



Telephone: (585) 266-7890
Email: hlaa.rochester@yahoo.com
Website: www.hlaa-rochester-ny.org

Volume 27, Number 5

published monthly except July and August

January 2014

JANUARY Calendar

Tuesday, January 7th

11:00 am - Refreshments/Social Time
11:30 am – Announcements/Business Meeting
12 Noon – 1 pm – Program Speaker

7:00 pm – Refreshments/Social Time
7:30 pm – Announcements/Business Meeting
8:00 – 9 pm – Program Speaker

Tues., Jan. 14th – Board of Directors

7:30 pm – Justin Vigdor Room, Al Sigl Center

Wed., Jan. 22nd – RWC/CaptiView movie,
AMC Webster – Between Noon & 3 pm. Email Ginger
the weekend ahead for exact movie & time.
ggraham859@frontiernet.net. See you there!

SAVE THESE FUTURE DATES

Tues., Feb. 4th – BOD meeting, 7:30pm, JV Room,
Al Sigl Center

Wed., Feb. 26th – RWC/CaptiView movie.
AMC Webster – Between Noon & 3 pm.

Thurs., March 6th – “Kick-Off” for the WALK

WEATHER – During the winter, the rule to follow for cancelations of meetings is: IF THE ROCHESTER DISTRICT SCHOOLS ARE CLOSED, OUR MEETING IS CANCELED. (No other notification will be made.)

Hospitality Duties for January:

Daytime Meeting –B. Law, J. McCarthy
Evening Meeting –A. Howard, B. Law
Board of Directors –L. Chaba, C. Coleman

Please sign up to help when the “Refreshment Sheet” goes around!

WELCOME ALL NEWCOMERS TO HLA!



JANUARY PROGRAM

(at St. Paul’s Church, East Ave. & Westminster Rd.)

Tues., Jan. 7th - Daytime Meeting 11:00 am

FAQ: CALLERS ASK ABOUT HEARING LOSS
– Barbara Bushart MSW, M Div.

The chapters web site invites visitors to “contact us to ask a question, obtain info, or request help with a problem related to hearing loss.” **Michelle Gross** responds to email questioners at hlaa.rochester@yahoo.com, and until recently **Ginger Graham** and also **Ginny Koenig** answered telephone questions. HLAA-Rochester is a wonderful resource for individuals with newly diagnosed hearing loss.

Addressing some of the questions coming to the phone line and web site is **Barbara Bushart**. She will share her thoughts about hearing loss and its effects on relationships and communication. She invites the audience to ask questions, too. Her presentation is planned to be a bit like a call-in talk show. “I think it can be fun,” Barbara says, “and also informative where some of the concerns that touch us all can be addressed.”

A faculty member at SUNY Empire State College and Associate Pastor of Community of the Savior in Rochester, Barbara also has served on our chapter Professional Advisory Committee and the

Continued on next page)

Tues., January 7th – Daytime meeting (continued)

Legislative Action Committee. Barbara has worked as a disability rights activist for the last 30 years, especially focused on hearing loss issues. Her own hearing began failing when she was 23, and she has worn a Cochlear Implant since 2005. She feels she has a passion to help individuals make a successful adjustment to hearing loss.

Tuesday, Jan. 7th – Evening Meeting – 7:00 pm**HLAA SCHOLARS TELL THEIR COLLEGE STORIES** – Cindy Kellner

In 1996, **Phyllis and the late J. Stuart MacDonald** initiated the HLAA-Rochester scholarships, granted to high school seniors with hearing loss who are pursuing further education.

Chapter vice-president, **Cindy Kellner**, will moderate as scholarship winners relate their experiences as hard-of-hearing college students. Away from their protective parents, they must advocate for themselves within a larger student body. Frequently, scholars continue their education nearby. Besides RIT and Gallaudet, they have attended Clarkson, Alfred, SUNY Oswego, and Ithaca College among others. Come and listen to their stories.

With the 2013 awards, 86 scholars have received \$70,500. The first grants were \$500 each, but the amount has since doubled to \$1,000. Generous supporters, Mr. and Mrs. MacDonald are the parents of **Sue Miller**. Much of today's scholarship funding also is raised by the Walk4Hearing each year in May.

HLAA-Rochester chapter meetings are held in the Vestry Room at St. Paul's Episcopal Church, East Ave. at Westminster Road, across from the George Eastman House. All programs are audilooped & captioned. A sign language interpreter is available for evening meetings only. To request an interpreter for an evening meeting, contact Linda Siple at 585 475 6712, a week in advance. (Please note, this phone is only for those needing an interpreter.)

The Hearing Loss Association is a nationwide organization dedicated to advocacy, education and support for people with hearing loss. For more information visit our website: www.hlaa-rochester-ny.org or telephone 585 266 7890.

Hearing loss is a daily challenge you can overcome. You do not have to hide your hearing loss. You do not have to face hearing loss alone.

**HLAA NATIONAL CONVENTION**

June 26 – 29, 2014 – Austin, Texas

Early Bird Registration Deadline- January 31, 2014

Keynote Speaker: Richard Einhorn, classical composer, “A Life in Music After Hearing Loss.”

Austin—mom-and-pop shops, wine bars, coffee houses, restaurants; some housed in historic homes dating back to the 1800s.

Hotel reservations at: Renaissance Austin Hotel, 9721 Arboretum Blvd., Austin, TX 78759-6316
Call 800-228-9290, or, 512-343-2626; or, www.Bit.ly/CONV2014.

Single/Double - \$154 + tax

Double/Triple - \$169 + tax

Texas Swing at Historic Scholz Garten –June 27th;
Texas BBQ and beer; Boot-scootin’ bands & more.



SAVE THE DATES!

