

ANNIVERSARIES

April 22nd – FOREST HILLS AFG will celebrate their **39th Anniversary**. Finger foods at **6:30pm**, Al-Anon and AA speakers at **7:00pm**. All are welcome.

April 27th – ETNA SATURDAY NOON AFG will celebrate their **41st Anniversary**. Food and fellowship at **11:00am** and speaker at **Noon**. Salads and desserts welcome.

April 27th – SOULWAY SATURDAY MORNING will celebrate their anniversary with speaker at **10:30am** and food and fellowship at **11:30am**.

April 29th – CRANBERRY DAYTIMER'S AL-ANON will celebrate their **29th Anniversary**. Food and fellowship at **12:00pm** and speaker at **1:00pm**. Covered dishes welcome.

May 20th – PLUM UNITY AL-ANON will celebrate their **47th Anniversary**. Food and fellowship at **7:15pm** and speakers at **8:00pm**.

MEETING CHANGES

EFFECTIVE WEDNESDAY, MARCH 27th WEST MIFFLIN 12 & 12 DISCUSSION will be disbanded

April 6th - FRIENDS OF LOIS AFG will not meet.

April 18th - MURRYSVILLE AFG will not meet due to church services.

April 19th - MONROEVILLE AL-ANON and BETHCLAIR AL-ANON will not meet due to church services.

April 21st - CASTLE SHANNON and CHIPPEWA SUNDAY NIGHT will not meet due to holiday church closure.

April 27th - FRIENDS OF LOIS will meet upstairs in Heritage Hall due to a Scouting function.

MEETING CHANGES (con't)

May 27th - PENN HILLS MONDAY AFTERNOON AL-ANON will not meet (Memorial Day).

Check your meeting list for addresses.

UPCOMING EVENTS

27th Annual Brown Bag Workshop: Saturday, **April 6th** 8:30am - 2:30pm - Join us for a day of "*Reflections*". Bring your own "Brown Bag Lunch".

Dist. 25 Spring Speaker Workshop: Saturday, **April 6th** Begins at 8:45am – *Signs to Recovery Through Step 11*.

Dist. 18's 33rd Annual Spring Workshop: Saturday, **April 27th** 8:15am - 2:30pm – *Stepping Stones*. Group basket/Door prize donations welcome.

SAVE THE DATE: 47th AFG PA State Convention - *Recovery Begins with One Step* - Friday, **May 31st to June 2nd**, 2019. Susquehanna University 514 University Avenue, Selinsgrove, PA

INTERIM SERVICE SEMINAR
Sat. June 15th 8:30am
Hear How Speakers Have Grown
Westminster Presbyterian Church
2040 Washington Rd.
Pittsburgh PA 15241
\$ 8.00 Register by May 31st
\$10.00 the day of the event

See specific event flyer for additional information not listed above.

Check the AIS website, where most flyers are available for printing.

OUTREACH

Thinking of starting a new meeting or moving your meeting to a new site? The John Paul I Center, an Addiction Recovery Ministry in Sharpsburg has opened and has space for Al-Anon meeting on most days of the week. The site is part of the St. Juan Diego Parish at 201 9th St. The building has been renovated, is secure and parking is plentiful. If interested please contact the center for availability and a tour at: **(412) 784-8700**

WHAT'S NEW?

"The WSO has released the "Just for Tonight" bookmark, offering thoughtful reflections on Al-Anon principles to help us slow down and prepare to rest. Based on a popular article in *The Forum* magazine, it sells for \$.10 each. The catalog number is M-81. It will have to be hand-written on your literature order form until the new order forms are available from WSO".



Thinking of making a personal or group donation to the AIS of Greater Pittsburgh? Try our newly installed PayPal Button on our website!

Simply go to www.alanonpgh.org and click on the **Donate** tab.

Be sure to indicate in the notes field your home group and if the donation is a personal or group donation.

Thank you for supporting the AIS!

