



Telephone: (585) 266-7890
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 Website: <http://www.hearinglossrochester.org>

Volume 32, Number 4 published monthly except July and August – Rochester NY Chapter December 2018

DECEMBER Calendar

Tuesday, December 4th

10:00 am – HOPE Session–Vestry Room, St. Paul’s

Daytime Chapter meeting:

11:00 am - Refreshments/Social Time- Parish Hall

11:30 am – Announcements/Business Meeting

12 Noon – 1 pm – Program Speaker

Evening Chapter meeting:

7:00 pm – Refreshments/Social Time – Parish Hall

7:30 pm – Announcements/Business Meeting

8:00 pm – 9 pm – Program Speaker

Tues., Dec. 11th – **BOD meeting**, 7-9pm, ASC

Thurs., Dec. 20th - **Device Demo Center**, Lifespan, from 10am to 2pm, free to all. (see page 9)

SAVE THESE FUTURE DATES

Tues., Jan. 8th - CHAPTER MEETINGS/note date!

Tues., Jan. 15th – BOD – 7-9pm – Al Sigl Center

Tues., Jan. 22nd - PAC – 7-9pm – Al Sigl Center

WEATHER – During the winter, the rule to follow for cancelations of meetings is: IF THE ROCHESTER CITY SCHOOL DISTRICT IS CLOSED, OUR MEETINGS ARE CANCELED. (No other notification will be made.) Also, see p.11 info from St. Paul’s Church.

Hospitality Duties for December:

Daytime Meeting –Mary Chizuk, Barb Gates,
Art Maurer

Evening Meeting –Margaret Cochran,
Suzanne Johnston

Board of Directors –Steve Barnett, Margaret Cochran
Carmen Coleman

Please sign up to help when the “Refreshment Sheet” goes around!



DECEMBER PROGRAMS

At St. Paul’s Church, East Ave. & Westminster Rd. 14607
(Enter only through the Westminster Road door.)

Tues., Dec. 4th – 10:00am - Vestry room

HOPE (Hearing Other People's Experiences) session –*Joe Kozelsky, MS, abd, CCC-A (retired)*

Prospective, new or long-time hearing aid users can share their experiences, questions, and hearing loss journeys in an informal round table discussion facilitated by retired audiologist and current hearing aid user Joseph Kozelsky.

Tues., Dec. 4th - Daytime Meeting -11:00am- Speaker begins at Noon.

THE HOLIDAYS AT THE MOVIES: What makes a good Christmas movie and what are the great ones?" - Jack Garner, *Democrat & Chronicle* film critic.

Yule love this recap of classic Christmas movies. Jack Garner, veteran national film critic and columnist, recalls great holiday films. He'll show assorted selections ranging from "A Christmas Carol" to "It's a Wonderful Life" while conversing with the audience.

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Tues., Dec. 4th – Daytime Meeting – (continued)

Jack Garner began reviewing films for the D&C in 1977. He was appointed chief film critic for Gannett in 1987. He's taught at MCC and RIT and is one of only four people to receive the George Eastman Museum's prestigious George Eastman Medal of Honor. His memoir and anthology, "From My Seat on the Aisle" was published by RIT Press.

Tuesday, Dec. 4th – Evening Meeting – 7:00 pm
Speaker begins at 8:00 pm

ROC RENOVATIONS: Creating a Better ROC Experience - *Andrew Moore, Interim Director of Aviation, Greater Rochester International Airport; and, Jennifer Hanrahan, Assistant Director.*

Some HLAA members commute regularly in and out of the Rochester airport. Others travel occasionally. Andrew Moore, Interim Director of Aviation, highlights the many improvements taking place at ROC as part of the Upstate Airport Economic Development and Revitalization Initiative. According to the ROC web site, "it should transform ROC inside and out to a 21st Century airport complete with high tech smart terminal technology and a near barrier free environment to create a better passenger experience." Online reviews seem favorable. Chime in with your local flying story.

With ten years at ROC, Moore is responsible for managing a \$36 million aviation facility which approximately 2.4 million passengers travel through annually. Jennifer Hanrahan, assistant director and marketing/public relations manager, is a 16-year veteran at ROC. She was promoted to Assistant Director in 2014, supervising airport staff in daily operations.