Thursday, March 6th – Kick-off for the WALK

Sunday, May 4th – Walk4Hearing

Tuesday, May 20th – Cochlear Implant group

Tuesday, June 17th – Annual Dinner

Watch upcoming Newsletters for more details!

We Welcome All Donations

Please make your check payable to: HLAA-Rochester
HLAA is a 501©(3) organization.

Mail to: Ms. Joanne Owens, 1630 Woodard Road,
 Webster, NY 14580

Be sure to designate:

This donation is: In Memory of; or, In Honor of,
 or, Birthday congratulations.

And who to send the Acknowledgment to. Thank you.

VENUES WITH ALS OR CAPTIONING

By Tim Whitcher

Have you seen a movie or a show that has an Assistive Listening System or Captioning system and would like to share your experience with your fellow members? Did your church or synagogue install or upgrade such a system, and you'd like to make that known?

Please contact Tim Whitcher at hlaa.rochester@yahoo.com with the info that you'd like to share. (Please mark your email to Tim's attention.) Likewise, if you have a question regarding such a venue, please contact Tim.

"ARCHIVIST" –A REMINDER!

Good news! We have a Chapter Archivist! **Janet McKenna** (who comes "all the way from Grand Island" to support our Rochester Chapter!) has offered to take on this task.



Janet will clip, affix into scrap books, and caption articles about our Chapter appearing in area print media, as well as other materials such as programs, invitations, speeches, photos, etc. Janet will be looking for help from all Chapter members supplying info they've accumulated. This leading HLAA Chapter will now be on its way to retaining its 30-year history!

Contact Janet at: deaphyduck@gmail.com



For your Donation to HLAA:

Ontario Hearing Instruments (J. McNamara);
 United Way

For Your Donation Above Basic Membership:

J. Ewing; T. Hargrave, Jr.; H. Humphrey; C. Lee;
 A. Metcalfe; J. Metcalfe; H. Mowl (Rochester
 School for the Deaf)

SAVE THE DATE! SUNDAY, MAY 4TH, 2014!

WALK4HEARING 5K

PERINTON PARK ALONG THE ERIE CANAL
 FAIRPORT RD at O'CONNOR RD, Route 31F

Come and join us for the HLAA-Rochester chapters only annual fundraiser. Walk4Hearing is now in its **9th year** raising and providing funds for scholarships for high school seniors going on to postsecondary education, captioning for theater performances at the Rochester Broadway Theater League, GEVA, and assisting national HLAA in its support, education and advocacy of millions of people with hearing loss, and lots more.

We need your support! How can you help? Become a team captain and gather a group to walk on Walk Day.

Become a walker and walk along the beautiful Erie Canal. You don't have to walk the entire 5K. Any distance you walk is fine. Don't care to walk? Show up and root for us! There will be lots of fun. Breakfast, clowns, face painting, music, a silent auction full of great gift cards and other goodies from local merchants.

We also need **event sponsors**. If you know of any business you think would be willing to sponsor us please let us know. Email Cindy Kellner at CKelle1@rochester.rr.com.

Watch our Newsletters for more details.

LEADERS COLUMN

By Elise de Papp, M.D.



The A's – Advocacy, Accessibility, ALD's – and HLAA-Rochester

One of the goals of HLAA is to promote and support **advocacy**, including self-advocacy, for people with hearing loss. An advocacy group can make an impact by creating and finding easily accessible tools to help people better understand their options and connect them with the latest information. Some examples: captions in movie theaters, and, voice-to-text on smart phones.

Accessibility: We can make things accessible to our needs. But people need to be accessible, reasonably easy to communicate with. Are we, those with hearing loss, accessible, open to new ideas, easy to communicate with? I think the answer to that is yes, especially by others with hearing loss, but maybe not by the general public, who don't understand that we don't hear as they do. How can we make ourselves more accessible, and avail ourselves of accessibility technology to open up the world? (Maybe visible, instead of invisible, hearing aids would help!)

ALDs (assistive listening devices) Primary: Hearing aids and Cochlear Implants. Secondary: Hearing loops, FM and IR systems, pocket talkers and other types of personal microphones, TV and smart phone streamers, amplified and captioned telephones, etc. It's interesting that we, whose preferential communication modality is voice, seem to do most of our communication by e-mail rather than by phone, although Skype is here.

I am sometimes surprised as to how little we advocate for ourselves, especially our own committee members. We have the hearing loop AND captions for our monthly membership meetings. But, what do we do for all the committee meetings that go on continuously in HLAA-R? Walk4Hearing, Finance, Technology, Education & Outreach, Bylaws, Legislative, Gala, Operations Committee meetings (until recently). It's one thing to listen in to a presentation and get what you can out of it; it's another thing to participate in a decision-

making discussion where it's imperative to hear and understand everything that's being said. The Board of Directors meetings use a hearing loop, and soon will have captions (C-print); OC has been using a portable loop recently, and "shouting" less.

Quote from Gael Hannan's "If I Were a Hearing Person" about to enter a noisy room at a party: "I wouldn't have to copy the smiles of others, which are the only thing I can understand in (this) noise."

RBTL LIVE THEATRE--- CAPTIONED!



All performances are **Sunday, at 1:00 pm**

February 16th – "Sister Act"

March 23rd – "Once"

April 20th – "Phantom of the Opera"

Tickets become available 6 weeks in advance of each show. Request seats in "open captions" viewing section. Call 222-5000; email, info@rbtl.org.

GEVA Theatre Offering Captioned Plays!



All performances are **Saturday, at 2:00pm.**

January 11th – "Last Gas"

February 15th – "Clybourne Park"

March 22nd – "Informed Consent"

April 26th – "The Odd Couple"

Call the Box Office at 232-4382. Ask for seat in the "open captions" viewing section.

