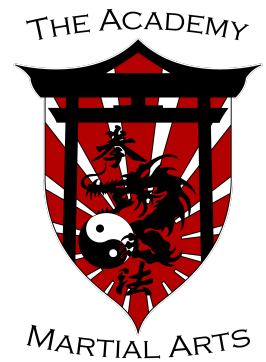


1ST DEGREE BROWN BELT REQUIRED MATERIAL



FORMS:

- **PINAN 5**

BLOCKING:

- **NO NEW BLOCKING**

KEMPO TECHNIQUES:

- **THE ASP**
- **CONSTRICTING SNAKE**
- **REVERSING FATE**

PUNCHES:

- **NO NEW PUNCHES**

KICKS:

- **NO NEW KICKS**

KEMPO BAG DRILLS:

- **NO NEW KEMPO BAG DRILLS**