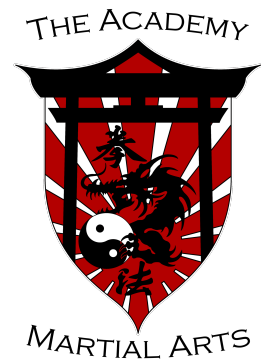


2ND DEGREE BROWN BELT REQUIRED MATERIAL



FORMS:

- **KATA 4**

BLOCKING:

- **NO NEW BLOCKING**

KEMPO TECHNIQUES:

- **CIRCLING PALM**
- **EAGLES CLAW**
- **SPINNING SWORD**

PUNCHES:

- **NO NEW PUNCHES**

KICKS:

- **NO NEW KICKS**

KEMPO BAG DRILLS:

- **EAGLES CLAW**