GROUND HOG DAY, FEBRUARY 2ND

**"If 'Candlemas Day' be stormy and black,
It carries the winter away on its back."**

(from Old Farmer's Almanac)



THE KEY TO CLEARER DIALOG

(submitted by Elise de Papp, M.D.)

Ever find yourself straining to hear the dialog in a film or TV show, no matter how high you crank up the volume? Don't worry—you're not losing your hearing. **It might be your audio setup.**

With a traditional two-speaker system, dialog and background sounds get funneled through the same speakers, resulting in a layering effect that can make speech difficult to understand.

A simple fix: Upgrade to a sound system with a dedicated center channel, like a **soundbar**, or, even better, a five-channel surround system. (If wiring five speakers is too much effort, just use the front three channels.) This trick works because most movie and TV soundtracks devote the center channel exclusively to dialog. Adding that center channel will result in an instant boost in clarity—and a lot less asking, “What did he just say?”

– Michael Hsu – Wall Street Journal 10/26-27/13

“REAR WINDOW CAPTIONING,” now, “CAPTI VIEW”

By Ginger Graham

Kevin Deutsch, Manager, explains the new name for a similar system. The new system in place at AMC Webster theatres is a WiFi enabled system called **CaptiView**, (or, closed captioning by CaptiView).

It is a digital system in a device that looks like a rear view mirror in your car, and it uses a gooseneck holder placed in the cup holder at your seat. If you've used the old Rear Window Captioning device, the new CaptiView will not be new to you. The digital is easier to read.

Flu Shots – The CDC recommends getting your flu shot now. Because flu is contagious 1-2 days before symptoms appear, it can be spread before we know we're infected. For more info, go to: www.cdc.gov/flu. It is impossible for the flu shot to give you the flu! It is grown in chicken eggs and killed off before it reaches your bloodstream.

WEBSITES OF INTEREST

To check CC listings at movie theatres, go to: www.Fandango.com.

(submitted by Al Suffredini)

Hearing Loss Signals Need for Diagnosis: Hearing aids and personal amplification devices are not interchangeable. Consumers who suspect HL should visit a health care specialist to avoid serious risks.

Go to: fda@service.govdelivery.com

Stem cells help deaf gerbils hear: A team of researchers reports in the journal Nature that they have used embryonic stem cells to restore some hearing in impaired gerbils. But more investigation is needed before the technology can move to humans. Go to: http://thechart.blogs.cnn.com/2012/09/12/stem-cells-help-deaf-gerbils-hear/?hpt=hp_bn12

From Better Nutrition magazine, “Quiet Please,” and it describes natural ways to silence the ringing, roaring, and hissing of **tinnitus**. Go to: www.betternutrition.com/natural-remedies-tinnitus/supplements/secondopinion/1350

(submitted by Janet McKenna)

Review of the book “Shouting Won't Help.” Go to: www.urmc.rochester.edu/ncdhr/#CurrentNews.

(submitted by Tim Whitcher)

FCC Accessibility Clearing House Releases Software Development Kit, with info on:
 --accessibility features of mobile phones;
 --accessibility contacts at telecommunications and advanced communications services companies;
 --free assistive apps for various computing platforms, and,
 --organizations implementing the National Deaf-Blind Equipment Distribution program
 Related links:

www.fcc.gov/accessibilityclearinghouse.

<http://apps.fcc.gov/accessibilityclearinghouse>.

WHAT DOES HLAA-ROCHESTER CHAPTER OFFER ME?

By Meredith Low

The Rochester Chapter is one of the largest and most active of all HLAA's 176 chapters nationwide.

What makes this chapter so special? It has so much to offer! Members can join one, two or three or more of its 20 committees. There's a wide variety of events throughout the year, including the two monthly program chapter meetings (daytime and evening) offering programs on so many topics!

Looking ahead, Dr. John W. Wayman, a Rochester-based otolaryngologist, will present the program for the March 4th evening meeting titled, "Ask the Doctor." He'll discuss tinnitus, Meniere's disease, and other medical causes of hearing loss. Last year, when a presenter was unable to appear at a daytime meeting, last-minute creativity bore a brand-new hit – "Spotlight on Members," which was repeated for the December evening meeting in 2013.

Look deep into the chapter's 30-year history, and you'll find many spectacular achievements thanks to long-term chapter members. **Joan Ewing** and **Pat Irr** are two of those. Together, they created a booklet they called One Voice, which explored making houses of worship and public spaces accessible to people with hearing loss. This publication went through three printings over close to a decade!

Another sterling chapter achievement from the more recent past was the Featured Speakers program, which brought out-of-state specialists in hearing loss to Rochester. October, 2012's program featured Canadian Gael Hannan, who presented on "The Masks of Hearing Loss: A Workshop on Bluffing." Ms. Hannan is one of the rare presenters who has been able to make us laugh about an often painful experience--pretending to understand what we can't hear.

This chapter reaches out not just to those of us with a hearing loss, but to our family members and friends, too. One of the chapter's longtime, ongoing services is its hotline (585-266-7890), which offers anyone in

the community a chance to ask questions related to hearing loss. (Chapter volunteers will do their very best to answer your questions!)

It would be impossible to tell you about all that the Rochester chapter offers in such a small space, but we can't close without mentioning its one and only annual fundraiser, the **Walk4Hearing**. Come to Perinton Park on Sunday, May 4th, 2014, and join us! Want more details about the chapter's events, and activities? Go to our Website: <http://www.hlaa-rochester-ny.org/>.

POINSETTIA POINTERS



- Remove foil from around pot.
- Place in a sunny window, but don't let leaves touch the glass.
- Allow the soil to dry between watering.

--Keep the room temperature cool to prolong the period of blooming.

--Don't fertilize while plant is in flower.

