b>	3 is a mind expansive year. Learning in many forms is the theme of the 3 year. Travel is a popular means of learning during a 3 energy. Learning is particularly effective under a 3 vibration because of the 3's innate power of memory.
<b>PY 4</b>	4 is a year of squaring and consolidation. It is a year of cleaning the clutter to make way for the new. Rest and relaxation is a must in preparation for the upcoming change years.
<b>PY 5</b>	The 5 year is about freedom and expression through the heart. The heart is the window to the soul and many find their true passion/calling under a 5 energy.
<b>PY 6</b>	A 6 year is creativity in all forms but it also has a strong focus on relationships and the home. Relationships can be created, changed or ended under a 6 as truth and integrity become a priority under a 6 vibration.
<b>PY 7</b>	7 is a year of self-reflection, looking back at our previous experiences and looking ahead to our next steps. It is a year to prepare our soul for the high change energies ahead.
<b>PY 8</b>	8 is a year of manifesting dreams and achieving goals. The increased self-confidence and active independence that accompanies the 8 energy will assist in achieving success in all undertakings. Recognition and use of one's wisdom will also facilitate success under the 8 energy.
<b>PY 9</b>	A 9 year is considered "The Peak Year of Change". It is also the beginning of a new cycle and the end of an old. Expect to change things up—a lot!





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## The Pyramids

### The Cycles of Maturity/Peak Years

The 9 Year Cycles of Change we have just discussed also fit into a bigger cycle, the Cycles of Maturity. Although we continually experience these 9 year cycles throughout our lives, there are four 9 year cycles that hold special significance in our growth and path. These special cycles do not begin until we reach adulthood and begin to interact with the world on a larger scale.

There are four 9 year Cycles of Maturity which each have their own energetic overtone. These Cycles or Peaks encompass a span of 27 years and are periods of significant growth and development. I like to refer to them as pivotal periods because great shifts in direction and consciousness are almost always experienced. The energetic power of each Peak or Cycle is often stronger than the last as we take major leaps in our personal unfolding and gain maturity and wisdom. As we learn from each Peak or Cycle we apply those experiences and knowledge to the next Peak/Cycle thus we are better equipped to fully utilize its power and potential. This is why it is called the Cycles of Maturity as we continually grow and mature with each of the four Maturity Cycles, each one building on the last.

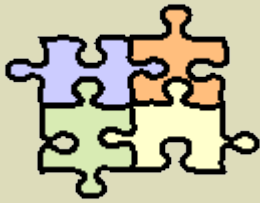
To calculate the age at which we begin these Cycles of Maturity, we subtract our Ruling Number from the number 36. Before we discuss the calculations, I would like to explain further the significance of the number 36.

The mystical number 36 has special significance in the design and construction of the pyramids in Egypt. As well, 36 is the square of 6 and 6 is the number of creation. Biblically, it is also the number of chapters in the fourth Book of the Bible which is called "Numbers".

Using the number 36 always guarantees that we begin each Peak/Cycle during the Personal Year of 9. This 9 year, as we discussed, is both the end and beginning of a new cycle. It is no coincidence that by using 36 we always begin a new Cycle precisely at the 9th year, regardless of our Ruling Numbers. This certainly shows that Numerology is quite mathematical and scientific as it is simply a means to show the flow and structure of energy. There is nothing mystical about it!

To construct our "pyramid" and fill it in with the appropriate numbers, we must first calculate numbers of the base of the pyramid. Like the calculation for the Ruling Number, we need to reduce the three parts of the birth date to single digits.





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## The Pyramids

### The Cycles of Maturity/Peak Years

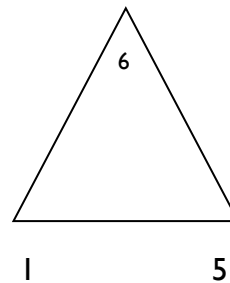
#### Step 1 - The Calculation

Convert the birth date to its full numerical value. An example, Jan 14, 1978, would be 1/14/1978 (always include full year). Further reduce separately, each to a single digit, the month, day and year.