All HLAA programs are free. Anyone interested in hearing loss is welcome. For more information, view our web site at www.hearinglossrochester.org, or telephone 585 266 7890.

Those needing a sign language interpreter for an evening meeting should contact Linda Siple at 585 788 6744 a week in advance. This phone is only for those needing an interpreter.

The Rochester Chapter is a dynamic group of individuals working together as a team. HLAA has a support network of organizations: Bethesda, MD; state organizations; and local chapters.

**FROM OUR PRESIDENT, AND,
VICE-PRESIDENT**

By Dan Brooks and Suzanne Johnston



We don't know if you are as enthusiastic about our Newsletter as we, but once it arrives in our mailbox, it is the first piece of mail opened and immediately consumed.

If you are reading this, you are likely a member of HLAA-Rochester.

Our Newsletter is one of the significant benefits of HLAA-Rochester membership. All our members, as well as audiologist's offices, doctor's offices and local libraries are fortunate to receive this publication for 10 months of the year. The award-winning Newsletter is packed with information, stories, news and resources for people with hearing loss. The contributors are many, and more people work on the press and printing and distribution/ mailing. Imagine the large number of hands and hours this takes each month. Our talented editor/publisher has been tending to the creation of our Newsletter for over 10 years now...which is equivalent to over 100 editions! And the fact that it all happens each 30-or-so days is also incredible – most organizations offer just quarterly publications to save on cost and workload.

But we know how important it is for people with hearing loss to stay connected...and so it comes

(continued on page 3)

PRESIDENTS COLUMN - (continued)

naturally that we should 'say hello' every few weeks. It is through the building of connections like this, as well as a variety of regular activities – meetings, outings, events, committees, presentations and a plethora of other work which keeps our organization vital and relevant. Thanks to SO many who make this possible.



The members of our Board of Directors as well as other essential people within our organization remain busy and active in ensuring that all this various support is available to YOU, our members. All of this busy-ness and vitality impels us to acknowledge the large load of extraneous work that is accomplished each month and throughout the year. This work is accomplished through the dedication of many volunteers who appreciate how important HLAA-Rochester is to them and their community in so many ways. Their work and dedication underscore the importance of HLAA and what it represents in their lives...despite the fact that busy schedules and lives often take them in various directions. And, because we are an all-volunteer organization, we don't have any full or part-time players who have the luxury of dedicating time out of their week to do this work. And so, as the months and years tick by, we are grateful for the many precious hours our volunteers give to our chapter and to the Rochester community.

Some of these individuals are recognized formally through our annual awards and recognitions. But many others work 'behind the scenes,' though their work is just as essential to our success in staying connected to our members and our community. The job can be as 'large and visible' as serving as President, or a Committee Chair, or as 'small' as sending thank-you notes or fielding phone calls, or supplying refreshments at meetings. We recognize that ALL, no matter how 'large' or 'small' are essential. And, as such, we are constantly working to identify members and associates who are willing to 'give back' by doing not only significant ('large') jobs, but especially 'small' jobs which make up the undergirding fabric of HLAA-Rochester.

What gifts and abilities do you have that can help support our efforts and achievements? Where do your skills and interests fit into our organization? We remain grateful for all the hard work over many years that so many do and continue to do for us, but are sensitive to the fact that it is important that the workload be shared and, at intervals, batons need to be passed to others who are willing to 'step-up.' As you read this Newsletter, take a look at all the various people and committees that are represented.

Look at our beautiful, award-winning website at www.hearinglossrochester.org to learn about our organizational structure and see where your efforts may help to support our work. Contact our President, Dan Brooks at (585) 704-8191 or dbrooks.hlaa.roc@gmail.com or Suzanne Johnston, Vice President at (585) 586-4158 or suzannejohnston@aol.com, or any of our Board to find out more about possible ways you might contribute. The success of our HLAA chapter depends on YOU, our members! We look forward to learning from you about how you can be an active and visible member of our organization!

PEACE ON EARTH!



And in despair I bowed my head,
"There is no peace on earth," I said.
"For hate is strong,
And mocks the song
Of peace on earth, good-will to men."

Then pealed the bells more loud and deep.
God is not dead, nor doth He sleep!
The Wrong shall fail,
The Right prevail,
With peace on earth, good-will to men.

