

Marriage FROM HEAVEN

SECRETS TO A STRONG, HEALTHY
AND PASSIONATE MARRIAGE



DRS. UYI & FAITH ABRAHAM

Marriage from Heaven

Secrets to a strong, healthy and passionate
marriage

Drs. Uyi & Faith Abraham

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Preface

Welcome to marriage from heaven. Our heart desire is that you will have the foundation of exactly what you need to create a *strong, healthy and passionate* marriage.

This is more than a book; it is a guide to a 40-day marital expedition that will enable you to experience a marriage from heaven.

There are two types of marriages –a *Marriage from Heaven* or a *Marriage from Hell*. Unfortunately most married couples are living in a marriage from hell.

A recent statistics showed that 65% of couples said they were *unhappy* with their spouse and *hated* their marriage. That is an alarming number. There is also a crisis of divorce in our generation like never before.

Here is another figure that should trouble you: 50% of *new marriages* will end in divorce within the first five years.

There is a cry for help in our society and culture regarding marriages. This is why we wrote this book to help you experience a marriage from heaven just like God created it.

MARRIAGE IS SPIRITUAL! God invented the greatest idea EVER, defying mathematics - Two Becoming one!

We know firsthand what it is to have a bad marriage. The first few years of our own marriage were unhealthy, tumultuous and we almost ended in a break up, not once but at least three times.

Today, thirteen years in with the help of God and by applying the principles that we now teach in this book and all over the world, we were able to save our marriage. Our marriage is now strong, healthy and passionate. We are on a crusade to save marriages and relationships!

Drawing from research, personal wealth of information and experiences gained from our private Christian marriage/relationship counseling practice we wrote this book to help couples WIN by giving them the secrets to a strong, healthy and passionate marriage.

Marriage gets better when you do it right - God's way. A marriage from heaven is a marriage that is

built on the principles we are teaching in this book. We strongly believe that the greatest marriage is two servants in love.

Outside of God, the view and perspective on marriage is beneath its potential. It will not reach the point of satisfaction, change, transformation that it has the ability to produce.

We know that every couple is different. And we also understand that what God wants to do within your life with in the context of marriage will be different from another couple. So we do not subscribe to one size fits all, cookie cutter marriage formula. And honestly anyone who has a one size fits all mentality towards marriage does not understand the uniqueness of marriage. But God does have a **foundation** that we can follow and allow to lead and guide us into the type of union he desired for us before the foundations of the world.

Your Next 40 Days

We wrote this book in a way that is completely different from many books out there on the subject of marriage. This book is divided into 10 secrets or sections and within each there are four short chapters (days) that relate to the secret. These are topics that

you can never run away from. They will always arise during the time that you are sharing your life with your spouse. In some seasons there are topics that weigh much more heavily than other topics. That is normal. When a particular topic comes to the forefront you will find that the foundation that has been laid within this book that will carry you and give you a healthy and godly vantage point to begin to work from.

Even the best marriages need work. And the worst marriages can become better. There's absolutely nothing that is too hard for two people who decide to be on one accord and work on their marriage.

Your Next 40 Days: The number 40 has a lot of spiritual meaning and significance in the bible that is why we decided to make this book into a 40 days reading plan.

How To Read This Book

We wrote this book with the intent that you will read it over 40 days with your spouse or significant other. Each day there is a topic related to the main secret you are studying. This book is broken down into 40 days (chapters). Each day starts with a bible verse that teaches a truth from that chapter.

- Discussion Questions. At the end of each chapter, there are discussion questions for you both to read and answer together. These questions will help you think about the implications of what you have read and how it applies to you personally and your marriage.

We encourage you to write your answers in the margin of this book or in a notebook.

Group Study

This book was also written for group study at your church, small group, marriage club or between your friends. We strongly urge you to get one or more friends to join you in reading this book during the next 40 days. A journey is always better when it is shared.

With a partner or a small reading group you can discuss what you read and bounce ideas off each other. This will help you grow stronger and deeper spiritually and in your marriage.

Because we know the benefits, we want to challenge you to stick with this journey to a marriage from heaven for the next 40 days, not missing a single

daily reading. Your marriage is worth the investment.

Marriage From Heaven Academy

To further strengthen our resolve and committed to your marriage success we have made it easier for you to follow along by creating a Marriage From Heaven Academy where you will receive daily beautifully written email newsletters, short video and marriage coaching for the day.

So in the next few days, we will be your marriage coach pouring into your lives daily.