Eg. **Month** Jan(1) + **Day** 14(1+4=5) + **Year** 1978(1+9+7+8=25, 2+5=7)

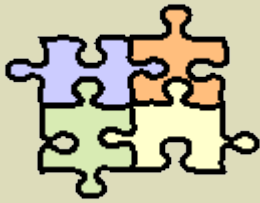
#### Step 2 - Construction of Pyramid

The pyramid is construction using four separate triangles. The triangle(s) represents the spiritual mountain and our quest for awareness. The pyramid is comprised of four smaller pyramids which represent human life through the stages of maturity.



#### Calculating 1st Peak

Using the previous example, 1/14/1978, the first Pyramid (Peak) is calculated using the Month (1) and Day (1+4=5) of the birth date. Add these two numbers to find the first Peak's numerical vibration. 1+5=6. 6 is the first Peak number. This number is placed in the "peak" of the first triangle.



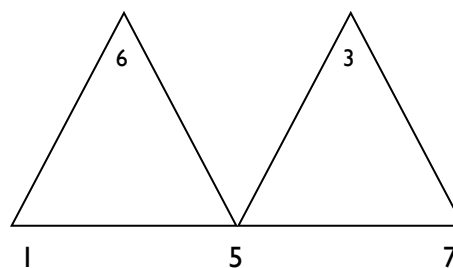
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## The Pyramids The Cycles of Maturity/Peak Years



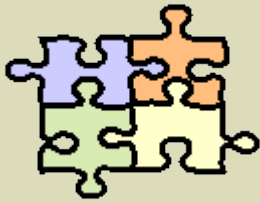
### Calculating 2nd Peak

To calculate the 2nd Peak we must first draw a second triangle beside the first and place the single reduced year digit of 7 in the far right corner. Then add the Day ( $1+4=5$ ) and the Year ( $1+9+7+8=25$ ,  $2+5=7$ ) to find the numerical value of the 2nd Peak.  $5+7=12$ ,  $1+2=3$ . The second Peak is a 3.

**Note:** Always reduce to single digit for 1st & 2nd Peak values.

### Calculating the 3rd Peak

To calculate the 3rd Peak we must first add a third triangle on top of the previous two. This forms a third triangle which will form our 3rd Peak. To calculate the value of the 3rd Peak, add the values of the 1st (6) and 2nd (3) Peaks. Unlike the previous two Peaks, if the sum adds to a double digit we do not always reduce to a single digit. The exception is if the sum adds to 10, 11 or 22/4. In these cases we leave the sum as is and do not further reduce it. This rule only applies to the 3rd and 4th Peaks. The reason being is that these three numbers, 10, 11, 22/4, hold tremendous potential for growth and development but they also require an adequate level of maturity and wisdom to be properly utilized. Therefore if these numbers appear in the 1st or 2nd Peaks they are reduced to instead better facility growth in the younger years. 10 would reduce to 1, 11 would reduce to 2 and 22/4 would reduce to 4.



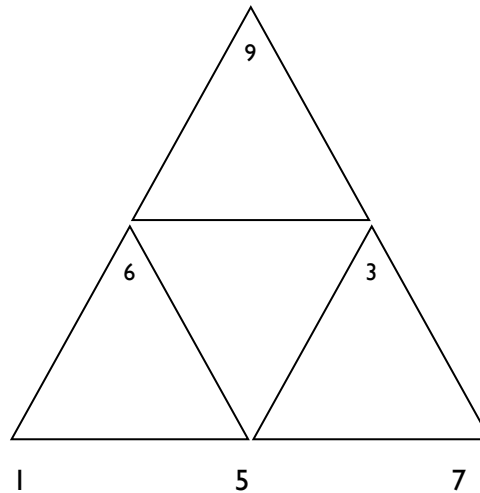
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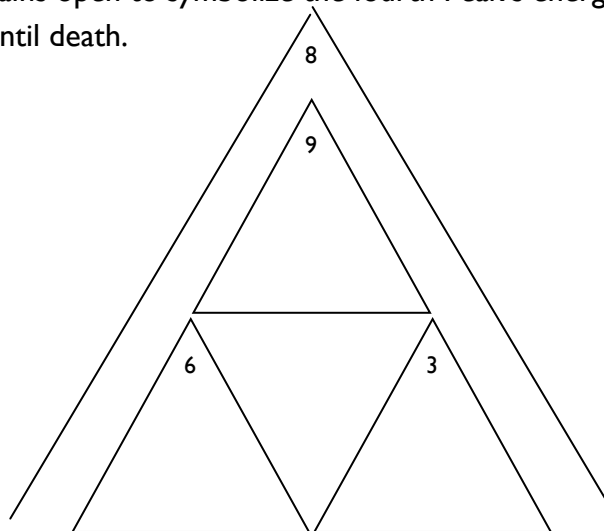
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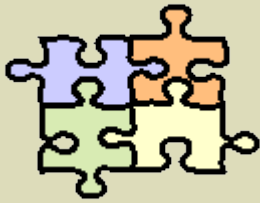
## The Pyramids The Cycles of Maturity/Peak Years