KEY SUBMISSION GUIDELINES:

Announcements

1. Announcements pertaining to new, disbanded and permanent meeting time or location changes WILL NOT be placed in *The Key* unless they are properly processed using a WSO Al-Anon Registration- Group Change Form (GR-1). Group Changes require a GR-1 Form signed by the District Representative. The District Representative will forward the form to: AIS & STATE, AIS will forward to: KEY EDITOR, MEETING LIST CHAIR and SECRETARY, STATE will forward to WSO.

2. *The Key* will be mailed to the name on file at the local AIS Office. Any changes must be submitted to the AIS Office using the "ISR Change Form". This form can be mailed to the AIS Office or SCANNED & EMAILED to: pghaisoffice ldc@gmail.com

AIS will forward to KEY EDITOR and SECRETARY.
3. Announcements pertaining to Al-Ateen must be accompanied by the Group ID.

4. Submit items by the 10th of the month for the next month's issue of *The Key*.

5. Send written notice to: pittkeyeditor@gmail.com or the AIS Office.

Flyers:

E-mail a PDF of the flyer to pittkeyeditor@gmail.com. We will have them printed and folded for *The Key* mailing.

Cost: \$13.50 for single sided flyers
\$25 for double sided flyers

(Black & White Copies Only Please)

Make checks payable to: *AIS of Greater Pittsburgh Area, Inc.* to cover postage and/or printing costs. Include a copy of the flyer with your check.

GR-1 FORMS are available from your District Representative, the AIS Office or www.alanonpgh.org under member services.

ISR CHANGE FORMS are also available from the AIS Office & at www.alanonpgh.org under member services.

MEETING LISTS:

\$7.00 per 25 ~ includes postage when mailed
\$4.00 per 25 ~ when picked up at ISR Meetings

Make checks payable to:

AIS of Greater Pittsburgh Area, Inc.

Mail to: *AIS Office, Attn: Meeting Lists*

Looking for a meeting? Go to www.alanonpgh.org or www.pa-al-anon.org click "find a meeting"

LITERATURE DEPOT:

Support your local AIS Office by purchasing literature locally. Simply contact the AIS Office and request an order blank. **Checks Only - No Cash!**

AIS Office Hours

Sunday 12 PM – 3 PM

The AIS office is handicap accessible.

ADDRESSES:

AIS of Greater Pittsburgh

3616 Mt Troy Rd Suite 2
Pittsburgh, Pa 15212-1132

AIS Office Phone:

Local Number: 412-821-7750

Toll-Free Number: 1-800-628-8920

Website: www.alanonpgh.org

World Service Office

1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5611

Phone: 757-563-1600 **Fax:** 757-563-1655

E-mail: wso@al-anon.org

Website: www.al-anon.alateen.org

PA Area Assembly State Treasurer

450 Conestoga Boulevard
Lancaster, PA 17602

PA Area Website: www.pa-al-anon.org

Personal *The Key* Subscriptions - \$9 for 12 months.

Keep informed and support your local Pittsburgh AIS.

New _____ Repeat _____ Amount Enclosed _____

Name _____

Address _____

City _____

State _____ Zip _____ Date _____

Please print the information above, detach and mail with your check for \$9.00 payable to: AIS of Greater Pittsburgh Area, Inc.

THE KEY

APRIL 2019



Al-Anon
Family Groups

The Key is available for printing at
www.alanonpgh.org

As in climbing a staircase, we are at the next Step—a Step for spiritual self-discovery. In nine simple words, Step Four challenges us to take a thorough look at ourselves, the positives as well as the negatives. *Paths to Recovery—Al-Anon's Steps, Traditions, and Concepts* (B-24), page 38

** ISR MEETING **

The May ISR meeting is scheduled for **Monday, May 20, 2019** scheduled from **7pm to 9pm** at St. Aloysius Church, 3616 Mt Troy, Road Pittsburgh, PA 15212.

***Districts 18 & 25 are requested to arrive early (6:30pm) to set up & stay after to help breakdown setup. Refreshments & Goodies always welcome!**

Please submit your literature orders to the LDC/office by **May 17** so that your ISR can pick them up at the ISR meeting, scheduled for **May 20**. **The LDC/office will be open at 6:00pm on May 20.**