A separate registration is required for that.

Go and register and join the program.

www.marriagefromheaven.tv

Make it a daily appointment on your schedule. Your marriage is worth it. Your future together is worth it. Let's sign a covenant together that you will pursue a marriage from heaven that is Strong, Healthy and Passionate.

There is something significant about signing your name to a commitment. If you get a partner to read through this with you, have him or her sign it, too.

Let's get started together!

Love,
Drs Uyi & Faith Abraham

MY MARRIAGE COVENANT



40 Days of Marriage from Heaven

I commit the next 40 days of my life to improve myself and my marriage.

Your Name & Signature

Your Partner's Name & Signature

Start Date

Uyi Abraham Dr. Faith

Drs. Uyi & Faith Abraham

Secret 1

God

Day 1

It all starts with God

Scripture Meditation: *“Then the Lord God said, “It is not good for the man to be alone. I will make a helper who is right for him.”* Genesis 2:18 GW

“If not for God, we will not be married today.” That was my shocking admission to my wife one day after a heated argument.

“Well, you sure right.” She responded.

When I married Faith, I’ll admit I was looking for a good woman who would serve me, meet my needs and cherish me a kingdom in my own little kingdom. That’s what I thought a successful marriage was: finding someone to serve you. That’s because I was all I saw growing up in a different country where I was born. I thought men were superior to women.

The first two years of our marriage was not very good to say the least. You see, we married young, naïve and inexperienced about biblical marriage. We had no marital model to follow. Both of our parents didn't have a strong, healthy and passionate marriage.

In our brokenness and despair I started considering a way out of the marriage. I was ready for a break up.

“This felt like a marriage from hell.

“My needs weren't met,” I complained to God.

“I don't know how to meet my wife's need” I continued in my prayer.

We had nothing else to help us so we decided to study the bible especially in the scriptures regarding marriage, bought books, attended conferences and took some online marriage courses.

Gradually the lord began to do a great work in our hearts. We began to learn what a marriage from heaven looks like and were determined to make it happen for us.

I dropped my faulty thinking and orientation regarding marriage. I understood that marriage

wasn't about satisfying my needs only - The greatest marriage is two servants in love. Just like Jesus said that two shall become one - That's the goal of heaven in putting two people together to do life together.

A marriage from heaven starts with God. Putting God first in your marriage is the wisest investment you can ever make in your marriage.

A godless marriage is a marriage from hell.

Whether you are a spiritual person or not God is the foundation to every marriage. He is the foundation because He created it. Because He created marriage, he alone can teach you how to have a marriage from heaven.

Every successful satisfying relationship starts with a satisfying relationship with Jesus. As you develop that growing relationship with Jesus, he will fill up your love tank until it overflows. It will be easier for you to love and be loved.

Seeking the face of God will cause a great spiritual growth in you that will have a positive effect in your marriage.

The scripture says, *"For I know the plans I have for you, says the Lord. They are plans for good and not for evil, to give you a future and a hope."* Jeremiah 29:11 (TLB)

Like we said earlier, a growing relationship with Jesus is a must if you're seeking a blessed relationship and marriage. *During tough times you'll need something stronger than yourself to rely on to remain committed.*

Loving God and having a strong and growing relationship with Jesus is not a requirement for you only but also for your mate. If a person cannot love God, how will they love you?

For God is love.

A good Jesus disciple makes a good spouse. According to God marriage is based upon covenant. Covenant is not the type of relationship that you go back-and-forth from but rather the type that lasts for a lifetime.

By acknowledging God within your relationship you acknowledge His standards, His ways and His ideals in the treatment of each other. God's words provides a compass that both parties have to abide by and don't have the power to change.

Strong marriages have God in the midst of it. Experiencing the love of God teaches you what godly love looks and feels like. Also a fulfilling relationship with Christ takes pressure away from your mate. You

won't look for him or her to make you whole, because you you'll feel complete in Christ.

God desires that every couple live under His blessing and have successful and pleasurable lives. This happens to the extent that couples give and receive grace and truth in their relationship.

When you have God in your relationship, you and your spouse become a three strand cord that cannot be easily broken. That is because you have now entered into a covenant with God and your spouse.

Discussion Questions

How do you view God within your relationship?

Do you think there is room for God with you and yours spouse?

What could you do to deepen your relationship with God within your marriage?

GET THE FULL BOOK

<https://hpcu.thrivecart.com/marriage-from-heaven-book/>