### Calculating the 4th Peak

The fourth and final Peak is calculated using the outer two numbers of the pyramid, the Month (1) and Year (7). To represent this Peak we draw a fourth "open" triangle outside the pyramid structure. This triangle is missing one side and remains open to symbolize the fourth Peak's energy continuing past the 9 years until death.





# Power of Numbers

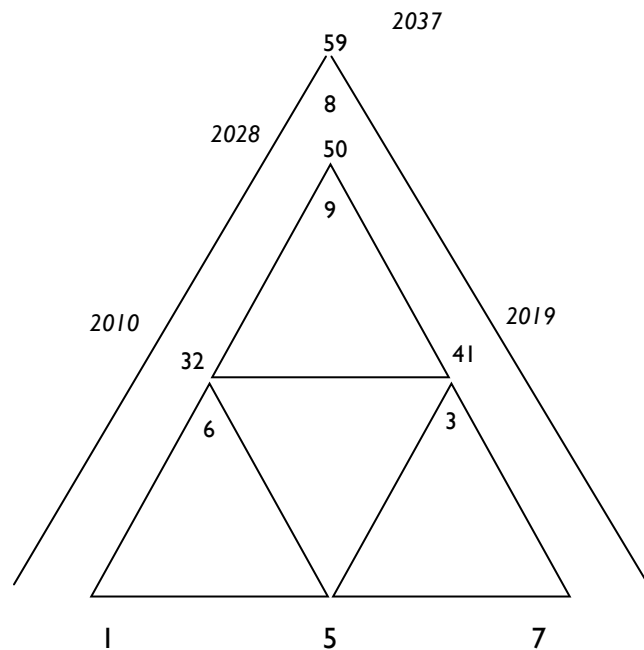
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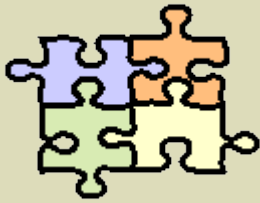
## The Pyramids The Cycles of Maturity/Peak Years

Referring again to the birth date 1/14/1978, we can now add the ages/years in which each Peak is reached. We must first figure out the Ruling Number of this birth date. Reduce each part of the birth date (m/d/y) to a single digit and then add together. If sum is a double digit, reduce to single digit. The birth date reduced is  $1 + 5 + 7 = 13$ ,  $1+3=4$ . 4 is the Ruling Number. Subtract 4 from 36 and you will arrive at the age in which the Peaks/Cycles of Maturity begin for this birth date.  $36-4=32$ . Add 9 years to each previous age to calculate the beginning age of each Peak. For the Ruling 4, the ages would be 32, 41, 50, 59.



The last step of the construction process is to add the calendar year corresponding to that age. For this date of birth 1/14/1978, the year in which they were 32 was 2010 ( $1978 + 32 = 2010$ ). Add 9 years to each of the previous calendar dates to fill in the remaining dates. The calendar years for this birth date are 2010, 2019, 2028, 2037.

Now we're ready to analyze it!



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## The Pyramids

### The Cycles of Maturity/Peak Years

#### Step 3 - Analyzing the Data

The pyramid structure we just created holds within it the map of your path. We have discussed who the *real* you was and now it is time to find out where this real you is going in this life! The Peaks are periods of growth and development and each Peak's numerical vibration can give us clues as to what we will be doing during those years in our lives. Whether it is a physical "doing" number or a spiritual, reflective number, knowing what that energy is can help us go with the flow instead of trying to fight our way upstream. For example, if we try to make changes under a very reflective time, we are most certainly setting ourselves up for failure.