*Henry Wadsworth Longfellow
(from GVPS 11-25-16)*



We need your support. Please consider joining our Chapter, or renewing your membership. (Please see form inside the back cover)

RBTL LIVE THEATRE—CAPTIONED!

All performances are **Sunday, at 1:00 pm**

Dec. 16th – **Fiddler on the Roof**

Feb. 10, 2019 – **Chicago**

March 10, 2019 – **Miss Saigon**

April 28, 2019 – **Hamilton**

June 9, 2019 - **Waitress**

Tickets become available 6 weeks in advance of each show. Request seats in “open captions” viewing section. Call 222-5000; email, info@rbtl.org.

GEVA THEATRE – CAPTIONED PLAYS!

Sat. shows 2pm;

Wed. 2pm & 7:30pm

unless otherwise indicated

Sun. Dec. 9 @ 12 noon; Wed. Dec. 19 @ 7pm –

A Christmas Carol

Sat. Jan. 12; Wed. Jan. 30 @ 2pm & 7pm – **Hard Cell**

Sat. Jan. 26 @ 2:30pm – **The Magician’s Daughter**

Sat. Feb. 23; Wed. March 13 – **The Humans**

Sat. March 16 @ 2:30pm – **Erma Bombeck**

Sat. March 30; Wed. April 17 - **Native Gardens**

Sat. April 13 @ 2:30pm - **The Royal**

Sat. May 4; Wed. May 29 – **Revival: The Resurrection of Son House**

Call the Box Office at 232-4382. Ask for seats in the “open captions” viewing section.

***We need your support!
Rising costs are making the
mailing of Newsletters to
non-dues paying members
difficult. Please pay your dues! Thanks so much.***

**BIRTHDAYS – 90 YEARS AND OVER...**

Everyone: please let me know if you're one of our special Chapter members who will reach the spectacular age of 90 years, or more. If you agree, we'd like to announce it in our Newsletter. It is important to let me know right away as our Newsletters are written two months ahead. Thanks, Ginger

ggraham859@gmail.com; or, (585) 671-2683

JCC CenterStage – Captioned Plays!

Wed/Thurs @ 7pm; Sat/Sun @ 2pm
unless otherwise indicated

Sun. Dec. 9; Thurs. Dec. 13 – **“Legend of Georgia McBride”**

Sun. Feb. 10; Wed. Feb. 13 –

“Hit Makers: The British Are Coming”

Feb. 10- 2pm—Chapter special event. (see page 6)

Sun. April 7; Thurs. April 11 – **“Indecent”**

Sun. May 12; Wed. May 15 – **“Oklahoma”**

Tickets and information are available at www.jcccenterstage.org or (585) 461-2000. Please specify “Captioned Area.” Tickets are \$25-33 with discounts for JCC members, full-time students and season subscribers.

NTID THEATRES

PANERA THEATRE - captioned

Thurs/Fri.-7:30pm; Sat.-2pm, 7:30pm; Sun.-2pm
(unless otherwise indicated)

“CABARET”

Nov. 30; Dec. 1; Dec. 2

“LEAVES OF THE POETRY TREE (DANCE)”

Feb. 21 & 22; Feb. 23; Feb. 24

“FENCES”

April 11 & 12; April 13 @ 7:30pm only; April 14

MAGIC SPELL THEATRE – captioned.

“AL-POLLO”

April 19; April 20 @ 2pm & 8pm; April 25;
April 26; April 27 @ 8pm only; April 28

Panera Theater parking in Lot “L”

Magic Spell parking in Lots “E” & “F”

Cost: \$12 general public

More Info: www.rit.edu/theatrearts/cla-ntid



CLOTHES FOR VETERANS
(please see page 9)

Newsletter Deadline

Friday, November 30th
(for the January Newsletter)
Email: ggraham859@gmail.com

***For Your Donation to HLAA:***

--Phyllis & J. Stuart MacDonald Estate
 --Dr. Ruth P. Oakley Estate
 --Rochester Area Community Foundation
 --Mary Tuckley Estate

In Honor of Greg Horton & Tammy Whitfield, RHSC
Brian F. Daily***In Memory of Mary Agnes Decker***
David and Carol Fridd***In Memory of Roger MacCasland, Utica chapter***
Sue Miller***In Memory of Charlie Treat***
Fred Altrieth, Janet McKenna, Sue Miller,
Trish Prosser***For Donation Above Membership:***

