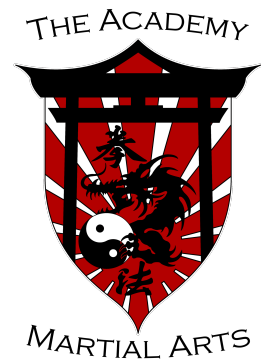


PURPLE BELT REQUIRED MATERIAL



FORMS:

- **KATA 1**

BLOCKING:

- **OPEN HANDED 8 POINT BLOCKING AND COUNTER STRIKES**

KEMPO TECHNIQUES:

- **SPINNING DRAGON**
- **SPINNING DRAGON HIGH**
- **SPINNING DRAGON LOW**

PUNCHES:

- **LEOPARDS PAW**
- **INVERTED LEOPARDS PAW**

KICKS:

- **REVERSE CRESCENT KICK**
- **AXE KICK**
- **RISING FRONT KICK**
- **STOMP KICK**
- **SPINNING BACK KICK**

KEMPO BAG DRILLS:

- **SPINNING DRAGON**