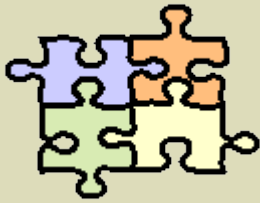
#### The Peak Numbers

##### Peak of 1

Expressing yourself through doing is the theme of this Peak. 1 is the a doing number as the first number on the Physical Plane. It is also the number of verbal and ego expression. It is a high change energy as it forms half of the peak in the Cycles (9 and 1 form the peak change years). You will find that relationships may change or end under a 1 year as we strive to express ourselves and voice our opinions, thoughts, etc. Anything that was out of alignment with you or your path will often come to a head under a 1. Rocks will be overturned and things will be brought to the light to be examined and talked about. 1 energy gives confidence to speak your mind and facilitate personal expression. In youth, a 1 energy is a time to start a career, get married, build a house, start a family, etc. It is a no-nonsense number that gets down to the business of doing and experiencing.

##### Peak of 2

2 is the number of intuition and sensitivity and so this Peak is about going within. It is not a period of expansion in the material/form sense but rather a period of expansion and growth, spiritually speaking. A focus on spiritual living in all areas is the theme of the Peak of 2. Emotions will be heightened during a 2 energy. Depending on the level of maturity reached thus far, a 2 energy can either be a time of rapid spiritual growth and intuitive development or it can cause heightened emotions and excess sensitivity. A Peak of 2 is a time when our focus should be on our emotional/spiritual development and we should not be concerned with gaining on the material level.



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## The Pyramids

### The Cycles of Maturity/Peak Years

#### Peak of 3

As the gateway number to the Mind Plane, the emphasis during a Peak of 3 is always on mental activities. It is a period of learning, analyzing and reviewing. Some may seek regular academic learning while others are drawn to learn in more unconventional ways. Travel as a means of expanding one's insight into life is common under a 3 energy. If the mental sphere is not allowed room to express itself and seek knowledge, many people assume a critical and demanding overtone.

#### Peak of 4

4 energy is all about physical and materialistic achievement. As the number of practicality and the middle Physical Plane number, it is very much a doing period. Much success can be achieved under a Peak of 4 if one is willing to work hard for it. Nothing new should be started under a 4 energy, but whatever you are involved in already can benefit from 4's hard-working physical energy. 4 is a period of pruning, of sorting and cleaning the clutter in one's life. 4's practical nature does not allow anything to remain that is not of benefit. Any period of 4 or 7 is a time of consolidation not major change. Aside from 4's well-oiled machine energy, plugging along the track of progress, it is also important to seek out adequate rest and relaxation to avoid succumbing to 4's tendency toward work-a-holism.

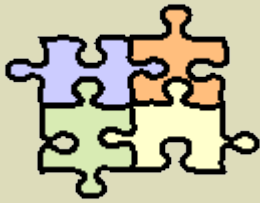
#### Peak of 5

5 is the number of the heart and governs emotions so the main theme of a Peak of 5 is the experience of great change to one's emotional state. With a new-found awareness and understanding of emotions comes an increase in emotional control. With this emotional balancing comes a greater sense of freedom and ability to express the true self. Unclouded by emotions, the intuitive faculties broaden and reactive behavior lessens and we are able to see things from a more detached and clearer perspective. Due to this expansion of our view of things many people will find their life purpose or passion under a Peak of 5. Most feel called to change their career as they suddenly become aware that it is not the right fit for them. It is most common to find one's true calling under a Peak of 5.