Kelly Barrett, Dan Brooks, Laura Chaba,
 Francis Englund, Pete Fackler, Frank Galusha,
 Ginger Graham, Alana Kaner (Wasserman),
 Jeannette Kanter, Eileen Lumb, Gaelen McCormick,
 Elizabeth Meteyer, Mari Runfola,
 Julius Toenniessen, Charlie Treat,
 C. Monroe and Carolyn VanNess,
 Lil & William Ward

Please consider a donation when you renew your membership

**CONDOLENCES**

Our sincere sympathy is extended to Marilyn Blaschke, on the loss of her brother, **CHARLIE TREAT**, who died suddenly October 8th.

And to family and friends of **JOAN EWING** who died suddenly November 8th.

CAPTIONING OF MONTHLY CHAPTER MEETINGS WILL BE CONTINUED !

Great news! Our Daytime and Evening monthly meetings will continue to be **captioned**.

The captioning is done remotely by Alternative Communication Services—it is flawless, plus the people doing the captioning are from all over the country! It's amazing to see the words almost instantly on the screen as soon as they're spoken. The service cost is \$3,000 a year and it is being paid by CaptionCall. It will be the 8th year Cameron Tingley has offered to underwrite the cost of this invaluable service. By June 2019, CaptionCall will have spent \$24,000 to have our meetings captioned...aren't we blessed! and we thank you!

We also owe a huge debt of thanks to **Dan Brooks, Lorin Gallistel, Charlie Johnstone, and Bruce Nelson** for overseeing the technical set-up needed for this service. Without their dedication in attending *all* meetings, this would not happen!

FROM OUR MEMBERS...

Variations on a name:
 We have received strange spellings of my name all my life. Some foreign ones, : 'Nikolaus – German,' others spelled a different way: 'Nicolas.'
 We saved them--they might cheer someone up.

We include the family name, and now the address! Amazing, these versions all arrived through the mail! Imagine those circling the US Postal System?

A new version just arrived, born of the internet and HLAA. My wife answered, listening to the caller and reading what the CaptionCall typist transcribed: " Is Necklace there please?"

Smile, Nick (Nicholas M. Graver)

LIKE US ON FACEBOOK !*By Jenn Hurlburt*

Are you on Facebook? If so, please be our friend. We currently have **342** friends and we want more. Find us at: **Hlaa Rochester Ny**

HOLIDAY FACTS...

"Kwanzaa is a 7-day celebration named for an African harvest time. Each evening, a candle is lit and one of the holiday's seven principles is discussed. This week often ends with a feast, music, and dancing." (*Old Farmer's Almanac 12-27-17*)

NEW WEBSITE FOR MENIERE'S DISEASE AWARENESS AND RESEARCH SUPPORT*(excerpt from Fox Valley Wisconsin-Oct. 2018)*

HHF launched www.menieresdisease.org, a new website that seeks to build awareness of and bring clarity to the "mysterious" condition. The platform will inspire hope among people who live with Ménière's disease and their loved ones, share updates about Ménière's disease from scientists funded by the foundation, and provide a channel through which individuals can donate to life-changing research toward better treatments and cures.

*(Source: Hearing Health Foundation - Sept. 2018)***DID YOU KNOW...**

"In 1818, "Silent Night" was publicly performed or the first time during the Christmas midnight Mass at the Church of St. Nikolaus in Obendorf, Austria." (*D&C 12/25/16*)

We need your support! Rising costs are making the mailing of Newsletters to non-dues paying members difficult. Please pay your dues! Thanks so much.

**Save the date of February 10th for JCC Matinee Captioned Show!***By Barb Law, Special Events Chair*

HLAA Theater Event at the Jewish Community Center, **Sunday, February 10th at 2 pm**, 1200 Edgewood Avenue, Rochester 14618

"The Hit Makers: The British Are Coming"

A captioned performance of an all-new show at a discounted rate of \$28!

Following the show, please join us for a light meal at Root 31 Café. The cafe's back room is reserved for HLAA from 4 pm on. Root 31 is located at 3349 Monroe Ave in Pittsford Plaza between Trader Joe's and the movie theatre.

Reservations and ticket payment are due to Barb Law with a check made out to Barbara Law by January 15th. Please send checks to: Barb Law at 25 Harvest Road, Fairport, NY 14450. Dinner cost is on your own. To hold your ticket— blaw1@rochester.rr.com. Hope to see you there!