(Old Farmer's Almanac 2013)

CLEANING FOR A REASON

(from Parkminster; submitted by Sue Miller)

If you know any woman currently undergoing chemotherapy, get word to her there is a service that provides **FREE** housecleaning-----once per month, for 4 months, while she is in treatment. All she has to do is sign up and have her doctor fax a note confirming the treatment. "Cleaning for a Reason" will have a participating maid service in her Zip Code area arrange for the service.

This organization serves the entire USA and currently has 547 partners to help these women. For more info, go to: www.cleaningforareason.org/.

GUESS WHO?

During the War of 1812, Samuel Wilson supplied meat to the U.S. Army in barrels marked "U.S."

One soldier joked that "U.S." stood for "Uncle Sam" Wilson. The rest is history.

Old Farmer's Almanac 2013



“Silent Spring” by Rachel Carson. Houghton Mifflin, 2002. 40th anniversary. This classic is frequently credited with spawning the modern environmental movement in the US. In it, Ms. Carson exposed the hitherto little-known ecological and health consequences of the indiscriminate use of DDT and other pesticides.

The Nixon administration announced a halt to residential use of the pesticide DDT as part of a total phase out. (D&C 11-17-13)

Come to our **February 4th Evening** chapter meeting and hear Carolyn Coit Dancy portray Rachel.

CAPTIONING OF MONTHLY CHAPTER MEETINGS WILL BE CONTINUED !

This past year, our chapter members have enjoyed the opportunity to have the Daytime and Evening monthly meetings **captioned**, thanks to CaptionCall! This has fulfilled a wish for our chapter for almost 30 years. We have just learned that they are willing to provide this wonderful service again for the coming year!

The captioning is done remotely by Alternative Communication Services—it is flawless, plus the people doing the captioning are from all over the country! It's amazing to see the words almost instantly on the screen as soon as they're spoken. The service cost is \$3,000 a year and it is being paid by CaptionCall...such an incredible gift to our chapter. CaptionCall has been a blessing in providing true access for everyone in our chapter...and we thank you!

We also owe a huge debt of thanks to **Candi and Bruce Nelson**, and **Tim Whitcher** for overseeing the technical set-up needed for this service.

LIKE US ON FACEBOOK !

By Cindy Kellner

Are you on Facebook? If so, please be our friend. We currently have **165** friends and we want more.

Find us at: **Hlaa Rochester Ny**

DID YOU KNOW.....

When family and friends visit during the holiday season.....

The **Planetarium** has a Hearing Loop to accommodate people who wear a hearing aid or CI with a tele-coil (T-switch). It is advisable to mention at the box office that you will be using the Hearing Loop system---so they can turn it on!



Also, the **Dryden Theatre** at the George Eastman House is now looped for your movie viewing enjoyment.

The Little theatre now has captioning in Theatre Two. All five theatres are equipped with IR.

IF YOU MOVE

Please don't forget to notify **Barb Gates**, at 28 Country Gables Circle, Rochester, NY 14606, or, via email at cdgblg28@aol.com, even if your change of address is a temporary one.

HLAA is charged for each piece of returned mail, which the Post Office will not forward. When you return, we will resume sending to your local address. Thanks.

TAX DEDUCTION FOR DONATION



You can take a tax deduction, if you itemize your taxes, for donating used hearing aids to the Finger Lakes Regional Lions Hearing Foundation.

Contact Arthur Elliott, 7134 Valentown Road, Victor, NY 14564; phone: (585) 924-2875, and don't forget to request a receipt.

ANNUAL AWARDS DINNER, Tues., June 17th

We need your help in organizing our dinner. Please contact Barb Law at blaw1@rochester.rr.com; or, Sue Miller at SusanLeeMiller39@cs.com for more info. Thanks for your consideration!

SOMETHING TO THINK ABOUT....

By Max Frisch; submitted by Elise dePapp, M.D.

“Technology is the knack of so arranging the world that you don't have to experience it.”

TOURS OF GEORGE EASTMAN HOUSE AND CASA LARGA

By Bob Menchel

I am providing tours of the Eastman House every month. The tours are for people who are deaf or hard of hearing. To see the schedule, check the Event Newsletter of the George Eastman House, or contact Heather Gray at hgray@geh.org.

CASA LARGA TOURS

I'm also providing Tours and Tastings at the Casa Larga Vinyard and Winery. To schedule a tour, please contact me at rondaxdocbob@aol.com or call, 585 270 7013.

CAPTIONING PROBLEMS; NEED YOUR HELP

By Bob Menchel

I have been a strong advocate for captioning in this area; and have written and called local stations many times to discuss the poor quality of captions. (I've also given them credit for good work in providing captions.) For example, when contacting Scot Hetsko, at WROC, about improving the weather captions so they are more understandable, he was cooperative and now we get much more information than we did before.

On the other hand, our local news captions could be much better. I've traveled to many cities where the population of people with hearing loss is much smaller than what we have in Monroe County, yet the captions are far better than what we have to put up with in this area.

Another example and one that is badly in need of improvement is to provide our community with captioned information when an **emergency or bad weather** is in the area. On November 17, 2013, there were very high winds and emergency warnings; however, there were no captions to provide the deaf and hard-of-hearing community with the same info that our hearing neighbors were receiving.

Therefore, I'd like you to provide me with your opinion of

- the local news captions,
- what you feel needs to be done,
- what areas of captioning both local and national need improvement,
- what problems you're having with captions.

To prove there are problems, I'll need specific info on the date, program, time, what station, and exactly what the problem was. These details are needed to approach the directors of the local stations to see how captions can be improved. I strongly believe that we deserve better captions than are currently being provided, but I need your help in this matter.