#### Peak of 6

With 6 being the number of creativity/creation, a Peak of 6 is a period of intense creative potential. For the few very aware souls, it can be a time when the best of one's spiritual and mental faculties can combine to bring unlimited creative potential





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## The Pyramids

### The Cycles of Maturity/Peak Years

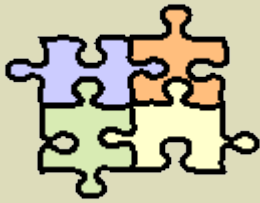
in all areas of life. For most however, the creative power of the Peak of 6 is focused on the home and relationships. Many misunderstand the creative energy as a pull to settle down and start a family. Those who are already married get wrapped up in their home affairs, leaving little room to expand the creative energy outside the home setting. 6 is the number of extremes and the powerful creative energy that accompanies a Peak of 6 can easily get funneled into negative and unproductive behaviors when the creative energy is focused only on the home and relationships. Focus should be on establishing ways to create in all areas of one's life to fully utilize the creative power of the Peak of 6.

### Peak of 7

Along with the 4 energy, 7 is the other consolidation number. It is not a period of external change but a time to reflect and look within. It is a period when we look back at where we have gone, how far we have come and look ahead to where we want/need to go next. 7 is the teaching/learning number as well as the most active number on the Physical Plane. 7 energy learns through doing and so under a Peak of 7 we feel called to share our wisdom gained through our personal experience thus far. There is no better form of learning than teaching and much knowledge can be gained from sharing ourselves with others. The teaching usually is of the non-traditional academic variety. Aside from the sharing of one's wisdom, a Peak of 7 can be a trying time as 7 energy learns through hindsight and many experience learning in the form of sacrifice and/or loss.

### Peak of 8

8 is the number of active independence and so the theme of a Peak of 8 is independence. Self-confidence and self-esteem are abundant during a Peak of 8 which further facilitates the independent energy to move us toward achievement. The form this achievement takes depends on one's Ruling Number. If the Ruling Number is even, financial/business success is usually the path taken. If an uneven Ruling Number, artistic (sometimes academic) achievement is usually the rule of thumb. During a Peak of 8 we must be careful when choosing our company so as not to allow anyone to suppress or limit our independence, thus limiting the great potential for achievement.



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## The Pyramids

### The Cycles of Maturity/Peak Years

#### Peak of 9

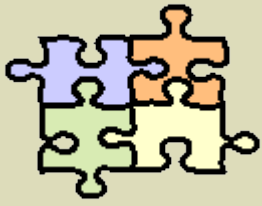
9 is the humanitarian number and so this is the energy of the Peak of 9. A strong energy to serve mankind surrounds someone under a Peak of 9. Many people are attracted to this energy and most under this Peak will find people flocking to them for help, placing great demands on their time. It provides ample opportunity to serve mankind, which is the theme of this period, but it can also be at times overwhelming to be “counselor” all the time. Also, as 9 is the highest change number, many under a Peak of 9 will change jobs, locations, relationships, travel or any number of change inducing activities. These changes often come about because 9 is the most active Mental Plane number and focus is on planning, analyzing and assessing both the needs of others and ourselves. As the number of idealism, it brings a need to rearrange our lives based on our ideals.

#### Peak of 10

A Peak of 10 is only possible during the third or fourth Peak. During the first or second Peak, a 10 is a 1 energy. This is because 10 has enormous potential that is better reserved for the more mature soul who has gained adequate experience and wisdom. By drawing upon these previous life experiences we can fulfill the call of the 10 energy to assist and guide others during important change/adjustment periods in their lives. Many more mature souls assume critical roles of guiding and encouraging those less developed souls under a Peak of 10. It can be a very rewarding and spiritually satisfying period and as the New Age period approaches it requires a higher level of responsibility than ever before.

#### Peak of 11

Like the 10, a Peak of 11 can only occur on the third or fourth Peak. If it occurs during the first or second, it is a 2 energy. Also like the 10, a period of 11 requires a high degree of maturity and responsibility to handle its intense power. 11 is the highest spiritual number and a Peak of 11 is all about spiritual blossoming. The high intuitive energy of the 11 brings with the ability to see things from a greater, wider perspective. But, the key to utilizing the full power of the Peak of 11 is to practice Truth in all thoughts and actions. By living with integrity during a Peak of 11 we end up guiding others toward their own spiritual awakening - we lead by example.