Flu Shots – The CDC recommends getting your flu shot now. Because flu is contagious 1-2 days before symptoms appear, it can be spread before we know we're infected. For more info, go to: www.cdc.gov/flu.

SOMETHING TO THINK ABOUT...

"In A.D. 336, the first known commemoration of Christmas on December 25th took place in Rome." (*D&C 12-24-17*)

"Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful." (*Norman Vincent Peale*)



WEBSITES OF INTEREST

Our award-winning Chapter website is: <http://www.hearinglossrochester.org>, and **Michelle Gross** is our Web Master. HLAA National website is www.hearingloss.org.

(submitted by Al Suffredini)

From NIH: **Cochlear Implant**..what is it; how does it work; who can receive one, and more, go to: <https://www.nidcd.nih.gov/sites/default/files/Documents/health/hearing/FactsheetCochlearImplants.pdf> --OR, <https://tinyurl.com/y94bsnd3>.

IF YOU MOVE, or are a "SNOWBIRD!"

Please don't forget to notify **Henry J. Adler, Ph.D.**, Univ .of Buffalo, 137-L Cary Hall, 3435 Main St., Buffalo NY 14214; or – hjadler@aol.com, even if your change of address is a temporary one.

HLAA is charged for each piece of returned mail, which the Post Office will not forward. When you return, we will resume sending to your local address.



Sincere happy birthday greetings to **Ray Koenig** who will be 92 on December 30th. We wish

you more healthy and happy years.

COMMUNICATIONS FOR HOSPITALS AND HEALTHCARE

(submitted by Michelle Gross)

National HLAA has produced a "Guide for Effective Communication in Healthcare" to improve communication in doctor's office, emergency rooms, etc. Go to: <http://hearingloss.org/content/health-careguide>.

POSSIBLE NEW THERAPY FOR HL

(submitted by Tom Jennings)

Hearing impairment has long been accepted as a fact of life for the aging population -- an estimated 30 million Americans suffer from some degree of hearing loss. However, scientists have long observed that other animals -- namely birds, frogs, and fish -- have been shown to have the ability to regenerate lost sensory hair cells.

Research conducted in the lab of Patricia White, Ph.D., in 2012 identified a family of receptors -- called epidermal growth factor (EGF) -- responsible for activating support cells in the auditory organs of birds. When triggered, these cells proliferate and foster the generation of new sensory hair cells. She speculated that this signaling pathway could potentially be manipulated to produce a similar result in mammals. White is a research associate professor in the URM Del Monte Institute for Neuroscience and lead author of the current study.

"The process of repairing hearing is a complex problem and requires a series of cellular events," said White. "You have to regenerate sensory hair cells and these cells have to function properly and connect with the necessary network of neurons. This research demonstrates a signaling pathway that can be activated by different methods and could represent a new approach to cochlear regeneration and, ultimately, restoration of hearing."

Story Source

<https://www.sciencedaily.com/releases/2018/10/181015132953.htm>

[Materials](#) provided by URM. *Note: Content may be edited for style and length.*

Journal Reference:

Jingyuan Zhang, Quan Wang, Dunia Abdul-Aziz, Jonelle Mattiaccio, Albert S.B. Edge, Patricia M. White. **ERBB2 signaling drives supporting cell proliferation in vitro and apparent supernumerary hair cell formation in vivo in the neonatal mouse cochlea.** *European Journal of Neuroscience*, 2018; DOI: [10.1111/ejn.14183](https://doi.org/10.1111/ejn.14183)

“MY STORY” –A Personal History of Hearing Loss

By Carol Bradshaw



My involvement with the Rochester Chapter of HLAA began in about 2004 when my husband, Bob, decided to join. He asked me to accompany him, even though my hearing was not too bad at the time. His was getting worse and he wanted information and support from the monthly meetings.

In January 2007, he received his first CI and his old hearing aid was reprogrammed for me. In September of that year, I replaced that one and a year later received one for the other ear. Bob got his second CI in August 2008. We both were involved with the Chapter until he passed in March 2016.

We enjoyed participating in the annual Walk4Hearing in Perinton along the canal as well as the “CI Group” twice a year. I continue to be active today by compiling the Evaluation information, and helping at the Greeters Table each month, and by helping with Health Fairs when I can.