If you'd like to work with me on this problem, I would welcome your support. Contact me at rondaxdocbob@aol.com, or write:

Dr. Robert Menchel
7 Miyah Drive
Webster, NY 14580

Subjects of Feb. 4th Chapter Meetings

Daytime --"Monroe Country Complying with ADA" -- Rebecca VanHorn

Evening -- "A Reverence for Life" portrayal of Rachel Carson by Carolyn Coit Dancy



UNSUNG HERO

Each of you brought a gift and placed it in the huge wrapped holiday box. Many thanks!

That box is carefully and beautifully wrapped by **Marlene Sutliff**. The next step, however, is not easy, but each year Marlene loads the box into her car, drives to the Open Door Mission, and unloads the heavy box as HLAA-Rochester's donation.

Many thanks, Marlene, for your care and concern every year at this holiday time.



KICK-OFF FOR WALK !

Thursday, March 6th, at the Dyer Art Center at NTID.
(details in February Newsletter)

Newsletter Deadline

TUESDAY, DECEMBER 31st
(for the February Newsletter)

Email: ggraham859@frontiernet.net

COMMITTEES LOOKING FOR MEMBERS

Education & Outreach – By Barb Gates

We have several subcommittees that are interesting: Captioning of TV and Movies; Presentations, where members speak to groups who request a presentation on hearing loss; Courts – access for people with hearing loss; Libraries – working with local libraries to ensure they are meeting the needs of the HOH and deaf communities including arranging for them to receive the Hearing Loss Magazine, etc; Distributing HLAA brochures in standup holders to specific locations, working with the Health Care committee, and, creating Hospital Kits for members.

We meet the 2nd Monday of each month, at 11:30am, Justin Vigdor Room, Al Sigl Center, Elmwood Ave, and we would love to have you join us. Contact me at cdgblg28@aol.com.

Technology Committee - By Al Suffredini



I sometimes get the impression from members that they think you need to be knowledgeable about technology to be on the

Committee. Yes, that would help. But, if you are willing to join us and help us, we'll familiarize you with all of this, especially if you have an interest. Some of us are knowledgeable about "this" but not "that." So don't feel bad. And we may find the area where you will feel comfortable within our Technology Committee. That is the key. It's not hard, but it just might be what you really would like to do to help others, and bring your input and ideas to us as well. We can always use new ideas!

We meet the 2nd Monday of each month, at 1:30pm, in the Justin Vigdor Room, Al Sigl Center, Elmwood Ave. Come join us. Contact me at: ajs36csf@rochester.rr.com. Let's talk!

ESSP CONFERENCE—CHILDREN WITH HL

By Katy Kuczek

Thanks to the support of HLAA-Rochester chapter, I attended the annual conference for Educational Support Service Personnel (ESSP) Nov. 1-2 in Rome, NY. The theme of the conference was "All Roads Lead to Rome: Working Together to Support Successful Students in the Common Core Classroom." The keynote speaker, Dr. Karen Anderson, focused on the social aspects of hearing loss in children in her opening address.



As a parent of a 14-year-old daughter with hearing loss (who has chosen not to wear her hearing aids), the address was particularly enlightening. We have been fortunate enough to live in a town where the school system has shown unfailing support for my daughter's educational needs. But for kids with hearing loss, social development is just as important for their well-being and overall success and is often overlooked in the array of services.

Research shows that language and social interaction/cooperation are key factors in cognitive development and learning. According to studies, complex language is delayed by several years in kids with hearing loss, as compared to their hearing peers in preschool and elementary school. One statistic astounded me, that 80%-90% of language is learned indirectly. In order to give our children access to inferential learning, we have to give them more opportunities for social interaction and communication with their peers.

In attendance at the conference were administrators, TODs (Teachers of the Deaf), speech pathologists, translators and interpreters from across the state--Long Island to the North Country, Albany to Buffalo. There were many familiar faces of those who have worked with my daughter over the years, and I made several new contacts. What struck me was a singular passion among all these educators for helping children with hearing loss.

It is my hope that, next year, more parents have access to attend this informative conference and the opportunity to connect with so many wonderful people whose priorities are the same as ours, to help children with hearing loss succeed. Thank you HLAA-Rochester chapter, for your continued support.



HISTORY OF HLAA-ROCHESTER

By Meredith Low

Rochester Chapter of SHHH (Self Help for Hard of Hearing people) was founded November 1, 1983. With only 12 members in 1984, the Rochester Chapter has grown to over 209 members today. The Rochester Chapter mailing list now contains 595 entries.

The chapter started publishing a monthly chapter Newsletter in 1983 with **Harriet Thayer Adams** as the first editor. Since that time, **Joan Ewing, Gwen Cheney, Debby Taylor and Ginger Graham** have performed this important position. The Rochester Newsletter received National Outstanding Newsletter awards in 1994 and again in 2011 at the National SHHH/HLAA conventions.

In the late 1980s, **Dr. Paul Dutcher** presented a program on tinnitus to a record-breaking attendance of 102. Daytime programs were added to the already existing evening programs.

During the 1990s, SHHH had an active parent support group organized by **Noreen Conte**. In more recent years, **Katy Kuczek** has contributed monthly parent columns to the Newsletter.

In 1997, Library Liftoff program led by Harriet Adams began as a nationally sponsored project. Its purpose was to improve library resources relevant to the needs of people with hearing loss and to enhance communication for our many members who use the library. By the following year, there were 20 volunteers from Rochester Chapter.

In 1998-1999, the Technology Committee started "Tech Talks" at meetings to inform members of technology and devices to assist us with our hearing loss.

In 2002-2003, assistive listening devices become available in Ontario and Yates County courthouses, as well as federal courthouses in Buffalo and Rochester under guidance from chapter member **Judge Arthur Curran**.

In 2005, SHHH changed its name to HLAA (Hearing Loss Association of America.)

