

LONG COUNTY SCHOOL SYSTEM  
 Special Education Department  
Functional Motor Assessment

Student Name: \_\_\_\_\_ School: \_\_\_\_\_ Date: \_\_\_\_\_  
 Person completing this assessment: \_\_\_\_\_ Title: \_\_\_\_\_

**1: Extensive Assistance    2: Moderate Assistance    3: Minimal Assistance    4: No Assistance**

	<b>Assistance</b>			
1. Walking or functional mobility:				
Walking (or propelling wheelchair) over surfaces inside and outside	1	2	3	4
Walking (or propelling wheelchair) around obstacles	1	2	3	4
Walking (or propelling wheelchair) in a line noting direction and staying up with peers	1	2	3	4
Able to carry bookbag without falling	1	2	3	4
Able to open and close doors independently	1	2	3	4
Walking (or propelling wheelchair) all distances necessary in school, such as to and from the lunchroom, to and from the playground, etc.	1	2	3	4
Able to step up and down one curb step	1	2	3	4
Able to climb up at least three steps while carrying an object	1	2	3	4
2. Sitting balance and moving positions:				
Transitions from position to position, such as floor to/from standing, sitting to/from standing, on/off toilet	1	2	3	4
Able to sit in age appropriate position	1	2	3	4
Able to get in and out of a bus and/or car	1	2	3	4
3. Physical education and outdoor time:				
Able to participate in all running activities	1	2	3	4
Able to play on one or more pieces of playground equipment	1	2	3	4
Able to participate in structured games involving physical activity	1	2	3	4
4. Set up and cleanup of items:				
Able to carry lunch tray from line to table without spillage	1	2	3	4
Able to retrieve and replace work materials from several places (table, bookbag, cubby, etc.)	1	2	3	4
Opening classroom containers and milk carton	1	2	3	4
5. School work tasks:				
Effectively uses pencils, erasers, markers, scissors, and glue	1	2	3	4
Able to turn pages in books	1	2	3	4
Able to produce written work of acceptable quality	1	2	3	4
Accesses the computer with keyboard and mouse	1	2	3	4
6. Self-care skills:				
Able to feed self by utilizing utensils	1	2	3	4
Able to drink from a milk carton or cup without spillage	1	2	3	4
Able to wipe face when necessary	1	2	3	4
Able to wash and dry hands	1	2	3	4
Able to complete toileting tasks, including fasteners and hygiene	1	2	3	4
Able to put on and take off jacket	1	2	3	4
Able to manage fasteners on jacket	1	2	3	4