I was born and raised in Queens, New York. Bob was raised in Pennsylvania and took a job on Long Island after graduating from Lehigh University. We met at a church young people’s group. In 1965, he took an engineering position at Xerox and we moved to Pittsford. I worked in the library at Pittsford Middle School for many years. We lived in our home for 47 years before moving to Brickstone, an independent senior living community run by St. John’s. I am still there and love it.

I have one son who lives in Connecticut, a daughter who lives in New Jersey and a daughter who lives in Brighton. I have seven grandchildren and one great granddaughter.

My passion is quilting--a hobby I have enjoyed for more than 50 years. I enjoy volunteering at my church and at Brickstone, as well as reading and doing jigsaw puzzles. Spending time with family is a favorite activity as well.

I have been fortunate to have traveled a fair amount over the years. We did two canal trips in Wales. This was a do-it-yourself operation with another couple. The boat was 50 feet long and 7 feet wide, a bit unwieldy to maneuver. The canals are only 15 feet wide, hence the narrow dimensions. We lived on it for a week each time—a bit cozy but fun. Speed limit was 4 miles per hour, so we did not go a great distance.



Bob has cousins in England, so we spent time with them, as well as taking a trip in 2000 to Oberammergau for the Passion Play. In March of this year a friend and I went to Iceland—we hoped to see the Northern Lights and we did!

Most recently I took a Viking Ocean Cruise of the Scandinavian countries, traveling as far as St. Petersburg, Russia – a trip to remember. Viking broke us into groups of about 20 for on-shore touring. The guides wore a transmitter and we each had receivers, so we heard only their voice. It worked very well and I heard every word.

Three grandchildren are graduating from college, so I’ll try to attend their commencements. And right now, I have no travel plans for 2019 but would love to visit Bob’s cousins in England once again.

HARD OF HEARING IS NOT A RARE CONDITION (Does not include D/deaf)

By Eric Matson: pematson3@verizon.net

2%+ of people under age 18
 7%+ of 18-54 folks
 13%+ of 55-64 folks
 20-30,000 US residents
 No gender bias.
 (%’s from HHR’s National Center for Health Statistics)

SUBJECTS OF CHAPTER MEETINGS:**January 8, 2019 -- Notice the date!**

Daytime--"The Hit Makers: The British are coming." A preview of the Jewish Community Center's musical revue of 1960's hit songs.

Evening--"Mental health issues and hearing loss." **Barbara Bushart** speaks on how and why hearing loss affects more than ears.

CAN BANANAS HELP YOUR HEARING?

(excerpt from Fox Valley-Wisconsin – Oct. 2018)



New research suggests that bananas could be effective in protecting against age and environmental hearing loss. Additionally, the fruit's lesser-known component – zinc – is thought to help protect against tinnitus, and magnesium is thought to prevent noise-related hearing loss.

(Source: We're All Ears by Connect Hearing 9/18)

ASSISTIVE LISTENING DEVICE DEMO CENTER

By Charlie Johnstone

Once again, thanks to the enthusiastic efforts of those involved, the Demo Center session on Thursday, November 15th was a great success! The types of devices represented during the demo sessions include signaling-alerting devices, captioned telephones and personal assistive listening devices [with an emphasis on TV listening and coping with noisy environments].

A new "virtual device demo center" app for smart phones and tablets will continue to be tested during upcoming demo sessions. A few new representative devices made a debut at the September demo session as part of the effort to showcase the most up-to-date technologies.

The next demo session at Lifespan is Thursday, Dec 20th, 10am to 2pm. The device center is open the 3rd Thursday of each month., located at 1900 S. Clinton Ave. (14618) the Tops plaza.

We need your support! Rising costs are making the mailing of Newsletters to non-dues paying members difficult. Please pay your dues! Thanks so much. (Please see form inside back cover.)

**HLAA-Rochester's Holiday Good Deed******LAST DAY—TUES. DEC.4TH MEETINGS****

Both daytime **and** evening meetings will feature a Holiday gift box of personal care items destined for homeless people and/or veterans at the Veterans Outreach Center in Rochester.

What can you contribute?