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## Analyzing an Address The Energetic Make-up of a Property

An address has an energy of its own that can have a significant influence on us. There are three different ways to analyze an address. The street number is the number which resonates most with us and is considered the most important aspect of an address's vibration. When calculating the street number's numerical meaning, always reduce to a single digit. For example, 923 Main Street would be added as  $9+2+3=14$ , further reduces to  $1+4=5$ .

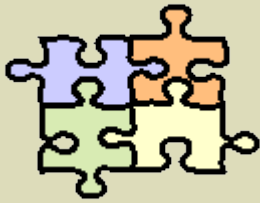
Another way to look at the details of a location's energy is to examine the individual numbers in the street address. The individual numbers exert a lesser influence than the sum of the digits, but still play a role in the overall energetic pattern of the property. This is especially so if the street address has multiples of the same digit like 1115, 222, 339, 8884, etc.

Examining an address in this way is similar to analyzing our birth dates or Birth Charts. The overall sum of the digits is the house's main essence (like our Ruling Number) and the individual numbers are like the traits/tools (individual numbers on Birth Chart).

The third way to view a property's energetic pattern is to add the entire address including the numerical value of the words. This is a much broader view of the property's energy as there are many Main Streets, for example. By far the most important and most relevant number is the street or house number reduced to a single digit. But, there are always exceptions to the rule and you may find that your property resonates most with the overall total of the address (numbers and words). For instance, this can sometimes be the case with unusual/unique street names.

Analyzing an address can tell you whether the property is compatible with you and your loved ones. Some address numbers are good for business and financial prosperity yet not great for love and romance. Some addresses inspire and uplift while others draw you within for self-reflection and solitude.

Depending on your own energetic make-up, your house could be complimentary or hindering your success. House energy can also affect not only our ability to accomplish but it can also affect our general health and well-being. Finding a house that fits us is just as important as finding a well-fitting shoe!



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## Analyzing an Address The Energetic Make-up of a Property

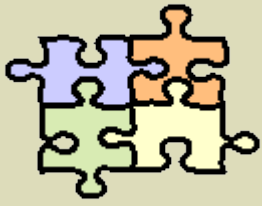
Over time, you may find that you have outgrown your house and it is time to move on. This can happen, for example, if you spent time working on inner growth in a 2 or 7 house and now find yourself drawn to settle down and start a family. 2 or 7 house energies aren't particularly great for families but better suited to the single person (or couple) seeking spiritual growth and solitude. The 4 or 8 provides a stable home for families as 4 represents the square and its four sides. 8 is great for financial stability and perfect for a home-based business.

Of course there are endless options for the endless unique energy combinations out there. For some families, a 2 or 7 house may work perfectly if all members of the household value their alone time regularly and each person has their own "quiet" space they can retreat to undisturbed.

To calculate your own property's essence, begin by adding the street number and reducing to a single digit. The meanings of each address number from 1-9 are listed on the following pages. When looking at the street digits individually, refer to each separate number meaning to discover the different elements of the house's energetic makeup. For example, 123 Main Street has the overall essence of 6 ( $1+2+3=6$ ) but also carries the qualities of the 1, 2 and 3.

When calculating the total of both the street number and street name, refer to the Letter Chart on page 21 which gives the numerical value for each letter in the alphabet. Use the full street name including the suffix (street, avenue, road, lane, etc). Add the letter values to the street number and reduce to a single digit.

This third way of analyzing an address is a broad view and should not be used as the primary method of determining compatibility of a property. It's fun to see what this number adds to but it should be viewed more like our Complete Name Number. Our name is not our true essence but rather how we express ourselves through our ego/personality. Likewise, by adding the numerical meaning of the street number/ name, we get a view of the more superficial energies of the house, not its true essence.