In 2006, Rochester was one of six chapters to hold the first Walk4Hearing. Over eight years, Rochester Walk4Hearing has earned a gross of \$370,850.62.

In 2007, Rear Window Captioning at AMC Loews Theater began in Webster and C-Print had its debut at evening HLAA program meetings.

In September, 2011, Sorensen Communication began providing live captioning at day and evening HLAA chapter meetings and still does so today.

July, 2012, our chapter made a generous donation to GEVA Theatre for the purchase of ALDs.

In December, 2012, HLAA-Rochester established a presence on Facebook.

In March, 2013, we provided funds and labor to help install a hearing loop in the Dryden Theatre at GEH.

In September, 2013, new HLAA Executive Director Anna Gilmore Hall visited Rochester Chapter.

(Editor's Note: THIS IS A KEEPER! Meredith has put a lot of time and effort into searching out this info. Best to file it where you can find it again later!)

HEARING AID USER'S TIPS

By Joe Kozelsky

"Remember that hearing aids or Cochlear Implants will not solve all hearing needs. Family members will still have to do their part to help."

WEBSITES OF INTEREST

Our Chapter website is: www.hlaa-rochester-ny.org. **Michelle Gross** is updating our website. (**Barb Law** continues as consultant.) The website for HLAA National is: www.hearingloss.org.

FOR SALE

Phonak lapel microphone. I bought this auxiliary mic to work with my Phonak SmartLink FM system to enhance sound pick-up above what the standard antenna was able to do. (The plug will probably fit other Phonak FM receivers.) Cost \$150; asking \$75 or best offer. I will be in Rochester at the end of January, so if you are interested in trying this before buying, I can bring it with me. I can also e-mail a photo. Please contact: annowen@gmavt.net; or, Ann Owen
38 Cannon Point Rd, Charlotte, VT 05445;
Phone: 802-425-4632.

“PARAPROSDOKIANS”

(Submitted by Rene Lewis and Ginny Koenig)

Winston Churchill loved these....”Paraproisdokians” are figures of speech in which the latter part of a sentence or phrase is surprising or unexpected—often humorous!

--Where there’s a will....I want to be in it.

--The last thing I want to do is hurt you....but it’s still on my list.

--If I agreed with you....we’d both be wrong.

--Knowledge is knowing a tomato is a fruit....wisdom is not putting it into a fruit salad.

--I didn’t say it was your fault...I said I was blaming you.

--I’m supposed to respect my elders....but it’s getting harder and harder for me to find one.

HEARING AID USER’S TIP

By Joe Kozelsky

“When riding in the car, sometimes it is helpful to turn off the hearing aid on the side of the road noise. You seem to hear better without the competing noise.”

Special Apps for Children with Hearing Loss

*(excerpt from Wisconsin NL, winter 2013;
suggested by Ginny Koenig)*

Hearing aids aren’t the only electronic devices helping children with hearing loss communicate more effectively these days. Regardless whether you want to learn or play, if you have a smart phone, iPad or tablet, chances are good there’s a low-cost application (or two) you can download.

Baby Sign and Learn (iPad, iPhone, iPod Touch, Android) \$2.99. My Smart Hands Baby Sign Language Dictionary (iPad, iPhone, iPod Touch, Android) \$4.99. A trial version is available for free download. iSpeech Toddler Sign Language by Tate (iPad, iPhone) \$1.99. Danny the Dragon Meets Jimmy by iStorytime (iPad) \$2.99. Children with hearing loss will enjoy this multi award-winning children’s book about a lovable dragon named Danny with the help of an animated sign-language interpreter. The story has won praise for its pro-family themes along with numerous awards, and is the first app of its kind for children with hearing loss.

AutismXpress by StudioEmotion (iPhone, iPad, iPod Touch, Android) \$1.99. Even though this app was developed for autistic children, children with hearing loss will enjoy using it, too. And, another one: Look in My Eyes Dinosaur by Fizzbrain (iPhone, iPad, iPod Touch) \$2.99. This fun game teaches children to focus on the eyes in a series of faces to earn rewards (toys) they can store in a virtual toy box and play with later. Recommended for ages 3-6.

HAPPY NEW YEAR

Mention of goods or services in articles or advertisements does not mean HLAA endorsement, nor should exclusion suggest disapproval.

Small enough to serve you *best.*



Joe Kozelsky, M.S., Audiologist
Joan Mullings, Au.D. Audiologist
Peggy Driscoll, Receptionist



From left to right: Peggy, Joe, Joan

680 Ridge Road, Suite 6 • Webster, New York 14580
(585) 787-0660 • www.websterhearing.com

Stay connected to your friends and family with New York Relay Captioned Telephone Service.



Don't miss another word from your family, friends, or loved ones.

New York Relay Captioned Telephone Service enables individuals with hearing loss to read what their caller says, while they speak and listen on the telephone.

- 24-hour service is offered at no cost to users*
- Spanish Captioning is available for Spanish-to-Spanish calls
- Hours are from 8 am to 12 midnight EST
- CapTel phone has a large 5" screen with easy-to-read display
- It has a volume control (up to 40dB) and is easy to adjust during a call

For more information, go to www.nyrelay.com/captel

* CapTel users are responsible for their own long distance charges.



How to get a good night's sleep.
Give thanks every day.
Love like there's no tomorrow.

DO YOUR BEST AND SAY AMEN.

PAY IT FORWARD.

Dry like you mean it.