Any of the following (and things we haven't thought of) would be appreciated (for both men & women):

Their current desperate need is for socks, underwear, neck ties, shirts—anything to make a professional appearance at a job interview. Also, shampoo, conditioner, hair spray, comb/brush, soap, deodorant, mittens/gloves, scarves, body powder, toothpaste/toothbrush, shaving cream, single pack tissues, body lotion, etc.

No need to wrap your gift!

Thank you in advance for your generosity.

And enormous thanks to **Marlene Sutliff** who again has offered to make the large gift box to hold our donations, and to deliver it to Veterans Outreach!

We Welcome All Donations

Please make your check payable to: HLAA-Rochester (HLAA is a 501©(3) organization.)

Mail to: Ms. Joan Kohler, 15 Pickett Lane, Hilton, NY 14468

Be sure to designate:

This donation is: In Memory of; or, In Honor of,
or, Birthday congratulations,

With sincere thanks for donating to our Chapter!

"Dec. 21st – Frost on the shortest day is said to indicate a severe winter" (*Old Farmer's Almanac*)

VENUES WITH ALS OR CAPTIONING

By Tim Whitcher

Have you seen a movie or a show that has an Assistive Listening System or Captioning system and would like to share your experience with your fellow members? Did your church or synagogue install or upgrade such a system, and you'd like to make that known?

Please contact Tim Whitcher at hlaa.rochester@yahoo.com with the info that you'd like to share. (Please mark your email to Tim's attention.) Likewise, if you have a question regarding such a venue, please contact Tim.

OTC HEARING AIDS AND RETURN POLICIES

By Joe Kozelsky, MS, abd, CCC-A (retired)

It is well known that Over-The-Counter Hearing Aids are just around the corner. This idea is welcomed by many as a cost-effective way to enter into hearing aid use. The attraction is that by eliminating the third-party provider, substantial cost savings for the consumer ought to be obtained. This will quite likely prove to be true when it is realized that the markup on hearing aids runs about 110%.

However, an important consideration to keep in mind is that the rate of consumer satisfaction with hearing aids received through the traditional dispensing model in the US has only recently moved up to 80%. This indicates that even now a substantial percentage of hearing users are not satisfied with their hearing aids. And this is the result for hearing aids obtained with the assistance of a knowledgeable hearing aid dispenser.

Results from a very nicely designed study at the University of Indiana of self-fit hearing aids revealed that 50% of the subjects were dissatisfied with their hearing aids. This comes as no surprise to most professionals because hearing aid dispensing is not as straight-forward as many people might imagine.

While the details of this study are not mentioned here, the results clearly lead to the conclusion that any OTC hearing aid dispensing model should include clear user-friendly terms for returns and money back, or else many consumers might wind up with hearing aids they don't like which in turn would likely wind up in the drawer.

HANUKKAH

Lighting the Menorah

By Rabbi Nechemia Vogel - D&C 12/12/16; and,
Michelle Gross



"The importance of religious freedom is worth fighting for and necessary, even if against the odds. You have to go for it, regardless of the dangers, like the Maccabees did, taking on the Greek super power. Light will always be stronger than darkness."

Hanukkah 2018 begins evening of Sunday, Dec. 2nd, and ends evening of Monday, Dec. 10th.

This award-winning Newsletter of the Rochester Chapter of HLAA is published monthly except for July and August.

Editor and Publisher.....Ginger Graham
Computer Consultant,
Webmaster, and Writer.....Michelle Gross
News Releases, and Writer.....Janet McKenna
Photographers.....Art Maurer, Al Suffredini

CAPTIONED TELEPHONE USABILITY ASSESSMENT – EARN \$ 50

(suggested by Janet McKenna)

Looking for participants for a research survey at NTID to assess current IP captioned phone applications...will help to determine minimum requirements for captioned phone services. For details: Donna Easton at dlencr@rit.edu.



HOPE meets at **10:00 am**
in the Vestry Room at St.
Paul's, first Tuesday of the
month. (Hearing Other

People's Experiences) **December 4th**!

We hope you stay for our routine Chapter Meeting:
Social Time-- 11:00 – 11:30am, Parish Hall.
Business meeting-- 11:30 – Noon.
Chapter Meeting speaker-- Noon to 1:00pm.
"Rochester Movie Critic – Jack Garner."