# Power of Numbers

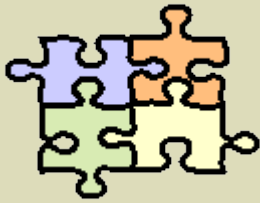
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## Analyzing an Address The Energetic Make-up of a Property

- 1 Keywords: New beginnings/opportunities, independence, leadership, determination/drive, spontaneous, impulsive.** Great for singles with career/business as top priority, not good for wishy-washy unmotivated people. 1 is the number of ego expression through verbal means and as such, the 1 property is confident and assertive. This address is all about achievement through physically doing and experiencing.
- 2 Keywords: Supportive, sensitive, intuitive, loving, marriage, cooperation, team work, patience.** The 2 energy brings a tolerant and peaceful atmosphere and is great for inspiring romance. Good home for couples but singles may find it lonely and isolating as it is intimate energy. Great address for social events such as family reunions. The 2 is not at all a driven energy but rather a thoughtful and supportive one.
- 3 Keywords: Bright, happy, casual, social, fun-loving, not serious, humorous, creative, optimistic, flexible, happy-go-lucky.** Good address for both families and singles. Lacks focus, direction and motivation but inspires creativity. "Dreamers" such as artists and authors are best suited to a 3 property. Ambitious or serious career-driven folks should avoid this address. This house address loves social gatherings and visitors.
- 4 Keywords: Solid, secure, stable, predictable, practical, home-base, conventional, responsible, trustworthy, foundation.** The 4 house is a place where a family can feel truly at home, safe and secure in all ways. A 4 address works very well when a "home-base" feeling is needed, like a hotel, bed and breakfast or farm. Not a great house for artistic or eccentric people, better suited to young families needing financial stability and a place to grow roots. Career-oriented singles also do well in a 4 address because it encourages financial growth from a practical perspective.



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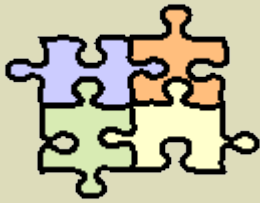
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## Analyzing an Address

### The Energetic Make-up of a Property

- 5 Keywords: Beauty, love, passion, freedom, change, romance, unreliable, unstable, impulsive, risk-taking.** This is an address that lives through the heart. A great address for singles looking for love but it lacks the endurance to foster a long-term relationship. Emotions can run high in a 5 house. Those with an even Ruling Number find the energy of a 5 house too chaotic and erratic to live in long-term. A perfect location for the artistic/ eccentric single but if you're looking to start a family, pick an even number!
- 6 Keywords: Responsible, loving, creative, idealistic, nurturing, family, relationships, sharing.** This address competes with the 4 for the perfect family home. The 6 encourages the sharing of feelings and doesn't allow relationship issues to fester. It is a very nurturing environment, a place where strong bonds can form—a place to nurture and be nurtured. 6 is more passionate and feeling than the practical 4 house so if you're prone to anxiety or stress, a 4 location would suite you better. 6 is the number of creativity so it is a great location for any career or business involving the visual arts, interior decorating, etc.
- 7 Keywords: Personal experience, hindsight, challenges, opportunities, confrontations, dynamics, exciting, unconventional, contemplation, inner growth, introversion.** Great address for independent singles or families with older children. The 7 address strongly encourages inner growth through experiencing life to the fullest and also by going within often to process and assimilate life's experiences with meditation and solitude. As much as the 7 address encourages leaping before thinking, it also pushes its occupants to seek the deeper meaning of life. Those who like to keep life light and superficial will find the 7 address too serious and "heavy". Coincidentally, many churches are located at a 7 address. Not a good address for a business unless it is spiritually-oriented.





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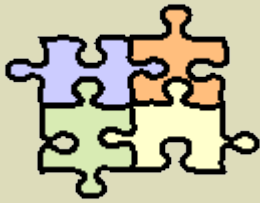
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## Analyzing an Address The Energetic Make-up of a Property

- 8 Keywords: Serious, business, deep change, opportunities, wealth, achievement, financial growth, confidence, stability, authority, drive.** This is the perfect location for a business but of the more serious kind (not of a spiritual or artistic nature as 8 energy is very conventional). 8 energy encourages financial growth and stability. It is a great place for both singles and families with financial growth/stability as a priority. The energy of an 8 location is strong and enduring which can lead to a strengthening of character and body/health while living there. The best location for career-driven people or larger families.
- 9 Keywords: Idealism, personal growth, self-confidence, serious, compassionate, humanitarian, change, intellectual, productive.** Since the 9 is a mental number, idealism rules the show in a 9 location. Dreamers and idealists fair best in the 9 home. We can see the broader picture of life from a 9 location and a great deal of deep thinking and planning goes on there. However, it isn't the best location to grow financially as the idealistic ideas usually aren't ever fully actualized and make up the bulk of the "change" energy. 9 represents the end of a cycle (and also the beginning) and a 9 location can also have a calm and serene atmosphere depending upon the energy of the people who dwell there. Better suited to singles—serious career-driven people should avoid a 9 location. An excellent home to retire in or contemplate and reflect on life. Can be a financially lucky address (lottery, inheritance, etc).