(Dry & Store® works while you sleep, so you can rest easy.)
Call 1-800-327-8547. HLAA members save 10%

Brighton Sound

EQUIPMENT, SERVICES
CONSULTANTS & ENGINEERS

Fasturing

www.brightonsoundusa.com

Sales • Service • Rentals • Installations
Speaker Reconing

Specializing In Systems For: Entertainment (Permanent & Portable)
Paging And Background Music, FM, Loop & Infrared Assistive Listening
Church Audio / Noise Masking, Recording Equipment / On Stage Stands

YAMAHA Microboards JBL ZEAW

American DJ PreSonus ASHLY crown SHURE



328-1220

315 MT. READ BLVD. P.O. BOX 60977
ROCHESTER, NEW YORK 14606

Ontario
Hearing Centers

Call one of our two convenient locations today!

BRIGHTON
2210 Monroe Ave.
585.442.4180

GATES
785A Spencerport Rd.
585.247.4810



Become a Fan!

WWW.ONTARIOHEARING.COM

**Hearing Solutions,
to Fit Every Lifestyle**

For 50 years we've been helping the hard of hearing benefit from advances in technology.

SERVICES:

- Hearing Test
- Hearing Aid Evaluations
- Hearing Aid Custom Programming
- Hearing Aid Repairs
- Custom Sound Plugs
- Evening and Saturday Hours
- Home Service Available

3 AUDIOLOGISTS:

- John J McNamara, Au.D.
- Andrea M. Segmond Au.D.
- Christopher A. Cisterna, M.S.

CaptionCall
Life is Calling

Difficulty hearing on the phone?

With CaptionCall you will enjoy:

- Subsidized pricing—only \$75 (a \$199 value)
- Free delivery and installation
- Free in-home training
- Free captioning service
- 100% satisfaction guaranteed



www.CaptionCall.com | 1-877-557-2227

The latest in hearing technology, the very best in personal service.



Complete Audiological Services
(Pediatric to geriatric)

- Diagnostic testing
- Cerumen removal
- Hearing aid evaluations
- Basic, programmable & digital hearing aids
- 45 day 100% refund trial period
- Hearing aid repairs, all brands & types
- Assistive listening devices
- Hearing aid verification test
- BTE molds, swimmer, shooters & musician plugs

Hear Life... Call Advanced

Carrie L. Morabito, Au.D., Doctor of Audiology
Andrew F. Morabito, BC-HIS Faith A. Barbe, M.A., CCC-A

225-1100 1100 Long Pond Rd., Suite 251 Rochester, NY 14625
216-1080 2000 Empire Blvd., Suite 220 Webster, NY 14580

Captions for your wireless phone calls!



Wireless CapTel® by Sprint® app, powered by Raketu, is now available for Android-powered devices.*

Need a device?
sprintrelaystore.com/wcs.



Scan to download app or search Wireless CapTel by Sprint in the Android Marketplace.

sprintcaptel.com
800-233-9130 (Voice/TTY)



* App requires an Android-powered device with OS 2.2 or higher.

Although CapTel and Wireless CapTel by Sprint can be used for emergency calling, such emergency calling may not function the same as traditional 911/911 services. By using CapTel and Wireless CapTel by Sprint for emergency calling you agree that Sprint is not responsible for any damages resulting from errors, defects, malfunctions, interruptions or failures in accessing or attempting to access emergency services through CapTel and Wireless CapTel by Sprint whether caused by the negligence of Sprint or otherwise. ©2013 Sprint. Sprint and the logo are trademarks of Sprint. CapTel is a registered trademark of Ultrasat, Inc. Android, Google, the Google logo and Android Market are trademarks of Google Inc. The HTC logo, and HTC Evo are the trademarks of HTC Corporation. Other marks are the property of their respective owners.

Solutions for All Levels of Hearing Loss!



- Amplified Phones
- Cell Phone Accessories
- Personal & TV Listeners
- Loud Alarm Clocks
- Signaling Systems

HARRIS COMMUNICATIONS Request a FREE Catalog!
www.harriscomm.com • (800) 825-6758



Clifton Springs Hearing Center
4 Coulter Road
Clifton Springs, NY 14432
800-827-0140

West Lake Hearing Center
229 Parrish Street, Suite 240
Canandaigua, NY 14424
877-394-6775

Pittsford Hearing & Balance
56 North Main Street
Pittsford, NY 14534
877-381-6050

John R. Salisbury, AuD
Paige M. Helfer, AuD
Gregory D. King, AuD
Carolynne Pouliot, AuD
Mallory Roberts, AuD
Cheryl L. Mack, AuD
Caitlin B. Marczewski, AuD



UNIVERSITY of ROCHESTER MEDICAL CENTER
MEDICINE of THE HIGHEST ORDER

URMC AUDIOLOGY

Clinton Woods, 2365 S. Clinton Ave.
585.758.5700
urmc.rochester.edu/audiology

We can help you hear even the softest sounds



"We listen more...to help you hear better"

Dr. Christine Stein takes time to thoroughly test your hearing. Unlike many centers who only carry a limited number of options, she can fit you to the best of a wide variety of products!

Whether you need an evaluation, new hearing aids, a second opinion or just a cleaning, please call or stop and see us!



Professional Hearing Solutions

OUR VICTOR OFFICE HAS MOVED TO A NEW LOCATION!