HOLIDAY GIFT IDEAS

Useful Gift Ideas

- 1 Smoke and carbon monoxide detectors
with strobe lights!
- 2 Fire extinguishers (appropriate to the area)
- 3 Foldable second-story ladders
- 4 Disaster kits for home, vehicle, and pets
- 5 Weather and disaster radios
- 6 Dry and Store Kits for hearing aids and CI's
- 7 Choose toys that have volume controls

Disclaimer – HLAA does not endorse products or services. Mention of goods or services in articles or advertisements does not mean HLAA endorsement, nor should exclusion suggest disapproval.

BAD WEATHER--ST. PAUL'S CLOSED

St. Paul's Church will cancel or postpone parish programming or services should any of the following conditions be met:

1. *Monroe County issues a ban on unnecessary travel; and/or,*
2. *The Rochester City School District closes and/or cancels afternoon activities; and/or,*
3. *The wind chill is at or below -20 degrees.*

Merry
Christmas

SEASONS GREETINGS TO ALL..

Our January Chapter Meetings will be Tuesday, **January 8th**. We hope to see everyone then!
(Note the date is a week-later than usual!)



Wesołych Świąt Bożego Narodzenia



Some haiku to celebrate the holiday season:

5-year-old grandchild
on the edge of her seat
Nutcracker Ballet

Carolyn Coit Dancy

NOTE THE DATES:

JANUARY CHAPTER MEETINGS – JAN. 8th
BOD MEETING – JAN. 15th

We wish everyone a happy holiday season, filled with peace, love, happiness, and good health now and in the new year.

Sincerely, *Ginger, Janet, and Michelle*



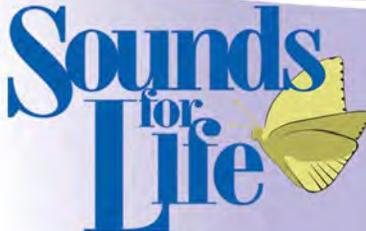
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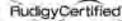
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HLAA Membership Information

Hearing Loss Association (HLAA) Rochester Chapter, Inc., a tax exempt and volunteer group, is a chapter of a national, nonprofit, nonsectarian, educational organization devoted to the welfare and interests of those who cannot hear well. We meet the first Tuesday of the month from October through June at St.Paul’s Episcopal Church, East Ave. (September is 2nd Tuesday.) While our primary focus is directed toward hard of hearing, we welcome everyone to our chapter meetings whatever their hearing ability. For more information, Call **585 266 7890**

Professional Advisors

2017 – 2019

Tamala David, Ph.D.
James DeCaro, Ph.D.
Christine Olivier
Peter Reeb

2018 – 2020

Kathy Foster
Emily Krohn
Ralph Meranto
Nicholas Sprague

Consultants: Paul Dutcher, M.D.
Charles Johnstone, James Vazzana, Esq.
 ^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^

Newsletter

Newsletter deadline: first day of the month preceding the issue month.
 Send articles to:
 Ginger Graham
 859 Meadow Ridge Lane
 Webster, NY 14580
ggraham859@gmail.com

MEMBERSHIP APPLICATION – HLAA-ROCHESTER CHAPTER
 July 1, 2018 – June 30, 2019

I want to join as a first-time member I want to renew

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Check membership type: Individual Family Corporate

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Founded in 1979, the mission of HLAA is to open the world of communication to people with hearing loss through information, education, support and advocacy.

HLAA is the nation's foremost membership and advocacy organization for people with hearing loss. HLAA publishes the bimonthly Hearing Life Magazine, holds annual conventions, a Walk4Hearing, and more. Check out: <http://www.hearinglossrochester.org>.

The Rochester Chapter, started in 1983, is a dynamic group of individuals working together as a team. To join, please see inside back page. HLAA has a support network of organizations—Bethesda, MD; State organizations; and, local Chapters. Welcome!

Meetings are hearing accessible

We meet in St. Paul's Episcopal Church, East Ave. and Westminster Rd., across from the George Eastman House Museum. Parking is available at the George Eastman Museum, if needed.

All meetings are audio looped and captioned. Interpreters are available on request *for evening meetings only*-- contact Linda Siple, 585 288 6744, or at lasnss@rit.edu, at least a week in advance. **(This phone number is only to request an Interpreter.)**

Entrance to the meeting room is via the Westminster Rd. door, down the corridor to the end, into the large Parish Hall room.

Everyone, with or without a hearing loss, is welcome!