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## Analyzing a Phone Number Dialing Up an Energy Vibration

A phone number is analyzed in much the same way as an address. The full 7 digit phone number is too broad since many people share the first 3 digits (just as many people share the same street name). To get a better picture of your phone number's energy vibration, add the last 4 digits together and reduce to a single digit. The individual numbers can also be looked at separately, particularly if there are interesting combinations like multiples of the same number or several zeros, etc.

To get a feel for the meaning of your phone number's vibration, review the address meanings and also look back at the base number meanings (1-9) as well as the Ruling Number meanings. For example, a 4 is a 4 is a 4 no matter if it is a Ruling Number, a name or a phone number. The 4 will always have the traits of practicality, stability, trustworthiness, etc.—no matter where you see it!

## Number Sequences Seeing the Same Numbers Repeatedly

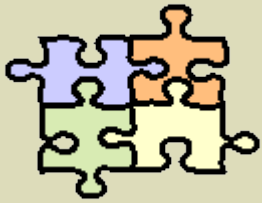
Have you ever had the same number or number sequence appear everywhere such as on clocks, signs, in dreams, etc? There could be a message waiting for you in those numbers. The "other side" attempts to communicate with us in any way they can and that includes numbers.

Here are a few of my favorite number sequences that hold big meanings.

**000** - Multiple zeros mean that God/Source/Spirit is trying to get a message across to you. Multiple zeros either alone or appearing before or after another number or numbers is like a neon sign saying "PAY ATTENTION!".

**111** - Watch your thoughts because you are rapidly manifesting with them at the present moment. 1 is the number of the ego and verbal self-expression and seeing multiple ones means you have likely slipped into the negative (ego) side with your thought patterns. 1 is an action number, a manifesting number through the physical.

**147** - This sequence has all three Physical Plane numbers and it's message is loud and clear - get off your butt and do it already! Many people see this sequence if they are procrastinating about taking action and it is hindering the flow of their life path.



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### Number Sequences

#### Seeing the Same Numbers Repeatedly

555 - CHANGE!!! 5 is the number of the heart and represents freedom of expression. You are being asked to follow your heart and make the changes that will set your heart free. Although 9 is the highest change number, the 5 is much more of a personal change number and the change is meant to be only for you, for your happiness.

999 - Embrace your path of service, whatever it may be. This is an urgent message that the time is now for you to serve your fellow man in the way you were meant to in this lifetime. It is a strong message that you are now in alignment with your path and you need to recognize it and take action without delay!

777 - Multiple 7's means congratulations on a job well done! You've taken major strides forward and now you're getting that much deserved pat on the back for your accomplishments. 7 is the highest doing number and so it may also mean "TAKE ACTION NOW".

222 - Multiple 2's message is "Everything will be fine, don't worry". 2, as the number of intuition, sensitivity and cooperation, is the direct link to the Spiritual realm. It is the gateway number to the Soul Plane. When we are completely connected to Spirit, we know, without a doubt, that all is well regardless of the current drama going on in our lives.

There are many ways you can analyze number sequences and the same number can mean different things to different people. Aside from the numerological meanings of numbers, the best book I have found that gives accurate meanings to number sequences is the book "Angels Numbers" by Doreen Virtue.

### Conclusion

So that's it! You now have a firm understanding of who you really are and possess the blueprints of your life path. As well, you now have access to the tools and resources to uncover these truths for others in your life, like family and friends. Not only will you be improving the quality of your relationship with your loved ones, you will be giving them invaluable insights about themselves and their journey. It is our most primary mission as a human being to assist the awakening of our fellow man and you now hold the knowledge to do so. In helping others, we help ourselves toward our own awakening.