1331 East Victor Road, Victor • 585-398-1210
www.professionalph Hearingsolutions.com

Dr. Christine Stein
Ph.D., AuD - Doctor of Audiology

To better serve you, we also have locations in Canandaigua & Newark

Dalzells Hearing Centers

Drs. Sheila and Larry Dalzell

Our audiologists' expertise makes hearing easier

Brighton Office

2561 LacDeVille
585-461-9192

Greece Office

10 South Pointe Landing
585-227-0808

www.DalzellsHearing.com

ENJOY THE SOUNDS OF LIFE

- Assistive Listening Systems - Loops, FM, IR
- Personal Listening Systems
- Temporary Hearing Loops
- Room Acoustics
- Hearing Loss Awareness Programs

CONTACT

HEARING LOOPS UNLIMITED

For Your Complimentary Room Evaluations

W4H Sponsor

Donald Bataille, AIA, CCS – 585 727 0408
don@bataille.us - www.hearingloopsunlimited.us

Specialists in Hearing Assistance Loop Systems
Serving you since 1973!



p: 585.272.9280 * f: 585.272.1156
<http://www.theatresupply.com>



Canandaigua
585.919.6712
Geneva
315.828.6990

fingerlakeshearing.com RudgyCertified™

Hearing aids covered by the
• **AGX Protection Plan**

Try an AGX Hearing system for
• **75 days, risk-free**

• **Free for 3 years:**
*Batteries • Warranty
Loss & damage insurance*

Applicable toward an AGXS, 7, or 9
two-device hearing system

Solutions for Better Living with Hearing Loss

- Hearing assessments
- Hearing aid consultations and fitting/programming
- TV listening devices and other assistive devices
- Expert staff and friendly, supportive service

Call **(585) 723-2140** to schedule an appointment.



www.rhsc.org
Brighton • Greece • Webster



HART HEARING CENTERS

Trust your Hearing to our Doctors of Audiology

Offering hearing solutions for nearly 40 years.
Always a risk free trial. You'll love what you hear.

585.266.4130

www.HartHearing.com



Irondequoit | Brockport | Greece | Brighton | Fairport | Watertown

Board of Directors Officers

President Elise de Papp, M.D.
Vice President Cindy Kellner
Recording Sec. Carmen Coleman
Corresponding Sec. Barbara Gates
Treasurer Gerry Loftus
Asst. Treasurer Jo Owens*

Board Members

Lisa Bailey
 Steven Barnett, M.D.
 Laura Chaba
 Mary Chizuk
 Ginger Graham
 Andy Howard
 Joe Kozelsky
 Barbara Law
 Cathy Lee
 Meredith Low
 Art Maurer
 John Metcalfe
 Susan Miller
 Marlene Sutliff
 Tim Whitcher

Joe Damico (Honorary)
 Jeannette Kanter (Honorary)

*Non-Board Member

HLAA Membership Information

Hearing Loss Association (HLAA) Rochester Chapter, a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well. We meet the first Tuesday of the month from September through June at St. Paul's Episcopal Church, East Ave. While our primary focus is directed toward hard of hearing, we welcome everyone to our chapter meetings whatever their hearing ability. For more information, Call **585-266-7890**

Professional Advisors

2012 - 2014

*Scott Cristman
 Susan Friedman, M.D.
 Bryan Hensel
 Suzanne Johnston*

2013 - 2015

*Doug Klem
 Catherine D. Lee
 Kendra Marasco
 Rebecca Van Horn*

Consultants: *Paul Dutcher, M.D.
 Charles Johnstone
 James Vazzana, Esq.*

^^

Newsletter

Newsletter deadline: first day of the month preceding the issue month.

Send articles to:

*Ginger Graham
 859 Meadow Ridge Lane
 Webster, NY 14580*

ggraham859@frontiernet.net

MEMBERSHIP APPLICATION – ROCHESTER CHAPTER

Yes, I want to join/renew -- Support entitles me to receive the award winning Newsletter in order to be alerted to interesting and informative articles plus Daytime & Evening Chapter Meetings and Cochlear Implant meetings.

New, first-time member

Yes, I need transportation to meetings

Check type of contribution

Individual \$10 Friend of HLAA \$25
 Corporate \$50 Supporting \$100

Name _____
 Street _____
 City/State/Zip _____
 Phone _____
 E-mail _____

Please make check payable to: HLAA-Rochester, and send to: Ms. Joanne Owens, 1630 Woodard Road, Webster, NY 14580

HEARING LOSS ASSOCIATION OF AMERICA

YES! I want to join or renew membership in National HLAA. Membership entitles me to the journal *Hearing Loss*, a number of discounts and knowing I'm supporting advocacy for people with hearing loss nationwide.

Individual \$35

Name _____
 Street _____
 City/State/Zip _____
 Phone _____
 E-mail _____

Send to: National HLAA
 Suite 1200
 7910 Woodmont Avenue
 Bethesda, MD 20814

Please do NOT send this renewal to the local Rochester chapter; mail directly to National HLAA in Bethesda.



P.O. Box 1002
Fairport, NY 14450

NONPROFIT ORG.
U.S. POSTAGE
PAID
ROCHESTER, NY
PERMIT # 1193

Return Service Requested

Time sensitive

Please deliver by Dec.30th



If You're New, This is for You.

More than 36 million people in the US have a hearing loss, which can hinder daily communication-- one in five people! By age 65, one in three Americans has a hearing loss. This invisible condition affects the quality of life of the individuals with hearing loss as well as family, friends, co-workers and everyone with whom they interact. HLAA believes people with hearing loss can participate successfully in today's world.

Founded in 1979, the mission of HLAA is to open the world of communication to people with hearing loss through advocacy, information, education, and support.

HLAA is the largest international consumer organization dedicated to the well-being of people who do not hear well. HLAA publishes the bimonthly Hearing Loss Magazine, holds annual conventions, a Walk4Hearing, and more. Check out: www.hearingloss.org/.

To join, please see inside back page. HLAA has more than 200 chapters and 14 state organizations. Welcome!

Meetings are hearing accessible

We meet in St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman House. Parking is available at the George Eastman House, if needed.

All meetings are audio looped and captioned. Interpreters are available on request *for evening meetings only*-- contact Linda Siple, 585-475-6712, or at lasnss@rit.edu, at least a week in advance.

(This phone number is only to request an Interpreter.)

Entrance to the meeting room is via the rear door next to the fence.

Everyone, with or without a hearing loss, is welcome!